

Course Handbook

321

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WELCOME

You've made it! Welcome to the 321 course. We're so glad you're here.

Over the next 4 or so weeks, we'll discover life according to Jesus over 8 video based sessions.

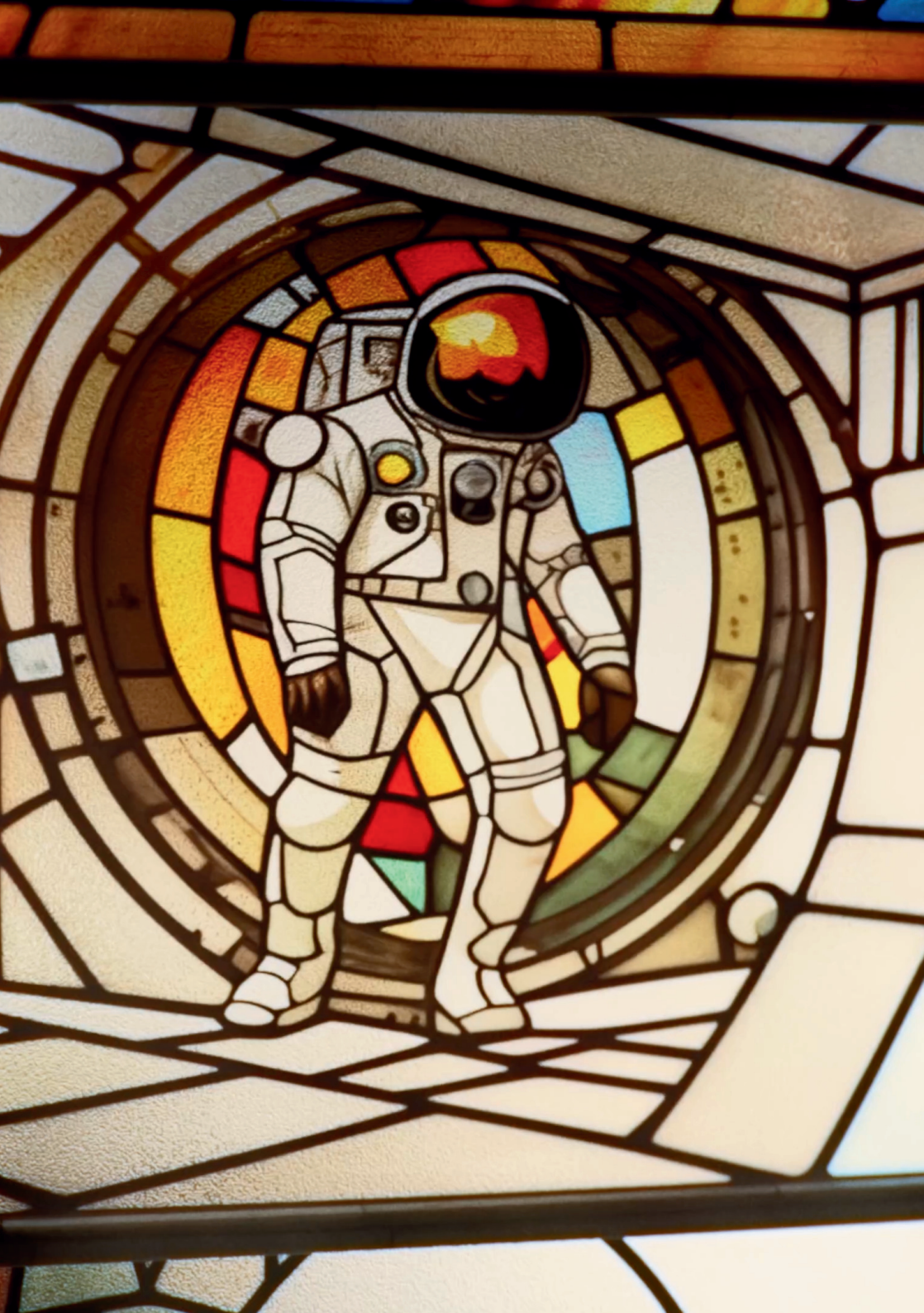
This handbook is your personal notebook to jot down any thoughts you might have as you progress through the course. No one else needs to read it. And there's certainly no test at the end! Use it however you wish.

Also included in this handbook are recommended resources if you'd like to consider the topics further. The Bible reading plan is especially helpful.

Enjoy!

Going to miss a week?
Get 321 on your phone so you can rewatch the videos anytime, anywhere.

Download now



1. LOST IN SPACE

A question to reflect:

Why are you here? ... On this course? On this planet?

What makes you ask the big questions about life?

Watch Video 1

1. LOST IN SPACE

Time to discuss:



Did the idea of the space station make sense to you as a picture of life? What stood out to you?



Who do you relate to most: Hope? Doc? Sasha? Why?



If you were there, how would you react to the entrance of that fourth person?

1. LOST IN SPACE

Go deeper

Helpful apps for reading the Bible

Bible Project
The best place to discover the Bible's unified story. Study biblical themes, reflect on Scripture, and discover what makes the Bible a unified story that leads to Jesus.

Bible.com
Also known as YouVersion, this app is great for reading the Bible, listening to the Bible and finding reading plans, devotionals, and more, including our own 321 reading plan!

Bible Gateway
Helpful app for searching, and studying the Bible in many versions and languages, offering tools like audio Bibles, reading plans, commentaries, and devotionals.

Check out the Bible reading plan
How to See Life - a Guide to John's Gospel

Read a chapter of John each day, and you'll have finished the whole book in just 3 weeks' time.





2. THE GREATEST STORY EVER TOLD

A question to reflect:

Who is Jesus?

Some call Him the Son of God. A prophet. A great moral teacher. A shadowy figure of history. What about you?

Watch Video 2

2. THE GREATEST STORY EVER TOLD

Time to discuss:



What have been your views of God in the past?



If you think of Jesus, what comes to mind?



How would it affect your life or beliefs if God is like Jesus—compassionate, courageous, self-giving?

2. THE GREATEST STORY EVER TOLD

Go deeper:
Got more questions? Check out our FAQ videos which lead on from this video's theme.

Is faith the enemy of science?



Isn't faith unreasonable?



Is Christianity true, or just wishful thinking?



Bible passages highlighted in this video: John 1:1, John 1:3, John 1:14





3. SAVING PRIVATE PHILIPS

A question to reflect:

What's right with the world? It's easy to see what's wrong with the world, but to start with... What's good? What's best?

How do you finish the sentence: "The greatest thing in life is..."?

Watch Video 3

3. SAVING PRIVATE PHILIPS

Time to discuss:



Nothing. Chaos. Power. Love. Which reality do you resonate with the most?



If the deepest reality is love, what would this mean for your life?

3. SAVING PRIVATE PHILIPS

Go deeper:
Got more questions? Check out our FAQ videos which lead on from this video's theme.

Why Christianity and not any other faith?



Who made God?



Ask Glen Anything
Join our online community on Discord – a place to hang out with other people who are doing 321, as well as the wider Speak Life Community. This is a great place to bring your questions directly to Glen and get to know the team behind 321.



Bible passages highlighted in this video: John 1:18, John 17:24





4. FROM HEAVEN WITH LOVE

A question to reflect:

If you could picture God, what would you see? Some imagine light or a force or an old man. Or nothing at all.

What's your picture of God?

Watch Video 4

4. FROM HEAVEN WITH LOVE

Time to discuss:



What does this scene of Jesus' baptism teach us about what God is like?



What does it teach us about what humans are like?



Why does Jesus get baptised?

4. FROM HEAVEN WITH LOVE

Go deeper
Got more questions? Check out our FAQ videos which lead on from this video's theme.

Why isn't God more obvious?



If God is in charge, how can I be free?



Don't forget to keep going with reading through the Gospel of John!
Our Bible reading plan *How to See Life - a Guide to John's Gospel* has daily readings to keep you on track.



Bible passages highlighted in this video: Matthew 3:13-17





5: FALLING DOWN

A question to reflect:

What family traits have you inherited? Hair colour? Eye colour? Height? What about character? Have you ever thought: "I'm turning into my parents"?

Watch Video 5

5: FALLING DOWN

Time to discuss:



Can you relate to the Adam story? How so?



How do you feel about the idea that everyone shares these 'family traits'; everyone is 'a sinner'?



Do you think there is an answer to these problems?

5: FALLING DOWN

Go deeper
Got more questions? Check out our FAQ videos which lead on from this video's theme.

How can a loving God judge?

How can a good God allow suffering?

Bible passages highlighted in this video: Genesis 3:1 & 3:5-13





6. UP!

A question to reflect:

Is "human nature" good or bad?

What is humanity at its worst? What is humanity at its best?

Watch Video 6

6. UP!

Time to discuss:



How are Jesus and Adam similar? How are they different?



If Jesus is the Friend who joins us in the pit, how does this give hope for the world?



This session has covered some difficult issues, like 'sin' and 'hell'. Does anything that we've covered so far help you wrestle with these issues?

6. UP!

Go deeper:
Got more questions? Check out our FAQ videos which lead on from this video's theme.

How can anyone believe a teaching like 'original sin'?

Can't get enough conversation?
Check out the 321 Podcast and join Graham, Swarzy and Glen as they talk in depth about the themes in 321.

Bible passages highlighted in this video: 1 Peter 3:18, 1 Corinthians 15:22, Mark 2:17




10

7. CHAMPION

A question to reflect:

When life is hard, what gets you through? What gets you through the tough times in life? What helps you? Comforts you? Sustains you through life's dark times?

Watch Video 7

7. CHAMPION

Time to discuss:



What do you make of the difference between a coach and a champion and between good advice and good news?



The Bible is full of good advice. What would it look like to read it as good news?

7. CHAMPION

Go deeper:
Got more questions? Check out our FAQ videos which lead on from this video's theme.

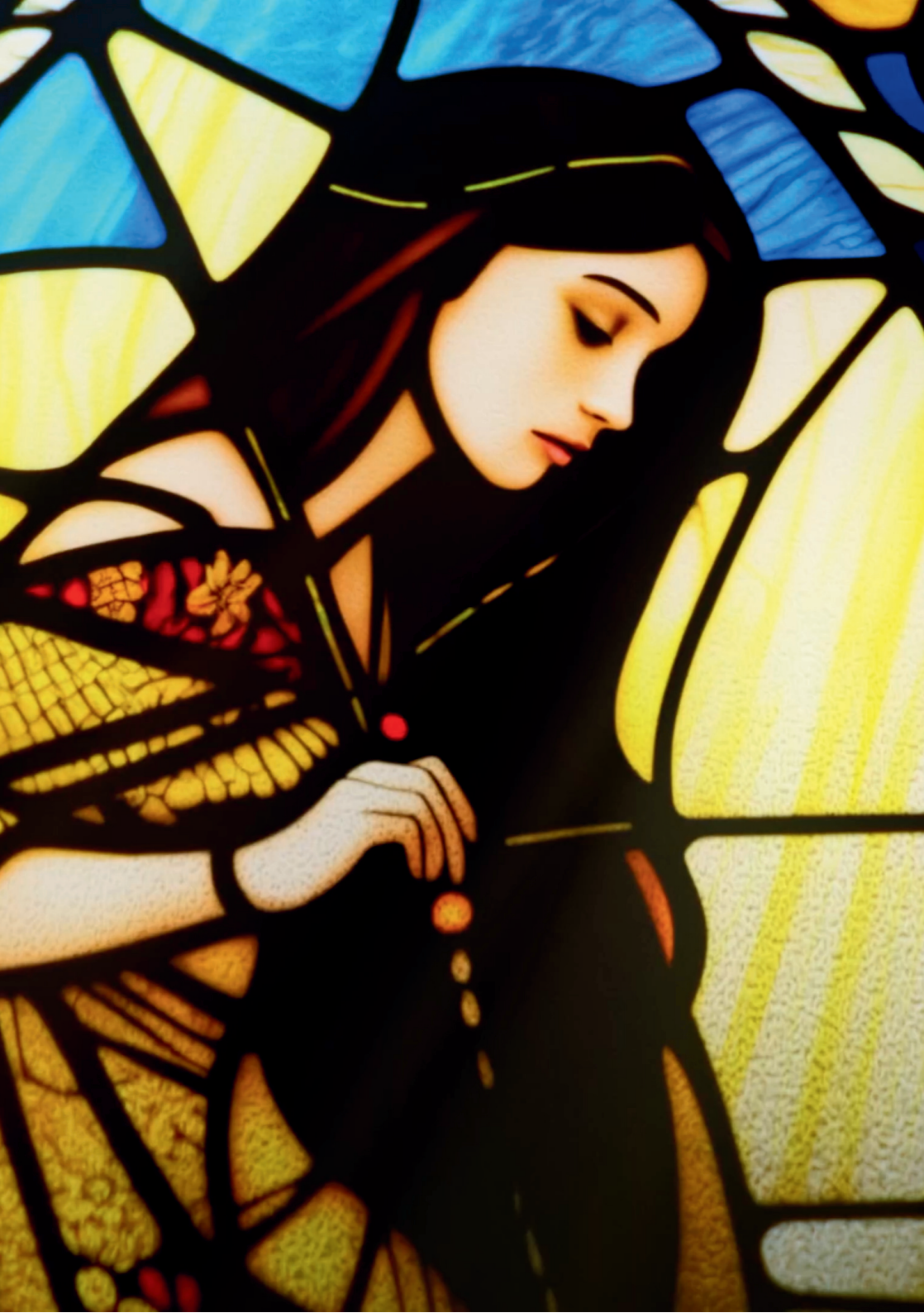
Isn't the Church full of hypocrites?

Is Christianity outdated and bigoted?

Are you almost there?
Building new habits isn't always easy! But it's not too late to finish the Gospel of John. Follow along one chapter at a time with our Bible reading plan *How to See Life - a Guide to John's Gospel*.

Bible passages highlighted in this video: 1 Corinthians 15:57





8. LOVE STORY

A question to reflect:

What is a Christian? If someone tells you they are a Christian, what do you assume about them?

What does it mean to be a Christian? Is your answer about beliefs, behaviour, habits, culture?

How do you finish this sentence: "A Christian is someone who..."?

Watch Video 8

8. LOVE STORY

Time to discuss:



How does marriage illustrate what it means to be a Christian?



Why does oneness require change (repentance)? What kind of change would it require for you?

8. LOVE STORY



Do you want to be one with Jesus? How do you feel about the new family, the new fight and the new friendship?

8. LOVE STORY

Go deeper:
Reflect on the content (not the exact wording) of the prayer below.

Dear Jesus,
I've come to see that you're Lord and I'm not. I'm sorry for my sin and selfishness.
Thank you for dying for my sin. Thank you for rising again to give me new life.
Please come into my life to take control. Fill me with your Spirit.
Walk with me through this life and into your eternity.
Amen



If you want to be one with Jesus, try writing out the prayer above in your own words below.

Bible passages highlighted in this video: John 1:12

8. LOVE STORY

Go deeper:

We've spent 8 videos looking at Jesus' perspective on life. Has 321 changed your perspective? On God? On the world? On yourself?

Do you have a desire to get baptised? If so, what has led you to this decision?

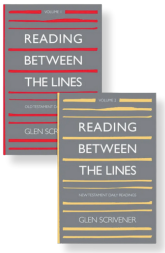
Share your thoughts
Please use the QR code or link to provide feedback on how you found 321.



WHAT NEXT?

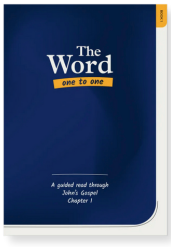
Go deeper

Resources to help you go deeper with Jesus.



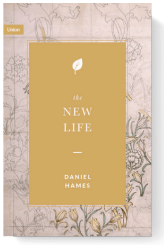
Reading Between the Lines
Glen Scrivener

These devotions will point you to Jesus, warm your heart and encourage you to keep going as a Christian.



The Word One to One
The Gospel of John

Takes you through the whole of John's Gospel in bitesize chunks. This book guides you through John chapter 1.



The New Life
Daniel Hames

Come and discover the heartbeat of your new life in Jesus, and find that you can truly *enjoy* being a Christian.

For 30% off use promocode: 321

GLOSSARY

Adam – In the Bible, the first human created by God. His name literally means "humanity". Adam is seen as a representative of the whole human race, especially in how he fell into sin.

Amen – A word at the end of prayers meaning "so be it" or "it is true".

Baptism – A Christian ritual involving water, symbolising cleansing from sin and entry into the Christian family.

BC (Before Christ) – A way of dating years before Jesus' birth.

Born Again – Starting a new spiritual life with Jesus.

Christ / Messiah – A title for Jesus meaning "King" or "Anointed One".

Communion / Eucharist / Lord's Supper – Eating bread and wine to remember Jesus' death.

Cross / Crucifixion – The method of execution used by the Romans, where Jesus died. For Christians, it represents Jesus taking on human sin and offering forgiveness.

Glory - God's greatness, beauty, and goodness.

Gospel – Means "good news"; also the four New Testament Bible books about Jesus' life: Matthew, Mark, Luke, and John.

Grace – God's undeserved kindness and mercy towards people.

Incarnation – God becoming human in Jesus.

Repentance – Turning away from wrongdoing and back to God.

Resurrection – Jesus rising from the dead.

Salvation / Saviour – Being rescued from sin and death; Jesus as the rescuer.

Sin – Human selfishness and wrong that separates us from God.

The Fall – When Adam and Eve disobeyed God, bringing sin into the world.

The Trinity – God as Father, Son (Jesus), and Holy Spirit — three in one.


SPEAK
LIFE
321