## STOP WORRYING — GOD IS STILL IN CONTROL

**Matthew 6:25–34 | Theme: Trust God with the impossible**

Supporting texts: Philippians 4:6–7 • Luke 1:37 • Jeremiah 32:27 • 2 Chronicles 20:12–17 • Proverbs 3:5–6

### WHO IS CARRYING YOUR TOMORROW?

Jesus speaks to people concerned about food, clothing, and tomorrow. He does not deny that needs are real; He challenges anxiety as the master of the heart. Matthew 6:27 asks what worry can add to our lives. Worry can consume strength without increasing our ability to change the outcome. Church, there is a difference between carrying responsibility and trying to carry God's authority!

***QUOTE 1 "Worry makes you rehearse a battle that God never asked you to fight alone."***

***QUOTE 2 "You can be faithful with your assignment without becoming fearful about the outcome."***

### 1 | CONSIDER THE LILIES — THE FATHER KNOWS (MATTHEW 6:28–32)

Jesus says the lilies "toil not, neither do they spin." Spinning was the work of making thread for clothing. Flowers cannot manufacture their covering, yet God clothes them. Jesus is not teaching idleness: He is exposing the lie that our survival depends on anxious striving. Your Father knows your needs before you can fully explain them. Work diligently, but refuse to make worry your provider.

***QUOTE 3 "If God has not forgotten the lilies, do not live as though He has forgotten His children."***

### 2 | THE IMPOSSIBLE IS NOT IMPOSSIBLE TO GOD (LUKE 1:37; JEREMIAH 32:27)

Gabriel announces to Mary a birth beyond human possibility: "For with God nothing shall be impossible" (Luke 1:37, KJV). Jeremiah 32:27 asks, "is there any thing too hard for me?" These texts do not promise every desired outcome; they declare that human limitations do not limit God. Faith submits to His word and His will, even when the method is beyond our understanding.

***QUOTE 4 "What is beyond your ability has never been beyond God's power."***

***QUOTE 5 "Do not let the size of the problem become greater in your mind than the character of God."***

### 3 | WHEN YOU DO NOT KNOW WHAT TO DO, FIX YOUR EYES ON GOD (2 CHRONICLES 20:12–17)

Jehoshaphat hears that a great army is approaching. He is afraid, but he seeks the Lord, calls Judah to prayer, and confesses: "neither know we what to do: but our eyes are upon thee" (v. 12). God tells them the battle is His (v. 15). Their faith does not deny the enemy; it changes the direction of their attention. They still must stand, go out, and obey the instruction they receive.

***QUOTE 6 "Fear may announce the battle, but it does not have to give the orders."***

### 4 | PRAY UNTIL PEACE GUARDS YOUR HEART (PHILIPPIANS 4:6–7)

Paul tells believers to replace anxious preoccupation with prayer, supplication, and thanksgiving. The promise is that God's peace will "keep" or guard hearts and minds in Christ Jesus. The text does not say the pressure always vanishes at once. It says the heart can be protected while circumstances are still unresolved. Peace is not pretending trouble does not exist; it is refusing to let trouble rule within.

***QUOTE 7 "Peace is not proof that the storm is over; it is evidence that Christ can guard you in the storm."***

### HANNAH: PEACE BEFORE THE ANSWER (1 SAMUEL 1:6–18)

Hannah carried an unanswered longing for a child. Peninnah provoked her; Hannah wept and could not eat (vv. 6–7). But rather than let her anguish have the final word, she went to the house of the Lord and poured out her soul in prayer (vv. 10, 15). Eli spoke a blessing over her. Then verse 18 says she went away, ate, and

“her countenance was no more sad.” Notice the order: Samuel had not yet been conceived, but Hannah’s countenance had changed. The answer came later (vv. 19–20); peace came before the visible outcome.

“Hannah went into prayer with tears and came out with a changed countenance. The circumstance had not changed, but she no longer faced it the same way!”

Prayer is not a technique to force God’s timing. Hannah shows us how to bring honest pain to God and receive strength to keep walking. Philippians 4:6–7 echoes this movement: take the burden to God, and let His peace guard your heart. Do not wait for every door to open before trusting the Father who hears you.

**5 | SEEK FIRST THE KINGDOM — THEN WALK IN TODAY’S GRACE (MATTHEW 6:33–34)**

Jesus moves from the worry of tomorrow to the priority of today: seek first God’s kingdom and righteousness. We must not turn this into a guarantee of luxury or a life without hardship. It is a call to put God’s rule ahead of fear, obey His Word, and trust His fatherly care. Proverbs 3:5–6 adds: trust with all your heart, acknowledge Him in your ways, and do not lean on your own understanding.

***QUOTE 8 “When you cannot control tomorrow, you can still obey God today.”***

**THREE THINGS TO RELEASE**

RELEASE THE NEED TO KNOW EVERYTHING. Jehoshaphat admitted, “We do not know what to do.” Humility makes room for prayer.
RELEASE THE NEED TO CONTROL EVERYTHING. The battle belonged to the Lord; Judah’s responsibility was to obey.
RELEASE THE NEED TO FEAR EVERYTHING. Jesus points to the Father’s care and commands His people to seek the Kingdom first.

**DECLARATION**

In the name of Jesus Christ, I will not let anxiety govern my heart. I will seek the Kingdom first. I will pray before I panic, obey before I understand, and trust God with the things beyond my power. Father, establish Your peace in us, give us wisdom for our responsibilities, courage for our battles, and faithfulness in our waiting. Your will be done. In Jesus’ name, amen.

**DECREE — SPEAK IN FAITH, WALK IN OBEDIENCE**

In the name of Jesus Christ, I decree that fear will not be my master and worry will not dictate my decisions. I cast my cares upon the Lord because He cares for me (1 Peter 5:7). I will not lean upon my own understanding; I will acknowledge Him in all my ways (Proverbs 3:5–6). I will pray with thanksgiving, and I will welcome the peace of God to guard my heart and mind (Philippians 4:6–7). Like Hannah, I will pour out my soul and rise to walk in faith. Like Jehoshaphat, when I do not know what to do, my eyes will be upon the Lord. I declare that my circumstances will not outrank God’s Word in my heart. I will seek first His Kingdom and righteousness, trust His wisdom with the impossible, and obey Him today. In Jesus’ name, amen.