



October 28, 2026

Growing Together in Christ to Love and Serve All People

Prayer of the Week:

Almighty God, you are the beginning and the end,
the one who makes all things new.
As we approach All Saints Day,
we remember your faithfulness through every generation.
We pray for the world you love: for leaders seeking justice,
for communities divided by fear,
for those burdened by loss or loneliness.
Grant us the courage to follow in the path of the saints,
to love what is good, to stand firm in truth,
and to walk humbly with you.
Gather us, with all your people, into the joy that has no end,
through Jesus Christ, the risen Lord of all. Amen.

Source: <https://www.pastorjasonelder.com/liturgy/3-all-saints-day-prayers>

Upcoming Greeters and Coffee Hosts:

November 1: Joe Banuelos, Greeter; Gale Baullinger, Coffee Host

November 8: Could be YOU, Greeter; Jay Baxter, Coffee Host

Contact Sherry (sherry@salc.church) to be a Sunday greeter or to Host coffee hour.

Sign up to provide flowers on the Flower Chart in the Narthex.

Worship is at 10:00 AM this Sunday, both in-person and via livestream.

Livestream: Visit salc.church/media to access the bulletin and livestream link on YouTube. If you have a Google account, we invite you to offer a greeting or comment in the chat window.

Sunday, November 1 – All Saints Sunday

9:00 AM

**Adult Education; Bible Study
Sunday School**

10:00 AM

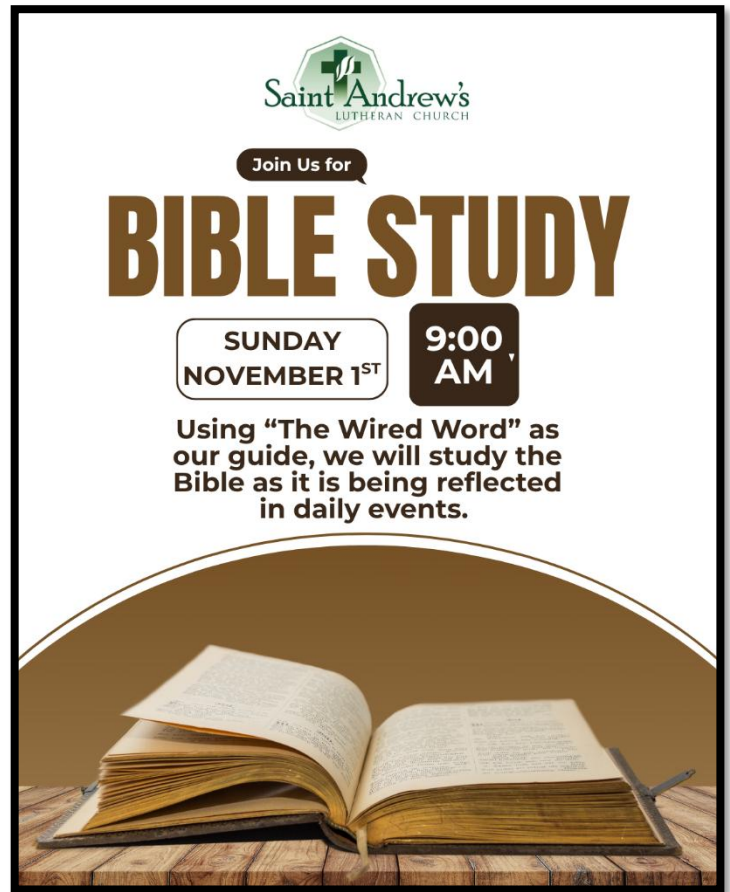
**Worship
Blessing our Lutheran World Relief
quilts and kits**

Readings for November 1 – All Saints Sunday

Revelation 7:9-17 and Matthew 5:1-12

Tuesday Morning Men: Every Tuesday at 8:30 AM, this group meets for discussion and prayer via ZOOM. Contact the office for links.

Pastor's Bible Study continues in a hybrid fashion on Tuesday mornings at 10:00 AM. **Contact Pastor Lara by email** (pastor@salc.church) if you would like the Zoom link.



Look at that – you get an extra hour’s sleep – so come to our Bible Study at 9:00 AM. We are utilizing a new resource, “The Wired Word”. Diane Hogle will lead a lively discussion about the *Queen of Country, Dolly Parton, and her living faith* – join her! There will be coffee ☺

Adult Education Coming in November:

- November 1 – Bible Study
- November 8 – Faith & Civic Engagement; “Charity v. Aid”
- November 15 – Eastside Legal Assistance Program
- November 22 – Pacific Lutheran University President Allan Belton
- November 29 – The Advent Fair!!

Join us at 9:00 AM on Sunday mornings! There’s always a warm beverage and great company.



Sunday, November 22. 9:00 AM

we welcome

**PLU President Allan Belton
to our Adult Education Hour!**

Join us as President Belton talks about how
"Lutes Open Doors" and his commitment to
ensuring that PLU remains a place where students
receive an exceptional education while also being
known, challenged, supported, and prepared to
make a difference.

Go, Lutes!



**We welcome PLU president,
Allan Belton, to Saint
Andrew's!**

Mr. Belton became the 14th president of Pacific Lutheran University in 2017, bringing to the presidency a combination of business acumen, higher education experience, curiosity, and a willingness to challenge convention. A self-described believer in doing things differently when a better path exists, Belton has embraced the opportunity to lead PLU with both an eye toward what is next and a deep appreciation for what makes the university distinctive.

At the heart of his leadership is a simple belief: people matter, and how we care for one another matters. That belief is deeply connected to PLU's mission and to the university's commitment to educating students for lives of thoughtful inquiry, service, leadership, and care.

Belton often points to PLU's "**Lutes Open Doors**" ethos as a powerful expression of that culture. For him, holding doors is about more than a gesture – it represents a willingness to notice one another, make room for others, show up, and lead with generosity. It is the kind of care he believes should extend from the classroom to the boardroom and into the broader community.

As president, Belton is committed to ensuring that PLU remains a place where students receive an exceptional education while also being known, challenged, supported, and prepared to make a difference.

Plan to come to meet him at Adult Education on November 22nd – bring your PLU Alum friends!

2027 Council Member Recruitment

The 2027 Nominating Committee is currently working to identify candidates for the 2027 Congregation Council election at our next annual meeting, January 24, 2027. Please consider recommending candidates you think would be good leaders to serve on the Council. Recommendations should be made by completing a “Nominating Request Form” available in the Narthex and placing it in the collection box located there or by speaking with a member of the Nominating Committee (*Peter Cornwell – Chair, Joyce Arnold, Carol Bostic, Joyce Nelson, & Veda Moretti*). The deadline for receiving suggested nominations is **November 15th, 2026**. If you have questions, please talk with any member of the committee.



Flooding in Arizona hits our Navajo Lutheran Mission:

Saint Andrew's has a long history of support for the Navajo Evangelical Lutheran Mission in Rock Point, Arizona. Recent storms have flooded the area, with most residents unable to return home. Read their report below. Our outreach committee has authorized funds from their account to be sent to support their clean up efforts. There is a link below, if you would like to contribute.

Last Monday and Tuesday, winds and up to 5 inches of rain flooded the Rock Point Community. Residents have been evacuated to a shelter set up at the Rock Point Community School. The American Red Cross and Bidii Chidi (a local food truck) have provided warm meals and disaster assistance. Volunteers filled thousands of sand bags and the Chapter was set up as the command center. The rains have stopped, but the aftermath and cleanup will impact the wellbeing of community families for weeks to come, especially the elderly.

The Mission buildings are safe, but the surroundings are in standing water. Mission staff have assisted in the disaster response efforts, stepping in where possible with Mission resources like the tractors, donated clothing, Hoz'ho meals, food bank and water well access.

The Mission's impact in the community is just beginning. When disaster response systems leave Rock Point, residents will return to flooded households, deep mud, and ruined belongings. Realities of the current economy have already diminished the capacity of local families to recover. The people will turn to the Mission - and the Mission/House of Prayer will be at the center of care as it has for over 70 years. For those in need, the Mission staff will respond with love, food bank, water, quilts, firewood, household goods, and available resources provided by generous donors.

Your support to the Mission will make all the difference in the coming months. Please keep the Rock Point Community in your prayers. Contribute generously at www.nelm.org. And hear the prayers spoken silently and aloud from a grateful community.



Eastside Lutheran Church Community Confirmation Service:

It was a joyful Sunday afternoon as students and pastors from five of our ELCC Congregations gathered to Affirm the Baptism of nine students from our congregations, including our own Melanie Grad! You can read her faith statement on the next page. Thanks to **Doug Johnson** for his coordination of the day – including dinner for all the families!





Melanie Grad's Faith Statement:

Hi, I'm Melanie. I'm 15 years old and was baptized at Christ Church Lutheran in San Francisco. My family moved here in 2019, and we have been going to Saint Andrew's Lutheran Church since then.

As much as I would love to start out this faith statement with Acts 20:9 (a man falling asleep during one of Paul's very extremely long sermons and consequently falling out of a third story window) or Song of Solomon 4:1 ("your hair is like a flock of goats") I would like to focus on Colossians 3:12:

"Therefore, as God's chosen people, holy and dearly loved, clothe yourselves with compassion, kindness, humility, gentleness, and patience."

I really like this verse because it expresses one of the things I like most about our faith: the emphasis on positive values and perspective towards life. I like to think the reason we're alive doesn't matter so much as what we do with our time as decision-making influence-having humans. I feel like the bible does a really good job of showing us there is absolutely no reason to be mean or exclusive or negative if we could be kind and compassionate and joyful. Even when it is difficult, it just makes sense to "clothe" ourselves with values and practices that make everyone's time on Earth better, Christian or not.

I notice that this verse starts by addressing "God's chosen people" specifically. I appreciate the way this verse makes being people of God not only about being Christian and centering our lives around God alone, which are also good things, but also gives us something to do with our faith, which is to make the lives of everyone better. Compassion, kindness, humility, gentleness, and patience are all outward-facing values, focused on the way we interact with other people. This is something I find really cool about not only Christianity but also other religions; they challenge us to be better people and look beyond ourselves.

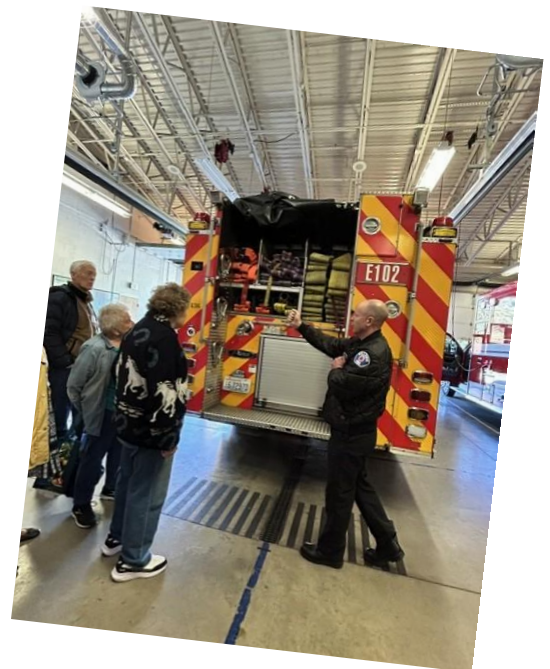
This brings me to why I am choosing to be confirmed today. It's not because I feel 100% certain about my own faith. I haven't felt especially ready for confirmation my entire 4 years of learning and preparing for this. I think it's because I've reached a point where I can understand I will never really be ready. I don't think any of us are ever fully ready to know what we're doing with something like this, but that's ok because God has so much more grace than we are ever really ready to understand or appreciate. So, I think all of us are still getting more and more ready to accept and embrace all of who God is. But I think in the meantime, we can focus on the things we are ready to do and move forward with the compassion, kindness, humility, gentleness, and patience the Bible teaches us.

Thank you!

*Congratulations to Melanie on this faith milestone.
You are a loved and valued member of Saint Andrew's.*

Big THANKS To BC Matt Burrow and Captain Darren Rainey

for having lunch with us and sharing such great information about Emergency Services. The tour of the Fire station was an extra bonus! How lucky are we to have this great resource across the street!?!?!?



A GREAT time was had by all who came to Trunk or Treat on Saturday! Thanks to Doug Johnson and Melinda Steen (St. Lukes) for organizing such a silly, creative day! The kids kept coming!! Thank you to all our creative 'trunk' providers – from Mario to Pokemon to aliens to theater concessions to a campfire to a squid...lots of fun!!



Tis' the season... for a message about Stewardship.

First, please take another look at John Andresen's report from September (in last week's Trendings) and then ask yourself the very Lutheran question "*What does this mean... to me personally?*" The answer, in the near term, is that we have hill to climb to get our giving up to match our expenses for 2026. This a common occurrence this time of year and is it also common that we ask everyone to check that their planned giving for the year is on track, and to remember all the countless ways we have been blessed to be a blessing and to go beyond that plan.

Next, I would like you to start thinking how you will use and share the gifts God has given you in the new year. Receiving your pledge for financial support is important because it helps us all plan how we will work together to serve God and fulfill and grow our mission. But that is the quick and easy part. I am asking you to think about it longer and harder. Start by rereading today's Trendings, with an eye to all the different things that our congregation is doing and all the opportunities there are for you to use your gifts to serve God both inside and outside our congregation. Here is one easy example: Last Saturday our congregation hosted a ELCC Halloween "Trunk or Treat". We shared our gifts of creativity and the willingness to be silly. There were princesses, astronauts, lady bugs and lizards, and even squishes. Nearly a hundred families came through our doors and took home LOTS of candy and information about the ELCC and Saint Andrew's. It reminded me of the prayer from Doug Johnson's Oct 18th children's message (which was also about sharing our gifts from God). There will be more to follow, but today I will close with Doug's Prayer:

Dear God

Thank you for many wonderful gifts.

Lizard and ladybugs, squishes and desserts, and the money to pay for it

May we share our money in the way that you ask us to.

Amen

In Christ

Mark Davis

Church Council Stewardship Representative.

Corner of Blessing

Food of the Month – October & November

We are half through the collection with four Sundays to go. We are making good progress in collecting food to go into the No-Cook emergency bags. As you can see in the Progress Chart below, this week the **items we need most** are **Applesauce/Fruit Cups and Pouched Meat/Jerky**. **The next most needed are Peanut Butter and Canned Meals/Soups.**

The items in these bags need to be able to be eaten directly without being heated or the use of a can opener. These need to be things that can be eaten cold and plain.

****All canned items must have a pop-top lid.** Only soups and meals are in cans.

****PAY ATTENTION TO SIZES.** Keeping the weight down is important for homeless. Bigger sizes can't be used.

****MAKE SURE TO CHECK EXPIRATION DATES! They need to be on or after February 2027!****

If shopping is not your thing and you would like to help, a check made out to Saint Andrew's with Emergency Bags in the memo line will be used to buy the food needed to complete the most bags.

There are seven different items that go in each "No-Cook" Emergency Bag. We will be collecting these items during October and November:

These are the items needed for each Emergency Bag:

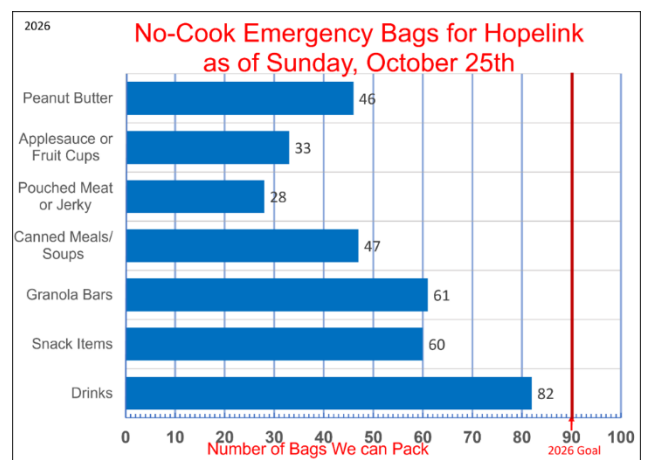
Qty: Item:

Peanut Butter – (~16 oz. plastic jar – no-stir)

- **Applesauce or Fruit Cups Package** – (packages of 4 or 6 cups (about 4-ounce cups), kept in original packaging so that it contains the label and ingredients, ex: peaches, pears, fruit cocktail, applesauce)
- **Pouched Meat or Jerky** – (beef jerky or meat sticks (like slim Jims), pouched meat like tuna, chicken, salmon (Starkist is a common brand) Common sizes for both are about 2.5 - 3 ounces.)
- **Canned Meals/Soups** – (ex: ~15-20 oz, ex: chili, beef stew, canned ravioli, hearty Progresso soups (such as: beef pot roast, chicken pot pie, Italian Wedding, etc. – **Pop-Top lid**)
- **Granola Bars*** – (look for ones that are at least 150 – 200 calories each – total at least 1,000 calories for the 6 bars)
- **Snack Items*** (high in calories & will not crush easily. Ex: dried fruit, nuts, trail mix. Individual packages – look for ones that are at least 100 – 150 calories each - total at least 500 calories for the 5 snack items)
- **Shelf-Stable Drinks** – (Something that does not require refrigeration and will not puncture easily. Ex: juice boxes, water, protein shakes.)

* The granola bars and snack items can be in larger (Costco) packages since we repackage them into Ziplock's of 6 or 5 items.

Here is the progress chart as of October 26th.
Check here to see what is needed to pack the most emergency bags:



The Sophia Way updates

The COMING HOME Celebration on Friday, November 6th; 6:30 – 8:30 pm Hilton Bellevue; 300 112th Ave SE, Bellevue.

A very special evening at the Hilton Bellevue, with dinner, music, auction, and people, who believe, (rightly so!) that “stability changes everything”!, [Tickets available here.](#)

Any questions at all...let me know!

Blessings,

Joyce Arnold



Travel to East Africa!

Our ministry partner, *Opportunity Builds Africa*, has four standard travel opportunities! Dr. Dave and Michele Vossler are planning to go on the Tanzania Medical Impact Discovery Tour **July 11-25, 2027**. It includes time at the MaaSAE girls school! Think about joining them – or participating in another Discovery Tour. Find out more about all the Discovery Tours. [HERE](#). **Registration Closes: November 15th, 2026**

YOUR JOURNEY AWAITS

**Tanzania Immersion
with Kafika House**

June 19 - July 3, 2027

Our two-week program is designed for guardians and teens to bond, grow and volunteer at Kafika House amidst the cultural and natural beauty of Tanzania and its people. This trip is not solely academic, solely service-based or solely culturally immersive -- it's the full

package! It's time to go beyond comfort zones and perceived limits and join Kafika House as we change the landscape of rehabilitative care for children with disabilities in Tanzania. [Find out more HERE.](#)

Friends of
KAFIKA HOUSE



Another successful Lutheran World Relief drive!

Thanks to all who showed up to pack LWR health care kits on Monday. **Art Gurtel, Cheryl Jurrus, Linda Quinn, Pat Chinn, Iris McKay and CJ Tatum.** We assembled **149 kits** which will be distributed around the world, including the US, to those in need.

Thank you also to the congregational members who donated supplies (and washed towels!) We couldn't do it without you!

Dan Johnson has once again volunteered to deliver both quilts and health kits to Our Redeemer's Lutheran Church this weekend. Thank you Dan! *Terri Anderson*

November 2026



For everything there is a season and a time for every matter under heaven.
Ecc. 3:1

Thank you so much for the opportunity to be on sabbatical this summer/fall. When asked what I was focusing on during my sabbatical, my overall answer was, “less.” I wanted to be less busy, less frenetic, less torn between competing responsibilities. I wanted rest, renewal, and re-connection. I wanted to return following sabbatical with a new understanding of how to be in the office of bishop and also be healthy and whole. Unfortunately, while my weeks away were filled with many

things, what I was hoping for did not materialize. Let me explain.

During my sabbatical many joyful family things happened including officiating at my niece’s wedding, a niece having a baby, several birthday celebrations, and my son getting married. Sadly, there was also tragedy: My uncle died, my aunt’s partner died, and my dad died quite unexpectedly. (My son got married on September 5, I left for a trip to Guatemala on September 8, and my dad died on September 11 – while I was in Guatemala.)

Before my dad’s death, the trip to Guatemala was truly a life-changing experience through a tour with Augsburg Center for Global Education. The stories and the new understanding of the country will inform my ministry for many years to come. I was encouraged to see hopeful signs of democracy and entrepreneurship as well as difficulties with farmers dealing with climate change, the poor not receiving what is rightfully theirs, and ongoing corruption. The beauty and resilience of the people along with the gorgeous land will stay with me.

All in all, as I return to my responsibilities, I celebrate the joys, grieve the deaths that have happened, and wish that my sabbatical had truly been “less.”

In the days and weeks to come, I am focusing on listening and learning what occurred in the synod while I was gone, speaking at three different gatherings against Christian Nationalism, gearing up to visit congregations, and continue planning for the good of the synod.

What did I learn/discover in this sabbatical? The fragility of life, family is precious, God is truly present in all things, people are beautiful and resilient, joys and sorrows can be packed together, and we cannot choose what happens on what timeline. Perhaps these are obvious and perhaps I knew them already ... but in this time I am feeling these things more deeply and holding them more closely.

Thank you for the many prayers, cards, and messages I have received from you. I feel surrounded by your care. Thank you for the time of sabbatical.

In Christ,
Bishop Shelley Bryan Wee



ELCC (Eastside Lutheran Church Community) churches, the Synod and the ELCA:



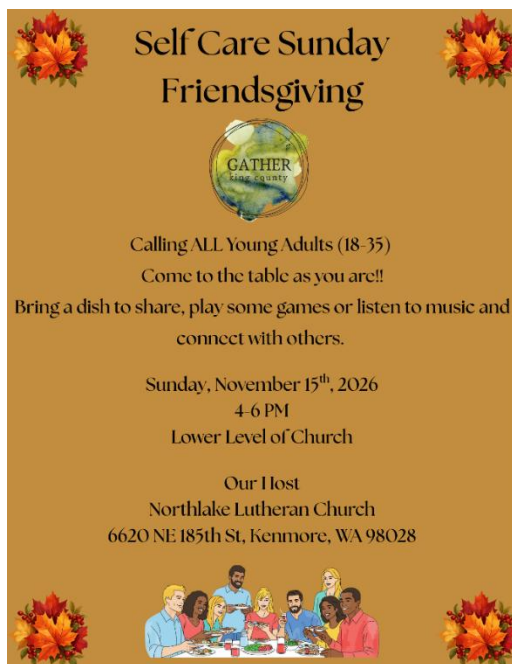
The Eastside Lutheran Church Community (ELCC) are the ELCA churches on the eastside. WE have opportunity to share worship, resources, and events – separately and collectively. While we often share and collaborative service activities and worship opportunities.

Be sure to check out the website [HERE](#).

An ELCC newsletter is in the works! Sign up to receive the links!

Newsletter opt-in instructions:

1. Go to the [ELCC website](#) and scroll to the bottom of the HOME page
2. View the Newsletter Signup section - add your email and press the SUBSCRIBE link
3. Now go to your email inbox and find the Tithe.ly email asking you to verify your email address, and then you are done!



Gather (young adult ministry; 18-25) has another event planned!

Self Care Sunday Friendsgiving

November 15th, 2026 4-6PM at Northlake Lutheran Church (6620 NE 185th St, Kenmore, WA 98028) in the lower level of the church.

Come to the table as you are!!

Bring a dish to share, play some games or listen to music and connect with others.

You are loved! You are welcome here! You are uniquely you!

OSLC/ELCC Bell Choir

2 ringers needed for the Christmas season

Do you know anyone from 9 to 90 that might like to give bells a try for Christmas? Bell ringing experience is not necessary, but reading music is a plus. Friends, enemies, neighbors, and family are all welcome! Rehearsals are at 7:00pm on the Tuesdays in November. Please contact the Bell Coordinator, Wendy Winslow at wendywinslow@hotmail.com.

Calendar

Wednesday, October 28

2:00 PM The Weatherly Worship
7:00 PM JEDI committee, online

Thursday, October 29

7:00 PM Chancel Choir Rehearsal

Friday, October 30

Saturday, October 31 – Happy Halloween!

Sunday, November 1 – All Saints Sunday

9:00 AM Adult Education
Sunday School
10:00 AM Worship
Blessing LWR Kits and Quilts

Monday, November 2

10:00 AM Health & Wholeness Committee
1:00 PM Staff
6:00 PM Finance Committee, online
7:00 PM Executive Committee, online

Tuesday, November 3

8:30 AM Tuesday Morning Men, online
9:30 AM Dorcas Circle
10:00 AM Pastor's Bible Study
7:00 PM Handbell Choir Rehearsal

Wednesday, November 4

Thursday, November 5

2:00 PM Timber Ridge Worship
7:00 PM Chancel Choir Rehearsal

Friday, November 6

Saturday, November 7

Sunday, November 8

9:00 AM Adult Education, *Faith & Civic Engagement*
Sunday School
10:00 AM Worship

Monday, November 9

1:00 PM Staff Meeting
7:00 PM Council Meeting, In Person

Tuesday, November 10

8:30 AM Tuesday Morning Men, online
10:00 AM Pastor's Bible Study, hybrid
7:00 PM Handbell Choir Rehearsal

Wednesday, November 11

Veteran's Day – Office is closed.

2:00 PM Care Team Meeting, Online
7:00 PM Adult Education Meeting, Online

You can access our
weekly online calendar
HERE.

The Reverend Lara Forbes, Lead Pastor
pastor@SALC.church

The Reverend Timothy T. Weber,
Shared-Time Pastor
timwebertt@yahoo.com

Dr. Will Simpson,
Director of Music Ministries
will@SALC.church

Doug Johnson,
Director of Youth and Family Ministries
doug@SALC.church

Sherry Grindeland, Fellowship Coordinator
sherry@SALC.church

Kurt Lutterman, Facilities Manager
kurt@SALC.church

Kathy Fisher, Communications Director
kathy@SALC.church

Vanessa Rykaczewski, Handbell Choir Director

Elaine Koga, Choir Accompanist

Andrew Camrud, Facilities Set-up

April Daniel, Records Administrator

Ann Thorpe, Sunday Church School Coordinator

Joan Tweten, Kitchen Team

SALC Family Social Media Accounts:



Find us on:

