

REFLECTION

Questions

JOHN 6:60-71

- How does the idea—"Life comes only through Jesus"—challenge or encourage you right now?
- When have you experienced Jesus' words as truly "words of life," and when have they felt hard or even offensive?

1. The words of life can only be understood through the Spirit (vv. 60-63)

- Jesus says, "It is the Spirit who gives life; the flesh is no help at all." Where in your life are you still trying to understand or obey Jesus' words in your own strength ("the flesh") rather than depending on the Spirit?
- What "hard sayings" of Jesus currently feel difficult for you to accept or understand? How might you invite the Spirit to open your heart and mind to them?
- How does knowing that spiritual understanding is a gift of the Spirit (not merely intellectual effort) change the way you approach Scripture and prayer?

2. The words of life are only meaningful to those who believe (vv. 64-66, 70-71)

- Many disciples turned back and no longer walked with Jesus. What factors (doubt, discomfort, cultural pressure, unanswered questions, etc.) most tempt you to distance yourself from Jesus or His teaching?
- Jesus knew from the beginning who would believe and who would betray Him. How does this truth affect the way you view your own faith—and the faith (or unbelief) of others around you?
- Judas was one of the Twelve yet did not truly believe. What does this sobering reality teach us about the difference between outward association with Jesus and genuine, heart-level faith?

3. The words of life come only from Jesus (vv. 67-69)

- When Jesus asked the Twelve, "Do you want to go away as well?" Peter replied, "Lord, to whom shall we go? You have the words of eternal life." In what areas of life are you tempted to look elsewhere for life, meaning, or security? What would it look like to reaffirm, with Peter, that only Jesus has the words of eternal life?
- Peter confessed both Jesus' unique authority ("You have the words of eternal life") and His identity ("You are the Holy One of God"). Which of these two aspects of faith (trusting His words / trusting who He is) do you most need to grow in right now?
- How can we, as a community, help one another stay close to Jesus and His life-giving words when the path feels hard or lonely?
- What is one specific "word of life" from Jesus that you sense the Spirit is pressing on you to believe and obey this week?
- Who in your life needs to hear that true life is found only in Jesus? How might God be inviting you to share that truth with them—gently and clearly?