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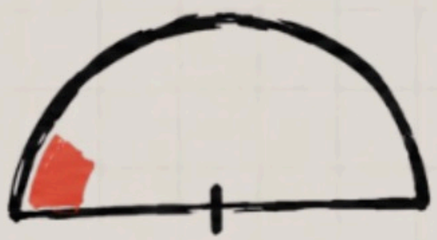
RELATIONAL

THE INNER LIFE

We loved you so much, we were delighted to share with you not only the gospel of God but our lives as well, because you had become so dear to us.

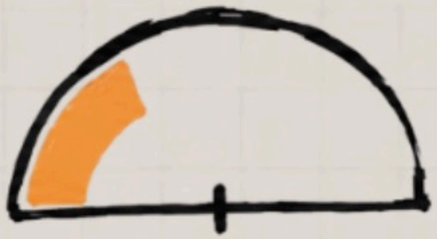
1 Thessalonians 2:8


BEAR
CATS
ROAR



EMPTY

NEED HELP NOW.



1/4

NEEDS FOCUSED WORK.



1/2

SOMETHING'S OFF. PAY ATTENTION.



3/4

SOLID BUT ROOM TO IMPROVE.



FULL

THRIVING AND CONSISTENT.







Two people are better off than one, for they can help each other succeed. If one person falls, the other can reach out and help. But someone who falls alone is in real trouble.

Ecclesiastes 4:9–10

And let us consider how we may spur one another on toward love and good deeds, not giving up meeting together…

Hebrews 10:24–25

“Have you ever considered how often we judge ourselves by our intentions while we judge others by their actions? Yet intention without action is an insult to those who expect the best from you.

Andy Andrews

Suppose a brother or a sister is without clothes and daily food. If one of you says to them, “Go in peace; keep warm and well fed,” but does nothing about their physical needs, what good is it? In the same way, faith by itself, if it is not accompanied by action, is dead.

James 2:15–17

The 3 C's



CHECK

Take an honest look at your relationships.



CONNECT

Invite others to speak into your life.



CHANGE

Take an intentional next step.

Healthy Relationships Don't Happen by Accident.

They grow when we intentionally invest in one another.

RELATIONSHIPS

36 / 17 / 12 / 11 / 9 / 8 / 6

Healthy Relationships Don't Happen by Accident.

They grow when we intentionally invest in one another.

Then God said, “Let us make human beings in our image, to be like us.

Genesis 1:26

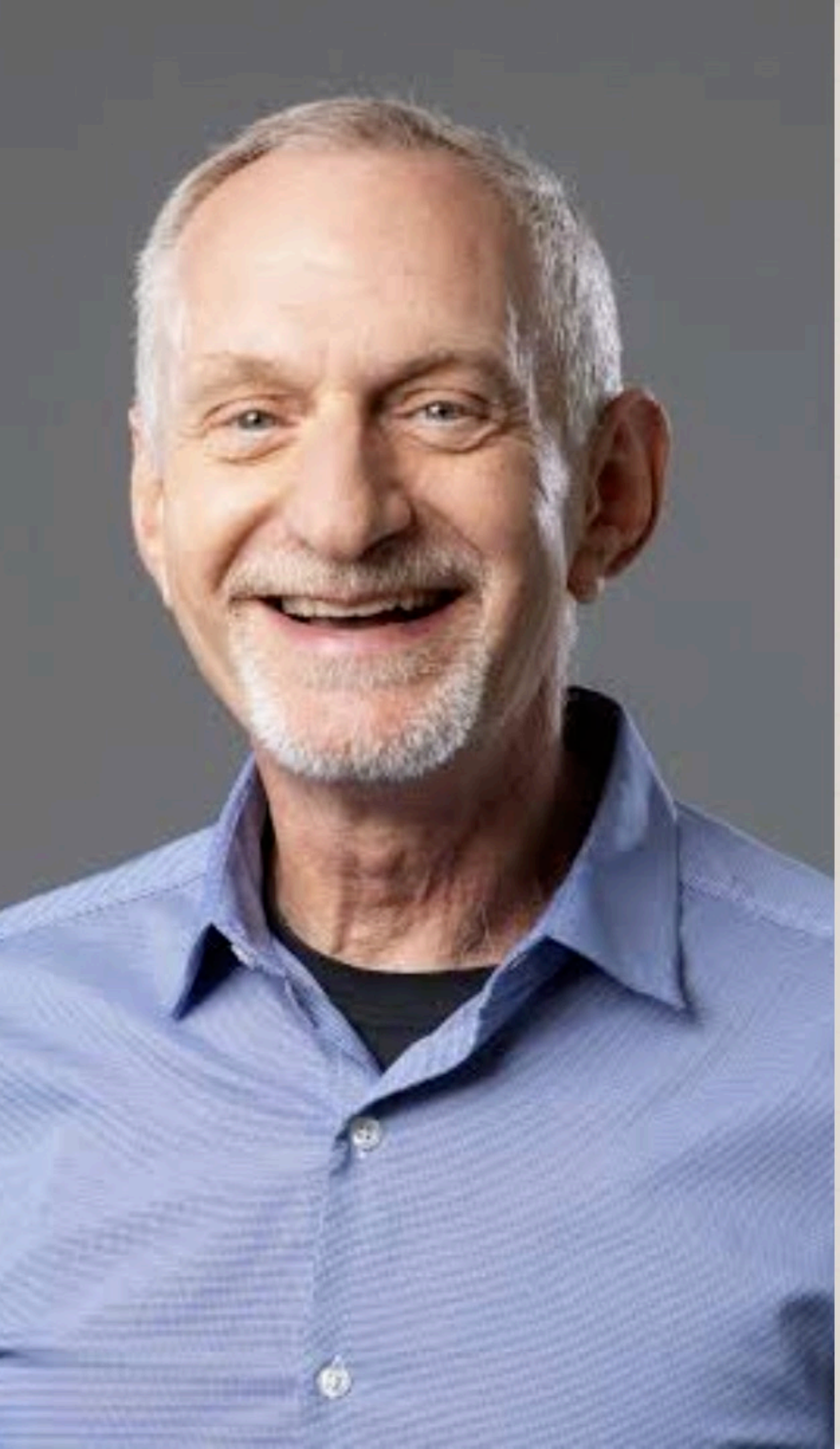
But when he, the Spirit of truth, comes, he will guide you into all the truth. He will not speak on his own; he will speak only what he hears, and he will tell you what is yet to come. He will glorify me because it is from me that he will receive what he will make known to you. All that belongs to the Father is mine. That is why I said the Spirit will receive from me what he will make known to you.”

John 16:13–15

Then the Lord God said, “It is not good for the man to be alone. I will make a helper who is just right for him.”

Genesis 2:18

IT'S JUST A SEASON.

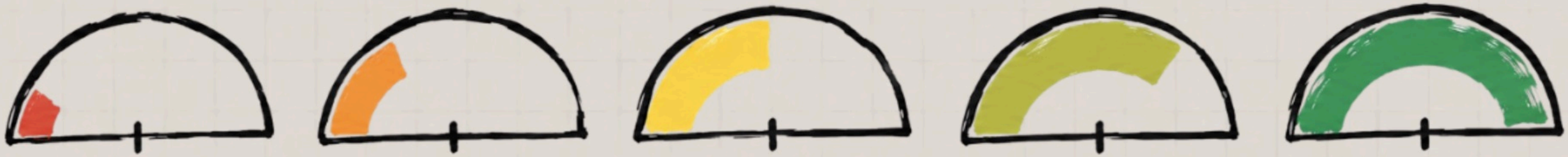


“Good relationships keep us happier and healthier. Period.”

Dr Robert Waldinger.
The Harvard Study of Adult Development

TIME - PRESENCE - CONSISTENCY

The Relational Gauge



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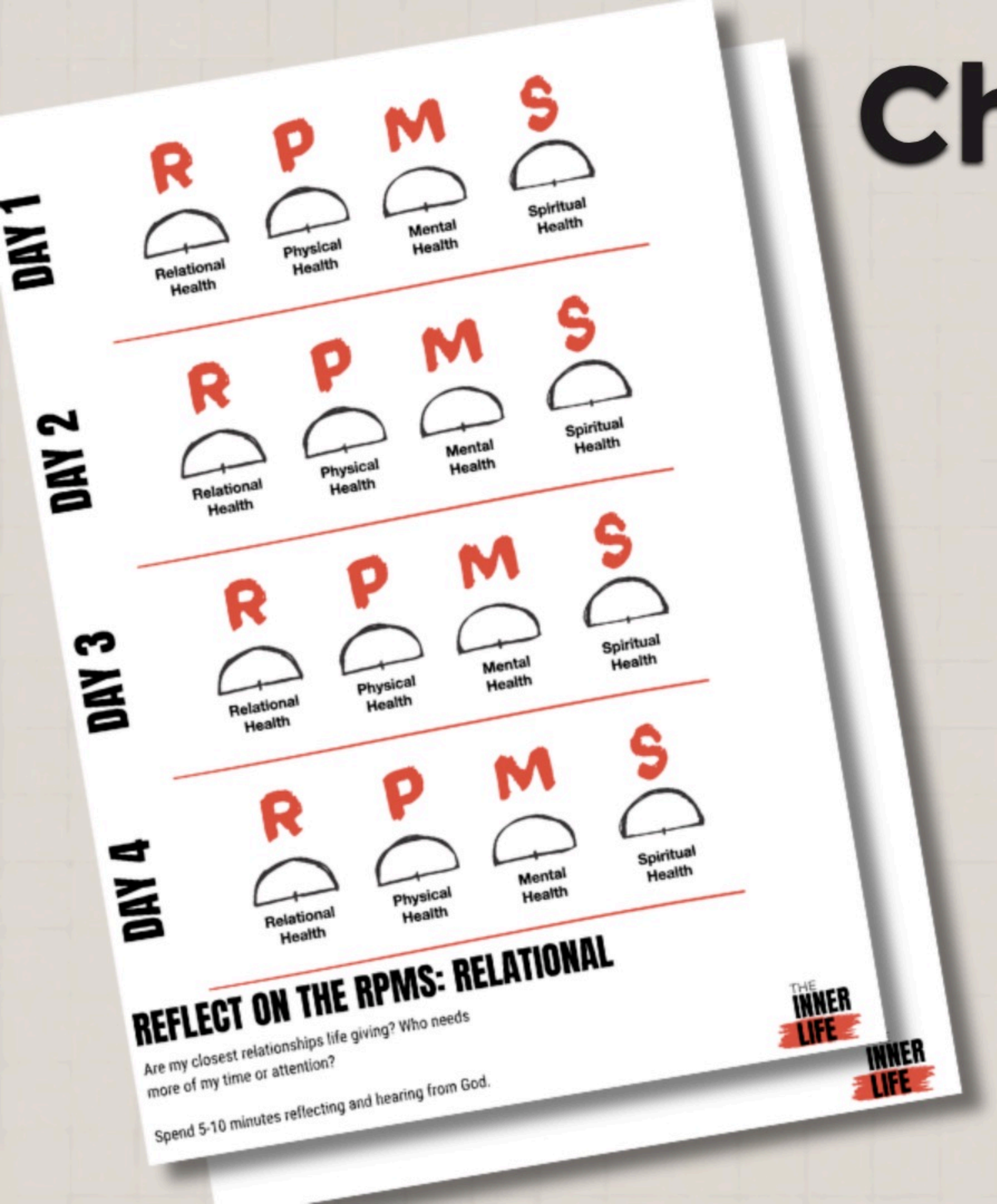
3/4

SOLID BUT ROOM TO IMPROVE.

FULL

THRIVING AND CONSISTENT.

- Are my closest relationships healthy and life-giving?
- Where have I stopped investing, or allowed a relationship to drift?
- Is there someone I need to intentionally move towards?



Check your RPMS

Check your RPMS every day this week to identify where God is inviting you to grow, so you can reproduce the life of Jesus in yourself and others

DISCUSSION QUESTIONS

1. How would you describe the health of your closest relationships right now?

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2. Read Ecclesiastes 4:9–12 together. What stands out to you about the way God designed us to do life together?
3. What does intentionally investing in relationships through time, presence and consistency look like?
4. What is one practical step God might be prompting you to take to strengthen a relationship this week?