## Burns Lake

### Eagles Nest

A safe and secure transition house for women and children leaving unsafe situations in Burns Lake. Call (250) 692-5720 or contact eaglesnest@pgefry.bc.ca

### Stopping the Violence

This program provides long term counselling and therapeutic assistance to women who have experienced violence in a relationship, childhood abuse, criminal harassment, partner assault or sexual assault.

### Community Outreach

Community Outreach Support provides a variety of services including information, advocacy, life skills training, education on the dynamics of abuse, income assistance and housing application support, and referrals for emergency social services, legal services, resources for children, and other community agencies.

### Family Connections/Early Years

Programs for families with children 0-6 years including drop-in playgroups, FASD information and support, and support for low-income families.

### PEACE

This is a program based around Prevention, Education, Advocacy, Counselling, and Empowerment for children who have witnessed or experienced violence and/or abuse. Staff can also support non-offending parents or caregivers.

### Family Support

Service and supports are intended to promote healthy development, maximize positive outcomes, and assist families in their role as the primary caregivers. Families may be referred by other service providers or self-referred.

Find Our Contact Information
On The Back

# About Us

The Prince George & District Elizabeth Fry Society is an intersectional feminist organization that provides programs and services to individuals who identify as women, children, and their families and who are at risk of, or have experienced, violence, abuse, inequities, marginalization, and/or criminalization. We contribute to a safe community by raising awareness, and promoting self-empowerment and resilience.

*At the Prince George & District Elizabeth Fry Society, we respectfully acknowledge that our work takes place on the traditional unceded territories of the Lheidli T'enneh, Skin Tyee, Nee Tahi Buhn, Cheslatta Carrier, Lake Babine, Wet'suwet'en, Ts'il Kaz Koh, and Lhtako Dene First Nations.*

**We're Here to Help**

## Connect With Us

For more information, please reach out

**Prince George Office**
P: (250) 563-1113
F: (250) 563-8765
E: admin@pgefry.bc.ca

1575-5th Ave
Prince George, BC V2L 3L9

**Burns Lake Office**
P: (250) 692-7559
F: (250) 692-7566
E: tamara@pgefry.bc.ca

Box 316, Burns Lake, BC
V0J 1E0

**Quesnel Office**
P: (250) 991-0992
F: (250) 991-0995
E: quesnelvs@pgefry.bc.ca

205 – 350 Barlow Avenue
Quesnel, BC V2J 2C1

**Family Resource Center**
(Prince George)
P: (250) 614-9449
F: (250) 614-9448
E: frc@pgefry.bc.ca

1200 La Salle Avenue
Prince George, BC V2L 4J8

### 24/7 Crisis Lines

**Amber House**
(Prince George)
(250) 562-5868
Toll Free:
1-866-563-1113
shelter@pgefry.bc.ca

**Eagles Nest**
(Burns Lake)
(250) 692-5720
eaglesnest@pgefry.bc.ca

PRINCE GEORGE & DISTRICT
Elizabeth Fry SOCIETY

# All Programs

Prince George
Burns Lake
Quesnel



## Prince George

### Amber House

A safe and secure transition house for women and children leaving unsafe situations in Prince George and surrounding area.
Call (250) 562-5868 or toll free 1-866-563-1113 or email shelter@pgefry.bc.ca to access.

### Victim Services

This program provides ongoing crisis counselling, court support and accompaniment, Crime Victim Assistance Program (CVAP) applications, support completing Victim Impact statements, education on the dynamics of abuse, safety planning, and referrals to other agencies.

### Women's Outreach

Provides a variety of services including information, advocacy, life skills training, education on the dynamics of abuse, income assistance and housing application support, and referrals for emergency social services, legal services, resources for children, and other community agencies.

### Stopping the Violence

Offers long-term counselling and therapeutic assistance to women who have experienced violence in a relationship, childhood abuse, criminal harassment, partner assault, or sexual assault. Clients must be referred through our Victim Services to be eligible.

### Court Work Services

Can help individuals to seek information and assistance to better understand charges and court procedures, how to contact a lawyer, and to get support. Phone (250) 614-2738 for an appointment or email courtworker@pgefry.bc.ca

### DVU Specialized Victim Services

The Domestic Violence Unit Specialized Victim Services works in partnership with RCMP and MCFD to monitor and support the highest risk victims of gender-based violence. The DVU SVS is co-chair with the RCMP on the Interagency Case Assessment Team (ICAT). Referrals come from RCMP and other community professionals.

## Prince George

### Young Parent Program

Programming and support for individuals under the age of 24, who were pregnant or parenting before 20 years of age. Can offer workshops, vouchers, emotional support, and social activities.

### PEACE

Based around Prevention, Education, Advocacy, Counselling, and Empowerment for children who have witnessed or experienced violence and/or abuse. Staff can also support non-offending parents or caregivers.

### Family Center

The daycare provides developmentally appropriate activities to children under 36 months. Clients in the Young Parent Program have priority over spaces, then other Elizabeth Fry clients. If we still have spaces available, they are open to the community.

### Domestic Violence Community Liaison Worker

DVCLW works in partnership with the Ministry of Children and Family Development to support mothers and families who have experienced violence and/or abuse to reach the goal of successfully creating safety for the family. Clients are referred by MCFD and sometimes other Elizabeth Fry programs.

## Quesnel

### Victim Services

This program provides ongoing crisis counselling, court support and accompaniment, Crime Victim Assistance Program (CVAP) applications, support completing Victim Impact statements, education on the dynamics of abuse, safety planning, and referrals to other agencies.

## South Fort George Family Resource Center (Prince George)

### Baby's New Beginnings

Baby's New Beginnings (BNB) is a pregnancy outreach program which provides health and social services support to at-risk pregnant and post-natal women (up to 6 months after child birth) in a safe, welcoming atmosphere.
Call (250) 614-2229 for more information.

### Family Connections/Early Years

Programs for families with children 0-6 years including drop-in playgroups, FASD information and support, and support for low-income families.

### Clothesline

Free store with clothing and household items donated by the Prince George community for families and individuals in need.
Opening hours are currently M-F 1:30pm-3:30pm or by appointment.

### Room Rentals

The rooms, community kitchen, and gym at the Family Resource Center are available for rent to the public for birthday parties, workshops, weekly lessons, and more! For more information visit www.sfgfrc.com or call us at (250) 614-9449.

**All our services are confidential and free of charge**

**visit www.pgefry.bc.ca for more information**