

† COMMUNION OF SAINTS



A flourishing church is rooted in a simple, life-giving truth: we do not walk the path of faith alone. Across time and space, Christians of old and newer times have modelled and greatly influenced us to live fully into God's call. To anchor our reflection this All Saints Sunday, we lean into four pillars of our shared Anglican tradition:

Prayer & Spiritual Disciplines Christian Education & Study

Worship & Sacramental Life Giving, Serving & Stewardship

ROOTED & REACHING • MICRO-PRACTICE The Fellowship of the Spirit

Focus: The Communion of Saints (Spiritual Connection)

THE PRACTICE

Acknowledge the unbroken spiritual connection uniting all members of the Body of Christ today. Take time this week to name those who have gone before us—teachers, mentors, and forebears—whose lives illustrated Christian principles and encouraged our faith.

TRY THIS AT HOME

Set aside 10 minutes of quiet reflection. Read through the names of mentors, family members, or historical figures who shaped your spiritual foundation. Offer a prayer of thanksgiving for their witness and for the grace that binds the living and the departed together.

PARISH REFLECTION

How might our daily choices change if we truly lived as though surrounded by a great cloud of witnesses, treating our faith not as an isolated individual pursuit, but as a shared inheritance passed down through generations? What is one action our parish could take to connect with the next generation?

“Therefore, since we are surrounded by so great a cloud of witnesses... let us run with perseverance the race that is set before us.” — Hebrews 12:1

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