St. Paul's News Bulletin

Nov. 1, 2026

Welcome! Join us after the service for coffee. Newcomers, please pick up information at the table outside the sanctuary doors. Also, today's coffee time is a special Newcomers Welcome to all who have joined St. Paul's since our last celebration in June.

Winter Plant & Greenery Fundraiser: Winter greenery and gifts can be ordered until next Sunday **Nov. 8** as a Hospitality fundraiser. Pickup is at the **Winter Tea Christmas Fundraiser** on **Nov. 21**. Please see Abby in the parish hall after the service. Donations of baking and ***new*** silent auction items are also needed for the Winter Tea.

Shoeboxes: Samaritan's Purse Shoe-boxes are available in the Parish Hall. See Laure. Return boxes by **Nov. 8**.

Pledge Cards: Please prayerfully consider pledging a regular donation to St. Paul's to assist in planning. Return pledge cards by **Nov. 8**. Put them on the collection plate (in an envelope) or bring to the parish office.

Remembrance Day Cancellations: St. Paul's office will be closed **Nov. 11** for the statutory holiday. Morning Prayer, Bible study, Hunger for Healing and the Foundation Bible Class will be cancelled.

Coffee House: The St. Paul's Stringers Coffee House will be Friday, **Nov. 13** at 7 p.m. Come enjoy our own house band, open mic and snacks. This is a family friendly event.

Living Waters: The December/January issue deadline is **Wednesday Nov. 18**. Please submit as early as possible to office@stpaulscalgary.ca

Christian Parenting: Child & Adolescent psychiatrist Dr. Nneka Orakwue-Ononye will be guest speaker at a workshop on **Friday, Nov. 27 at 7 p.m.** about the unique challenges of parenting for Christians. See Abby for details.

Prayer & Praise: A time of pray and praise will be held **Nov. 28 from 7 – 8 p.m.** led by Father Tony.

Youth gathering: All St. Paul's youth age 12-17 are invited to join a group discussion during the homily on **Sunday, Nov. 29** led by Kamsi & Chizoba.

2027 Canadian Church calendars: Calendars are available for $8 (cash) in the parish hall.

Winter Coats: Until the end of November, St. Paul's is collecting donations of new or gently used winter coats for Alpha House, which provides shelter, detox, outreach and housing programs in Calgary. Look for the marked boxes in the hall.

Mitten Basket: Donations of mittens, scarves & hats are all welcome in the basket in the Parish Hall.

Food for Veterans: Non-perishable donations are being collected for the Veterans Association Food Bank through November. See marked boxes in the hall.

Coffee Fellowship Time: Volunteers are needed to host Coffee Time. There is no need for a large spread — bring what is comfortable and pair up with others. The focus is spending time together as a church family.

St. Paul's Anglican Church
7 Sunmills Green SE T2X 3P6
Phone: 403 256-1428
E-mail: office@stpaulscalgary.ca
web site: www.stpaulscalgary.ca
Incumbent: The Rev'd Tony Hilling
Assistants: The Rev'd Cyril Haynes
The Rev'd Betty Nadurak
People's Wardens: Paul Bourgeois
Rector's Warden: Muyi Ekomwenrenren
Main Facebook Page: stpaulscalgary
X: @stpaulscalgary
Instagram: stpaulsanglicancalgary
YouTube: https://www.youtube.com/channel/UCldxfHv5pFYST--j8as1GVg

Outreach

World of Gifts

Want to get an early start on Christmas shopping? Check out Alongside Hope's World of Gifts catalogue.
It's a lovely way to remember a friend and help someone in need at the same time. There's a copy in the Anglican journal, or you can visit alongsidehope.org

5th Sundays of the Month are Food for Others Sundays at St. Paul's. Everyone is invited to bring non-perishable food items and leave them in the bin marked Calgary Food Bank. The next Food for Others Sunday is **Nov. 29.**

Inreach: This fund helps those in our congregation facing financial struggles. Donations marked "Financial Help for Parishioners" are welcome. If you need financial help or know of someone in our Parish who does (and you have their permission), let Tony know. Confidentiality will be respected. This is a way we can care for each other.

Pastoral Care

If you'd like to be part of our **Pastoral Care Team**, please contact the Rev'd Deacon Betty Nadurak to find out more about it.

Chemo Care Bags: If you know of anyone who is beginning Chemo treatment and would benefit from receiving a Chemo Care Bag, please contact the Parish Office.

Prayer Shawl: We meet in person on the first & third Wednesdays of each month at 1 p.m. Contact Laura Anne if you would like to join the group or know of anyone who would benefit from receiving a shawl. Everyone is welcome. No experience needed.

Grief Support Group: This is open to anyone who is grieving due to loss, illnesses or other struggles. For more information, please contact Laura Anne or leave your contact information at the Parish Office. Meets on Thursdays at 1 p.m.

Hunger for Healing, a Christian 12-Step Program, meets Wednesdays 11:30 a.m. - 1 p.m. We'd love to have you join us and see if it's for you. There is no official leader. We all take part in leading. For more information, please contact the Rev'd Deacon Betty Nadurak at 403-818-9879.

Check out these opportunities to participate

2026 & 2027 Flower Chart is on the bulletin board by the kitchen door. Cost: $30. To make a dedication, fill out the form under the chart or email Chizoba at office@stpaulscalgary.ca.

Prayer Chain Requests: Please contact Dinah Breu with your prayer requests.

Card Ministry: If anyone who is grieving, unwell, or celebrating a birthday or anniversary, and would like a greeting card from the St. Paul's Family, contact Pauline Payne at 403-988-2546 or email her at ***Pauline_payne1@yahoo.com***

We need more volunteers for **Sidespeople.** Please contact Suzanne Wray or the parish office if interested in serving in this ministry.

Volunteers needed for **Soundboard**. Contact Murray Sykes or Paul Bourgeois. Training will be provided.

Casserole Ministry: If someone would benefit from receiving a casserole, please **help yourself.** Our freezer is well stocked thanks to parish volunteers. To contribute a casserole, please label it with what it is, ingredients and the date and put in freezer.

Servers: We are looking for **youth volunteers** to serve during our Sunday services. All youth are welcome to participate! If you are interested, please contact Father Tony or the parish office for more information. Training will be provided.

Sacramental Assistant: Each Sunday at the 10 a.m. service, two people are needed to help at communion by administering the chalices. if you like to be a part of this ministry, please contact Ed or the Parish Office for more information.

We urgently need up to **4 additional volunteers to join the choir.** Please speak to Paul or Kathleen.

Regular Activities at St. Paul's:

Sunday:	**Holy Eucharist** 10 a.m.
	Hand Chimes Practice 11:30 –12:30 p.m.
	Word to World Ministries Canada: 2 - 3 p.m.
	Philippines Independent Church (IFI): 4 p.m.
Monday:	**Walking Group: 9:30 a.m.** (see the St. Paul's website under Events for locations)
	Trex | Girl Guides: 6:30 – 8 p.m.
	St. Paul's Stringers Rehearsal: 7:30 p.m.
	Prayer Group - meetings held both in person and online**:** 1:30 p.m. (2nd Monday of the month **in-person**) 7:30 p.m. (4th Mondays of the month **via Zoom**)
Tuesday:	**Girl Guides:** 6:30 – 8 p.m.
	Parish Council: 7 p.m. (usually 2nd Tuesday of the month) **Next meeting Nov. 10.**
Wednesday:	**Morning Prayer:** 9:30 a.m**.**
	Morning Bible Study: 10:30 a.m.
	Hunger for Healing: 11:30 a.m. (in the Chapel)
	Prayer Shawl Ministry: 1 p.m. (1st & 3rd Wednesdays of the month)
	Foundation Bible Class: 7 – 8 p.m. in-person. (See Prosper.)
	Choir Practice: 7 p.m. If you'd like to join Choir, please contact Paul Bourgeois.
Thursday:	**Grief Support Group:** (See Laura Anne if you are interested.)
	TOPS (Taking off Pounds Sensibly): 6:00 p.m.
	Evening Bible Study: 7 p.m. via Zoom.
Friday:	**Hand Chimes Practice** 1 - 2 p.m.
	Coffee House: 7 p.m. second Friday on alternate months. **Next date is Nov. 13**
Saturday:	**Ladies Luncheon:** 11:20 am – 4th Saturday each month. **Next date is Nov. 28.**
	Men's Breakfast: 8:30 am - (at St. Paul's in Jan, March, May, July, Aug. and Oct. and at St. Peter's Feb, Apr, June, Sept and Nov). **Next date is Nov. 21 @ St. Peter's.**
	Pray & Praise: 7-8 p.m. (the last Saturday of each month). **Next date is Nov. 28.**

Welcome to newcomers & visitors

St. Paul's welcomes newcomers and invites you to make this your church home. We would be most pleased to learn about you and help you learn about us. Please indicate on a pew card, located in racks on the back of the pews, how we can help you feel part of the family.

Please place the card on the offering plate or hand it to one of the clergy or Parish Council members. There are also welcome packages available after the service. We are so glad you were able to join us.

Financial News

Our **deficit** at the end of September was $3273. Thank you for supporting our mission financially in these challenging times.

Our Ministries

NURSERY

Contact: Parish Office

This ministry is offered to children not yet old enough for Sunday School, including the Sundays in the Summer. You are welcome to join our Nursery Ministry Team. You must have a love of children, be at least 13 years of age, and (if you're not an adult) have a babysitting course.

COMMUNICATION MINISTRIES

Contact: Paul Bourgeois or Chizoba Ezeani

This committee is open to anyone who has an interest or ideas on how to increase our visibility to the community. We look at signage and how we communicate with the communities around us. We need to find out what is needed in the community. If you have an interest in this area and would like to help, please let us know at the Parish Office.

BULLETIN: Chizoba Ezeani

Our weekly bulletin of events is available as a printed version on Sundays as well as online each week on our website. It provides a roundup of upcoming special activities and services, regularly scheduled activities and other Parish news. To submit information to the bulletin, please email the Parish office by Tuesday.

COMMUNITY ADVERTISING

We advertise in several community newsletters before major events. The Diocesan website also has a page for St. Paul's which has our service times and location.

WEBSITE: Paul Bourgeois

webmaster@stpaulscalgary.ca

Our website is www.stpaulscalgary.ca

Have a look. Bulletins and Living Waters are posted here, as well as recordings of services, information about our parish and a listing of events so you can check out what's going on at any time.

Stewardship Reflections

" Whoever exalts himself will be humbled; but whoever humbles himself will be exalted." - Matthew 23:12

The world celebrates people in the spotlight and those who have the most of everything. We think celebrity, money and possessions are the key to happiness. Yet, our world is filled with more loneliness, anxiety, and depression than ever before. The lives of the saints show that the key to a happy life are relationships. Relationships with God and each other. Trust is the foundation of any good relationship and humility is the seed of trust.

The Anglican Diocese of Calgary

Clergy changes

Archbishop Greg Kerr-Wilson has appointed The Rev. Mike Black as part-time Priest-in-Charge at St. Augustine, Calgary until the end of December, and The Rev. Margaret Hogarth as part-time Priest-in-Charge at Holy Nativity, Calgary until the end of November. Please pray for Rev. Mike and Rev. Margaret and the congregations they serve.

Archbishop Greg has appointed **The Rev. Sean Devlin as Interim Priest at Christ Church, Calgary beginning Nov. 2 to Jan. 15, 2027**, and The Rev. John Wilcox will move to be Interim Priest at St. Stephen, Calgary from Nov. 15 to May 17, 2027. Please pray for Rev. Sean and Rev. John as they make these transitions, and for their congregations.

Archbishop Greg is also pleased to announce that he has appointed two Archdeacons: The Ven. Bonnie Luft is the new Archdeacon of Bow Valley, and The Ven. Deacon Charmaine Evans is the new Archdeacon of Calgary.