



ST. LUKE'S PEWS NEWS – OCTOBER 2026 EDITION



Upcoming events at St. Luke's

Wednesdays at 1:00 pm - Bible study continues at St. Luke's

October 24 at 6:00pm - Roast Beef Dinner, Tickets \$25.00

October 11 at 10:30 – Harvest Thanksgiving Service

October 18 at 10:30 – Joint service with St. Tom's followed by a potluck lunch

Upcoming events in Cambridge

October 3 @ 9:30 to 12:30 - Anglican Fellowship of Prayer Fall Conference

ZOOM mgt Register at brlmail2@aol.com

October 3 @ 2:00 – Victorian Fashion Show and Tea at St. John's. Preston. \$30.00

Call 519-651-7022 for tickets

Warden's Words

I was at the St. Jacob's market the other day and I was blown away by the amount of people hurrying around but most of all by the abundance. Everywhere as far as the eye could see baskets and tables overflowing with colourful vegetables, fruits, and harvest coloured flowers. Abundance, abundance, abundance! I took a minute and just stood there quiet in the center aisle and watched. I smiled to myself. We must look like ants all running around gathering what we need. To anyone looking in, it appears all is wonderful. I started up a conversation with one of the vendors, and he said how upset he was that his crop yield had not measured up to specifications this year leaving a larger yield gap. NO! That can't be because the baskets were overflowing, but then I realized sometimes we all feel like we fall short, that we are not enough, we don't measure up spiritually, physically, mentally, or just in social circles. I searched the word and sure enough I found this in **Ephesians 2:10 'for we are God's handiwork, created in Christ Jesus to do good works, which God prepared in advance for us to do 'you are God's masterpiece made with a clear purpose'.**

Take a moment , be in the moment, take a deep breath and know YOU ARE ENOUGH!

Enjoy the blessings of the season,
Dave Bowman - Warden

Pastoral Ponderings

“Go in peace love and serve the Lord.”

Every Sunday, we gather as Christ's people: to worship, to listen, to pray, to share Holy Communion, and to receive the grace that makes us one. But worship does not end when we walk out the doors. The words, “Go in peace to love and serve the Lord,” send us forth to carry Christ's love into our homes, workplaces, neighbourhoods, and friendships. Our witness may be as simple as noticing someone who is lonely, sharing a meal, offering a helping hand, listening with patience, or checking in on someone who is struggling.

We do not choose everyone God places in our lives, but that is part of the gift of being the church. In our differences, we learn to make room for one another and discover the richness of life together in Christ.

So, as we leave worship each Sunday, may we go with hearts open and eyes peeled, ever-ready to love, serve, welcome, and bear witness to Christ wherever the week takes us.

Thanks be to God!

Craig+

A Reflection

IN THE THIRD ACT of his book, “Is a River Alive?”, Robert Macfarlane takes the reader to Northern Quebec and narrates his journey by kayak from Magpie Lake down the Mutehekau Shipu River. Just as the group makes it through the Saxophone rapids, the narration pauses to take it all in and then smacks the reader with this profound plot twist. The guide, who has been nicknamed the Boss, shares that this spot is one of the places Quebec Hydro wants to place a dam. Apparently, it is a convenient spot as nature has done some of the work for them.

The consequences would be devastating. Everything that has been part of the story so far – the lake, the river, the rapids, the forests, the moose that had wandered through the campsite, the various birds that circled above them, the bilberries they feasted on, the black flies, would all be destroyed by the construction. As Macfarlane narrates: “...all of it flooded, lost within the dozing, sluggish stasis of impoundment.” (p.283)

Talk about a plot twist! The reader is left wondering how we are supposed to navigate the tension between the human need for hydroelectricity and the wonder of the great Canadian wilderness, the wonder of God's Creation.

Of course, that is the point of Macfarlane's book. To ask: “Is a River Alive?” is really to ask about our relationship with water. Mutehekau Shipu river is the first river in Canada to be recognised as a living, rights-bearing being with protective guardianship. The ideal of this legal proclamation is to change humanity's relationship to the river from dominion over to one of stewardship. It is to recognise that the river possesses gifts that should be accessed in responsible, respectful, and reciprocal ways.

Is a River Alive?

To ask the question is to challenge perspectives on water and yet, water is something that we can all too easily take for granted. We don't have to think about where our water comes from when we turn on our taps, use our washing machines or dishwashers, or turn on the electricity. We aren't necessarily paying attention to the extent to which AI is using water to cool its mechanisms every time we type something into its programs.

We are not necessarily attuned to the consequences of the water runoff from our treated lawns into the sewers and back into the waterways. It is easy to maintain a level of willful ignorance about the implications of our own water usage on the life of our local and global water systems. Is a River Alive? What is our relationship to water? What does it look like to embrace a focus on stewardship that honours the gifts of time, talents, and treasures available through those in the non-human world including the waters of ponds, rivers, lakes, and oceans?

The Season of Creation is a liturgical time from Sept. 1 through Oct. 4. This year the focus is "Living Water" inspired by Ezekiel 47:1-12 which portrays God's life-giving water flowing from the temple and restoring and sustaining the land and waters.

This time presents an opportunity for us to reflect on our relationship with Creation, and especially our relationship to water. How might we be better stewards of the gifts God has given us in Creation?

There are resources available through <https://seasonofcreation.org/> to support our faith journeys through this season. May we use this opportunity wisely and find this time challenging, renewing, and transforming.

Rev. Chris Brouillard-Coyle is a co-chair of SEJH.

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This is my Life Dave Bowman

I am one of four siblings to a family of Immigrants, who travelled to Canada from Scotland. Originally the plan was to pass through Canada on our way to Australia. My Dad came first and my Mum followed with three children. We lived in Scarborough and I was born as the Canadian Anchor to the family, so the roots were laid here in the 50's. We moved to Ayr and then to Preston shortly after I was born, for my Dad's work. I grew up and lived my whole life in Preston and love the small-town family feel even though we are a large growing City. I went to Coronation Public school with my grade three year in St Lukes basement because of overcrowding. Then four years at William Davis and on to graduate from Preston High School. I went on and graduated with a degree in Travel and Tourism. The 80's recession helped me change and focus on a career in Manufacturing. Sheila and I married in the early 80's and within five years we added to our family with Heather and Laura.

Through my career I had the opportunity to graduate with a degree in Manufacturing and Production which steered my career into the Automotive field. I retired from my job of 21 years with Toyota Boshoku as their Production Manager. We are blessed to add to our family with Laura and her Partner Paul adding Emma to the Clan and Heather recently married her husband Dan. We consider ourselves truly blessed.

My Wife Sheila and I always had strong religious values, and we instilled that in our family, encouraging them to be active members and supporters of their Christian values. How did we end up at St. Lukes? We were Church Shopping in the early 2000's, looking for a church that shared our values. We had attended a few of the dinners at St Lukes and the "Marshall Sisters" (Ruth and Barb) invited us to come to church one Sunday and sit with them. As we were walking in the chimes were playing the hymn 'In the Garden', Sheila's Mom's favorite hymn. We looked at each other and realized we were getting



a message. We couldn't get over the number of members we had some kind of tie to for various reasons. It seemed like every single member had some kind of connection to us. We were welcomed warmly and felt like we belonged from day one. WE WERE HOME !!!!

Many years have passed and we debate how long we have been actual members. It really doesn't matter, while we cherish the trail we've travelled, we are excited about the path and opportunities that lay ahead.

Thank you so much for the chance to share my story with you. Dave Bowman

Blessing of the Pets Service

October 4 at 10:20 –Please bring your furry, feathered or finned pets along to church for a blessing as we celebrate the wonderful gift of animals on St. Francis of Assisi Day
Please ensure all pets are leashed, caged or otherwise always housed and under control.
If you can't bring your pet, you can bring a photo, and Criag will bless them by proxy.

Roast Beef Dinner

Our annual Roast Beef Dinner is one of St. Luke's major fundraiser of the year. A lot of effort goes into successfully pulling this off....so it is all hands on deck! Volunteers are needed for many jobs: spreading the word to family and friends, setting up the parish hall, preparing the meal, serving the meal, and clean-up. Please prayerfully consider volunteering for one or more of these jobs. **YOUR HELP IS NEEDED!** If you can't physically lend a hand, you could consider donating a bag of potatoes, a bag of peas or some other food item that is part of the menu. This will help lower the overhead of the event, Please talk to Ruth Gooding or another member of Parish Council to offer your help or to buy tickets.

Rally Sunday



Rally Sunday is the name given to the Sunday when parishioners return to fellowship and spiritual nurturing in the church after enjoying the warm and sunny summer at the cottage, camping, touring or just relaxing at home. Our lunch after the service was a great array of colours, tastes, and textures. Thank you to everyone who supplied a favourite dish.



Country Market and Lunch

Our Country Market and Lunch fundraiser is on November 21. To make this a success we **need your help**. If crafting is not your thing, please consider baking some dessert item or canning some seasonal fruits or vegetables. Volunteers are also needed to assist on the day of the market – cooking food, waitressing, cleaning up or selling items. There is no job or time commitment too small. If all else fails, please join us for the lunch.

The Anglican Fellowship of Prayer Fall Conference

The Anglican Fellowship of Prayer invites you to its Fall Conference, *The Eternal Canticle: Praying the Psalms*, presented by The Rev'd Canon Dr. Lisa Wang on **Saturday, October 3, 2026**, from 9:30 a.m. to 12:30 p.m. **via Zoom**. The conference will explore the origins of the Psalms, their significance in Anglican liturgy, and how they can enrich our prayer life. Participants will discover why Thomas Merton described the Psalms as our "bread in the wilderness."

Assets for Ministry and Mission

Generosity creates assets for ministry and mission. Some assets are financial, but many are not: people who teach, sing, serve, visit, welcome, pray, repair, lead, or simply notice what needs doing. When these gifts are put to work, the gospel is proclaimed and people grow as disciples. And so, the virtuous cycle continues, deeper discipleship produces more generosity; more generosity provides more assets for ministry and mission; and ministry and mission deepen discipleship yet further.

The Lighter Side

- Be grateful that no matter how much chocolate you eat your earrings will still fit.
- You know when you buy a bag of salad and it gets all brown and soggy? Cookies don't do that.
- My teacher told me not to worry about spelling because in the future there will be autocorrect. For that I am eternally grapefruit.
- They say 40 is the new 30 and 50 is the new 40, but all I know is the older I get, the more 9:00 pm is the new midnight.

There are many ways you can contact or keep in touch with St. Luke's. For general information or questions call St. Luke's 519-653- 5984. For pastoral care call Fr. Craig Love 519-498-7882.

Facebook @ "St Luke's faithful news" or visit our website – stlukescambridge.ca

Deanery of Waterloo website: deanaryofwatwrloo.wordpress.com,

