

The Diversity, Equity, Inclusion Committee of the Centers for Spiritual Living invites you to join us on a Journey of Belonging.

All journeys have a beginning and a path. Some journeys have an end. We believe the journey of belonging has many paths and no end. This Program offers three paths: Contemplation, Exploration, and Collaboration. Today we will travel the Exploration Path.

We encourage you to interact with friends you haven't met yet.

Belonging is a practice. Discover your own beliefs about who is welcomed and then expand your circle of Belonging to include people on the edges of your awareness.

1. Ask the question, listen attentively.
2. Share your personal experience of belonging.
3. Journal about your experience and come back next week to share what you have learned.

EXPLORATION Path



Feel Yourself?

**Where do you feel most
"yourself"?
Why there?**