

Grace Groups

Growing in Grace and Watching Over One Another in Love

McPherson First United Methodist Church · Sunday, September 13, 2026

THIS WEEK · PRACTICE 6 OF 25 · PRESENCE

In worship: Five Promises. Your group works great on its own, and you are always welcome Sunday at 8:30 or 10:15 AM.

Engaged Worship. Worship is not a performance you watch. It is a practice you participate in. The early Methodists believed that what we do together on Sunday shapes who we become the rest of the week. Singing trains the heart.

- Sing every song, regardless of whether you know it
- Listen as if God might say something to you

Our Covenant

0 min

We read these four out loud and say yes to them together.

Show up. Showing up is most of what makes this work.

Be honest. This is a place to be real, not to put on a show.

Keep it private. What is shared here stays here. Trust grows in safe soil.

Give everyone space. Don't take all the time. Let everyone share.

We Begin

2 min

We'll begin with a moment of quiet, and then we'll pray together.

. . . a few moments of silence . . .

Gracious God, you gather people who would not otherwise sit together. Thank you for this circle. Make us honest, and make us kind. We pray in the name of Jesus Christ. Amen.

Getting to Know One Another

5 min

Share your name, then pick one of these to answer.

- What is your favorite season, and why?
- If you could visit anywhere for just one day, where would you go?

Next: Soul Tending, God Sightings, and Growing in Grace. These three questions are the heart of our time. We'll move through them in order, and everyone gets a turn. The smaller questions underneath are just to help, and there are no wrong answers. **Turn over →**

The Three Questions

First, the honest state of things between you and God.

Soul Tending. How is your faith journey going? **10 min**

- *What would you say if someone asked how your soul is?*
- *What has grown quietly in you this season?*

The five promises are a simple way to talk about a faith journey. Any one of them is a fine place to start today.

Prayers. Connecting with God through prayer, scripture, and listening.

Presence. Showing up for worship and the life of the church.

Gifts. Giving to support the church's mission.

Service. Finding where you are called to serve.

Witness. Sharing your faith in word and action.

From this week's practice. Share one moment from worship this week that stood out, even if you can't say why.

Next, the moments God was clearly there.

God Sightings. Where do you see God at work in your life? **25 min**

- *Where has God been faithful when you were not looking?*
- *What have you been grateful for that surprised you?*

Now we'll name the thing we would rather not say.

Growing in Grace. What challenge are you giving to God? **40 min**

- *What are you holding too tightly?*
- *What do you need help asking for?*

Connect Back **50 min**

Say back one thing you heard that mattered. This is for connection, and advice would get in the way.

We Close **55 min**

We'll keep a few moments of quiet now, so what you shared and heard can settle in your soul and go with you into the week.

. . . a few moments of silence . . .

Faithful God, you have heard every word and the things behind them. Send us out in your peace and keep us near one another. We pray in the name of Jesus Christ. Amen.