

The Heart of a Healthy Church

A Revitalization Message

Big Idea: A healthy church starts with broken hearts, surrendered wills, and open hands. We depend on God — not ourselves — to seek the lost, make disciples, and love one another well. For the Son of Man came to seek and save the lost.

Main Points

1. Brokenness and Surrender: Spiritual health begins with a heart broken over sin, daily confession, and complete surrender to God's control.
2. Anchored in Truth and Prayer: The Word of God and the Holy Spirit guide our growth, while consistent prayer reflects our absolute dependence on Him.
3. Worship and Investment as a Lifestyle: True worship extends beyond Sunday morning; it shapes how we steward our time, talents, and resources every day.
4. Intentional Mission and Discipleship: Every believer is a minister called to share the gospel, build messy relationships with those far from Jesus, and make disciples in community.
5. Unity Under Godly Leadership: Loving, selfless unity among believers—paired with support and accountability for church leaders—makes Christ visible to the watching world.

Scriptures:

- ☐ Psalm 51:1-3, 5-6, 10-12
- ☐ Luke 18:9-14
- ☐ James 4:7
- ☐ 1 Timothy 3:1-7
- ☐ 2 Timothy 3:16-17
- ☐ Psalm 119:11, 105
- ☐ Matthew 6:19-21
- ☐ Colossians 3:16-17
- ☐ Luke 19:1-10
- ☐ Romans 10:13-15
- ☐ Acts 2:42
- ☐ Philippians 2:2

Opening Question:

“When you think about a ‘healthy’ church, what is one word or phrase that comes to mind—and why?”

Discussion Questions:

On a scale of 1 to 10, how would you rate your personal spiritual health right now, and what is shaping that rating?

What does it look like in daily life to have a heart genuinely broken over sin, rather than just feeling bad about the consequences?

Where in your life right now is it most difficult to surrender control, and what would it look like to practically pray “Not my will, but yours be done” in that situation?

What is the practical difference between reading Scripture to gain information about God versus reading it to truly know Him personally?

What are the biggest obstacles that keep you from consistent prayer, and how might starting each day with "Lord, I can't, but you can" change your approach?

How can our group better support, encourage, and pray for our pastors and elders while still helping maintain accountability?

How does viewing worship as a daily lifestyle change the way you handle mundane or frustrating moments throughout the week?

Who in your life is currently far from Jesus, and what makes building authentic relationships with unbelievers challenging or messy for you?

If every believer is a minister and discipleship is a way of life, how should that shift your mindset at work, at home, or in your neighborhood?

Jesus said our love for one another reveals Him to the world (John 13:35). How do you typically handle situations in the church when things don't go your preferred way, and how can we strengthen unity here?

Practical Applications:

1. Daily Prayer Rhythm: Establish a daily 5-to-10-minute prayer time starting with the simple posture: "Lord, I can't, but you can."
2. Pray for the Lost: Identify one person in your life who does not know Christ and commit to praying for them by name every day this week.
3. Support Your Leaders: Read 1 Timothy 3:1–7 and spend time praying specifically by name for your church's pastors, elders, and their families.
4. Kingdom Investment: Find one concrete way to invest your time, talent, or finances into God's kingdom this week in a way that costs you something personal.

Closing Thought/Prayer:

Pray together as a group: "Lord, give us a heart for lost people who need you." Spend a few minutes allowing members to pray aloud for specific people in their lives who are far from Jesus.