

September 28, 2026

Don't Forget What God Has Done

September Series: We Are The Church

Week Focus: One Heart, One Mission

Scripture – Psalm 126:3 - *"The LORD has done great things for us, and we are filled with joy."*

Devotional Reflection

It is easy to become so focused on what you are asking God to do next that you forget to recognize what He has already done. There will always be another prayer, another need, another decision, another opportunity, or another place where you are asking God to move. But sometimes faith requires us to stop looking ahead long enough to look back. The people in Psalm 126 remembered what the Lord had done, and their remembrance produced joy.

Gratitude grows when we intentionally remember God's faithfulness.

Looking back does not mean pretending every part of the journey was easy. Some seasons may have included disappointment, uncertainty, waiting, changes, or prayers that were answered differently than you expected. There may have been moments when you could not understand what God was doing at all. Yet when you look back now, you may recognize ways He sustained you, taught you, redirected you, strengthened you, or carried you. **Sometimes the clearest view of God's faithfulness comes after you have walked through the season.**

This is why remembering is an important spiritual practice. Without it, yesterday's miracle can quickly become today's expectation. The provision you once prayed for can become something you barely notice. The strength God gave you can become something you assume came from yourself. You can even find yourself praying for the next open door while standing inside a door you once asked God to open. **Remembering protects your heart from taking God's goodness for granted.** It reminds you that you did not arrive where you are by yourself.

Before you rush toward what comes next, stop today and remember. Remember the prayers God answered. Remember the people He used. Remember the strength He provided when you thought you had none left. Remember the lessons He taught you. Remember the ways He kept you even when circumstances did not unfold the way you wanted. You may still have unanswered questions and unfinished prayers, but you also have evidence of God's faithfulness. So today, join the declaration of Psalm 126:3: **"The LORD has done great things for us."**

FOCUS FOR TODAY

Don't become so focused on what you need God to do next that you forget to thank Him for what He has already done.

PRACTICE

- Write down **three specific things God has done** for you that you do not want to forget.
 - Think about one difficult season and identify a way God sustained you through it.
 - Thank God for an answered prayer that may have become ordinary to you.
 - Tell someone about one example of God's faithfulness in your life.
 - Before asking God for anything today, spend a few moments simply saying, **"Thank You."**
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PRAYER

Father, thank You for Your faithfulness. Forgive me for the times I have become so focused on what I still need that I have overlooked what You have already done. Help me remember the prayers You answered, the strength You provided, the people You used, the lessons You taught me, and the ways You carried me through seasons I did not understand.

Even when the journey has not gone the way I expected, You have remained faithful. Teach me to recognize Your hand without pretending every season was easy. Give me a grateful heart that remembers Your goodness and gives You the glory You deserve. As I move toward what is ahead, keep me from forgetting the God who has faithfully brought me this far.

In Jesus' name, Amen.

REFLECTION QUESTION

When you look back over your journey, what can you recognize today as evidence of God's faithfulness that you may not have recognized while you were going through it?