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**COME,
ALL WHO
ARE THIRSTY!**



**PET
BLESSING
OCT 4**

IN THE FELLOWSHIP HALL.

ANIMALS NEED TO BE ON A LEASH
OR IN A CARRIER.

IF YOU CANNOT BRING YOUR PET,
BRING A PHOTO OF THEM!



Pause for Paws

We thank you, Lord God, for the gift of our own animal companions: for the joy they bring us; for confidant, the listener, the stress-releaser; for the unconditional love and forgiveness which teaches us about you. We praise you for making a beautiful world filled with wonder and surprises, through Jesus Christ, our Savior and Lord.

Amen.

Thursday, October 8



The Greater Milwaukee Synod Reconciling in Christ Ministry Team invites you to

**CELEBRATING OUR
DIVERSITY AS GOD'S
CHILDREN**

PRIDE WORSHIP

THURSDAY, OCTOBER 8, 2026, 6PM

Ascension Lutheran Church, 1236 S Layton Blvd, Milwaukee, WI



RECONCILING IN CHRIST



ELCA



October 4 to October 11

Sun Oct 4	9:30am Worship Service <u>Zoom ID:</u> 841 6597 2335 <u>Passcode:</u> 10:40am Faith Forum Hour
Mon Oct 5	7:00pm NA 12 Step Group Fellowship Hall
Tues Oct 6	Noon AA 12 Steps Meeting Upper Room 4:30pm Staff Meeting 6:30pm Hands of AA 12-Step Upper Room
Wed Oct 7	12:00pm Brown Bag Bible Study 1:00pm Prayer Warriors 1:00pm Tosa Cares Donation Drop-Off 6:30pm Voices of Zion Choir Rehearsal 7:30pm Festival Bells Handbell Rehearsal
Thurs Oct 8	6:00pm Pride Worship Service <i>at Ascension</i>
Friday Oct 9	12:00pm Mayfair AA Group 6:00pm ACA 12 Step Group Room 100
Sat Oct 10	9:00am Tosa Cares Donation Drop Offs
Sun Oct 11	9:30am Worship Service 10:40am Faith Formation Hour
Next Week	

Season of Creation

This Sunday you'll have one last opportunity as the Season of Creation comes to a close to share a brief story of how you've seen or experienced God's presence in nature.

Where Have You Seen God in Creation?

God has shown up in your life. Come ready to tell others about your God-moments

Who will share their story this week?

Volunteers for October 4

A/V: Brenda and Mike Marciniak

Acolyte: Francesca Riccaboni

Altar Care: Joe and Nancy Di Giacinto

Assisting Minister: Janet McCarthy

Communion Bread: Sherry Downs

Communion Wine: Luke Johnson, Liz Anderson, Janet M.

Greeter: James and Angela Riccaboni, Vince Pipia

Lector: Sherry D.

Teller: Jim Goetzinger, Gary Goll, Joe Di Giacinto

Usher: Carl and Karen Engelhardt

HEAR OUR PRAYERS

Join in and lift up our community's prayers of concern and thanksgiving. Prayer warriors meet Wednesdays at 1:00pm. Or you can pray at home as you're able:

<https://bit.ly/4j0emzo>

Need Prayer? Contact Pastor Tyler

414-258-0456

pastor@mtzionlutheran.org

Fill out a card in church or at the prayer box

Submit a request online: mtzionlutheran.org

Nakba

Last week we introduced you to the documentary, “Stolen Stories” from ELCA Sumud. This 5 part series highlights the voices of Palestinian Christians and lifts up the lived experiences of Palestinians, especially the indigenous Christians of Palestine and Israel. In Episode One, viewers will be able to get a sense for life in Palestine before 1948 and the effects of the Zionist movement which caused the exile of Palestinians from their indigenous homelands to make room for European Jews after World War II.



Nakba in Arabic translates to *catastrophe*.

What event in Christian Palestine is considered Nakba?

Watch this episode to find out.

youtube.com/watch?v=mekDHNmdJwA

Adult Faith Forums

Help us decide what topics to include in our Adult Faith Forums this year.
Complete this brief survey by October 12.

<https://bit.ly/4detmGm>



Thank You!

Thank you, Mt. Zion volunteers who prepared for and participated in the scheduled events for GWOH on September 19 and 20. The events were filled with joy in offering our time and hands to the Tosa Cares distribution, offering breakfast for Tosa Cares families and volunteers at Mt. Zion, managing the Tosa Cares site at the Green Summit at the Wauwatosa City Hall, completing some Mt. Zion clean-up, and packing fall baskets for our Mt. Zion at home members.



Thank you Angella, Lexi, Shauna, Laura, Jennifer, Jerry, Gloria, Grace, Vince, Kevin, Dave M, Bob, Andy, Deb, Dave F, Karen, Carl, Edie, Joe, Janet, Penny, Steve, Sherry, Nancy, Jess, Pastor Tyler, Curt, Debbie, Tom, Linda, Luke, and others who were God's hands in the community.



This past weekend we thank the Mt. Zion team participants, organizers, and supporters of the Outreach for Hope Ride Run Walk. Yeah, to God's team of volunteers! God's work is never done so our hands continue to do His work.



Remember Reformation Blessing Sunday on October 18, 10 am worship service at 3806 W, Lisbon Avenue, sharing the blessings of partnership.

Joy in God's Work Our Hands, the Mt. Zion Outreach Team.



Street Angels Walk

Join us for a powerful, interactive, and educational experience that provides critical support to our unsheltered neighbors.

Have you ever wondered what it might be like for those who are experiencing unsheltered homelessness? If so, join us as we take you on a simulated, interactive, one mile walk through a portion of the Hank Aaron trail. Make choices along the way such as, do you spend your time going to the meal site to eat, or do you go to the resource fair and attempt to get shelter or housing assistance?

Participants should arrive at 125 N. 120th Street in Wauwatosa, Street Angels headquarters, by 9:50 AM on November 7. Street parking is available. A brief presentation will be provided before participants are dismissed in groups every 10 minutes.

The walk is a one-mile loop that starts and finishes at Street Angels headquarters. Along the route, participants will encounter interactive scenario stations hosted by our staff & volunteers and designed to illustrate some of the choices, barriers, and challenges faced by individuals experiencing unsheltered homelessness.

Each participant will be assigned a personalized scenario and some participants may be assigned a prop such as a walker, wheelchair, duffle bag, or stroller. After you complete the walk, staff members will be waiting to greet you to answer questions and provide debriefing time.

This event will take place regardless of weather, sadly someone experiencing unsheltered homelessness does not get to choose the weather.

A promotional poster for the Street Angels Walk A Mile event. The top features the Street Angels Milwaukee Outreach logo, which includes a shield with 'SA' and wings. Below the logo, the text 'STREET ANGELS MILWAUKEE OUTREACH' is written. The main title 'WALK A MILE' is in large, bold, dark blue letters, with a subtitle '— WALK FOR HOPE' in white letters on a dark blue banner. Below this, the tagline 'One mile. Real choices. A different perspective.' is written in a smaller font, followed by 'Make the choices. Understand the journey.' The poster includes three icons: a calendar for '11/7/26 10AM', a location pin for '125 N 1120TH STREET', and a group of people for 'PRE-REGISTRATION REQUIRED'. At the bottom, there are three icons: a shoe for 'ONE MILE.', a dollar sign for 'REAL CHOICES.', and a heart for 'A DIFFERENT PERSPECTIVE.' The background of the poster shows a close-up of people's feet walking on a paved surface, with a paw print graphic on the ground.

Invitation for Mt Zion

WEST SUBURBAN COUNCIL-RETIRED BOOK CLUB

INVITATION

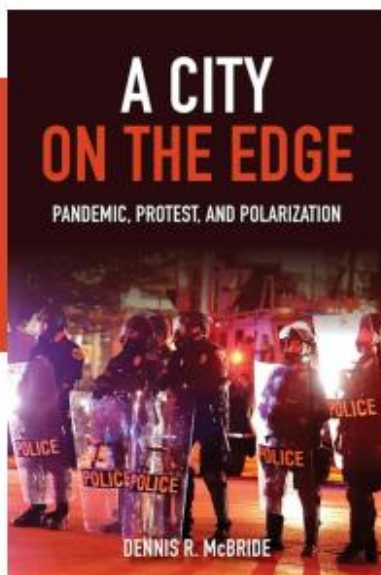
The West Suburban Council - Retired invites you to a special book club presentation featuring Dennis McBride, Mayor of Wauwatosa and author of *A City on the Edge*.

BOOK CLUB AUTHOR PRESENTATION & DISCUSSION

2020 was a year of historic events, globally and nationally. The COVID-19 pandemic, lockdowns, economic uncertainty, and police killings of people of color led to the largest protest movement in U.S. history. Mayor McBride shares what it was like to shape our hometown in the midst of all of these challenges. In *A City on the Edge*, Mayor McBride shares his firsthand perspective on leading Wauwatosa as these events unfolded in our community. Join us to hear from the author and participate in a discussion afterwards.

AUTHOR

Dennis McBride is the mayor of Wauwatosa, Wisconsin and co-author of the *Luckiest Boy in the World*. He earned his bachelor's degree in journalism from UW-M before pursuing a career as a trial attorney for the U.S. Equal Employment Opportunity Commission. He previously served as an alderperson for Wauwatosa before becoming mayor.



AT A GLANCE

BOOK PRESENTATION

Wednesday, October 14, 10 am

Mt Zion Church
12012 W. North Avenue



Please use the parking lot north of the church.
Refreshments will be provided.

R S V P

BY OCTOBER 12

to

arthurf399@aol.com

Steve's Science Tidbits

Life in the Alpine Tundra

We just returned from a week in Colorado, with Rocky Mountain National Park one of our stops. We were disappointed, expecting snow on the mountains (somewhat naively, I might add), but none of them had any. On most, the winter snow usually melts away by September. One mountain range, the Never Summer Mountains, is so-named for the snow that stays year around; however, since only 25% of the usual snow fell this past winter and temperatures were higher than normal, even those mountains were devoid of snow, for the first time ever.



One of our favorite stops was the Alpine Visitor Center, where you get stunning 360-degree views of the alpine tundra and surrounding mountain peaks. At 11,796 feet above sea level, it is the highest visitor center in the national park system and offers a fascinating immersion into the fragile tundra ecosystem.

At that elevation, you are above the tree line, where the ground is rock-strewn with limited vegetation (see pic). Trees cannot grow where the average temperature of the warmest month is below 50° F. The few sporadic conifers that are found exhibit extremely stunted growth, plus the relentless blasting from wind-driven ice creates trees with branches that grow only in the downwind direction. These trees may grow only an inch in diameter every 100 years.

To survive the harsh conditions and short growing season plants have developed unique characteristics. Most plants are perennials that bloom quickly so they can reproduce before summer ends; they have an accelerated rate of photosynthesis compared to plants at lower altitudes. Their growth is dwarfed, low to the ground, where radiant heat absorption is more effective. And because water is scarce, its absorption is aided by deep tap roots up to six feet long.

The alpine sunflower has a unique survival story to tell. It only faces east toward the sun. It will spend up to 70 years collecting the sun's energy until it has accumulated enough to bloom into a striking yellow flower. It then dies, leaving seeds that will begin their own years-long journey to that single flower.

Continued on bottom of next page

Birthdays and Anniversaries

Birthdays

Shae U. 10/1	Lexi G. 10/9	Amy F. 10/17
Shauna J. 10/1	Brenda M. 10/10	Carl E. 10/18
Joanne B. 10/2	Jason B. 10/11	Ellie W. 10/19
Linda E. 10/2	Grace A. 10/12	Justin V. 10/20
Adam F. 10/3	Judy M. 10/13	Irene M. 10/21
Joey H. 10/4	Vivian T. 10/14	Kent S. 10/21
Arlo J. 10/6	Shirley B. 10/15	Amanda C. 10/21
Chuck W. 10/8	Kristin W. 10/16	Elizabeth F. 10/22
Zach P. 10/8		Dorothy S. 10/23
		Paul Z. 10/24

Anniversaries

Jess and Brendan M. 10/9
Andy and Jen J. 10/13
Katie and Tony F. 10/22
Jeremy and Angella G. 10/24
Brian and Lori J. 10/26
Beth and Jonathan F. 10/30

Science Tidbits Continued

Continued from previous page

Many alpine plants contain anthocyanin, a chemical "antifreeze" that converts sunlight into heat, and they typically are covered with hairs that reduce the loss of heat and moisture and protect them from the intense ultraviolet radiation that is twice what it is at sea level.

Animals have also adapted to the cold. White-tailed ptarmigans have feathered feet that act as warm snowshoes. Their ability to turn white in winter and mottled brown in summer makes them masters of camouflage.

Pikas are rodents 6-8 inches long that live in crevices between rocks. They have very thick fur that even covers their feet, plus their legs, tails and ears are shorter than lower altitude relatives which reduces body surface area and heat loss. This enables them to maintain a high internal body temp. Interestingly, temps over 78 degrees can be lethal!

Steve Downs

At Mt Zion we are
Joyfully growing disciples in Christ
 so that
Everyone we meet comes to know themselves as a
reflection of
God's image, worthy of life and love
 by prioritizing
Faith **Community**
Hospitality **Justice**

Mt Zion Staff

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Church Office Hours

Monday — Friday 10:00am — 3:00pm
Stop by in-person, call 414-258-0456,
or email parishadmin@mtzionlutheran.org