Midday Prayers from Commonprayer.net

(Amended, including Psalm, Scripture, and Collect for the Day)

In the name of God, Creator, Word and Loving Spirit. **Amen.**

God is with you – **and also with you.**

Draw us into your love, Christ Jesus : **and deliver us from fear.**

Lord, make us instruments of your peace.
Where there is hatred, let us sow love;
where there is injury, pardon;
where there is doubt, faith;
where there is despair, hope;
where there is darkness, light;
where there is sadness, joy.
O Divine Master, grant that we may not
so much seek to be consoled as to console,
to be understood as to understand,
to be loved as to love.
For it is in giving that we receive,
it is in pardoning that we are pardoned,
and it is in dying that we are born to eternal life.
Glory to God, Creator, Word and Loving Spirit,
as it was in the beginning, is now, and will be forever. Amen.

Collect for the Day
Almighty and eternal God,
you have kindled the flame of love
in the hearts of the saints:
grant to us the same faith and power of love,
that, as we rejoice in their triumphs,
we may be sustained by their example and fellowship;
through Jesus Christ your Son our Lord,
who is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever. **Amen.**

Readings

(from https://www.churchofengland.org/prayer-and-worship/join-us-in-daily-prayer/)

Psalm 121

1 I lift up my eyes to the hills; ❧
from where is my help to come?

2 My help comes from the Lord, ❧
the maker of heaven and earth.

3 He will not suffer your foot to stumble; ❧
he who watches over you will not sleep.

4 Behold, he who keeps watch over Israel ❧
shall neither slumber nor sleep.

5 The Lord himself watches over you; ❧
the Lord is your shade at your right hand,

6 So that the sun shall not strike you by day, ❧
neither the moon by night.

7 The Lord shall keep you from all evil; ❧
it is he who shall keep your soul.

8 The Lord shall keep watch over your going out
and your coming in, ❧
from this time forth for evermore.

Glory to God, Creator, Word and Loving Spirit,
as it was in the beginning, is now, and will be forever. Amen.

Short Reading for the Day

The gifts he gave were that some would be apostles, some prophets, some evangelists, some pastors and teachers, to equip the saints for the work of ministry, for building up the body of Christ, until all of us come to the unity of the faith and of the knowledge of the Son of God, to maturity, to the measure of the full stature of Christ. *Ephesians 4.11-13*

A Reflection may be added

In the language and form closest to our heart, we pray as Jesus taught his friends
Our Father…

Make us worthy, Lord, to serve our siblings throughout the world, who live and die in poverty and pain. Give them today, through our hands, their daily bread and through our understanding love, give peace and joy. Amen

Blessed are the poor,
for theirs is the Kingdom of God.
Blessed are the hungry,
for they shall be filled.
Blessed are the meek,
for they shall inherit the earth.
Blessed are the pure in heart,
for they shall see God.
Blessed are those who mourn,
for they shall be comforted.
Blessed are the merciful,
for they shall be shown mercy.
Blessed are the peacemakers,
for they are the children of God.
Blessed are those who are persecuted for righteousness and justice,
for great is their reward.

A time of open prayer

Come, Holy Spirit. We pray that your fruit would be in us: love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control.

Dear Jesus, help us to spread your fragrance everywhere we go.
Soul of Christ, sanctify me;
body of Christ, save me;
blood of Christ, inebriate me;
water from the side of Christ, wash me;
passion of Christ, strengthen me.
O good Jesus, hear me;
within your wounds hide me;
suffer me not to be separated from you;
from the malicious enemy, defend me;
in the hour of my death, call me,
and bid me come to you

that with your saints I may praise you
forever and ever. Amen.

Through our lives and by our prayers : may your kingdom come!

In the name of the Creator, and of the living Word, and of the Holy Spirit. Amen.