

FAMILY DEVOTION

DUMB & DUMBER

Grow good habits!

Kids Town

WATT'S UP?

I will keep a good attitude and not complain!

POWER VERSE

“In everything you do, stay away from complaining and arguing.”
— Philippians 2:14

FAMILY ACTIVITY • WEED HUNT!

EXPLORE

Take your children outside and look for weeds, either in your own yard or throughout your neighborhood. If possible, have your children pull up the weeds. Look for weeds of different sizes, so that some will be easy to pull while others won’t be.

ASK

Why do people get rid of weeds? Why are some weeds harder to get rid of than others? Talk about roots that grow deeper over time.

CONNECT

Talk to your children about habits. Some habits, like brushing their teeth and exercising, are good. Other habits, like complaining, laziness, worrying, or lying, can grow like weeds. The longer they grow, the harder they can be to remove.

CHOOSE

Ask your children to think of one “weed” in their own lives they would like to pull. Gently help them identify a habit if needed. Share a habit you are working on, too. Choose to encourage each other this week.

PRAY

Thank God for being the gardener of our lives and for helping us replace bad habits with good ones.

LET'S TALK! | FAMILY DISCUSSION

TALK IT OUT!

Parents: Read the questions aloud. Younger kids can answer by talking or drawing.

1 **Why do we pull weeds out of a garden?**

2 **Why are big weeds sometimes harder to pull than little weeds?**

3 **What does complaining sound like? What could we say instead?**

4 **What is one good habit you want to grow this week?**

GROW IT OR PULL IT?

Circle the good habits. Cross out the habits we should pull like weeds.

KINDNESS

COMPLAINING

PRAYER

LYING

CRACK THE CODE!

Each letter has a number. Use the A–Z key to decode the message. Younger children can work with a parent!

THE KEY

A 1	B 2	C 3	D 4	E 5	F 6	G 7	H 8	I 9	J 10	K 11	L 12	M 13
N 14	O 15	P 16	Q 17	R 18	S 19	T 20	U 21	V 22	W 23	X 24	Y 25	Z 26

3 8 15 15 19 5

_____ _____ _____ _____ _____ _____

10 15 25

_____ _____ _____

14 15 20

_____ _____ _____

3 15 13 16 12 1 9 14 9 14 7

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FAMILY CHALLENGE

Choose one way to replace complaining with gratitude this week. Tell your family what you will try!