



WE ACKNOWLEDGE THAT AS A PARISH OF THE DIOCESE OF NEW WESTMINSTER,
WE GATHER ON THE TRADITIONAL AND UNSURRENDERED TERRITORY OF THE
HALQ'EMELYN-SPEAKING COAST SALISH PEOPLES, INCLUDING BUT NOT LIMITED TO
THE q̓w̓a:ḥłəḥ̓ (KWANTLEN), QAYQAYT, kwik̓wəłəm (KWIKWETLEM), x̓w̓məθk̓wəy̓əm
(MUSQUEAM), səliłwətał (TSEIL-WAUTUTH), AND sts'əwaθən məstejəx̓w (TSAWWASSEN).
WE SEEK TO WALK A PATH OF RECONCILIATION AND HEALING.

**10 am Eucharist
Pentecost 16
13 September 2026**

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*Whether you have been a lifelong Anglican or are new to our tradition, we welcome you this morning! If you are not familiar with Anglican worship, simply allow the words, music and symbols to speak to you. Participate as fully as you feel comfortable in doing. We stand to sing and sit to listen. Some people kneel for prayer, some sit and some stand. Please do what is comfortable for you. You are invited to join in the words in **bold type**. Music for the songs is found in the blue Common Praise or green Songs for a Gospel People hymnbooks in the pews.*

Prelude

Welcome

THE GATHERING OF THE COMMUNITY

Gathering Hymn

'Tell Out, My Soul'

Common Praise 362 (tune Woodlands)

**Tell out, my soul, the greatness of the Lord!
Unnumbered blessings give my spirit voice;
tender to me the promise of his word;
in God my Saviour shall my heart rejoice.**

**Tell out, my soul, the greatness of his Name!
Make known his might, the deeds his arm has done;
his mercy sure, from age to age to same;
his holy Name—the Lord, the Mighty One.**

**Tell out, my soul, the greatness of his might!
Powers and dominions lay their glory by.
Proud hearts and stubborn wills are put to flight,
the hungry fed, the humble lifted high.**

**Tell out, my soul, the glories of his word!
Firm is his promise, and his mercy sure.
Tell out, my soul, the greatness of the Lord
to children's children and for evermore!**

Greeting

Presider: The grace of our Lord Jesus Christ, and the love of God, and the communion of the Holy Spirit be with you all.

People: **And also with you.**

Presider: We gather here from many places on land that is the traditional and unsundered territory of the Halq'emeyn-speaking Coast Salish peoples.

People: **May Christ lead us on right pathways as we seek truth and reconciliation in action.**

The Gloria (sung 3 times)
Common Praise 376 (tune Taizé)

Gloria, gloria, in excelsis Deo!
Gloria, gloria, alleluia, alleluia!

Young People's Time

The Collect of the Day

Presider: Let us pray,

All: God of love,
you brought your people out of slavery
with a mighty hand.
Deliver us from our captivity to self-interest
and our indifference to the gifts of others,
so that we may be ready to love
as you have loved us;
through Jesus Christ our Lord. Amen.

THE PROCLAMATION OF THE WORD

The First Reading: Exodus 14:19-31

Reader: A reading from the Book of Exodus,

¹⁹ The angel of God who was going before the Israelite army moved and went behind them; and the pillar of cloud moved from in front of them and took its place behind them. ²⁰ It came between the army of Egypt and the army of Israel. And so the cloud was there with the darkness, and it lit up the night; one did not come near the other all night.

²¹ Then Moses stretched out his hand over the sea. The LORD drove the sea back by a strong east wind all night, and turned the sea into dry land; and the waters were divided. ²² The Israelites went into the sea on dry ground, the waters forming a wall for them on their right and on their left. ²³ The Egyptians pursued, and went into the sea after them, all of Pharaoh's horses, chariots, and chariot drivers. ²⁴ At the morning watch the LORD in the pillar of fire and cloud looked down upon the Egyptian army, and threw the Egyptian army into panic.

²⁵ He clogged their chariot wheels so that they turned with difficulty. The Egyptians said, 'Let us flee from the Israelites, for the LORD is fighting for them against Egypt.'

²⁶ Then the LORD said to Moses, 'Stretch out your hand over the sea, so that the water may come back upon the Egyptians, upon their chariots and chariot drivers.' ²⁷ So Moses stretched out his hand over the sea, and at dawn the sea returned to its normal depth. As the Egyptians fled before it, the LORD tossed the Egyptians into the sea. ²⁸ The waters returned and covered the chariots and the chariot drivers, the entire army of Pharaoh that had followed them into the sea; not one of them remained. ²⁹ But the Israelites walked on dry ground through the sea, the waters forming a wall for them on their right and on their left.

³⁰ Thus the LORD saved Israel that day from the Egyptians; and Israel saw the Egyptians dead on the seashore. ³¹ Israel saw the great work that the LORD did against the Egyptians. So the people feared the LORD and believed in the LORD and in his servant Moses.

Reader: Holy Word, Holy Wisdom.

All: Thanks be to God.

The Psalm: "Israel Went Out From Egypt"
Common Praise 227 (tune Israel Went Out)

Israel went out from Egypt-
tremble at the presence of God;
Sanctuary found in Judah-
tremble at the presence of God;
Great seas saw them come and ran away in fright-
tremble at the presence of God;
Holy Jordan turned her waters back at the sight-
Tremble at the coming of the Lord!
Alleluia, alleluia! Sing alleluia, sing alleluia.

Mountains skipped just like scared rams, so
tremble at the presence of God;
Hills were bounding like young lambs, yes-
tremble at the presence of God;
Tell us, great roaring sea, why do you run away?
tremble at the presence of God;
Holy mountains strong and bold, why must you shake that way?
Tremble at the coming of the Lord!
Alleluia, alleluia! Sing alleluia, sing alleluia.

**Tremble, O you earth and sky, yes-
tremble at the presence of God;
God is strong, how great and high, so
tremble at the presence of God;
Who has brought cooling rains, when days grew hotter-
tremble at the presence of God;
Stony hills are bursting forth with cooling waters-
Tremble at the presence of the Lord!
Alleluia, alleluia! Sing alleluia, sing alleluia.**

The Second Reading: Romans 14:1-12

Reader: A reading from Paul's Letter to the Romans,

Welcome those who are weak in faith, but not for the purpose of quarrelling over opinions. ²Some believe in eating anything, while the weak eat only vegetables. ³Those who eat must not despise those who abstain, and those who abstain must not pass judgement on those who eat; for God has welcomed them. ⁴Who are you to pass judgement on servants of another? It is before their own lord that they stand or fall. And they will be upheld, for the Lord is able to make them stand.

⁵Some judge one day to be better than another, while others judge all days to be alike. Let all be fully convinced in their own minds. ⁶Those who observe the day, observe it in honour of the Lord. Also those who eat, eat in honour of the Lord, since they give thanks to God; while those who abstain, abstain in honour of the Lord and give thanks to God.

⁷We do not live to ourselves, and we do not die to ourselves. ⁸If we live, we live to the Lord, and if we die, we die to the Lord; so then, whether we live or whether we die, we are the Lord's. ⁹For to this end Christ died and lived again, so that he might be Lord of both the dead and the living.

¹⁰Why do you pass judgement on your brother or sister? Or you, why do you despise your brother or sister? For we will all stand before the judgement seat of God. ¹¹For it is written, 'As I live, says the Lord, every knee shall bow to me, and every tongue shall give praise to God.' ¹²So then, each of us will be accountable to God.

Reader: Holy Word, Holy Wisdom.

All: Thanks be to God.

Gospel Hymn (sung 3 times through)

‘Confitemini Domino’

Common Praise 402 (tune Taizé)

**Confitemini Domino quoniam bonus,
Confitemini Domino, alleluia!**

The Gospel: Matthew 18:21-35

Reader: The Lord be with you.

All: And also with you.

Reader: The Holy Gospel of our Lord Jesus Christ according to Matthew.

All: Glory to you, Lord Jesus Christ.

²¹ Then Peter came and said to him, ‘Lord, if another member of the church sins against me, how often should I forgive? As many as seven times?’ ²² Jesus said to him, ‘Not seven times, but, I tell you, seventy-seven times.

²³ ‘For this reason the kingdom of heaven may be compared to a king who wished to settle accounts with his slaves. ²⁴ When he began the reckoning, one who owed him ten thousand talents was brought to him; ²⁵ and, as he could not pay, his lord ordered him to be sold, together with his wife and children and all his possessions, and payment to be made.

²⁶ So the slave fell on his knees before him, saying, “Have patience with me, and I will pay you everything.” ²⁷ And out of pity for him, the lord of that slave released him and forgave him the debt. ²⁸ But that same slave, as he went out, came upon one of his fellow-slaves who owed him a hundred denarii; and seizing him by the throat, he said, “Pay what you owe.” ²⁹ Then his fellow-slave fell down and pleaded with him, “Have patience with me, and I will pay you.” ³⁰ But he refused; then he went and threw him into prison until he should pay the debt. ³¹ When his fellow-slaves saw what had happened, they were greatly distressed, and they went and reported to their lord all that had taken place. ³² Then his lord summoned him and said to him, “You wicked slave! I forgave you all that debt because you pleaded with me. ³³ Should you not have had mercy on your fellow-slave, as I had mercy on you?” ³⁴ And in anger his lord handed him over to be tortured until he should pay his entire debt. ³⁵ So my heavenly Father will also do to every one of you, if you do not forgive your brother or sister from your heart.’

Reader: The Gospel of Christ.

All: Praise to you, Lord Jesus Christ.

Gospel Hymn continued

**Come and fill our hearts with your peace, You alone are holy.
Come and fill our hearts with your peace, alleluia!**

Teaching

The Rev. Stephanie Shepard

The Apostles' Creed

Presider: Let us confess the faith of our baptism as we say,

**All: I believe in God, the Father Almighty,
Creator of heaven and earth.
I believe in Jesus Christ, his only Son, our Lord,
He was conceived by the Holy Spirit,
born of the virgin Mary,
was crucified, died, and was buried.
He descended to the dead.
On the third day he rose again.
He ascended into heaven,
and is seated at the right hand of God the Father.
He will come again to judge the living and the dead.**

**I believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and the life everlasting. Amen.**

The Prayers of the People

Leader: We pray that all may do to others as they would have done to them,
To the bidding, 'Reconciling God' please respond, 'have mercy on us'.

Give to the Church grace to speak the word of pardon and show
the power of forgiveness by example. May your clergy and laity be

strengthened in godliness and resistant to sin. Let all who confess the faith of Christ acknowledge the mercy they have received. May we be slow to find fault in others, quick to forgive offences, and tireless in working towards right relationship. Reconciling God,

All: Have mercy on us.

Leader: Have compassion on nations suffering under heavy loads of debt. We bring to mind peoples and countries that struggle with conflict, disaster, and need...

Bring a new spirit of generosity to those who have much, that they may be moved to share with those who have little. May those who hold resources and authority exercise them with mercy. Reconciling God,

All: Have mercy on us.

Leader: Guide us to be merciful in all our relationships. Give us the courage to be the first to make peace. Bring the spirit of love to solve disputes and demands in our community, recognizing that it is better to be loving than right. Reconciling God,

All: Have mercy on us.

Leader: We pray for those who bear heavy burdens of financial debt, responsibilities, illness, loneliness, or anxieties. Guide those who seek to help them. Shine the light of your healing presence into their beings. We lift up the names of those who have asked us to pray for them by name...Reconciling God,

All: Have mercy on us.

Leader: We give thanks for those who have died and whose debts in this world have been forgiven. Bless all who have entered the eternal life where anger and fear have ceased, and bless us that we may remember and grieve without resentment or regret, for they are in your hands. Reconciling God,

All: Have mercy on us.

Leader: We offer our prayers through Christ, who has cancelled our debt of sin.

All: Amen.

The Absolution

Presider: Almighty God have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in eternal life, through Jesus Christ our Lord.

All: Amen.

The Exchange of the Peace

Presider: May the peace of the Lord be always with you.

All: And also with you.

You are invited to share a sign of God's peace with your neighbours, respecting their comfort with distance and touch.

THE HOLY COMMUNION

Offering Hymn

'Forgive Our Sins'

Common Praise 614 (tune Detroit)

**Forgive our sins as we forgive,
you taught us, Lord, to pray;
but you alone can grant us grace
to live the words we say.**

**How can your pardon reach and bless
the unforgiving heart
that broods on wrongs, and will not let
old bitterness depart?**

**In blazing light your cross reveals
the truth we dimly knew:
what trivial debts are owed to us,
how great our debt to you!**

**Lord, cleanse the depths within our souls
and bid resentment cease;
then, bound to all in bonds of love,
our lives will spread your peace.**

The Prayer over the Gifts

Presider: Let us pray,

**All: Holy God,
Accept all we offer you this day.
May we who are reconciled at this table
Bring wholeness to our broken world.
We ask this in the name of Jesus Christ the Lord. Amen.**

The Great Thanksgiving

EOW 1

Presider: The Lord be with you.

People: And also with you.

Presider: Lift up your hearts.

People: We lift them to the Lord.

Presider: Let us give thanks to the Lord our God.

People: It is right to give our thanks and praise.

Presider: It is truly right, and good and joyful, to give you thanks, all-holy God, source of life and fountain of mercy. You have filled us and all creation with your blessing and fed us with your constant love; you have redeemed us in Jesus Christ and knit us into one body. Through your Spirit you replenish us and call us to fullness of life. Therefore, joining with Angels and Archangels and with the faithful of every generation, we lift our voices with all creation as we sing:

Sanctus

Songs for a Gospel People 117 (Land of Rest)

**All: Holy, holy, holy Lord.
God of power and might.
Heaven and earth are full of your glory.
Hosanna in the highest!
Blessed is the One who comes in the name of the Lord.
Hosanna in the highest, hosanna in the highest!**

Presider: Blessed are you, gracious God, creator of the universe and giver of life. You formed us in your own image and called us to dwell in your infinite love. You gave the world into our care that we might be your faithful stewards and show forth your bountiful grace.

But we failed to honor your image in one another and in ourselves; we would not see your goodness in the world around us; and so we violated your creation, abused one another, and rejected your love. Yet you never ceased to care for us, and prepared the way of salvation for all people. Through Abraham and Sarah you called us into covenant with you. You delivered us from slavery, sustained us in the wilderness, and raised up prophets to renew your promise of salvation. Then, in the fullness of time, you sent your eternal Word, made mortal flesh in Jesus. Born into the human family, and dwelling among us, he revealed your glory. Giving himself freely to death on the cross, he triumphed over evil, opening the way of freedom and life.

On the night before he died for us, Our Savior Jesus Christ took bread, and when he had given thanks to you, he broke it, and gave it to his friends, and said: "Take, eat: This is my Body which is given for you. Do this for the remembrance of me."

As supper was ending, Jesus took the cup of wine, and when he had given thanks, he gave it to them, and said: "Drink this, all of you: This is my Blood of the new Covenant, which is poured out for you and for all for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me." Therefore we proclaim the mystery of faith:

All: Christ has died. Christ is risen. Christ will come again.

Presider: Remembering his death and resurrection, we now present to you from your creation this bread and this wine. By your Holy Spirit may they be for us the Body and Blood of our Savior Jesus Christ. Grant that we who share these gifts may be filled with the Holy Spirit and live as Christ's Body in the world. Bring us into the everlasting heritage of your daughters and sons, that with Moses, Aaron, Miriam, and all your saints, past, present, and yet to come, we may praise your Name for ever. Through Christ and with Christ and in Christ, in the unity of the Holy Spirit, to you be honor, glory, and praise, for ever and ever.

All: Amen.

The Lord's Prayer

Presider: In the language closest to your heart,
let us pray as Jesus taught us:

You are invited to use either the traditional or contemporary version in English or the language you find most helpful for prayer.

Our Father who art in heaven, hallowed be thy name. Thy kingdom come, thy will be done, on earth as it is in heaven. Give us today our daily bread. Forgive us our trespasses as we forgive those who trespass against us. Lead us not into temptation, but deliver us from evil. For thine is the kingdom, the power, and the glory for ever and ever. Amen.	Our Father in heaven, Hallowed be your name. Your kingdom come, Your will be done on earth as in heaven. Give us this day our daily bread. Forgive us our sins, As we forgive those who sin against us. Save us from the time of trial and deliver us from evil, for the kingdom, the power, and the glory are yours now and forever. Amen
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Fraction Hymn

Common Praise 63 (Eat this Bread)

**Eat this bread, drink this cup:
Come to me and never be hungry.
Eat this bread, drink this cup:
Trust in me and you will not thirst.**

Presider: Dear friends in Christ, God bids you welcome to this table. Here we are strengthened for the journey. Here strangers become friends and the seeker finds God's wisdom speaking to them. See who you are and become what you see. These are the gifts of God for the people of God.

People: Thanks be to God.

The Communion

You are invited to come forward to receive bread and wine. Low gluten wafers are available. You receive the fullness of Christ's love if you prefer to take one kind (just the bread or the wine). If you would prefer to have a blessing, please let the priest know.

During Communion

'O Love, How Deep, How Broad, How High'
Common Praise 628 (tune Puer Nobis Nascitur)

**O Love, how deep, how broad, how high!
It fills the heart with ecstasy,
That God, the Son of God, should take
Our mortal form for mortals' sake.**

**God sent no angel to our race,
Of higher or of lower place,
But wore the robe of human frame
For us and to this lost world came.**

**For us he was baptized, and bore
His holy fast, and hungered sore;
For us temptations sharp he knew;
For us the tempter overthrew.**

**For us he prayed, for us he taught,
For us his daily works he wrought;
By words and signs, and actions thus
Still seeking not himself but us.**

**For us by wickedness betrayed,
Scourged, mocked, in purple robe arrayed,
He bore the shameful cross and death;
For us at length gave up his breath.**

**For us he rose from death again,
For us he went on high to reign,
For us he sent his Spirit here
To guide, to strengthen, and to cheer.**

**To God, whose boundless love has won
Salvation for us through the Son,
To God the Father glory be
Both now and through eternity.**

Anthem- HTC Choir
'the Lord's My Shepherd'

THE SENDING FORTH OF THE COMMUNITY

The Prayers after Communion

Presider: Let us pray:

**All: God of peace,
In this eucharist we have been reconciled
To you and to our neighbours.
May we who have been nourished by holy things
Always have the courage to forgive.
We ask this in the name of Jesus Christ our Lord. Amen.**

Presider: Glory to God,

**All: Whose power, working in us,
can do infinitely more than we can ask or imagine.
Glory to God from generation to generation,
in the Church and in Christ Jesus, now and forever. Amen.**

Announcements

Sending Hymn

'Praise the Lord With the Sound of Trumpet'
Common Praise 309 (tune Praise the Lord)

**Praise the Lord with the sound of trumpet,
praise the Lord with harp and lute,
praise the Lord with the gentle sounding flute.
Praise the Lord in the field and forest,
praise the Lord in the city square,**

praise the Lord anytime and anywhere.
Praise the Lord in the wind and sunshine,
praise the Lord in the dark of night,
praise the Lord in the rain or snow or in the morning light.
Praise the Lord in the deepest valley,
praise the Lord on the highest hill,
praise the Lord; never let your voice be still.

Praise the Lord with the crashing cymbal,
praise the Lord with the pipe and string,
praise the Lord with the joyful songs you sing.
Praise the Lord on a weekday morning,
praise the Lord on a Sunday noon,
praise the Lord by the light of sun or moon.
Praise the Lord in the time of sorrow,
praise the Lord in the time of joy,
praise the Lord every moment; nothing let your praise destroy.
Praise the Lord in the peace and quiet,
praise the Lord in your work and play,
praise the Lord everywhere and in every way.

The Dismissal

Presider: Go in peace to love and serve the Lord.

All: Thanks be to God.

Postlude

The Collects and Prayers of the People are from "Hear Our Prayer: Gospel-based intercessions" by Raymond Chapman, c2003.



Liturgical Ministers today

Greeter & worship assistant, 8:00 am:	Valerie Hobson
Greeters, 10 am:	Gerry Stensgaard & Kate Abel
Reader:	Shawn Shenfield
Chalice Administrators:	Carol Murdoch & Jackie Lewis
Presider & Preacher:	The Rev. Stephanie Shepard
Server:	Greg Kennelly
Crucifer:	Linda Gravlin
Music Director:	Nathan Badue
& the Holy Trinity Cathedral Choir	

THIS WEEK AT HOLY TRINITY CATHEDRAL

Wednesday Midweek Eucharist, 9:30-10 am*

Wednesday Fellowship Time, 10-10:30 am in the Lounge

Wednesday Bible Study, 10:30-11:30 am in the Lounge

Thursday Vespers, 5:30-6 pm online by Zoom+

Saturday Community Brunch, 11 am- noon in the Hall

Sunday BCP Eucharist, 8-9 am.*

Sunday Choral Eucharist, 10-11:15 am.*

**live-streamed over Facebook.*

+ link through the weekly newsletter. Sign up on the website.

Go to <https://www.holytrinitycathedral.ca/events>.

Click on the photo of the service. This will take you to Facebook. A box will come up asking for your Facebook login. Click the X on the right upper corner of the box. If you do not have Facebook you should be able to watch from the HTC site.

Next Sunday's Readings for Pentecost 17, September 20 2026

Exodus 16:2-15; Psalm 105; Philippians 1:21-30; Matthew 20:1-15