

St. Helen's Anglican Church of Canada
Diocese of New Westminster

Harvest Thanksgiving
October 11th, 2026



Presider: The Rev. Sebastian Way
Preacher: The Rev. Sebastian Way
Deacon: The Rev. Jeffrey Preiss
Music Director: Dale Throness

THE GATHERING OF THE COMMUNITY

PRELUDE

Please Stand

OPENING HYMN

We Plough the Fields and Scatter

CP 258

LAND ACKNOWLEDGEMENT

We acknowledge with gratitude and respect that we gather on the ancestral territory of the Musqueam peoples. May the Spirit's unifying fire empower us to seek and serve Christ in all persons, to love our neighbours as ourselves, to strive for justice and peace among all people, and to respect the dignity of every human being.

GREETING

The grace of our Lord Jesus Christ, and the love of God,
and the communion of the Holy Spirit, be with you all.
And also with you.

CONFESSION AND ABSOLUTION

As those who know the generosity of God,
let us confess our sins,
especially the ways in which we take the Lord's good gifts for granted.

Lord, you give us this day our daily bread.
Forgive us our trespasses.

Kyrie eleison

Kyrie eleison

CP 706

Lord, you give us this day our daily bread.
Let us not be led into temptation.

Christe eleison.

Christe eleison

Lord, you give us this day our daily bread.
Deliver us from evil.

Kyrie eleison.

Kyrie eleison.

Almighty God,
who forgives all who truly repent,
have mercy upon you,
pardon and deliver you from all your sins,
confirm and strengthen you in all goodness,
and keep you in life eternal;
through Jesus Christ our Lord.

Amen.

GLORIA

Gloria, Gloria in Excelsis Deo

CP 376

COLLECT OF THE DAY

Let us pray.

O Lord, maker of all things,
you open your hand and satisfy the desire of every living creature.
We praise you for crowning the fields with your blessings
and enabling us once more to gather in the fruits of the earth.
Teach us to use your gifts carefully,
that our land may continue to yield its increase,
through Jesus Christ our Saviour and Lord.

Amen.

Please be seated

THE PROCLAMATION OF THE WORD

THE FIRST READING

Deuteronomy 8.7-18

Hepsi Chand

A reading from the Book of Deuteronomy.

For the Lord your God is bringing you into a good land, a land with flowing streams, with springs and underground waters welling up in valleys and hills, a land of wheat and barley, of vines and fig trees and pomegranates, a land of olive trees and honey, a land where you may eat bread without scarcity, where you will lack nothing, a land whose stones are iron and from whose hills you may mine copper. You shall eat your fill and bless the Lord your God for the good land that he has given you.

Take care that you do not forget the Lord your God, by failing to keep his commandments, his ordinances, and his statutes, which I am commanding you today. When you have eaten your fill and have built fine houses and live in them, and when your herds and flocks have multiplied, and your silver and gold is multiplied, and all that you have is multiplied, then do not exalt yourself, forgetting the Lord your God, who brought you out of the land of Egypt, out of the house of slavery, who led you through the great and terrible wilderness, an arid wasteland with poisonous snakes and scorpions. He made water flow for you from flint rock, and fed you in the wilderness with manna that your ancestors did not know, to humble you and to test you, and in the end to do you good.

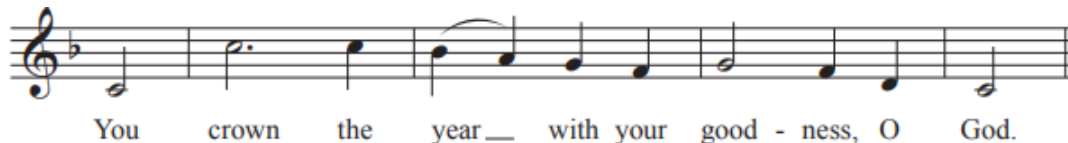
Do not say to yourself, 'My power and the might of my own hand have gained me this wealth.' But remember the Lord your God, for it is he who gives you power to get wealth, so that he may confirm his covenant that he swore to your ancestors, as he is doing today.

Hear what the Spirit is saying to the Church
Thanks be to God.

THE PSALM

Psalm 65.4-13
Te decet hymnus

Refrain:



Awesome things will you show us in your righteousness,
O God of our salvation
O Hope of all the ends of the earth and of the seas that are far
away.
You make fast the mountains by your power;
they are girded about with might. **R**

You still the roaring of the seas,
the roaring of their waves, and the clamour of the peoples.
Those who dwell at the ends of the earth will tremble at your
marvellous signs;
you make the dawn and the dusk to sing for joy. **R**

You visit the earth and water it abundantly;
you make it very plenteous;
the river of God is full of water.
You prepare the grain,
for so you provide for the earth. **R**

You drench the furrows and smooth out the ridges;
with heavy rain you soften the ground and bless its increase.
You crown the year with your goodness,
and your paths overflow with plenty. **R**

May the fields of the wilderness be rich for grazing,
and the hills be clothed with joy.
May the meadows cover themselves with flocks,
and the valleys cloak themselves with grain
let them shout for joy and sing. **R**

A reading from the Second Letter to the Corinthians.

The point is this: the one who sows sparingly will also reap sparingly, and the one who sows bountifully will also reap bountifully. Each of you must give as you have made up your mind, not reluctantly or under compulsion, for God loves a cheerful giver. And God is able to provide you with every blessing in abundance, so that by always having enough of everything, you may share abundantly in every good work. As it is written, 'He scatters abroad, he gives to the poor; his righteousness endures for ever.'

He who supplies seed to the sower and bread for food will supply and multiply your seed for sowing and increase the harvest of your righteousness. You will be enriched in every way for your great generosity, which will produce thanksgiving to God through us; for the rendering of this ministry not only supplies the needs of the saints but also overflows with many thanksgivings to God.

Through the testing of this ministry you glorify God by your obedience to the confession of the gospel of Christ and by the generosity of your sharing with them and with all others, while they long for you and pray for you because of the surpassing grace of God that he has given you. Thanks be to God for his indescribable gift!

Hear what the Spirit is saying to the Church

Thanks be to God

Please stand

Alleluia, alleluia, alleluia. (2x)

Choir:

*“The Word of the Lord is alive,
The Word of God is active,
It can judge our thoughts,
Bring us closer to the Father”*

Alleluia, alleluia, alleluia.

THE GOSPEL OF THE DAY

Luke 17.11-19

The Lord be with you.

And also with you.

The Holy Gospel of our Lord Jesus Christ according to Luke.

Glory to you, Lord Jesus Christ.

On the way to Jerusalem Jesus was going through the region between Samaria and Galilee. As he entered a village, ten lepers approached him. Keeping their distance, they called out, saying, ‘Jesus, Master, have mercy on us!’ When he saw them, he said to them, ‘Go and show yourselves to the priests.’ And as they went, they were made clean.

Then one of them, when he saw that he was healed, turned back, praising God with a loud voice. He prostrated himself at Jesus' feet and thanked him. And he was a Samaritan. Then Jesus asked, 'Were not ten made clean? But the other nine, where are they? Was none of them found to return and give praise to God except this foreigner?' Then he said to him, 'Get up and go on your way; your faith has made you well.'

The Gospel of Christ

Praise to you, Lord Jesus Christ.

Alleluia, Alleluia, alleluia

THE SERMON

The Rev. Jeffrey Preiss

AFFIRMATION OF FAITH

Please Stand

We join Christians across time and place;
As we affirm our faith in God our Creator:

I believe in God,
the Father almighty,
Creator of heaven and earth,
and in Jesus Christ, his only Son, our Lord,
who was conceived by the Holy Spirit,
born of the Virgin Mary,
suffered under Pontius Pilate,
was crucified, died and was buried;
he descended into hell;
on the third day he rose again from the dead;
he ascended into heaven,
and is seated at the right hand of God the Father almighty;
from there he will come to judge the living and the dead.
I believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and life everlasting.
Amen.

THE PRAYERS OF THE COMMUNITY

INTERCESSIONS, PETITIONS, AND THANKSGIVINGS

Liz Hodgson

Please stand, sit or kneel.

THE EXCHANGE OF THE PEACE

The harvest of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness and self-control.

The peace of the Lord be always with you.

And also with you.

THE HOLY COMMUNION

As the altar is prepared for Holy Communion, the Congregation is invited to make an offering as an expression of gratitude for God's generosity.

OFFERTORY HYMN

As Saints of Old

CP 260

THE PRAYERS OVER THE GIFTS

Let us pray.

Blessed are you, Lord God of all creation:
through your goodness we have this bread to set before you,

which earth has given and human hands have made.
It will become for us the bread of life.

Blessed be God for ever.

Blessed are you, Lord God of all creation,
Through your goodness we have this wine to set before you,
Fruit of the vine and work of human hands.
It will become for us the cup of salvation
Blessed be God forever.

THE EUCHARISTIC PRAYER

The Lord be with you.

And with your spirit.

Lift up your hearts.

We lift them up to God.

Let us give thanks to the Lord our God.

It is right to give thanks and praise.

It is indeed right, it is our duty and our joy,
always and everywhere to give you thanks,
holy Father, almighty and eternal God.

For you have created the heavens and the earth,
and formed us in your own image.

In the fullness of time you sent forth your Son, your eternal Word,
who laid down his life for our salvation

and rose from the grave, the first-fruits of your new creation.

You send forth your holy and life-giving Spirit
to give life to our mortal bodies
and to renew the face of the earth.

Therefore with all the heavenly hosts,
we give voice to everything that you have made,
and sing the eternal hymn of praise.

THE SANCTUS

CP 726

Lord, you are holy indeed, the source of all holiness;
grant that by the power of your Holy Spirit,
and according to your holy will,
these gifts of bread and wine
may be to us the body and blood of our Lord Jesus Christ;

who, in the same night that he was betrayed,
took bread and gave you thanks;
he broke it and gave it to his disciples, saying:
Take, eat; this is my body which is given for you;
do this in remembrance of me.

In the same way, after supper
he took the cup and gave you thanks;
he gave it to them, saying:
Drink this, all of you;
this is my blood of the new covenant,

which is shed for you and for many for the forgiveness of sins.
Do this, as often as you drink it,
in remembrance of me.

Great is the mystery of faith:

Christ has died,

Christ is risen,

Christ will come again.

And so, Lord, calling to mind his death on the cross,
his perfect sacrifice made once for the sins of the whole world;
rejoicing in his mighty resurrection and glorious ascension,
and looking for his coming in glory,
we celebrate this memorial of our redemption.

As we offer you this our sacrifice of praise and thanksgiving,
we bring before you this bread and this cup
and we thank you for counting us worthy
to stand in your presence and serve you.

Send the Holy Spirit on your people
and gather into one in your kingdom
all who share this one bread and one cup,
so that we, in the company of Mary, the Mother of God, St Helen and all
the saints,
may praise and glorify you for ever,
through Jesus Christ our Lord;

by whom, and with whom, and in whom,

in the unity of the Holy Spirit,
all honour and glory be yours, almighty Creator,
for ever and ever.

Amen.

THE LORD'S PRAYER

As our Saviour taught us, let us pray.

**Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Save us from the time of trial,
and deliver us from evil.
For the kingdom, the power,
and the glory are yours,
now and for ever. Amen.**

BREAKING OF THE BREAD

Jesus is the Lamb of God
who takes away the sin of the world.
Blessed are those who are called to his supper.

The Gifts of God for the People of God.
Thanks be to God.

AGNUS DEI

CP 745

COMMUNION

Dipping the host into the chalice (intinction) is not permitted in this diocese. If you wish to receive a blessing rather than Holy Communion, please indicate this by placing your right hand over your heart.

COMMUNION HYMNS

We Praise You, O God
Taize

CP 342

In the Lord I'll be ev - er thank - ful, in the Lord I will re -
joice! Look to God, do not be a - fraid. Lift up your
voice - es, the Lord is near, lift up your voice - es, the Lord is near.

THE SENDING FORTH OF THE COMMUNITY

PRAYER AFTER COMMUNION

Please Stand

Let us pray.

God of our hope,
in this Eucharist we find the source of all your blessings.
Nourished in these holy mysteries
may we, with our lives,
give you continual thanks and praise.
This we ask in the name of Jesus Christ our Lord. Amen.

BLESSING

May God the Father of our Lord Jesus Christ,
Who is the source of all goodness and growth,
pour his blessing upon all things created,
and upon you his children,
that you may use his gifts to his glory and the welfare of all peoples;

And the blessing of the living God: the Source of all being,
the eternal Word and the Holy Spirit,
be among you and remain with you always.
Amen.

DISMISSAL

Freely you have received, freely give.
Go in peace to love and serve the Lord.

In the name of Christ. Amen.

CLOSING HYMN

Now Thank We All Our God

CP 399

POSTLUDE

Please remain seated for the postlude. The community disperses in silence. In respect of those who may linger in contemplation, conversation is reserved for the narthex.

UPCOMING EVENTS AT ST. HELEN'S

Join us for our Sunday Worship on October 4th, 2026

Book of Common Prayer | at 8:00 am

This is a simple yet deep spoken celebration of the Eucharist using the traditional Book of Common Prayer.

Choral Eucharist | at 10:00 am

This is a modern Eucharist service, with choral music sung by the St. Helen's Choir.

Tuesday Eucharist at 12:15 pm

A simple service of spoken Eucharist is held each Tuesday at 12.15 pm.

Contemplative Prayer

Contemplative Prayer sessions are held every Wednesday at 7:30 pm.

Faith Formation Series: Anglican Beliefs and Practices

On **Sunday 25 October** we will begin an informal faith formation series, to be held on Sunday mornings at 9 am in the Narthex. The session will finish by 9.45 and will be accessible to people at any stage of faith or doubt.

We will work through a book as a rough guide to our discussions, but any questions or insights are welcome. The text we will use is *To Love and Serve: Anglican Beliefs and Practices* by Scott Gunn and Melody Wilson Shobe, which offers a helpful overview of Anglican beliefs and practices (as you

might expect). Copies are available for purchase from the church office at \$25 a copy. Or you can purchase a copy yourself online. If cost is an issue, please contact Sebastian.

For our first session on 25 October we will discuss chapter 1 (pages 3-16).

All Saints Day Commemorations

On Sunday November 1st we will celebrate the Feast of All Saints, with a commemoration of the Faithful Departed. In place of the intercessions, we will read out the names of loved ones who have died and who we wish to remember. We will also display photos in front of the altar.

So, please consider if there are names that you would like remembered in this way and send them to Sebastian. A sheet to write down names will be put up in the Narthex later in October. Please also consider if there are photos that you would like to bring along to the service, ideally in frames.

Remembrance Day Memorial

On Sunday November 8th we will mark Remembrance Sunday after the 10 am Eucharist with a short act of remembrance. This will be held at 11.30 am outside the Church in the memorial garden. The St Helen's Scouts will be in attendance and any friends or neighbours are welcome to join us. This will be followed by cinnamon buns and hot chocolate in the narthex.

Advent Book Circle

Beginning Wednesday, November 25th (continuing on December 2nd, 9th, and 16th) an Advent Book Circle will replace the Wednesday Contemplative Prayer sessions. The book will be *The Wisdom Way of Knowing* by Cynthia

Bourgeault. Please talk to The Rev. Sebastian Way if procuring a copy is a financial difficulty.

Neighbourhood Ministry Shopping List for this Week

St. Helen's is one of four parishes in the West Point Grey neighbourhood supporting this important ministry to provide conversation, food, essential supplies, and other forms of care to our street-involved neighbours. Once a month our parish prepares food and packets of essential supplies for a team of volunteers to distribute on their rounds every Saturday morning.

We are grateful for the donations of supplies we receive on a regular basis. The Ministry has compiled a list of essential items to include in their packets. This month we would especially appreciate donations of **men's socks, small cans of tuna** (with pull tabs), and **Boost or Ensure**.

Other staples needed on a regular basis include:

Juice boxes

Fruit or pudding cups

(We have more than enough granola bars for the moment, thanks!)

Donations can be placed in the NM bins under the table in the narthex.

We would also appreciate volunteers to prepare sandwiches and/or boiled eggs for the **October 24** outing (sign-up sheet in the narthex).

If you have questions or would like to volunteer, please email Shawn at deraaf@gmail.com.

Intercessor Prayer Requests

Prayers for:

Ruth

Lois

Paul

Diane

Isabelle

Volunteers Today

Intercessor: Liz Hodgson

Readers: Hepsi Chand, Liz Hodgson

Chalice Bearers: Paula Pryce, Tony Hodgson

Counter: Lynn Raymond

Zoom: Lynn Raymond

Volunteers Next Week

Intercessor: Hepsi Chand

Readers: David Van Blarcom, Shawn De Raaf

Chalice Bearers: The Rev. Jeffrey Preiss, Shawn De Raaf

Counter: Dale O'Brien

Zoom: Tony Hodgson

Scripture Readings for Next Week

First Reading: Exodus 33:12-23

Psalm: Psalm 99

Second Reading: 1 Thessalonians 1:1-10

Gospel: Matthew 22:15-22

How to Contribute to St. Helen's Financially

We deeply appreciate financial contributions to our shared congregational life and mission. The best ways to donate are:

- Set up a Pre-Authorized Donation - simply send an email to sthelenswpg@gmail.com to get started or change your amount
- Donate via Interac e-transfer to sthelenswpg@gmail.com
- Scan the QR code to the right or visit <https://sthelensvancouver.com/give> to donate via credit card
- Use one of the envelopes available at the back of the church by the offering plate to donate via cheques or cash



Office Hours

Tuesday, 09:00am-5:00pm
Wednesday, 09:00am-5:00pm
Friday, 09:00am-5:00pm

Connect with us:

Office Administrator : **Zayd Mia** | office@sthelensvancouver.com | 604-224-0212
Priest-in-Charge : **The Rev. Sebastian Way** | rector@sthelensvancouver.com
Deacon : **The Rev. Jeffrey Preiss** | deacon@sthelensvancouver.com