Life Group Notes & Discussion Guide, for October 25th, 2026
"A Journey through the Book of 1st John"
"Overcoming the World through Faith"

Sermon Text: **1 John 5:1-12;** Old Testament: **Psalm 104:20-26;** New Testament: **Hebrews 11:1-6.** Read **1 John 5:1-12**, then answer the questions that follow.

1. Read **1 John 5:1.** According to John, how will people ***who believe in Jesus and love the Father*** show it to the world?

2. Read **1 John 5:2.** What is the proof that we love ***the children of God?***

3. Read **1 John 5:3.** What does love always lead to?

4. Why aren't God's commandments burdensome?

5. Read **1 John 5:4.** According to this verse, what allows us to overcome ***the world?***

6. Read **1 John 5:5.** In whom must we believe, if we want to ***overcome the world?***

7. Read **1 John 5:6.** To what does the phrase ***he who came by water and blood*** refer?

8. Why does John say, ***for the Spirit is the truth?***

9. Read **1 John 5:7-8.** In ***v. 7,*** to whom might ***the three that testify*** refer?

10. Explain how ***the Spirit and the water and the blood*** testify and agree?

11. Read **1 John 5:9-10.** What does the phrase ***whoever believes in the Son of God has the testimony in himself*** mean?

12. Read **1 John 5:11-12.** What does it mean to ***have the Son?***

13. Who enables us to ***sense the life within us?***

Discussion Guide for Your Life Group Meeting

I. At your Life Group meeting, first read **Psalm 104:20-26** aloud. It can be helpful to have several people each read one verse from their Bible. This helps people feel involved and can also introduce some interesting discussion if several translations are used. After reading the passage discuss it. If you are having trouble stimulating discussion, you can try asking some of the following questions:
   1. When you reflect on how differently God made the night from the day & how He created some species to be nocturnal & some to be creatures of daylight, what kind of thoughts do you have about God?
   2. How did God instill a sense of order in life by separating nocturnal creatures from those of the light?
   3. Which of God's creatures seem to inspire in you the greatest awe for our Creator?
   4. How many of you have ever viewed a tidal pool at low tide? What did that do help you sense that the ***sea teems with creatures innumerable?***
   5. When you read the word ***Leviathan*** what creature do you imagine?

II. Next read **Hebrews 11:1-6**, utilizing several group members to each read one verse aloud. After reading the passage discuss it. If you are having trouble stimulating discussion, you can try asking some of the following questions.
   1. Read **Hebrews 11:1.** Does this definition of ***faith*** match your definition? Explain.
   2. Whether or not it fits your definition of faith, how well do you think it explains what faith is?
   3. Read **Hebrews 11:2.** In what ways was it more difficult for ***the people of old*** to come to and maintain their faith? (In other words, what do we have today that those people lacked?)
   4. Read **Hebrews 11:3.** How could this verse help us to inform people that God's creation lines up with scientific thinking?
   5. Read **Hebrews 11:4.** According to this verse, what was the difference between Abel's sacrifice & Cain's?
   6. Read **Hebrews 11:5.** Then read **Genesis 5:21-24.** What do you think it was about Enoch's relationship with the Lord, that compelled God to take him directly to heaven without dying?
   7. Read **Hebrews 11:6.** Can you see evidence in your own life in which the truth of this verse brought you to true faith?

III. Read **1 John 5:1-12,** utilizing several group members to each read one verse aloud. After reading the passage discuss it. If you are having trouble stimulating discussion, you can try asking some of the following questions:

1. Read **1 John 5:1.** According to John, how will people ***who believe in Jesus and love the Father*** show it to the world?
2. Read **1 John 5:2.** What is the proof that we love ***the children of God?***
3. Read **1 John 5:3.** What does love always lead to?
4. Why aren't God's commandments burdensome?
5. Read **1 John 5:4.** According to this verse, what allows us to overcome ***the world?***
6. Read **1 John 5:5.** In whom must we believe, if we want to ***overcome the world?***
7. Read **1 John 5:6.** To what does the phrase ***he who came by water and blood*** refer?
8. Why does John say, ***for the Spirit is the truth?***
9. Read **1 John 5:7-8.** In ***v. 7,*** to whom might ***the three that testify*** refer?
10. Explain how ***the Spirit and the water and the blood*** testify and agree?
11. Read **1 John 5:9-10.** What does the phrase ***whoever believes in the Son of God has the testimony in himself*** mean?
12. Read **1 John 5:11-12.** What does it mean to ***have the Son?***
13. Who enables us to ***sense the life within us?***