Look at Martha-her _____ became _____.

1. **"I have so much to do". Speaks to too many demands.**
2. **"Why am I the only one doing anything?" Speaks to inner frustration.**
3. **"Nobody appreciates what I do." Speaks resentment toward others and then -**
4. **"Lord, don't You care about what I'm going through?" Speaks to questioning God's care.**

When we repeatedly take on more than we can faithfully manage, we may begin to blame other people, _____ _____ of those who rest.

Now notice how Jesus responds-did He allow Martha to play victim? No, He addressed the deeper problem: her _____ _____.

A big word – _____, which is anxiety, which now is crippling to a lot of people in our society.

Is it safe to say that Martha was "troubled"?

Have I made myself available to so many things that I am no longer attentive to the things God has clearly entrusted to me?

What does sitting at the feet of Jesus look like today?

Other scriptures cited: Phil. 4:6-7; 1 Pet. 5:7; Isa. 41:10; John 14:27; Matt. 6:34;1 Corin. 13:1-3; Romans 8:1; 1 John 1:9

Scan to give

If you have a counseling need or just wish to speak with the pastor, please feel free to call at any time. Contact the Church @ 520-586-2337 or the church email: admin@newlifebenson.com

New Life
FAMILY WORSHIP CENTER
FAITH • FAMILY • FRIENDS Rom. 12:2

"Be transformed by the renewing of your mind that you may prove what that good acceptable and perfect will of God is." Romans 12:2

The goal of our instruction is love from a pure heart and the promotion of His truth.

642 E Pomerene Road, Benson Az 85602
PO Box 42, Pomerene Az 85627

Fellowship of Worship

8 November 2026

"What Owns Your Heart?"

Luke 10:38-42

Elders

Steve Medeiros Mike Cox Ron Graves
Tom Van Wart John Peralta

Our lessons can be heard for your convenience on our website www.newlifebenson.com, through our app which is available to download via our website and are also available for viewing via YouTube.

Lord's Day: 9:00 AM - Bible Study [to include children's classes]
Sister Renee Cox – "Parables of Jesus"
Brother Bob Medeiros – "For I Am with You-Do Not Fear"
10:30 AM - "Fellowship of Worship"
Elder Medeiros – Gospel of Matthew, "Sermon on the Mount"
6:30 PM – "Family Bible Hour" - Elder Medeiros –
"He Must Return"
Tuesday
12:00 PM – AA Meetings
Wednesday
10:00 AM Women's Interdenominational Bible Study
11 AM - Prayer Meeting
6:00 PM – New Life Kids
and New Life Students
6:30 PM 1 John - Elder Medeiros
Friday:
12:00 PM - AA Meeting

Events This Week
Christmas Decorating-Tues., Nov. 10th at 9:00AM
New Life Kids Theme Night-Veterans' Day-Dress in red, white and blue-Wed., Nov. 11th at 6:00PM
NLOT (New Life Outreach Team)-Fri., Nov. 13th at 10:00AM
Men's Breakfast- Sat., Nov. 14th at 7:30AM
"New Life Mentors Bridge"-Sat., Nov. 14th at 9:00AM
ATTN: Youth (Jr. & Sr. High)-learn how to change oil!
Girls welcome, too!!

Order of Service:
Welcome/Opening prayer – Elder John Peralta
Music
Message
A Call to Follow Christ
Closing Prayer – Elder Mike Cox
Departing Song

New Life Family Worship Center's Vision and Mission Statements:
New Life Family Worship Center desires to be a thoroughly biblical church that seeks God's presence and leadership. To that end, we are committed to proclaiming God's perfect law and His glorious gospel of grace in Jesus Christ throughout the world, and to "…contend earnestly for the faith which was once delivered to the saints" (Jude 3). "Therefore, whether you eat or drink, or whatever you do, do all to the glory of God." (1 Cor. 10:31).

In response to God's grace and love toward us, the mission of this congregation is to glorify the God of the Scriptures by promoting His worship, sharing His Word evangelistically, belonging to a God-centered fellowship which encourages us to grow spiritually while serving Him, and acting with love and compassion toward those in need. (Matt. 22:37-40; 28:16-20).

How many times have you caught yourself saying that "I am doing this for the Kingdom"?

Martha had welcomed Jesus into her home, yet she was in danger of allowing the preparations surrounding His visit to consume her attention.

What does your prayer life look like?

If someone examined your calendar, spending habits, conversations, and daily routines, what would they conclude is most important to you?

- **What gets your best energy?**
- **What receives your first attention in the morning?**
- **What occupies your thoughts when you have nothing to do?**
- **What are you unwilling to rearrange?**
- **What do you consistently postpone?**

What would you conclude about the athlete?

Where have I invited Jesus into my life in words, but failed to make room for Him in my actions?

What happens when the danger comes through overcommitment, endless activity, the desire to please everyone, or the need to feel useful?

A person can become so occupied with the responsibilities of life that they no longer have the quietness necessary to hear God's Word.