



Weekly Update –October 21

Start Talking to Your Kids About Sex: A Practical Guide for Catholics

With Dr. Julia Sadusky

Corpus Christi Parish, Vancouver

Friday, October 30th | doors open at 6:30pm; presentation begins at 7:00pm

Parents, educators, caregivers, and youth ministers of Catholic children aged 0-18 will learn practical tips for talking about human sexuality with young kids and teens through a faithfully-Catholic lens.

Why Attend This Workshop

- Feel more prepared and confident discussing sensitive topics with children and teens
- Learn practical ways to bring a faithfully Catholic perspective to conversations about sexuality
- Ask questions during the live Q&A with Dr. Sadusky
- Connect with other parents, educators, caregivers, and youth ministers navigating these conversations

Registration is required. Please visit [Start Talking to Your Kids About Sex: A Practical Guide for Catholics](#) for more information.

**This is the same presentation we offered last year that some of our families attended and found very enlightening. Parents are strongly encouraged to attend. Dr. Sandusky will be here IN PERSON.*

Walkathon Fundraising Update



Walkathon Fundraising Update

- 🍷 Thank you, SFDS families! We are so grateful for your hard work collecting and submitting donations!
- 💰 \$37,000 raised so far! We have collected approximately \$37,000, with some donations still outstanding.
- 🧑‍🎓 Grade 7 takes the prize! A special shout-out to our Grade 7 students, who raised an incredible \$7,374.20! Many went door-to-door, and every student submitted donations. Their hard work has earned them a class visit to Ninja Tag!
- 🌟 Way to go, Grades 4 and 5! Both grades can be proud of raising well over \$5,000 per class!



Thank you to everyone who contributed to making this fundraiser such a success!

Donations can still be made: please click on this [link](#).

Sports Update:

Volleyball Success!

Congratulations to our Grade 6 volleyball team, who finished 1st place in the St. Matthew's Tournament! We are also incredibly proud of our Grade 7 team, who earned 2nd place in the Chancellor Tournament. Way to go, Flames!

Senior Boys' Soccer

-  Two big wins against Our Lady of Mercy and Our Lady of Fatima!
-  Congratulations on a hard-fought season in a competitive division.
-  We're proud of the team's perseverance, teamwork, and determination!

Juvenile Boys' Soccer

-  Congratulations on a great win against Our Lady of Fatima!
-  Thank you for your hard work throughout the season.
-  Keep building your skills by playing at recess and lunch or joining a community soccer team!

Parent Volunteer Hours – Game Transportation

-  Parents who drove other students to and from games can submit their hours to Mrs. Muir or Mrs. Wihak for volunteer credit.
-  To qualify, you must have transported students other than your own child.



Women's Retreat: *Abiding in His Mission*

 **Saturday, October 24**  **9:00 a.m.–3:30 p.m.**

 **St. Clare of Assisi Parish Hall (2888 Delahaye Dr., Coquitlam)**

-  **Keynote Speaker:** Rachel Wong
 -  Tickets are available for purchase after all Masses.
 -  All women are invited!
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 **Used Uniform Sale**  Thursday, Oct. 22  9:00 AM–3:30 PM (during Goal Setting Conferences) For more information, click this [link](#)

Scholastic Book Fair is here!

-  Wednesday, Oct. 21  3:00–6:00 p.m.
-  Thursday, Oct. 22  9:00 a.m.–5:00 p.m.
-  after all weekend Masses

Thank you for supporting our school community!  

SCHOOL PHOTOS

-  Each student received an Express Proof with a unique Personal Online Code to view and order portraits. Portraits will be available to view online starting Thursday, October 22, at 7:00 p.m.
 -  RETAKE DAY IS WEDNESDAY, NOVEMBER 4
 -  Orders placed after Thursday, Nov. 5 will be delivered with Late and Retake Orders (Nov. 18).
 -  If misplaced, contact studio@photoexpressions.ca or call 604-477-7399.
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HALLOWEEN

-  Students may come to school on Friday in costumes suitable for a Catholic elementary school.
 -  They may also wear black and orange play clothes with simple accessories.
 -  Saints costumes are strongly encouraged!
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GOOD SHEPHERD MINISTRY – HALLOWEEN CANDY DONATIONS

-  After trick-or-treating on Oct. 31, consider donating candy to the Good Shepherd Ministry.
 -  Candy and positive messages of hope will be distributed on the Downtown Eastside.
 -  Look for the large pumpkin containers near the prayer table.
 -  A meaningful way to live our SFdS values: Faith – Learn – Mercy – Engage – Serve.
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WE REMEMBER

-  Families will receive a page to record names of loved ones you wish us to pray for during November, please have them returned to the office by Friday, November 6th.
 -  Submissions are compiled into a Book of Remembrance displayed in our school prayer corner.
 -  Thank you for helping our students reflect on faith, love, and remembrance.
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PEC NEWS

- 💡 Fundraising feedback → SFdS.PEC.feedback@gmail.com
- 👤 Volunteering questions → participation.sfds@gmail.com



Upcoming Events

Wed/Thurs. Oct. 21, 22 💬 Goal Setting Conferences, *Scholastic Book Fair*
Thursday, Oct. 22 👕 Used Uniform Sale
Friday, Oct. 23 👤 Professional Development Day (No school for students)
Saturday, Oct. 24 🙏 Women's Retreat
Monday, Oct. 26 ⌚ **Early** Dismissal; popcorn sale
Friday, Oct. 30 Wear Halloween costumes to school

Saturday, Nov. 7 Spirit Day (for grade 7 students)
Wednesday, Nov. 11 Remembrance Day (no school)
Friday, Nov. 20 Professional Development Day (no school for students)

Extracurricular Practices and Events - Oct 26 - 30

	Monday	Tuesday	Wednesday	Thursday	Friday
8:05-8:55	Gr. 6 Girls Volleyball Mrs. DiFran & Ms. Casey		PrimaryChoir Mrs. Walmsley	Intermediate Choir Mrs. Walmsley	
LUNCH			Gr. 6 Girls Volleyball Mrs. DiFran & Ms. Casey Gym	Gr. 4/5 Girls Volleyball Skills Development Mr. Penney Gym	Gr. 7 Girls Volleyball Grade 7 Mrs. Luongo Gym
3:10-4:10 pm	Early Dismissal at 2pm for Staff Meeting		Gr. 4/5 Girls Volleyball Skills Development Mr. Penney Gym		

IMPORTANT NOTES: **Students who are members of a team should have their **PE strip** at school every day in case we need to move practice times**