

Walk Differently

FCC Life Group Discussion Notes

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Opening Prayer

- Thank God for the calling we have received and for the example of Jesus that shows us a different way to live.
- Ask for help to walk with humility, gentleness, and patience toward one another this week.

Ice Breaker

If you could invent your own “silly walk” (like the old comedy sketch), what would it look like and what would you name it?

Key Scripture

Ephesians 4:1-6 (CSB) – *Ask a group member to read aloud.*

Therefore I, the prisoner in the Lord, urge you to walk worthy of the calling you have received, with all humility and gentleness, with patience, bearing with one another in love, making every effort to keep the unity of the Spirit through the bond of peace. There is one body and one Spirit—just as you were called to one hope at your calling—one Lord, one faith, one baptism, one God and Father of all, who is above all and through all and in all.

Sermon Summary

As followers of Christ we are called to walk differently from the way the world walks. Paul shows us in Ephesians 4 that this new walk starts with walking together in unity, continues with walking in the gifts we have been given, and finishes with walking in a completely new way by taking off the old self and putting on the new.

Discussion Point 1: Walk Together

Scripture: Ephesians 4:2-3 (CSB) – *Ask a group member to read aloud.*

with all humility and gentleness, with patience, bearing with one another in love, making every effort to keep the unity of the Spirit through the bond of peace.

Point Summary:

The first way we walk differently is by how we treat one another. Paul starts with humility, gentleness, patience, and love because true unity cannot exist without them. Differences will come up, but those differences are never more important than the Jesus who unites us.

Suggested points for prayer is given in each prayer section and are up to the discretion of the leader.

Discussion Questions:

1. When have you seen humility, gentleness, or patience help a group of believers stay united even when they disagreed?
2. What is one practical way you can “make every effort” to keep unity this week when differences surface?

Discussion Point 2: Walk with What You’ve Been Given

Scripture: Ephesians 4:7-16 (CSB) – *Ask a group member to read aloud.*

7 Now grace was given to each one of us according to the measure of Christ’s gift. 8 For it says: When he ascended on high, he took the captives captive; he gave gifts to people. (Psalm 68:18)

9 But what does “he ascended” mean except that he also descended to the lower parts of the earth?, 10 The one who descended is also the one who ascended far above all the heavens, to fill all things. 11 And he himself gave some to be apostles, some prophets, some evangelists, some pastors and teachers, 12 to equip the saints for the work of ministry, to build up the body of Christ, 13 until we all reach unity in the faith and in the knowledge of God’s Son, growing into maturity with a stature measured by Christ’s fullness. 14 Then we will no longer be little children, tossed by the waves and blown around by every wind of teaching, by human cunning with cleverness in the techniques of deceit. 15 But speaking the truth in love, let us grow in every way into him who is the head — Christ. 16 From him the whole body, fitted and knit together by every supporting ligament, promotes the growth of the body for building itself up in love by the proper working of each individual part.

Point Summary:

Jesus gives gifts to every believer so the whole body can grow. We are not an audience watching a few people serve; every part has a role. Walking differently means using the gifts we have been given rather than wishing for different ones.

Discussion Questions:

1. How does knowing that every part of the body is needed change the way you think about your own gifts?
2. What is one gift or ability you already have that you could use more intentionally to build up the body this month?

Discussion Point 3: Walk in a New Way

Scripture: Ephesians 4:17-24 (CSB) – Ask a group member to read aloud.

17 Therefore, I say this and testify in the Lord: You should no longer walk as the Gentiles do, in the futility of their thoughts. 18 They are darkened in their understanding, excluded from the life of God, because of the ignorance that is in them and because of the hardness of their hearts. 19 They became callous and gave themselves over to promiscuity for the practice of every kind of impurity with a desire for more and more. 20 But that is not how you came to know Christ, 21 assuming you heard about him and were taught by him, as the truth is in Jesus, 22 to take off your former way of life, the old self that is corrupted by deceitful desires, 23 to be renewed in the spirit of your minds, 24 and to put on the new self, the one created according to God's likeness in righteousness and purity of the truth.

Point Summary:

Walking differently is not adding a few good habits to the old way of living. It means taking off the old self completely and putting on the new. Paul then gets practical—speak truth, control anger, use words to build up, and replace bitterness with kindness and forgiveness.

Discussion Questions:

1. What “old clothes” (habits, attitudes, or reactions) are hardest for you to take off when you try to walk in a new way?
2. Which of the practical steps in Ephesians 4:25-32 feels most needed in your everyday life right now?

Wrap-Up

Paul calls us to walk worthy of the calling we have received. That walk looks like walking together in unity, walking with the gifts we have been given, and walking in a completely new way. When we let God work in us, He makes it possible for us to walk differently.

Challenge

This week choose one specific area—either how you treat others, how you use a gift you already have, or one old habit you will replace with a new action—and take a clear step to walk differently in that area.

Closing Prayer

- Ask God to help us walk together with humility and love.
- Thank Him for the gifts He has given each of us and ask for courage to use them.
- Invite the Holy Spirit to help us take off the old self and put on the new.

Handout

Walk Differently – Life Group Handout

Name: _____ Date: _____

1. Walk Together

One way I can show humility or patience this week: _____

2. Walk with What I've Been Given

A gift or ability I already have: _____

One way I can use it to build up others: _____

3. Walk in a New Way

One "old self" habit I want to take off: _____

One "new self" action I will put on instead: _____

My one-sentence challenge for this week:
