For Further Reading (Study):

Benner, D. G. (2010). *Opening to God: Lectio divina and life as prayer.* InterVarsity

Bourgeault, C. (2004). *Centering prayer and inner awakening*. Crowley.

Center for Action and Contemplation. (n.d.). *What is contemplation?* https://cac.org/about/what-is-contemplation/

Finley, J. (2000). *The contemplative heart*. Sorin.

Merton, T. (2007). *New seeds of contemplation* (S.M. Kidd, Introduction). New Directions.

Rohr, R. (2003). *Everything belongs: The gift of contemplative prayer*. Crossroad.

Rohr, R. (2009). *The naked now: Learning to see as the mystics see.* Crossroad.

The cloud of unknowing (2009). (C.A. Butcher, Trans.). Shambhala. (Original work written 1350-1400 CE).

For Further Reading (Study):

Benner, D. G. (2010). *Opening to God: Lectio divina and life as prayer.* InterVarsity

Bourgeault, C. (2004). *Centering prayer and inner awakening*. Crowley.

Center for Action and Contemplation. (n.d.). *What is contemplation?* https://cac.org/about/what-is-contemplation/

Finley, J. (2000). *The contemplative heart*. Sorin.

Merton, T. (2007). *New seeds of contemplation* (S.M. Kidd, Introduction). New Directions.

Rohr, R. (2003). *Everything belongs: The gift of contemplative prayer*. Crossroad.

Rohr, R. (2009). *The naked now: Learning to see as the mystics see.* Crossroad.

The cloud of unknowing (2009). (C.A. Butcher, Trans.). Shambhala. (Original work written 1350-1400 CE).