

MAIN SCRIPTURE

Matthew 11:28-30 ***John 1:14***

Healthy _____ is a life _____ on Jesus.

_____ in God and _____ before others can coexist.

Bold in _____, but humble in our _____.

Philippians 2:6-8

_____ brings hope while _____ addresses the real consequences of our choices.

1.) Confidence in Our _____ in Christ.

Philippians 2:6

True _____ doesn't come from external _____ or _____—it comes from knowing who we are in God.

Confidence in Christ means _____ in who God says we are, even when the world _____ it.

Humility is neither _____ nor _____ from our calling... It is a _____ to see ourselves soberly and _____ others.

Confidence in our identity as God's children allows us to _____ and _____ with boldness.

2.) Humility in Our _____ to Others.

Jesus didn't just stop at _____ who He was—He _____ in humility.

Philippians 2:7-8

Humility doesn't mean we _____ ourselves or _____ our gifts...it means using what God has given us for the _____ of others, without drawing _____ to ourselves.

Numbers 12:3

Humility allows us to _____ without _____ attention.

When we combine _____ in Christ with _____ in service, we reflect the _____ of Jesus to the world.

3.) Leading with _____ Confidence.

Romans 12:3

True leadership requires both _____ and _____.

Leadership isn't about asserting _____; it's about _____ others well.

4.) Come Home through _____ and _____.

1 John 1:5-9

Grace allows us to tell the _____.

Grace brings us _____. Humility helps us _____.

5.) Turn _____ into Practical _____.

A meaningful apology _____ the behavior, _____ its impact, and _____ responsibility.

Forgiveness, reconciliation, and trust are _____ but _____.

Break the _____, not just the _____.

Return to Gethsemane's pattern:
_____, _____, _____, _____

A setback is a reason to _____, not to _____ hope.

Hope becomes _____ when we keep walking with people through the _____ of change.

"Talk About It" questions

1. When corrected, do you usually defend, hide, or listen? What makes listening difficult?
2. How does Philippians 2 reshape your understanding of confidence and humility?
3. What does the father's welcome in Luke 15 reveal about God's heart?
4. What makes an apology meaningful? Why might trust require more time?
5. What practical support would help turn repentance into a sustained change?

Five-day practice: Build the pause

Day 1: Read Philippians 2:3-8. Ask how you can put another person's good ahead of your image.
Day 2: Read 1 John 1:5-9. Confess one specific wrong to God without minimizing it.
Day 3: Ask a trusted person for honest feedback on a pattern you want to change.
Day 4: Offer an appropriate apology or make a practical act of repair. Respect the other person's boundaries.
Day 5: Write a plan for your next pressure moment: the pause, the response, and the person who can support you.