THE HOLY EUCHARIST

The First Sunday of Advent



The Cathedral Church of Saint George

29 November 2026 • 10:30 a.m.

Welcome to St George's Cathedral

We are so glad you're here! Wherever you are on your spiritual journey, and whether you are joining in the nave or via the livestream, you are welcome here. Please join us in the entryway for a time of fellowship after the service. Children and young people are invited to attend Sunday School in the Cathedral Library. We are delighted that you have decided to worship with us, and hope to welcome you back soon as we journey through the season of Advent together.

All are invited to return this evening for the Advent Lessons & Carols service at 7pm as we conclude this Advent Sunday together, journeying from darkness to light.

Land Acknowledgement

We acknowledge that in Kingston we are situated on traditional territory of the Anishinaabe, Haudenosaunee, and Huron Wendat peoples. We seek a new relationship with the original peoples of this land, one rooted in and based upon honour and deep respect.

Memorial Flowers

The flowers on the high altar are given to the Glory of God and in loving memory of my brothers, Donald and Gerald Leaman and niece Pam from Valerie & Bill McCready.

Leading the Service

Preacher	The Venerable Bob Hales
Presider	The Very Reverend Douglas Michael
Organist	Brad Barbeau

Assisting with the Service

Readers	Clara & Florence McIntire	*Livestream*	Derek F. & Peter M.
Servers	James McBride & Gerald Courage	*Intercessor*	Ruth Oliver
Lay Ministers	Ruth Oliver & Jim Anderson	*Verger*	Jane Kirkpatrick
Sidespeople	Jim & Vicky Parrish		

Eucharistic Prayer

The Book of Alternate Services, Eucharistic Prayer III

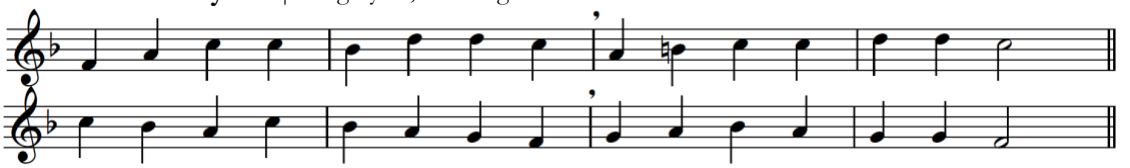
Service Music

Communion Service, John Rutter

The Gathering of the Community

The people stand as the procession enters the Cathedral.

Processional Hymn | Sung by all, standing as able



Hark, a thrilling voice is sounding;
'Christ is nigh,' it seems to say;
'cast away the dreams of darkness,
O ye children of the day.'

2 Wakened by the solemn warning,
let the earth-bound soul arise;
Christ, her Sun, all ill dispelling,
shines upon the morning skies.

3 Lo, the Lamb, so long expected,
comes with pardon down from heaven;
let us haste, with tears of sorrow,
one and all to be forgiven;

4 That when next he comes with glory,
and the world is wrapped in fear,
with his mercy he may shield us,
and with words of love draw near.

5 Honour, glory, might, and blessing
to the Father and the Son,
with the everlasting Spirit,
while eternal ages run.

Merton
W. H. Monk 1823-1889

Latin
tr. Edward Caswall 1814-78
REH 5

The people remain standing for the Land Acknowledgment and are seated for the Notices.

Welcome & Land Acknowledgment

The people stand as able at the invitation of the Celebrant.

The Lighting of the Advent Candle

Celebrant Jesus said, 'Keep awake, for you do not know on what day your Lord is coming.'

People **Come, Lord Jesus, Come! Amen.**

The first candle is lit.

Celebrant Jesus is the light of the world.

People **A light no darkness can ever extinguish.**

Sung Response | Sung by all.

Advent candles tell their story
as we watch and pray,
longing for the Day of Glory,
'Come, Lord, soon,' we say.
Pain and sorrow, tears and sadness,
changed for gladness on that Day

Angel Voices
E. G. Monk 1819-1900

Mark Earey
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The Opening Acclamation

Celebrant The grace of the Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit, be with you all.

People **And also with you.**

Celebrant Almighty God,

People **to you all hearts are open, all desires known, and from you no secrets are hidden. Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy name; through Christ our Lord. Amen.**

Kyrie Eleison | Sung by the choir in Greek.

Lord have mercy, Christ have mercy, Lord have mercy.

The Collect of the Day

Celebrant Almighty God, give us grace to cast away the works of darkness and put on the armour of light, now in the time of this mortal life in which your Son Jesus Christ came to us in great humility, that on the last day, when he shall come again in his glorious majesty to judge both the living and the dead, we may rise to the life immortal; through him who lives and reigns with you and the Holy Spirit, one God, now and for ever.

People **Amen.**

The people are seated.

The Proclamation of the Word

The First Lesson | Isaiah 64:1-9

O that you would tear open the heavens and come down, so that the mountains would quake at your presence - as when fire kindles brushwood and the fire causes water to boil - to make your name known to your adversaries, so that the nations might tremble at your presence! When you did awesome deeds that we did not expect, you came down, the mountains quaked at your presence. From ages past no one has heard, no ear has perceived, no eye has seen any God besides you, who works for those who wait for him. You meet those who gladly do right, those who remember you in your ways. But you were angry, and we sinned; because you hid yourself we transgressed. We have all become like one who is unclean, and all our righteous deeds are like a filthy cloth. We all fade like a leaf, and our iniquities, like the wind, take us away. There is no one who calls on your name, or attempts to take hold of you; for you have hidden your face from us, and have delivered us into the hand of our iniquity. Yet, O Lord, you are our Father; we are the clay, and you are our potter; we are all the work of your hand. Do not be exceedingly angry, O Lord, and do not remember iniquity forever. Now consider, we are all your people.

Reader The word of the Lord.

People **Thanks be to God.**

Psalm 80 | Sung by the choir.

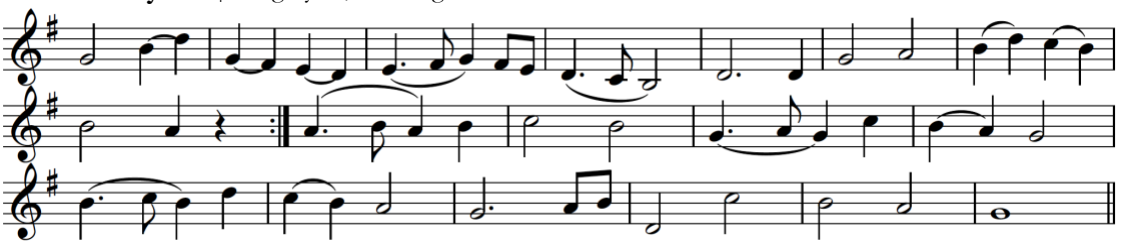
HEAR, O thou Shepherd of Israel, thou that leadest Joseph like a flock; / show thyself also, thou that sittest upon the cherubim.
2 Before Ephraim, Benjamin, and Manasseh, / stir up thy strength, and come and help us.
3 Turn us again, O God; / show the light of thy countenance, and we shall be whole.
4 O LORD God of hosts, / how long wilt thou be angry with thy people that prayeth?
5 Thou hast fed them with the bread of tears, / and hast given them plenteousness of tears to drink.
6 Thou makest us a very strife unto our neighbours, / and our enemies laugh us to scorn.
7 Turn us again, O God of hosts; / show the light of thy countenance, and we shall be whole.

The Second Lesson | 1 Corinthians 1:3-9

Grace to you and peace from God our Father and the Lord Jesus Christ. I give thanks to my God always for you because of the grace of God that has been given you in Christ Jesus, for in every way you have been enriched in him, in speech and knowledge of every kind - just as the testimony of Christ has been strengthened among you - so that you are not lacking in any spiritual gift as you wait for the revealing of our Lord Jesus Christ. He will also strengthen you to the end, so that you may be blameless on the day of our Lord Jesus Christ. God is faithful; by him you were called into the fellowship of his Son, Jesus Christ our Lord.

Reader The word of the Lord.
People **Thanks be to God.**

Gradual Hymn | Sung by all, standing as able



Lo, he comes with clouds descending,
once for favoured sinners slain;
thousand thousand saints attending
swell the triumph of his train:
Alleluia!
God appears on earth to reign.

2 Every eye shall now behold him
robed in dreadful majesty;
those who set at naught and sold him,
pierced and nailed him to the Tree,
deeply wailing,
shall the true Messiah see.

Helmsley
Melody noted by Thomas Olivers 1725-99

Charles Wesley 1707-88
John Cennick 1718-55 REH 11

The Holy Gospel | Mark 13:24-37

Gospeller The Lord be with you.
People **And also with you.**
Gospeller The Holy Gospel of our Lord Jesus Christ according to Mark.
People **Glory to you, Lord Jesus Christ**

Jesus said, "In those days, after that suffering, the sun will be darkened, and the moon will not give its light, and the stars will be falling from heaven, and the powers in the heavens will be shaken. Then they will see 'the Son of Man coming in clouds' with great power and glory. Then he will send out the angels, and gather his elect from the four winds, from the ends of the earth to the ends of heaven. From the fig tree learn its lesson: as soon as its branch becomes tender and puts forth its leaves, you know that summer is near. So also, when you see these things taking place, you know that he is near, at the very gates. Truly I tell you, this generation will not pass away until all these things have taken place. Heaven and earth will pass away, but my words will not pass away. But about that day or hour no one knows, neither the angels in heaven, nor the Son, but only the Father. Beware, keep alert; for you do not know when the time will come. It is like a man going on a journey, when he leaves home and puts his slaves in charge, each with his work, and commands the doorkeeper to be on the watch. Therefore, keep awake - for you do not know when the master of the house will come, in the evening, or at midnight, or at cockcrow, or at dawn, or else he may find you asleep when he comes suddenly. And what I say to you I say to all: Keep awake."

Gospeller The Gospel of Christ.
People **Praise be to thee, O Christ.**

The hymn continues:

3 Those dear tokens of his passion
still his dazzling body bears,
cause of endless exultation
to his ransomed worshippers:
with what rapture
gaze we on those glorious scars!

4 Yea, Amen, let all adore thee,
high on thine eternal throne;
Saviour, take the power and glory,
claim the kingdom for thine own:
Alleluia!
Thou shalt reign, and thou alone.

The people are seated at the invitation of the preacher.

The Sermon The Venerable Bob Hales

Silence may be kept. The people stand as able.

The Nicene Creed

Celebrant Let us confess our faith, as we say,
People **We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.**
We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the

power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.
We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father. With the Father and the Son he is worshipped and glorified. He has spoken through the prophets. We believe in one holy, catholic, and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

The people may adopt a posture of prayer, as they wish.

The Prayers of the People

Prayers of the people Taize response:

Wait for the Lord, whose day is near.
Wait for the Lord: Keep watch, take heart.

Confession & Absolution

Celebrant Dear friends in Christ, God is steadfast in love and infinite in mercy; he welcomes sinners and invites them to his table. Let us confess our sins, confident in God's forgiveness.

Celebrant Most merciful God,

People **we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbours as ourselves.**
We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us, that we may delight in your will, and walk in your ways, to the glory of your name. Amen.

Celebrant Almighty God have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in eternal life; through Jesus Christ our Lord.

People **Amen.**

The people stand as able

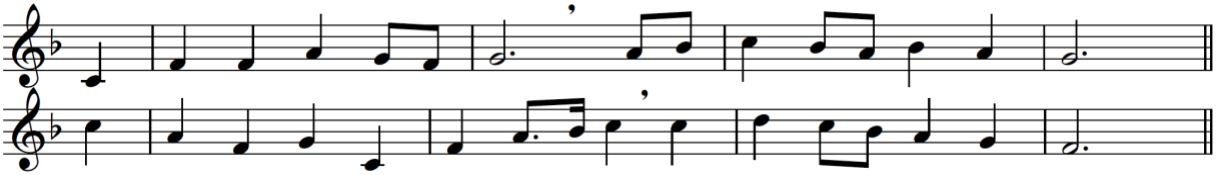
The Peace

Celebrant The peace of the Lord be always with you.

People **And also with you.**

The Holy Communion

Offertory Hymn | Sung by all, standing as able.



The advent of our God
With eager prayers we greet;
With humble hearts we shall go forth,
God's glorious gift to meet.

2 The everlasting Son
Scorns not the Virgin's womb;
That we from bondage may be won
He bears a captive's doom.

3 Daughter of Sion, rise
To meet thy lowly King;
Let not thy stubborn heart despise
The peace he comes to bring.

4 On clouds of dazzling light,
As judge he comes again,
His scattered people to unite,
With him in heaven to reign.

5 Let evil flee away,
Ere that great hour shall dawn,
Let this old Adam day by day
The new self all put on.

6 Praise to the incarnate Son,
Who comes to set us free,
With Father and with Spirit One,
To all eternity. Amen.

St Thomas
From Aaron Williams' *New Universal Psalmodist* 1770

Charles Coffin 1676-1749
tr. Henry Putman 1861-1935
REH

An offering is received to support the mission and ministry of the Cathedral. All are invited to make a gift as the plate is passed, or by visiting www.stgeorgescathedral.ca/donate.

Prayer Over the Gifts

Celebrant God of love and power, your word stirs within us the expectation of the coming of your Son. Accept all we offer you this day, and sustain us with your promise of eternal life. We ask this in the name of Jesus Christ our Lord.

People **Amen**

The Great Thanksgiving

Celebrant The Lord be with you.

People **And also with you.**

Celebrant Lift up your hearts.

People **We lift them up unto the Lord.**

Celebrant Let us give thanks to the Lord our God.

People **It is right to give God thanks and praise.**

Celebrant Blessed are you, gracious God, creator of heaven and earth; we give you thanks and praise through Jesus Christ our Lord, who in the fullness of time came among us in our flesh, and opened to us the way of salvation.

Now we watch for the day when he will come again in power and great triumph to judge this world, that we, without shame or fear, may rejoice to behold his appearing.

Therefore we praise you, joining our voices with angels and archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your name.

Choir *Holy, holy, holy Lord, God of power and might, heaven and earth are full of your glory. Hosanna in the highest. Blessed is he who comes in the name of the Lord. Hosanna in the highest.*

The people are seated as the celebrant continues:

We give thanks to you, Lord our God, for the goodness and love you have made known to us in creation; in calling Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus your Son.

For in these last days you sent him to be incarnate from the Virgin Mary, to be the Saviour and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night he was handed over to suffering and death, a death he freely accepted, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: this is my body which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: this is my blood of the new covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

People Therefore, Father, according to his command,
we remember his death,
we proclaim his resurrection,
we await his coming in glory;

Celebrant and we offer our sacrifice of praise and thanksgiving to you, Lord of all;
presenting to you, from your creation, this bread and this wine.
We pray you, gracious God, to send your Holy Spirit upon these gifts, that they may be the sacrament of the body of Christ and his blood of the new covenant.
Unite us to your Son in his sacrifice, that we, made acceptable in him, may be sanctified by the Holy Spirit.

In the fullness of time, reconcile all things in Christ, and make them new,
and bring us to that city of light where you dwell with all your sons and daughters;
through Jesus Christ our Lord, the firstborn of all creation, the head of the Church,
and the author of our salvation; by whom, and with whom, and in whom, in the
unity of the Holy Spirit, all honour and glory are yours, almighty Father,
now and for ever.

People **Amen.**

The Lord's Prayer

Celebrant And now, as our Saviour Christ has taught us, we are bold to pray

People **Our Father, who art in heaven,**
hallowed be thy name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom, the power, and the glory, for ever and ever. Amen.

The Breaking of the Bread

Celebrant God of promise, you prepare a banquet for us in your kingdom.

People **Happy are those who are called to the supper of the Lamb.**

The Communion

Celebrant The gifts of God for the People of God.

People **Thanks be to God.**

All baptized Christians are welcome to receive communion in this Church. Please move to the rail at the direction of the ushers. You may receive the bread in open and outstretched hands, responding: "Amen." Gluten-free wafers are available; please make your need known to the minister. If you prefer not to receive wine from the common cup, you may simply touch the base of the chalice, again responding: "Amen." Should you wish to receive a blessing, please indicate that to the priest by crossing your arms over your chest.

The Motet: *Thou shalt know him*, Mark Sirett b. 1952

The Prayer after Communion

Celebrant God for whom we wait, you have fed us with the bread of eternal life. Keep us ever watchful, that we may be ready to stand before the Son of man. We ask this in the name of Christ the Lord. **Amen.**

The people stand as able.

Celebrant Glory to God,

People **whose power, working in us, can do infinitely more than we can ask or imagine. Glory to God from generation to generation, in the church and in Christ Jesus, for ever and ever. Amen.**

The Blessing

Celebrant Life is short, and we do not have much time to gladden the hearts of those who journey with us. And so make haste to love, and be swift to be kind; And may the God who travels with us, the God of pilgrimage, the God of Hope, bless, care and keep you, Father, Son and Holy Spirit, now and always.

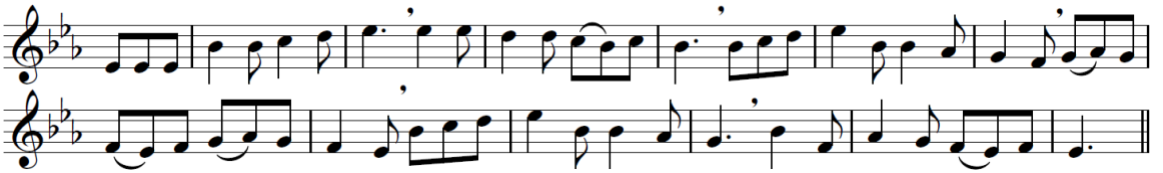
People **Amen.**

The Dismissal

Celebrant As we await our coming Saviour,
go in the peace of Christ.

People **Thanks be to God.**

Closing Hymn | Sung by all, standing as able.



People, look east. The time is near
Of the crowning of the year.
Make your house fair as you are able,
Trim the hearth and set the table.
People, look east and sing today:
Love the Guest is on the way.

2 Furrows, be glad. Though earth is bare,
One more seed is planted there:
Give up your strength the seed to nourish,
That in course the flower may flourish.
People, look east and sing today:
Love the Rose is on the way.

3 Stars, keep the watch. When night is dim
One more light the bowl shall brim,
Shining beyond the frosty weather,
Bright as sun and moon together.
People, look east and sing today:
Love the Star is on the way.

4 Angels, announce to bird and beast
Him who cometh from the east.
Set every peak and valley humming
With the word, the Lord is coming.
People, look east and sing today:
Love, the Lord, is on the way.

Besançon Carol
French traditional carol

Eleanor Farjeon 1881-1965
REH 17

Postlude

The postlude concludes our worship service, sending us forth into the week ahead. You may choose to remain seated for the duration or depart following the closing hymn.

ADVENT *&* CHRISTMAS AT THE CATHEDRAL

Learn more at www.stgeorgescathedral.ca/christmas

Choral Evensong | Wednesday 2 December • 7:00pm
Blue Christmas: A Service of Reflection and Remembrance | Wednesday 16 December • 12:15pm
Handel's *Messiah* with **Caelis Academy Ensemble |** Wednesday 16 December • 6:00pm
Christmas Lessons *&* Carols | Sunday 20 December • 3:00 pm
Christmas Eve | 4:00pm • 8:00pm
Christmas Day | 10:00am

The Cathedral Church of St George

www.stgeorgescathedral.ca

The Very Reverend Douglas Michael, *Dean & Rector*
Brad Barbeau, *Director of Music*