“FIGHT BACK”
SERIES

“WHEN FEAR HITS”

WEEK 2

SPARKS

- Have you ever been scared to do something by yourself? What helped you do it anyway?
- Have you ever disagreed with a group of people who all had the same opinion? What did you do?
- What do you usually do when you've done everything you can to solve a problem but still have to wait for the result?

WORD

“10 When Daniel knew that the document had been signed, he went to his house where he had windows in his upper chamber open toward Jerusalem. He got down on his knees three times a day and prayed and gave thanks before his God, as he had done previously.”

Daniel 6:10
(Read Daniel 6 for context)

Fear can make us hesitate to do what is right. Sometimes, obeying God means facing criticism, losing opportunities, disappointing people, or experiencing consequences we would rather avoid. In those moments, it can feel easier to compromise than to stand firm.

In Daniel 6, Daniel faced a law that prohibited prayer to anyone except the king. Despite knowing the consequences, Daniel continued praying to God as he had always done. His faithfulness reminds us that standing firm is not about having no fear, but about choosing to trust and obey God even when obedience comes at a cost.

In this lesson, we will learn how to respond when fear hits and how to remain faithful to God regardless of the consequences.

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1. WHEN FEAR HITS, PRAY BOLDLY.

Daniel 6:10
'10 When Daniel knew that the document had been signed, ***he went to his house where he had windows in his upper chamber open toward Jerusalem. He got down on his knees three times a day and prayed and gave thanks before his God,*** *as he had done previously."*

Fear can cause us to focus on what might go wrong instead of who God is. Prayer redirects our attention to God and helps us see our circumstances from His perspective. Like Daniel, we can continue seeking God even when doing so feels difficult or risky. When fear takes over, do you turn to God first, or do you let your circumstances shape your perspective?

1

2. WHEN FEAR HITS, DO NOT COMPROMISE.

Daniel 6:10, 13, 16
'10 ...He got down on his knees three times a day and prayed... before his God, ***as he had done previously.*** *13... 'Daniel, who is one of the exiles from Judah,* ***pays no attention to you,*** *O king, or the* ***injunction you have signed****, but makes his petition three times a day. 16 Then the king commanded, and Daniel was... cast into the den of lions. The king declared to Daniel,* ***'May your God, whom you serve continually,*** *deliver you!"*

2

Daniel remained faithful to God even when obedience could cost him his life. Despite the pressure and consequences, he continued praying and refused to compromise his devotion to God. In the same way, our convictions must outweigh convenience. God remains worthy of our faithfulness, even when obeying Him is difficult or costly. What are you tempted to compromise when obeying God becomes uncomfortable or costly?

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3. EXPECT GOD'S DELIVERANCE.

Daniel 6:19-22
'Then, at break of day, the king arose and went in haste to the den of lions.
20 ... 'O Daniel, servant of the living God, ***has your God, ...been able to deliver you from the lions?"***
21 Then Daniel said to the king, 'O king, live forever! 22 ***My God sent his angel and shut the lions' mouths,*** *and* ***they have not harmed me,*** *because I was found blameless before him; and also before you, O king, I have done no harm."*

3

God is able to deliver His people in ways they cannot accomplish on their own. However, trusting Him does not mean expecting every situation to turn out exactly as we wish. It means remaining faithful and entrusting the outcome to Him, even when we cannot see what lies ahead. Can you remain faithful to God even when His deliverance does not come in the way or timing you expect?

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LIVE IT!

- Develop a consistent prayer habit instead of turning to prayer only when problems arise.
- Remain faithful to God in your family, workplace, school, and relationships, even when doing so is unpopular or uncomfortable.
- Remember that difficult circumstances do not mean God has abandoned you. Trust Him even when you cannot understand what He is doing.

PRAYER

- Ask God to help us develop a consistent prayer life and seek Him first when fear arises.
- Pray for courage to obey God even when obedience comes with consequences.
- Thank God for His power, sovereignty, and faithfulness in every circumstance. Surrender to Him our fears, expectations, and desired outcomes, asking for perseverance while we wait on Him.

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