



**THE TABLE OF BREAD:
CHRIST OUR SUSTENANCE**

Exodus 25:23-30, John 6:25-56,
1 Corinthians 10:16-17

September 20, 2026

BIG IDEA: Jesus is our daily bread for life's deepest hunger.

THE BREAD OF PRESENCE

- God desires constant, unbroken fellowship with His people.
- True spiritual nourishment comes only from God's presence.

THE BREAD OF LIFE

- Jesus is the ultimate fulfillment of every Old Testament shadow.
- Spiritual hunger can only be satisfied by a relationship with Christ.

THE BREAD OF PARTICIPATION

- Believers must actively consume and depend on Christ daily.
- Our shared participation in Christ binds us together as one body.