

Grace Groups

Growing in Grace and Watching Over One Another in Love

McPherson First United Methodist Church · Sunday, October 4, 2026

THIS WEEK · PRACTICE 18 OF 25 · SERVICE

In worship: Five Promises, “Give Yourself to It,” Exodus 14:5-7, 10-14, 21-29

Family Service. Service is a household practice, not just a personal one. Kids learn what following Jesus looks like by watching their parents and grandparents serve, and by serving alongside them.

- Pick one project a month, and let everyone help decide
- On the way home, ask what everyone noticed

Our Covenant

0 min

We read these four out loud and say yes to them together.

Show up. Come each week. Your presence is part of the gift.

Be honest. You can say the true thing here. No performance needed.

Keep it private. Hold what you hear with care. Privacy allows honesty.

Give everyone space. Speak, and also listen. Everyone gets a turn.

We Begin

2 min

We'll begin with a moment of quiet, and then we'll pray together.

. . . a few moments of silence . . .

God of welcome, you set a place for each of us. Make this circle safe enough for the truth and warm enough for the hard parts. We pray in the name of Jesus Christ. Amen.

Getting to Know One Another

5 min

Share your name, then pick one of these to answer.

- What is a tradition you love?
- What is a place that feels like home to you?

Next: Soul Tending, God Sightings, and Growing in Grace. These three questions are the heart of our time. We'll move through them in order, and everyone gets a turn. The smaller questions underneath are just to help, and there are no wrong answers. **Turn over →**

The Three Questions

The first question looks inward before anything else.

Soul Tending. How is your faith journey going?

10 min

- *What spiritual habit has actually stuck?*
- *What has been dry lately?*

The five promises are a simple way to talk about a faith journey. Any one of them is a fine place to start today.

Prayers. Connecting with God through prayer, scripture, and listening.

Presence. Showing up for worship and the life of the church.

Gifts. Giving to support the church's mission.

Service. Finding where you are called to serve.

Witness. Sharing your faith in word and action.

From this week's practice. Share a service experience your family had this season and what your kids learned from it.

Now we'll turn outward and look for God.

God Sightings. Where do you see God at work in your life? **25 min**

- *Where did you notice God this week in someone you disagree with?*
- *What has been quietly good?*

Last, the challenge you are ready to give to God.

Growing in Grace. What challenge are you giving to God? **40 min**

- *What relationship needs God's help?*
- *What do you want to hand over before you leave here?*

Connect Back

50 min

One line from tonight that stayed with you. Say it plainly and leave it there.

We Close

55 min

We'll keep a few moments of quiet now, so what you shared and heard can settle in your soul and go with you into the week.

. . . a few moments of silence . . .

Loving God, thank you for holding this hour. Take what was named, and keep working while we are not watching. We pray in the name of Jesus Christ. Amen.