NOVEMBER 2026

the Handup

OFFICIAL NEWSLETTER OF HELPING HANDS COMMUNITY SERVICE GROUP



A Recent Handicap Ramp Completed

Volunteer Opportunities and Ministry Updates

Click on the text box for details and contact information about each ministry.

The Advocate Mission is working with local churches to help them determine how they can wrap around our local foster families. No church can do everything, but every church can do something! Click here for more about how your church can help!

This week, Amy's Closet's Lincolnton store is offering 30% off (excluding Christmas) and 40% off coats and bottoms in their Denver store. They are open Tues–Sat, at 10:00 am. Volunteer applications are available in the stores so come and support Amy's House!

Amy's House Domestic Abuse Shelter provides a safe, supportive, and trauma-informed environment for individuals and families experiencing domestic violence .Click here for more information.

Asbury Resource Center (the ARC) is hosting a winter shopping day for the Sunrise Community on Nov 7. Volunteers are needed to assist shoppers during this event and help sort to donations every Tuesday from 10:00am-3:00pm.

Backpacks for Kids is currently serving 30 kids from 5 local schools. The next monthly food packing session will be Nov 10th at 9am. Delivery drivers are also needed. Please check below for the list of needs and a donation link.

The Denver Community Garden harvested 293 lbs. of sweet potatoes last month, along with tomatoes, cucumbers and summer squash! We are looking forward to another amazing year in 2027! Contact Carol Brown to join this amazing team. outreach@denverumc.org

Bridge of Hearts supports local school children with Birthday bags, snack kits and hygiene kits. Click here to email for details on how to help.

Bridge of Love has been helping Latino families register to vote and providing passport assistance. They provide local referals for other assistance and food for those needing it. Donations are needed. See below for needs. Click here to email to schedule a time to deliver donations.

The Building and Repair Team completed a ramp in Kings Mountain and another small project in October. Click here to email Wally to join this team!

East Lincoln Christian Ministry is accepting Thanksgiving donations of turkeys and hams to be distributed to our neighbors in need. Contact Charlie at 631-455-8989 for more info.

The Lincoln County Foster Care Program recognizes the need for more Foster Families. Email amber.mayo@lincolncountync.gov for details and training requirements.

Fostering Grace is looking for a storage space in Denver to store items needed for children entering care.

Furnish a Future provided 15 beds and other furniture to 19 struggling families last month. They are delivering or pick up another 11 beds this week! More beds are needed! The Mission Depot is open Tues 10:00-12:00 am or by appointment. Donations and volunteers are needed! Click for details.

Birdies: We are filling 100 Christmas stockings for local middle and high school students. Thank you to all who have donated! Please support First Thursday Lunch, which supports this ministry!

Upcoming Events

Every Tues - Sort donations for Furnish a Future, 10:00am - 12:00 pm
Every Tues - Sort clothing donations at the ARC, 10:00 am-3:00 pm
First Tues 10 am Caregiver support at Salem United Methodist Church
Every Tues and Friday - R-Friends Respite Care
Call 704-530-5281 for Pantry hours to drop off donations for Latino community, Bridge of Love at Boger City UMC
2nd Monday- Historical Society Mtg,
Hills Chapel Food Pantry: Sun & Tues, 6 -8pm Thursday 2-4pm
Lake Norman Food Mission M W F Sa Contact: emalielevine@gmail.com
2nd Sat Caregiver Support Group, 10am - 12:00 pm Pursuit Church, St James Rd
Nov 2 Helping Hands Meeting, 10:30 am
Nov 3 ARC School Shopping Day, 9am-2:30
Nov 4 Chicken Pickin at DUMC FLC, 9:30am
Nov 5 FIRST THURSDAY LUNCH, 11:00-1:00!
Nov 7 Hesed House Fashion Show, 6:00-9:00 pm, James Warren Citizens Center
Nov 7 ARC Sunrise Shopping Day, 9am-2:30 Volunteers needed!
Nov 7 Veterans Appreciation Dinner for vets and spouses. 5:00 at Unity Presbyterian
Nov 7,14 Harbour Health Mobile Ministry unit is at East Lincoln Christian Christian Ministry
Nov 10 Backpacks for Kids packing day-9am
Nov 14 McAdams Free Clinic Community Care Day
Nov 15 Surviving the Holidays, 3-5 pm griefshare.org/holidays
Nov 27-28 East Lincoln Historical Society Christmas Market, Craft Vendors welcome!
Dec 2 Chicken Pickin in Family Life Center
Dec 3 First Thursday Lunch
Dec 7 Helping Hands Meeting



Volunteers Harvesting Nearly 300 Pounds of Sweet Potatoes for Food-Insecure Neighbors

If you love your neighbor, you will fulfill the requirements of God's law.

Romans 13:8b

Volunteer Opportunities and Ministry Updates (continued)

Click on the text box for details and contact information about each ministry.

NEW MINISTRY! MEDICAL AND DENTAL SERVICES! McAdams Free Medical Clinic is hosting a Community Care Day on November 14th from 9am-1pm. Enjoy food, music and learn more about mobile medical and dental services to be provided on the ELCM campus. Click to contact Gail for details.

Gaston Community Action connects clients to local resources to help them secure and maintain employment. Click to email Cynthia for additional information.

GriefShare Surviving the Holidays, a special one-time seminar, will be held on Nov 15th from 3:00-5:00pm at Pursuit's Rock Springs campus. Click here for details.

Harbour Health has 49 active clients and 3 new dads participating in their program. They provided 15 pregnancy tests, 7 ultrasounds, and 1 baby was born! They have a Medical Mobile Unit offering medical excellence at convenient locations in the area. Click to check the website for locations.

Helping Hands is very grateful for the wonderful response to David Garmon's Half-Triathalon fundraiser for Helping Hands. Thank you to all who participated through donations and prayers. David was clear that he didn't raise a cent - it was God who provided the increase. David won his age group and finished in under 7 hours. He plans to travel next November to the Baja 1000 in Mexico at 75 years old. To God be the glory and praise!

Hesed House of Hope Homeless Shelter is hosting its annual Fashion Show Fundraiser on Nov 7, from 6:00-9:00 pm at James Warren Citizens Center. Tickets are $20. Contact hesedhousedirector@gmail.com for details.

Hill's Chapel's Free-Choice Food Pantry provides food for struggling neighbors every two weeks. They are open Sunday and Tuesday 6:00-8:00 pm and Thursday 2:00-4:00 pm. They're celebrating their first anniversary this month and have given about 30,000 lbs of food to struggling neighbors. Donation needs are below.

Lake Norman Food Mission at Denver Wesleyan feeds 600+ families a month. Volunteers are needed onste and as drivers to pick up food from local stores Fridays and Saturdays. Vehicle is provided. Click for more information.

The Lakewood TV Project has funds to pay for cable service for Lakewood Care Center for about 6 more months. Funds beyond that are needed. . Click for information on sponsoring residents.

Matthew 25 Ministry is collecting pill bottles with help from the team at Holy Spirit Catholic who provide cleaning and shipping assistance. Bring bottles to the next Helping Hands meeting.

LOCAL SCHOOLS still need MENTORS to spend one hour a week with a child who needs extra attention and encouragement. One hour can literally change the trajectory of a child's life. We've seen it happen. Click here to email Mary Repko to mentor at Rock Springs, and here to email Bob Smith for Battleground Elementary or any school in which you wish to serve. Resources will be provided.

The Mission Response Center (MRC) in Terrell receives and distributes humanitarian aid items and serves as a depot for UMCOR. Click to contact Reed Thomas to see how you or a group you are a part of can help.

Mom's and Munchkins and Sunrise Resource Center welcomed around 200 attendees to the Fall Festival. Local churches provided food and manned trunk or treat stations, and 100 Halloween costumes were distributed. Tutoring and Mom's groups are going well. Click here to contact Lea for details on how to help.

Sipe's Orchard Home supports residents 16-21 who do not have the financial, academic, emotional, or behavioral skills necessary for independent living. Click this box for details on how you can support this ministry.

Soul to Soul Outreach's 5 K fundraiser went well! They are grateful to all who supported the event. They are looking for library carts and a small box truck to help in distributing books to unhoused neighbors. Click here for more info.

United Way of Lincoln County welcomed the Apple Fest 5K back into the fall lineup. It was a big success and lots of FUN! Save the date for the annual Christmas Gala on Saturday December 12th. There will also be opportunities to volunteer for the Holiday Helper program. More information will follow. Click this box for details.

Current Donation Requests

Current Needs

Most items may be brought to DUMC Monday-Thursday, 10:00am-3:00pm.

ASBURY RESOURCE CENTER (ARC)
- Funds for or new socks, underwear and hygiene items.

BACKPACKS FOR KIDS
- Hormel Compleats, canned spaghetti sauce
- Jelly in plastic jar/bottle
- Vegetables
- Small cereals and grits and oatmeal packets
- Applesauce- cups or squeeze
- Fruit cups, Snacks

BRIDGE OF LOVE
- Donations can now be dropped off in Lincolnton at Boger City UMC- call 704-530-5281 to schedule
- Large, whole, frozen chickens for holidays
- Latino foods - Long grain white rice
- Pueblo Lindo (dry) black beans
- Instant corn masa
- Corn and flour tortillas
- Chili beans and black beans, canned

FOSTERING GRACE
- Walmart and Fast Food Gift Cards
- Size 2 diapers

FURNISH A FUTURE
- Full-size mattress pads
- Twin, full, and queen beds and clean mattresses

HARBOUR HEALTH
- Sponsors for families over the Christmas Holiday

HESED HOUSE OF HOPE HOMELESS SHELTER
- Snacks for check-in

HILL'S CHAPEL FREE-CHOICE FOOD PANTRY
- Shelf stable food items

Opportunities for Ministry Support

through Amazon or Walmart Wish Lists

BACKPACKS FOR KIDS
Provides food for local children on weekends and school breaks, click here.

DSS FOSTER CARE
Supports foster families with needed supplies - click here.

FURNISH A FUTURE
Provides furniture and household goods for families starting over - For the Walmart list, click here.

HARBOUR HEALTH (HEARTBEATS) WOMEN'S CENTER
Provides free pregnancy tests, ultrasounds, counseling, and needed supplies for women experiencing an unexpected pregnancy. For needed items,, click here.

HESED HOUSE OF HOPE HOMELESS SHELTER
The only homeless shelter in Lincoln County provides food, shelter, laundry, education, and more to otherwise unsheltered neighbors - click here.

JOURNEY OF HOPE
Provides outreach, food/meals, blessing bags, financial assistance and budgeting guidance for unsheltered and others near homeless - click here.

SOUL TO SOUL OUTREACH
Support Lincoln County's unhoused neighbors by providing tarps, toiletries, gloves, socks, and more - click here.

