Fall Newsletter 2026

EVERYONE DESERVES TO EAT

Stone Soup Menus, Inc.









Our up to 140 Alamance, County clients are disabled, without transportation, and unable to cook for themselves. We feed local grandparents, aunts, uncles, and friends. Since 2020, each week, we plan, prepare and deliver 5 nutritious, home-cooked meals...sometimes their only meals for the week.

Find
StoneSoupMenusInc.org

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Stone Soup Menus Inc
StoneSoupMenusAlamance

Donate
Stone Soup Menus INC
@StoneSoupMenus INC

Volunteer
stonesoupmenus@gmail.com
336.539.1821

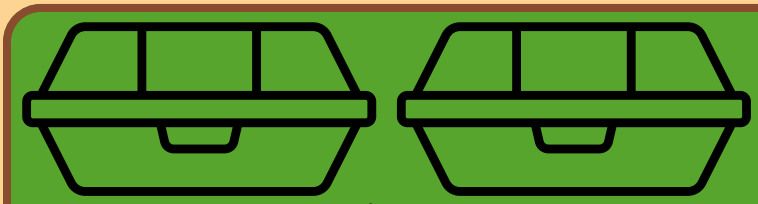
Stone Soup Menus, Inc.
"Neighbors helping Neighbors"

Reducing hunger in Alamance County, NC
by preparing and delivering nutritious meals,
since 2020

2026 By The Numbers

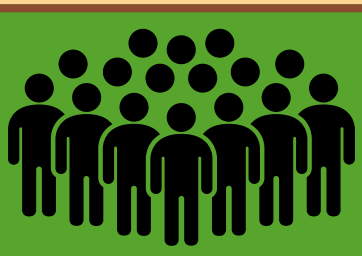
(through October 3)

5 meals weekly



2 double portion meals, one cup

115-120 clients
Up to **600** weekly meals





More than **29,000** prepared and delivered (thru Oct 15)

Our volunteers are THE BEST!! Thank you for all you do; we're SO grateful.



Our kitchen have donated almost 1,700 hours to prepare and cook meals.

Volunteers spent 1,300 hours plating and bagging meals for delivery.





Over 1,100 hours have been dedicated to delivering meals and checking in with clients.

We depend on your kindness, generosity, time, and talents!!

Swepsonville United Methodist Church

Fall Festival

Saturday, November 7, 2026

Baked Goods, Kyle's Country Store and Silent Auction

10:00 AM - 6:00 PM

Serving - BBQ Sandwiches, BBQ Plates and Chicken Pie Plates

11:00 - 6:00PM

$12.00 Adult / $ 6.00 Child

Eat-in, Take Out & Drive Thru

1307 E. Main St.
Swepsonville, NC 27253

Stone Soup Menus, Inc will be given a portion of the proceeds

Stone Soup Menus, Inc.
Neighbors Feeding Neighbors, Since 2020.

Swepsonville UMC Needs Your Help



Along with our numerous and essential community partners, the greatest asset Stone Soup Menus, Inc. (SSM) has is the use of the Swepsonville UMC (SUMC) facility. We manage to do a great deal with a limited budget because we don't have to manage a rent payment or keep up a facility on our own. **The Fall Festival is the church's key fundraiser and helps them maintain their operations and facility. This year, we'd like to ask SSM volunteers to be a part of this event as a way to support our ongoing partnership. We ask that you consider signing up for a two hour shift and/or baking something to help make that event a success.** Even if you can't make it, we hope you'll spread the word!

For the church's part, we are amazed by what you all do and feel blessed for the role we get to play in it. When I put a check into the plate on Sunday, it's with the knowledge that our gas bill and light bill also help hundreds of home cooked meals make it into the world every week. In recent years, and with fewer hands, it's become harder and harder to run our Fall Festival. As we thought of ways to sustain the event we thought of those who share our building every week. Frankly, we could use the help, but also hope that working together might bring our community closer to all of you. **The church will be offering a donation in honor of SSM in recognition of your help!**

-Pastor Gordon Christen, SSM Treasurer
swepsumc@gmail.com
(608)576-0250





Opportunities to help at SUMC

FALL festival

- **Baked goods** can be donated, either to be cut for plates or for the bake sale. For the bake sale, please suggest a price.
- **Serving Line**, 2 hour shifts from 10:00am-6:00pm
- **Drive-through Line**, 2 hour shifts from 10:00am-6:00pm
- **Dishwashing**, 2 hour shifts from 10:00am-6:00pm
- **Clean up** (6:00pm-7:30pm)
- **Picking barbecue** to be chopped (7-10am, job details available)
- If you are not available Saturday there will be setup happening most of Friday the 6th, and some of the SSM items will be moved from the kitchen after service Thursday the 5th. You'd certainly be welcomed to help either of those days.

Love to BBQ?



- Finally, if you know someone who loves to cook barbecue, we have a small number of men who stay up all night to cook and they would love some help. That would be the night of the 6th into the morning of the 7th.



Contact Pastor Gordon Christen, SSM Treasurer
swepsumc@gmail.com
(608)576-0250

New Faces and Friends!



Ben Ellington Lisa Isley Tony Dodson Grace

Not pictured, but still very much appreciated:

Donna Frey

Laura Ellington



Meagan Yackel Ellen Melvin Becky Lovell



Lynn Board Howard Terry Sara Nolette

PLEASE help us out!!

✓ Like and Follow us on Facebook and Instagram

✓ Reshare our posts

✓ Invite your friends





VOLUNTEER WITH US

We are thankful to our over 50+ volunteers that plan, prepare, cook, bag, and deliver over 500 meals to about 100 clients per week. We prepare food from scratch, like your grandma makes, using fresh ingredients whenever possible. **No experience needed.** Meet at Swepsonville UMC, 1307 E. Main St. Swepsonville. None of our work is possible without our dedicated volunteers and donors.



Prep and Cook

Monday, 9-noon: Prep day
Chop veggies, fruit
Tuesday, 9-noon: Cook day
Wednesday afternoon: cook or prep



Deliver Meals

Thursday, noon



Pack Food for Delivery

Thursday morning, 9-noon



Bake

From home. Sign up here.



Contact us! StoneSoupMenus@gmail.com; Tel: (336) 539-1821.
Need community service hours, contact us.

Orders accepted through Friday November 6.

Stone Soup Menus, Inc.

T-SHIRT, SWEATSHIRT ORDER FORM

Tel: 336.539.1821 www.StoneSoupMenusInc.org StoneSoupMenus@gmail.com

CUSTOMER INFORMATION

NAME

ADDRESS

EMAIL/PHONE

Questions? Call or text Sue Partridge, 770.296.9537

FRONT



- Long Sleeve $20
- Sweatshirt $30
- Pullover Hoodie $30
- Short Sleeve, $15
  - Unisex
  - Women's (v neck)
  - Youth

Adult	Youth	Qty	Cost
S			
M	M		
L	L		
1X	XL		
2X			add $2
3X			add $2

NEW: Choose your colors!

T-Shirt Gildan 5000

https://tinyurl.com/4hrezte4

Color

Sweatshirt Gildan 18000

https://tinyurl.com/yheawhky

Color

Long sleeve T-Shirt Gildan 2400

https://tinyurl.com/ye4h8vb2

Color

Hoodie Gildan 18500

https://tinyurl.com/yc23wpfb

Color

PAYMENT METHOD

- Cash
- Check make payable to Sue Partridge

@Sue-Partridge-2
Tel: 770.296.9537

Sue Partridge
@Sue-Partridge-2

Sue Partridge,
Tel: 770.296.9537

SUBTOTAL	
TOTAL	

Thank you for supporting Stone Soup Menus, Inc.