



Individual Discipleship Plan (IDP)

Inviting Kids to Be Transformed by Jesus

Our Purpose

Our purpose is to break down barriers that keep children and their families from fully participating in the life and community of the church while more effectively serving the entire Body of Christ.

This Individual Discipleship Plan (IDP) helps our ministry team partner with your family as we seek to understand, support, and disciple your child. Because every child is uniquely created by God, we want to learn what helps your child feel safe, loved, supported, and ready to learn about Jesus. We also want to understand how we can best support you as parents, recognizing that you are your child's primary spiritual disciplers. Our desire is to come alongside your family and work together to help your child grow in their relationship with Jesus.

Child Information

Child's Name: _____

Preferred Name: _____

Date of Birth: _____

Grade: _____

Parent(s)/Guardian(s): _____

Parents Phone: _____

Email: _____

Date Completed: _____

Completed By: _____

Tell Us About Your Child

What's AWESOME about my child?

What are your child's greatest strengths or gifts?

What are your child's favorite interests, hobbies, or activities?

What makes your child smile?

Helping My Child Feel Safe

I like...

- | | |
|---|---|
| ☐ Routine | ☐ Visual schedules |
| ☐ Quiet spaces | ☐ Music |
| ☐ Movement | ☐ Sensory toys |
| ☐ Reading | ☐ Coloring |
| ☐ Playing with friends | ☐ Other: |

I feel safe when...

I do NOT like...

I do NOT feel safe when...

Things that may cause my child to become overwhelmed or anxious:

- | | |
|---|---|
| ☐ Loud noises | ☐ Crowds |
| ☐ Bright lights | ☐ Waiting |
| ☐ Changes in routine | ☐ Transitions |
| ☐ Physical touch | ☐ Being corrected in front of others |
| ☐ Other: | |

Communication

My child communicates best by:

- | | |
|--|-----------------------------------|
| ☐ Talking | ☐ Pictures |
| ☐ Gestures | ☐ Device |
| ☐ Sign Language | ☐ Other: |

When my child is frustrated, they usually:

My child may communicate stress by:

☐ Crying

☐ Running away

☐ Covering ears

☐ Other:

☐ Withdrawing

☐ Yelling

☐ Stimming

Calming & Regulation

These strategies help my child calm down:

☐ Deep breathing

☐ Sensory toys

☐ Walking

☐ Music

☐ Bible Story videos

☐ Other:

☐ Quiet room

☐ Movement breaks

☐ Sitting beside a trusted adult

☐ Reading

☐ Weighted items

What usually helps the most?

What Works at Home or School?

What strategies are successful at home?

What accommodations are used at school?

What should our leaders know?

Medical & Safety Information

Medical diagnosis (optional):

Allergies:

Medications that affect behavior or participation:

Safety concerns:

- | | |
|--|--|
| ☐ Elopement/Wandering | ☐ Seizures |
| ☐ Food allergies | ☐ Difficulty communicating pain |
| ☐ Other: | |

Emergency considerations:

Ministry Accommodations

Please check any accommodations that may help your child participate.

- | | |
|--|---|
| ☐ One-on-one Buddy | ☐ Visual Schedule |
| ☐ Sensory Room | ☐ Noise-reducing headphones |
| ☐ Flexible seating | ☐ Fidgets |
| ☐ Movement breaks | ☐ Additional processing time |
| ☐ Simplified directions | ☐ Social stories |
| ☐ Small group support | ☐ Prefer to remain with parent initially |
| ☐ Other: | |

Spiritual Journey

Has your child accepted Jesus?

- ☐ Yes ☐ No ☐ Unsure

Has your child been baptized?

- ☐ Yes ☐ No

Would your family like help talking about faith at home?

- ☐ Yes ☐ No

Individual Discipleship Goals

What spiritual goals would you like us to help your child grow in?

- ☐ Feeling like they belong
- ☐ Participating in worship
- ☐ Memorizing Scripture
- ☐ Understanding the Gospel
- ☐ Preparing for Baptism
- ☐ Sharing their faith
- ☐ Attending independently
- ☐ Building friendships
- ☐ Learning Bible stories
- ☐ Praying
- ☐ Accepting Jesus
- ☐ Serving others
- ☐ Building confidence
- ☐ Other:

Specific discipleship goals for this year:

Partnering Together

Is there anything else you would like our ministry team to know?

Parent Prayer Requests

How can we pray for your child or family?

Communication

Whether things are going well or we are facing challenges, what is the best way for us to communicate with you about your child?

Ministry Team Notes (Leader Use Only)

Primary Leaders:

Buddy Assigned:

Accommodations Reviewed: ☐ Yes

Date: _____

Review Dates: _____

Progress Notes:

Crestview Baptist Church Kids Ministry Commitment

Our prayer is that every child will:

- Believe in Jesus.
- Belong in God's family.
- Become more like Christ.
- Be Sent to share the Gospel.

Thank you for partnering with us as we remove barriers, build belonging, and help your child grow in a lifelong relationship with Jesus.