



Carlie Terradez

Healing Chapter 3

Lesson 1: Ministering Healing to
Others

terradez
— MINISTRIES —

POWER ACADEMY – Healing Chapter 3, Lesson 1

Ministering Healing to Others

1. There is Good in You

- a. Philemon 6 – *that the sharing of your faith may become effective by the acknowledgment of every good thing which is in you in Christ Jesus.*
- b. Our spirit man is full of the life and power of God. The fruits of the Spirit are alive in us.
- c. When we meditate on all the good gifts God has deposited on the inside of us, our faith comes alive.
- d. Who He says you are is who you are. What He says you have is what you have. What He says you can do is what you can do.
- e. It takes faith—trust and confidence—to receive anything from the Lord and to believe these things about yourself. And that faith grows bolder as we focus on every good thing in us through Christ.

2. Your Sufficiency in Christ

- a. True, you shouldn't place your confidence in your own abilities or intellect.
- b. Paul says our confidence is in Christ, and in Him I can do all things! (Philippians 4:13)
- c. We have to go beyond what our flesh thinks about us, beyond what our heart and emotions try to tell us.
- d. When we put on confidence in the Jesus in us, we can move beyond the fear and natural apprehension of ministering to others.
- e. 2 Corinthians 3:4-6 — *⁴And we have such trust through Christ toward God. ⁵Not that we are sufficient of ourselves to think of anything as being from ourselves, but our sufficiency is from God, ⁶who also made us sufficient as ministers of the new covenant, not of the letter but of the Spirit; for the letter kills, but the Spirit gives life.*
- f. We are sufficient in Christ by the power of the Holy Spirit. It's the grace of God that enables us, not the Law.
- g. Most of us know our failings. We're much more likely to fall into the trap of low self-esteem than being over-zealous.
- h. The world loves to tell you why you can't do something, and it's natural for us to gravitate toward the negative.

POWER ACADEMY – Healing Chapter 3, Lesson 1

- i. While the world tells you that you can't, you've got a Word from God that you can place trust and confidence in that's never going to fail you and makes you bold on the inside because you know who you are in Christ. **He makes you sufficient.**
- j. **YOU** are the perfect candidate for ministry because when you are weak, He is strong!
- k. If you're born again—even for 5 minutes—you are qualified to minister the Word of God, to minister healing, to minister the power of God to others!

3. Beat the Fear

- a. *What if they think I'm weird? What if they say no? What if I get it wrong? What if I pray and nothing happens?* These are natural fears that rise up on the inside of us.
- b. Most of the time it's these fears (of failure, rejection, humiliation) that keep us from stepping out when we feel led.
- c. Extending the love of God so someone else might receive their miracle is worth the risk of being rejected. It's worth it to be a small part of someone's journey even if we feel momentarily uncomfortable. Get excited to be a part of what God is doing!
- d. The more that you step out, the more you'll experience God working through you. Like anything else, the more you practice, the more confident you'll become.
- e. Ministry is like learning to ride a bike. You might feel a bit wobbly, unsure, and out of your comfort zone in the beginning.
- f. The more you say yes, the more you'll realize God doesn't fail you and the more opportunities you can't wait for Him to give you.
- g. When God knows you have a yes in your heart and you're willing to take the risk and be vulnerable, He will entrust you with more and more opportunities to minister to people.
- h. **You have Jesus on the inside of you, so you are qualified.**
- i. God showed Carlie that she was just afraid to step into what He called her to do. He simply said, "Do it afraid."

4. Don't Disqualify Yourself

- a. The more we step out and do something, the more we push through that boundary of fear that tells you that you can't do it.
- b. Don't worry if you still have symptoms in your body or issues in your life. Don't

POWER ACADEMY – Healing Chapter 3, Lesson 1

disqualify yourself from ministering to others because you're struggling to receive something yourself.

- c. God doesn't need perfect; He needs chosen. And He's chosen you!
- d. 1 Peter 2:9 — *But you are a chosen generation, a royal priesthood...*
- e. You are sufficient as a minister of the New Testament. You have the Spirit of God on the inside of you.
- f. Jesus was the only perfect person God had to work with. God is an expert at taking ordinary people and using them to do extraordinary things.
- g. Jesus is the Healer, not us. You're not responsible for the results! You're just a vessel or conduit of the power of God. It was never about you anyway.
- h. **It's as simple as giving God permission to let His power flow through you.**
- i. We just get in line with the Word of God, be His conduit, and don't let our unbelief and reasons it won't work get in the way.
- j. It's tempting to let our previous negative experiences hinder us from moving forward. Quit looking back!
- k. David was not a sufficient giant killer in himself. If he'd looked back at the previous failures of the Israelites, he never could've run at Goliath with such confidence.
- l. When the enemy reminds you of all the past failures or reasons it won't work, you just remind him of his future!

5. Healing is a By-Product of Our Relationship with God

- a. We don't ask God to come down and heal people.
- b. All you're doing is introducing people to your best friend. When you introduce someone to Jesus the Healer, you introduce them to healing.
- c. **Your name isn't on the line; God's is. All the risk is on Him.** He's given you His name—His power of attorney. Your reputation is not at stake.
- d. The enemy knows you wouldn't take credit for the good stuff, but he tries to make you feel responsible for the negative responses or times when nothing seems to change in the natural. Listening to that voice of negativity will hinder you from moving forward.

POWER ACADEMY – Healing Chapter 3, Lesson 1

6. Motivation in Ministry

- a. 1 Corinthians 13:3, 8 – 1 ¹ *Though I speak with the tongues of men and of angels, but have not love, I have become sounding brass or a clanging cymbal. ² ... and though I have all faith, so that I could remove mountains, but have not love, I am nothing. ³ And though I bestow all my goods to feed the poor, and though I give my body to be burned, but have not love, it profits me nothing.*
⁸ *Love never fails...*
- b. We talk a lot about faith, but **we need to be motivated by the love of God.**
- c. When we focus on how much God loves us and how that changed our lives, we're going to want to share it.
- d. When you fall in love with someone, you want to talk about them all the time. People around you will notice. When you truly fall in love with Jesus, you want to tell others about this good thing happening in your life.
- e. Some evangelism is motivated by the fear of disappointing God rather than His love.
- f. Loving people is the "more excellent way."
- g. Some people start to covet the public, visible, honored positions in ministry. This the wrong motivation. Without love we puff up with pride.
- h. God doesn't give us opportunities to minister to His saints if He can't trust us with their hearts.
- i. Ministry is a privilege not a right. People are God's greatest assets, and their hearts are precious. We need to respect the privilege of speaking into someone's life.
- j. We want people to leave better off, more full of the Word of God, more encouraged, more empowered than before they met us. Love enables us to do that.

7. Not a Formula

- a. Jesus didn't have a formula or a cookie-cutter approach to ministry.
- b. Our job as ministers of the Gospel is to bring people into a closer relationship with Jesus, to get them—not dependent upon us—but dependent upon Him.
- c. We deflect attention onto Jesus, the Healer, the Savior, the Provider, the Protector.
- d. 1 Samuel 16:7 – *"...For the Lord does not see as man sees; for man looks at the outward appearance, but the Lord looks at the heart."*

POWER ACADEMY – Healing Chapter 3, Lesson 1

- e. When Jesus ministered, He found out what people were believing for and ministered to them where they were at.
- f. One of the greatest skills of anyone in ministry is their ability to hear God on the behalf of somebody else.
- g. Ministry is listening to the Holy Spirit, then following His direction. He'll show you how to minister to every individual need.
- h. Ministering comes out of the overflow of our relationship with Jesus. It's not something we do but someone we are.
- i. Proverbs 4:20-23 — ²⁰ *My son, give attention to my words; Incline your ear to my sayings.* ²¹ *Do not let them depart from your eyes; Keep them in the midst of your heart;* ²² *For they are life to those who find them, And health to all their flesh.* ²³ *Keep your heart with all diligence, For out of it spring the issues of life.*
 - "Keep" in Hebrew means keep, value, and protect.
 - "Issues" means borders or boundaries.
- j. We are people of integrity, excellence, and honor when the Word of God and our relationship with Him is first in our lives.
- k. **The condition of our own heart is most important.** Spiritual heart disease makes us less effective in our ministry. Put your own oxygen mask on first!
- l. You can help others more effectively when you place the relationship between you and Jesus even above other people.
- m. Ministering with others begins with ministering to the Lord, letting His love permeate you.

POWER ACADEMY – Healing Chapter 3, Lesson 1

Scriptures from Lesson 1

Philemon 6

that the sharing of your faith may become effective by the acknowledgment of every good thing which is in you in Christ Jesus.

Philippians 4:13

I can do all things through Christ who strengthens me.

2 Corinthians 3:4-6

⁴ And we have such trust through Christ toward God. ⁵ Not that we are sufficient of ourselves to think of anything as being from ourselves, but our sufficiency is from God, ⁶ who also made us sufficient as ministers of the new covenant, not of the letter but of the Spirit; for the letter kills, but the Spirit gives life.

1 Peter 2:9

But you are a chosen generation, a royal priesthood, a holy nation, His own special people, that you may proclaim the praises of Him who called you out of darkness into His marvelous light;

1 Corinthians 13:1-3, 8

¹ Though I speak with the tongues of men and of angels, but have not love, I have become sounding brass or a clanging cymbal. ² And though I have the gift of prophecy, and understand all mysteries and all knowledge, and though I have all faith, so that I could remove mountains, but have not love, I am nothing. ³ And though I bestow all my goods to feed the poor, and though I give my body to be burned, but have not love, it profits me nothing.

⁸ Love never fails. But whether there are prophecies, they will fail; whether there are tongues, they will cease; whether there is knowledge, it will vanish away.

1 Samuel 16:7

But the Lord said to Samuel, "Do not look at his appearance or at his physical stature, because I have refused him. For the Lord does not see as man sees; for man looks at the outward appearance, but the Lord looks at the heart."

POWER ACADEMY – Healing Chapter 3, Lesson 1

Proverbs 4:20-23

²⁰ *My son, give attention to my words;*

Incline your ear to my sayings.

²¹ *Do not let them depart from your eyes;*

Keep them in the midst of your heart;

²² *For they are life to those who find them,
And health to all their flesh.*

²³ *Keep your heart with all diligence,
For out of it spring the issues of life.*