

# The Fear to Faith Worksheet

2

Abundance • Balance • Beauty • Freedom • Joy • Love • Order • Peace • Power • Unity • Wholeness • Wisdom

The Word of God  
on which I build my Faith is:

3

Draw a symbol of the Word of God:

The 'word of resistance' that I react with is:



6

Control • Hide • Anger • Attachment • Flee • Appease • Whine  
Depression • Confusion • Lose • Withdraw • Rebel • Confront

FAITH

Draw a symbol of the false belief:

The 'word of error' that I have falsely believed in is:

5

Lack • Debt • Conflict • Limitation • Ignorance • Rejection • Death  
Chaos • Judgment • Dependency • Duality • Disease • Poverty



HOPE

'The Universal Hope'

What I hope will happen is:

2

Y



FEAR

'The Universal Doubt'

What I fear will happen is:

4

O

NEWNESS

The person I must forgive is:

7

The Loss I Accept You \_\_\_\_\_ (Name) (Initial)  
Prayer I Bless You \_\_\_\_\_ (Name) (Initial)

I am grateful God is gracious; I am grateful God is:

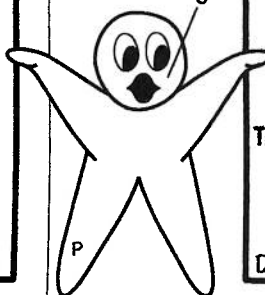
Date:

8

V

FLESH

"I am enough!"



'The Universal Truth'

OLDNESS

The current situation or condition is:

This is how I am feeling:

Date:

P

Color Codes:

Pink-Physical Orange-Emotion (P+Y) Yellow-Mind Green-Intuition (Y+G) Blue-Spirit Violet-Love (P+G) White-Wholeness -Subconscious -Mystery

The Releasing Prayer



I release my belief in \_\_\_\_\_

5

[Word of Error]



I release my need to \_\_\_\_\_

6

[Word of Resistance]



I am grateful God ...is the \_\_\_\_\_

3

I am!

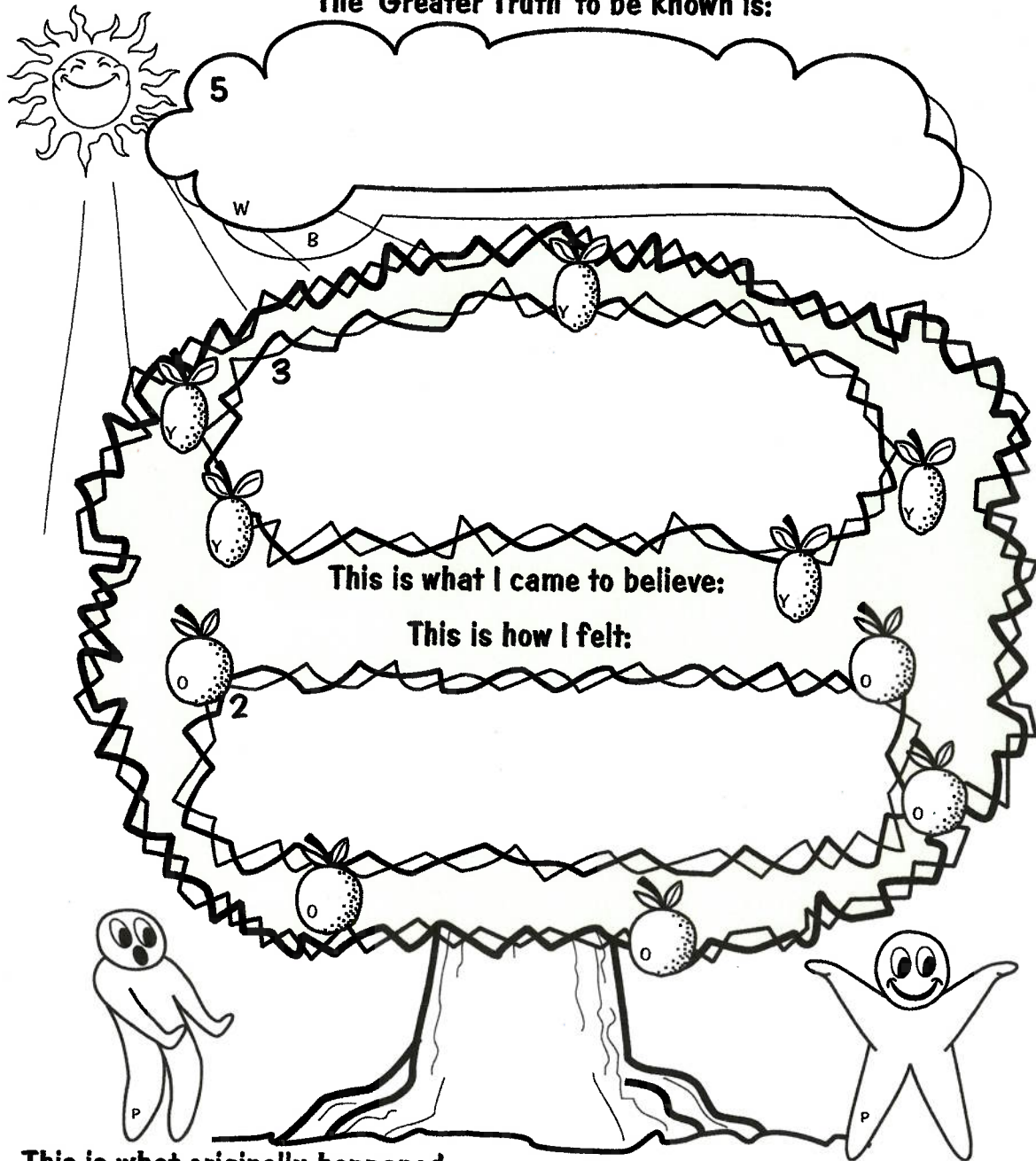
[Word of Faith]



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The 'Greater Truth' to be known is:



This is what originally happened:

1

This was my first experience with: \_\_\_\_\_ My Age: \_\_\_\_\_

This is what's happening today as a result of my belief:

4

Date: \_\_\_\_\_