



Diocese of Athabasca

Sunday School Lesson Plan

Here's a **Sunday School Lesson Plan** for young children (ages 4–8) and some activities for older children using the **Revised Common Lectionary readings – Fourteenth Sunday after Pentecost (Year A)**. Bible Verses: Exodus 3:1-15; Psalm 105:1-6, 23-26, 45c; Romans 12:9-21; Matthew 16:21-28; Preface of the Lord's Day

Sunday School Lesson Plan

Fourteenth Sunday after Pentecost

Based on the Revised Common Lectionary

- Exodus 3:1–15
- Psalm 105:1–6, 23–26, 45c
- Romans 12:9–21
- Matthew 16:21–28

Preface of the Lord's Day

Lesson Title

God Calls Me by Name

Theme

God knows us, loves us, and calls us to follow Jesus with kindness and courage.

Big Idea

Just as God called Moses from the burning bush, Jesus calls each of us to follow him and show love to others.

Lesson Focus for Kids

Children will learn that:

- God knows every child by name.
- God is always with us.
- Jesus teaches us to love, help, and forgive others.
- We can follow Jesus in our everyday lives.

Scripture Readings (Kid-Friendly Language)

Exodus 3:1–15

Moses was taking care of sheep when he saw a bush that was on fire but did not burn up. God spoke to Moses from the bush and called him by name. God promised to be with Moses and help him.

Psalms 105:1–6, 23–26, 45c

Give thanks to God and remember the wonderful things he has done. God guides and helps his people.

Romans 12:9–21

Love one another sincerely. Be kind, helpful, patient, and forgiving. Do not return evil for evil; instead, do what is good.

Matthew 16:21–28

Jesus taught his disciples that following him means loving God, helping others, and putting God's ways first.

Welcome Activity

“God Knows My Name”

Prepare name tags.

As each child arrives:

- Write their name clearly.
- Say: “God knows and loves [Name].”

Ask:

- How does it feel when someone remembers your name?
- Does God know our names?

Explain: God called Moses by name, and God knows each of us too.

Opening Prayer

Dear God,

Thank you for knowing our names. Thank you for loving us. Help us listen when you call us. Help us follow Jesus with love and courage.

Amen.

Circle Time

Object Lesson – The Flashlight

Show a flashlight or battery candle.

Turn it on and off.

Ask:

- What does a light do?
- Can you see better when the light is on?

Explain: The burning bush was a special light that helped Moses pay attention to God. God's love helps guide us too.

Memory Verse

Exodus 3:4 (simplified)

“God calls me by name.”

Actions

- God – point upward.
- Calls – cup hands around mouth.
- Me – point to self.
- By name – place hand on heart.

Repeat together several times.

Bible Story Time

Moses and the Burning Bush

Moses was watching sheep near a mountain.

Suddenly he saw something amazing.

A bush was on fire, but it was not burning up!

Moses went closer to look.

Then God called,

“Moses! Moses!”

Moses answered,

“Here I am.”

God told Moses to take off his sandals because he was standing on holy ground.

God said,

“I will be with you.”

Moses was nervous, but God promised to help him.

Moses learned that when God calls us, God also stays with us.

Connecting to Jesus

Jesus also calls people to follow him.

Following Jesus means:

- loving others,
- helping others,
- forgiving others,
- and trusting God every day.

Discussion Questions

- What did Moses see?
- What did God say?
- Was Moses afraid?
- What promise did God make?
- How can we follow Jesus this week?

Craft Activity

Burning Bush Craft

Supplies

- Bush template or green paper
- Red, orange, and yellow tissue paper
- Glue
- Crayons

Directions

- Color the bush.
- Crumple tissue paper into “flames.”
- Glue the flames onto the bush.
- Write: “God Calls Me by Name.”

Alternative Craft – Footsteps of Following Jesus

Children decorate paper footprints.

On each footprint write:

- Love
- Kindness
- Help
- Pray
- Forgive

Arrange the footprints in a path.

Game

“Here I Am!”

Children spread out around the room.

The teacher gently calls a child’s name.

The child answers:

“Here I am!”

Then everyone says:

“God is with you!”

Continue until each child has a turn.

Song Suggestions

Traditional

- Jesus Loves Me
- This Little Light of Mine
- The B-I-B-L-E

Action Songs

- Father Abraham
- I've Got the Joy, Joy, Joy
- Deep and Wide

Reflection Songs

- Here I Am, Lord (simple chorus)
- Open Our Eyes, Lord

Snack Suggestions

Flame Snack

- Carrot sticks
- Orange slices
- Red apple slices

Arrange like flames.

Shepherd Snack

- Mini crackers
- Cheese cubes
- Grapes

Remember Moses caring for sheep.

Trail Mix

- Cheerios
- Raisins
- Pretzels

Talk about following God on a journey.

Wrap-Up & Reflection

Ask:

- What was special about the bush?
- What did God call Moses to do?
- What does Jesus call us to do?
- How can you show love tomorrow?

Give each child a paper flame.

Write:

“God Is With Me.”

Invite them to take it home.

Closing Prayer

Dear God,

Thank you for calling us by name. Thank you for being with us every day. Help us follow Jesus. Help us love, help, and forgive others.

Amen.

Take-Home Idea

Family Listening Time

At bedtime ask:

- Where did you see God’s love today?
- How did you help someone today?
- What do you think God wants you to do tomorrow?

Pray together:

“God, thank you for being with our family. Help us follow Jesus with love and courage. Amen.”

Teacher Notes

Main Teaching Points

- God knows every child personally.

- God calls ordinary people.
- God stays with those he calls.
- Following Jesus is shown through love and kindness.
- Children can serve God in simple everyday ways.

For Younger Children

Focus on:

- God knows my name.
- God is with me.
- Jesus wants me to be loving and kind.

Avoid complicated discussion of suffering in Matthew 16. Emphasize that following Jesus means choosing love and goodness.

Anglican Connection

The Preface of the Lord's Day reminds us that every Sunday Christians gather to hear God's Word, pray together, and be strengthened to follow Jesus in daily life. Like Moses, we are called by God; like the disciples, we are sent to live with love and service.

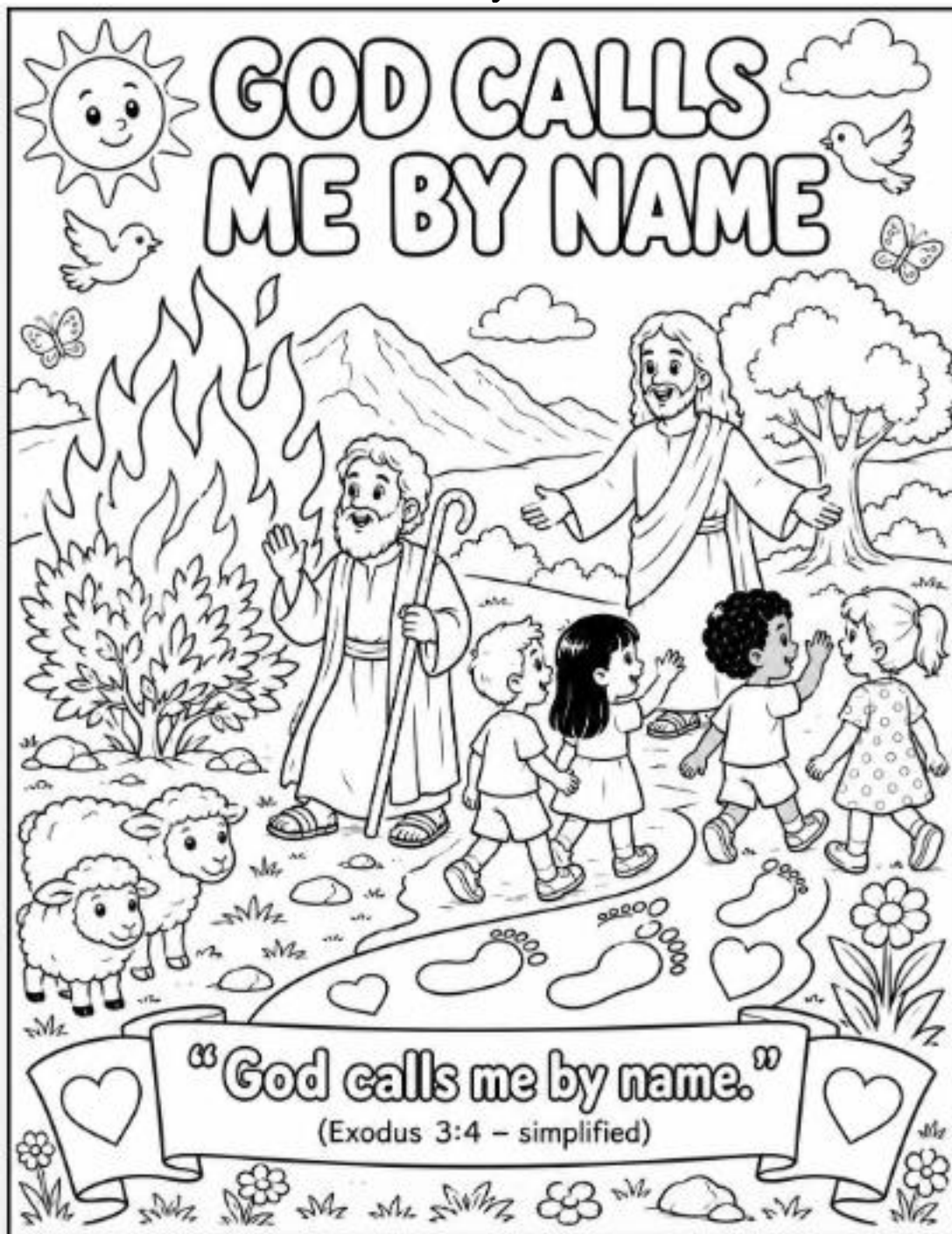
Lesson Summary

Main Message

God knows our names, calls us to follow Jesus, and promises to be with us wherever we go. We follow Jesus by loving, helping, and forgiving others every day.

God Calls Me by Name

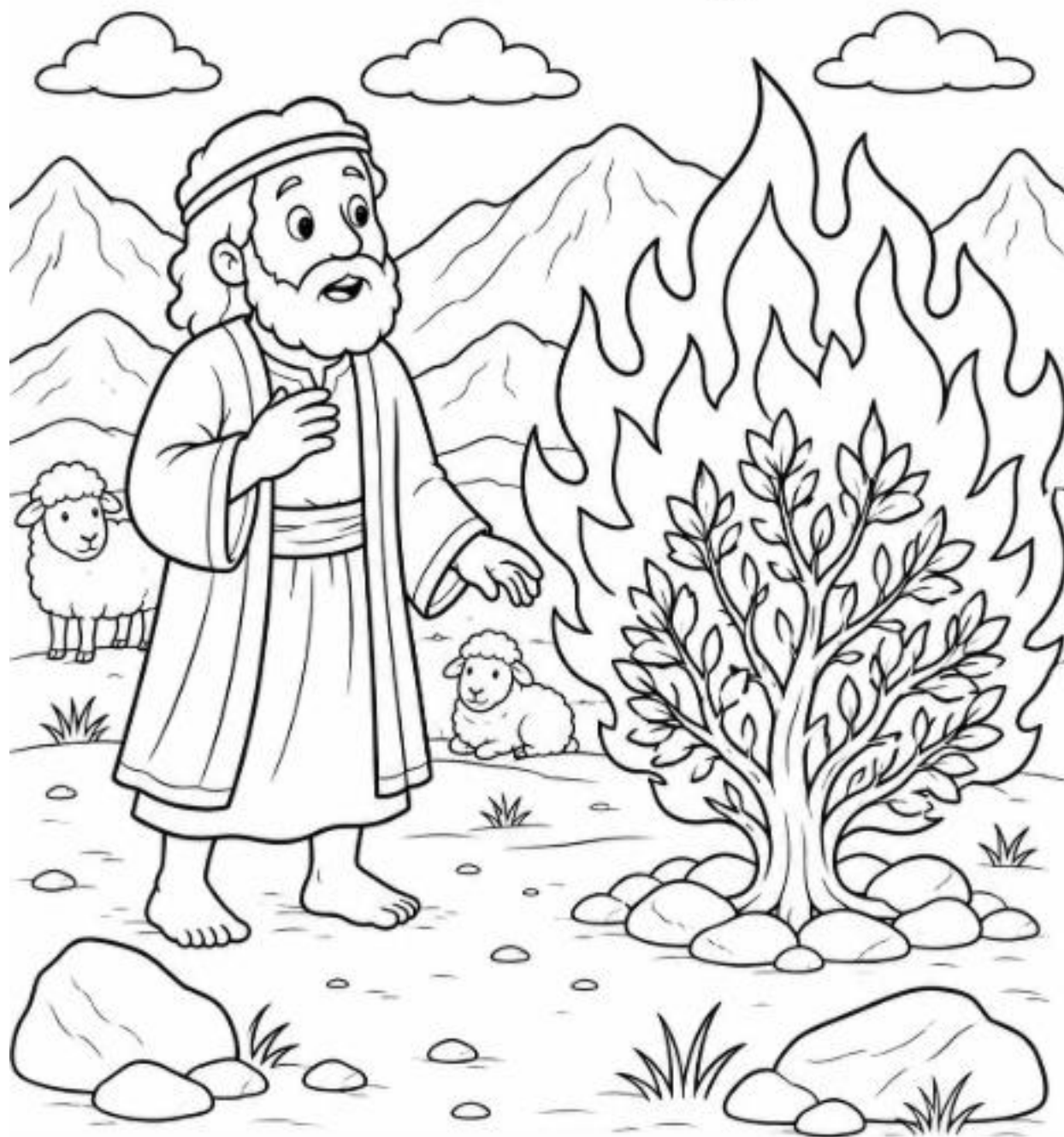
Fourteenth Sunday after Pentecost



God Calls Me by Name

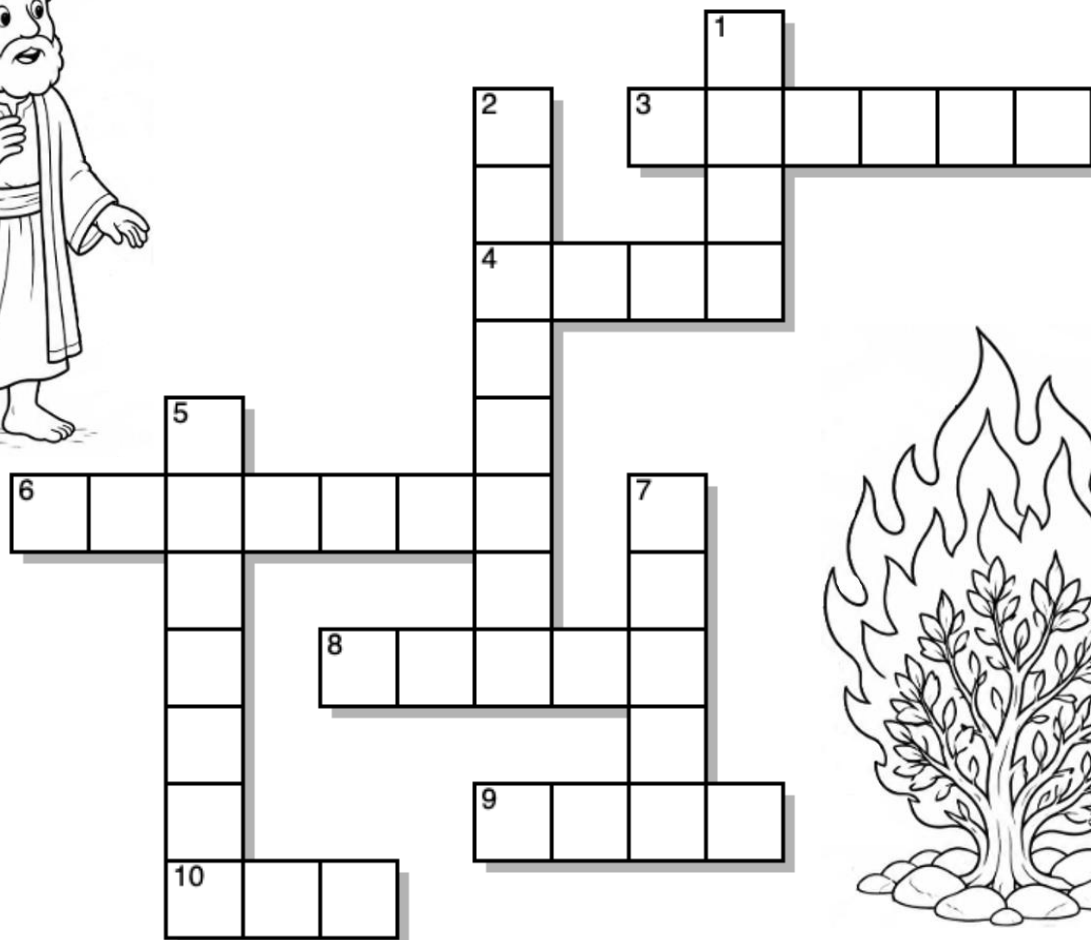
Fourteenth Sunday after Pentecost

God Calls Me by Name



God Calls Me by Name

Fourteenth Sunday after Pentecost



ACROSS

- 3 Go after
- 4 Called by
- 6 Bravery
- 8 Baby in a basket
- 9 Woody, low growing shrub
- 10 Our father

DOWN

- 1 Devotion
- 2 Quality of being kind
- 5 On fire
- 7 Our saviour

God Calls Me by Name

Fourteenth Sunday after Pentecost

F O L L O W E B G
S E S O M M G E K
H G K D A V G I B
S N N N Y A N G L
U D S I R D O V J
B L Q U N D M R P
R N O E S R J Q G
L C S V Z E U Y R
G S Z R E N J B D

God
Kindness
Courage
Bush
Burning

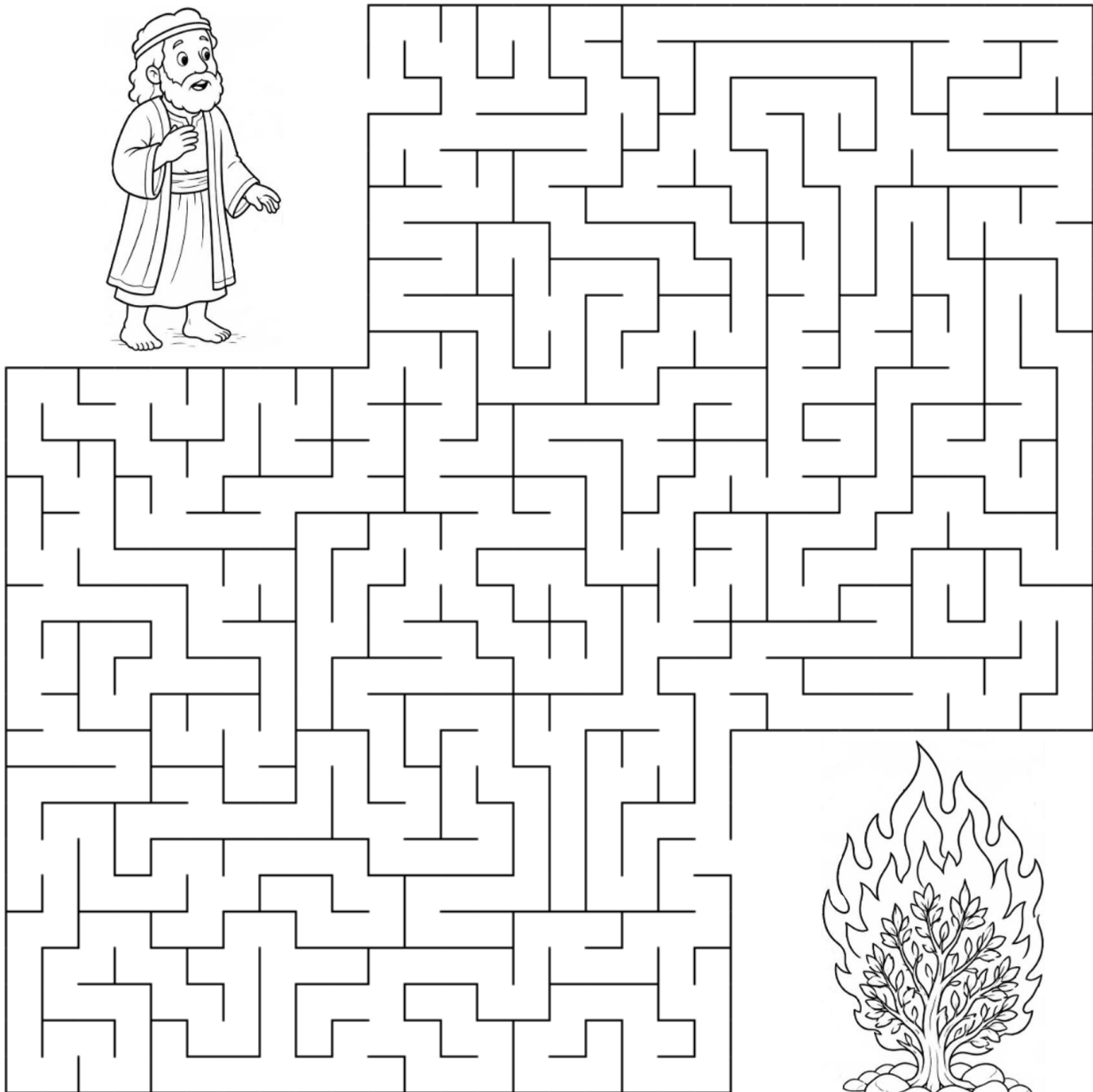
Moses
Name
Love
Follow
Jesus



God Calls Me by Name

Fourteenth Sunday after Pentecost

Help Moses find the burning bush.



God Calls Me by Name

Fourteenth Sunday after Pentecost

A	B	C	D	E	F	G	H	I	J	K	L	M	N	O	P	Q	R	S	T	U	V	W	X	Y	Z
				17			7		15									6				5			

$\frac{6}{23}$ $\frac{17}{24}$ $\frac{17}{1}$ $\frac{4}{13}$ $\frac{4}{18}$ $\frac{7}{6}$ $\frac{17}{10}$ $\frac{10}{22}$ $\frac{16}{17}$ $\frac{1}{14}$

$\frac{23}{6}$ $\frac{24}{4}$ $\frac{1}{16}$ $\frac{7}{17}$ $\frac{18}{24}$ $\frac{6}{8}$

$\frac{6}{7}$ $\frac{4}{18}$ $\frac{16}{6}$ $\frac{17}{12}$ $\frac{24}{16}$ $\frac{8}{17}$ $\frac{4}{6}$ $\frac{7}{17}$; $\frac{6}{24}$ $\frac{17}{2}$ $\frac{17}{17}$ $\frac{14}{1}$

$\frac{7}{2}$ $\frac{18}{22}$ $\frac{6}{24}$ $\frac{12}{4}$ $\frac{16}{18}$ $\frac{17}{24}$ $\frac{6}{26}$ $\frac{17}{23}$ $\frac{17}{10}$ $\frac{24}{10}$ $\frac{2}{25}$ $\frac{17}{1}$

$\frac{2}{16}$ $\frac{22}{17}$ $\frac{24}{13}$ $\frac{4}{17}$ $\frac{18}{13}$ $\frac{24}{21}$ $\frac{26}{17}$ $\frac{23}{16}$ $\frac{10}{4}$ $\frac{10}{7}$ $\frac{25}{17}$

$\frac{16}{5}$ $\frac{17}{22}$ $\frac{13}{24}$ $\frac{17}{1}$ $\frac{13}{17}$ $\frac{21}{16}$ $\frac{17}{11}$ $\frac{16}{26}$ $\frac{10}{10}$

$\frac{5}{5}$ $\frac{22}{22}$ $\frac{24}{16}$ $\frac{1}{14}$ $\frac{17}{6}$ $\frac{16}{7}$ $\frac{11}{17}$ $\frac{26}{17}$ $\frac{10}{7}$ $\frac{7}{23}$ $\frac{6}{6}$

$\frac{5}{1}$ $\frac{22}{22}$ $\frac{16}{14}$ $\frac{14}{17}$ $\frac{6}{7}$ $\frac{18}{18}$ $\frac{17}{6}$

$\frac{1}{13}$ $\frac{22}{18}$ $\frac{14}{16}$ $\frac{17}{23}$ $\frac{7}{2}$ $\frac{18}{10}$ $\frac{6}{17}$ $\frac{6}{6}$ $\frac{23}{23}$ $\frac{24}{24}$ $\frac{1}{1}$

$\frac{13}{4}$ $\frac{18}{7}$ $\frac{16}{17}$ $\frac{23}{15}$ $\frac{2}{26}$ $\frac{10}{1}$ $\frac{17}{8}$ $\frac{6}{13}$ $\frac{17}{17}$ $\frac{23}{24}$ $\frac{24}{4}$ $\frac{1}{6}$

$\frac{4}{7}$ $\frac{7}{17}$ $\frac{17}{7}$ $\frac{15}{23}$ $\frac{26}{6}$ $\frac{1}{6}$ $\frac{8}{13}$ $\frac{13}{17}$ $\frac{17}{24}$ $\frac{24}{4}$ $\frac{4}{6}$

$\frac{7}{7}$ $\frac{17}{17}$ $\frac{7}{7}$ $\frac{23}{23}$ $\frac{6}{6}$

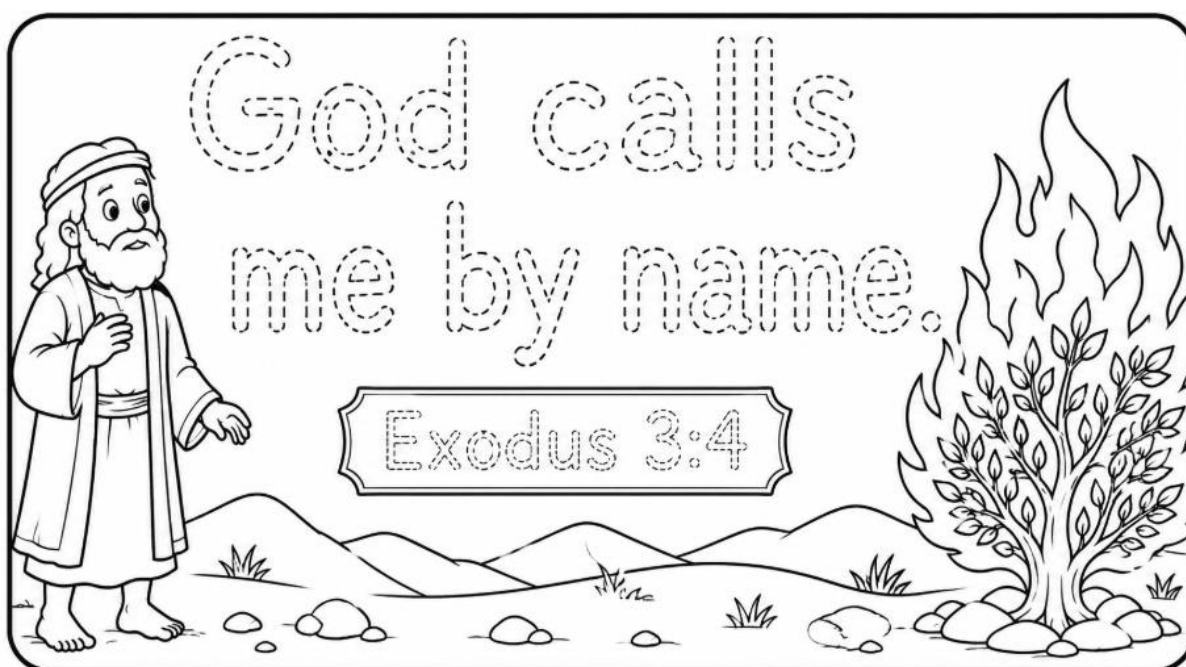
$\frac{26}{26}$ $\frac{4}{4}$ $\frac{4}{4}$ $\frac{17}{17}$ $\frac{16}{16}$ $\frac{17}{17}$ $\frac{1}{1}$



God Calls Me by Name

Fourteenth Sunday after Pentecost

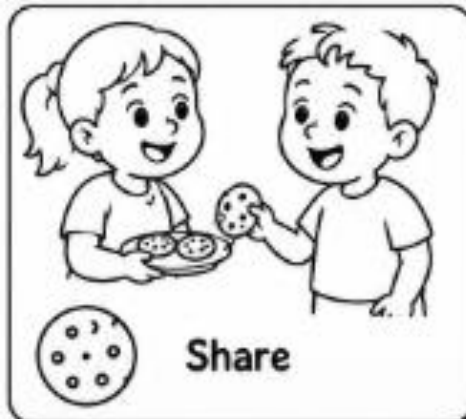
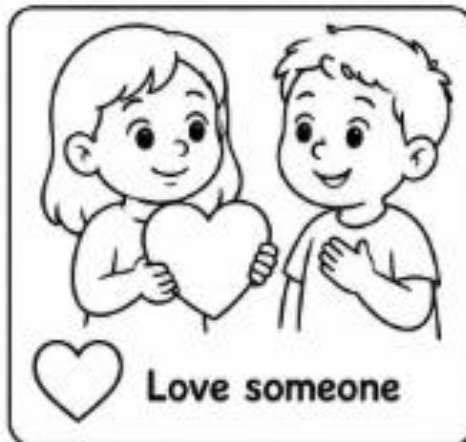
Colour the flames. Then draw yourself by Moses.



God Calls Me by Name

Fourteenth Sunday after Pentecost

Circle the Ways We Can Follow Jesus



Crossword Key:

Across

- 3. Follow
- 4. Name
- 6. Courage
- 8. Moses
- 9. Bush
- 10. God

Down

- 1. Love
- 2. Kindness
- 5. Burning
- 7. Jesus

Cryptogram – Key:

Psalm 105: 4-5

Seek the LORD and his strength; seek his presence continually. Remember the wonderful works he has done, his miracles and the judgments he has uttered.