



ST. PAUL'S

ANGLICAN CHURCH

Connecting people with God and each other

Sunday, September 13, 2026: 16th Sunday After Pentecost

A new commandment I give to you, that you love one another as I have loved you. (John 13.34)



Love one another.

WELCOME TO ST. PAUL'S!

VISITING TODAY?

We want to get to know you! Please join us in the Hall for coffee and conversation after the service. The greeters are available to answer any of your questions. Please fill out a welcome card in the back of the pew and put it in the offering basket, or give to any volunteer, staff, or vestry member.



ABOUT ST PAUL'S ANGLICAN

Services:

- Eucharist services: **Sundays at 10:00am**
- **Morning & Evening Prayer** Services:
Mon–Sat at **8:00am** on Zoom
Daily at **9:15pm** on Zoom.
- Sermons are available on our Website
- We also have small groups

Office Hours:

- Tues. 9:30am to 3:30pm
- Office is closed: Wed–Mon (and Holidays)

PRAYER

For the Prayer Chain, email or phone:
prayer@stpauls-anglican.ca – 780-455-0771

For pastoral emergencies call:
(825) 771-1700

ACCESSIBILITY

We have accessible washrooms and lifts available for anyone who needs them. If you need help, please speak to a greeter.

PLEASE SILENCE YOUR PHONE ☺

Serving St. Paul's: Email office@stpauls-anglican.ca

- Join a Ministry Team (Service Team, Music, Altar Guild, Sound/Video, etc.)

Giving to St. Paul's: One-Time or Recurring

- Giving can be done by Cash, Cheque, Automatic Debit/Credit, or E-Transfer to office@stpauls-anglican.ca
- We can also receive donations through our Website or the Tithely App.



LARGE PRINT MATERIALS

Large print Bibles and BAS (Book of Alternative Services) are available at the main door.

ASSISTED LISTENING DEVICES



**Assisted Listening is available.
Please ask a greeter for assistance.**



St. Paul's Anglican Church

10127 145 Street, Edmonton, T5N 2X6 — 780-455-0771
www.stpauls-anglican.ca — office@stpauls-anglican.ca



Our Narrative Statement of Identity: We love to be together, persevere, and practice the ways of Jesus together. Even though we're at different places on our journey, we share a guiding story as given through the Bible, and we all look for Jesus in each other and in the world we live in. We share faith, we share music, we share differences, and above all we share God's love of us in Jesus. We all give, we all receive. We are a diverse family who laughs, cries, and prays together, and is learning how to love and care for each other. Our greatest ambition is to share this love with everyone around us – in our neighbourhoods and around the world.

What Can I Do

When I see the beauty of a sunset's glory
Amazing artistry across the evening sky
When I feel the mystery of a distant galaxy
It awes and humbles me
To be loved by a God so high

Chorus

**What can I do but thank You
What can I do but give my life to You
Hallelujah hallelujah
What can I do but praise You
Every day make ev'rything I do
A hallelujah a hallelujah (hallelujah)**

When I hear the story of a God of mercy
Who shared humanity and suffered by our side
Of the cross they nailed You to
That could not hold You
Now You're making all things new
By the pow'r of Your risen life **(Chorus)**

The Gathering of the Community

Celebrant: The grace of our Lord Jesus Christ,
and the love of God,
and the fellowship of the Holy Spirit,
be with you all.

People: **And also with you.**

Celebrant: Almighty God,

All: to you all hearts are open, all desires known, and from you no secrets are hidden. Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit that we may perfectly love you, and worthily magnify your holy name; through Christ our Lord. Amen.

Celebrant: *(Collect of the Day...)*

Lectionary Question

The Proclamation of the Word (← [Click to read online](#))

EXODUS 14:19-31 (*pg. 50 in the red pew Bible*)

When Isr'el out of Egypt
came, from those they
dwelt among;
When Jacob's house
went out from those that
were of foreign tongue;

Winchester Old (*Come, Holy Ghost, Our Hearts Inspire*)
Common Meter

D G D A D E A D
 G D Em A D G A D

The God of Jacob's presence, He who from the rock did bring
a pool of water, turned hard rock into a fountain spring.

Alleluia, alleluia! Alleluia, alleluia!

Reader: The Holy Gospel of our Lord Jesus Christ according to Matthew.
People: **Glory to you, Lord Jesus Christ**

People: Praise to you, Lord Jesus Christ.

Worship Through Song

Shout to the Lord

My Jesus my Saviour
Lord there is none like You
All of my days I want to praise
The wonders of Your mighty love
My comfort my shelter
Tower of refuge and strength
Let every breath all that I am
Never cease to worship You

Chorus

Shout to the Lord

All the earth let us sing
Power and majesty
Praise to the King
Mountains bow down
And the seas will roar
At the sound of Your name
I sing for joy
At the work of Your hands
Forever I'll love You
Forever I'll stand
Nothing compares to the promise
I have in You

His Mercy Is More

What love could remember no wrongs we have done
Omniscient all knowing He counts not their sum
Thrown into a sea without bottom or shore
Our sins they are many His mercy is more

What patience would wait as we constantly roam
What Father so tender is calling us home
He welcomes the weakest the vilest the poor
Our sins they are many His mercy is more

What riches of kindness He lavished on us
His blood was the payment His life was the cost
We stood 'neath a debt we could never afford
Our sins they are many His mercy is more

Chorus

**Praise the Lord His mercy is more
Stronger than darkness new every morn
Our sins they are many His mercy is more**

Listening Time: *Listen to God, in this moment. If you hear a word of exhortation or a scripture for the congregation, you may speak it loudly for all to hear.*

Sermon: *Rev. Wally Cox*

(A page for notes is available separately)

Affirmation of Faith: *The Apostles' Creed*

Celebrant: Let us confess the faith of our baptism, as we say,

All: I believe in God, the Father almighty, creator of heaven and earth.
I believe in Jesus Christ, his only Son, our Lord. He was conceived by the power of the Holy Spirit and born of the Virgin Mary. He suffered under Pontius Pilate, was crucified, died, and was buried. He descended to the dead. On the third day he rose again. He ascended into heaven, and is seated at the right hand of the Father. He will come again to judge the living and the dead. I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting.
Amen.

Prayers of the People

(See BAS pgs. 110-123)

Confession of Sin

Invitation to confession...

Celebrant: Most merciful God,

All: we confess that we have sinned against you in thought, word, and deed, by what we have done and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbours as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us, that we may delight in your will, and walk in your ways, to the glory of your name. **Amen.**

Greeting of Peace

The Celebration of the Eucharist

Come Thou Fount, Come Thou King

Come Thou Fount of ev'ry blessing
Tune my heart to sing Thy grace
Streams of mercy never ceasing
Call for songs of loudest praise
Teach me some melodious sonnet
Sung by flaming tongues above
Praise the mount I'm fixed upon it
Mount of Thy redeeming love

I was lost in utter darkness
'Til You came and rescued me
I was bound by all my sin when
Your love came and set me free
Now my soul can sing a new song
Now my heart has found a home
Now Your grace is always with me
And I'll never be alone

Chorus

**Come Thou Fount come Thou King
Come Thou precious Prince of Peace
Hear Your bride to You we sing
Come Thou Fount of our blessing
Come Thou Fount come Thou King
Come Thou precious Prince of Peace
Hear Your bride to You we sing
Come Thou Fount of our blessing**

O to grace how great a debtor
Daily I'm constrained to be
Let Thy goodness like a fetter
Bind my wand'ring heart to Thee
Prone to wander Lord I feel it
Prone to leave the God I love
Here's my heart Lord take and seal it
Seal it for Thy courts above

The Prayer over the Gifts

Celebrant: Holy God,
All: accept all we offer you this day. May we who are reconciled at this table
bring wholeness to our broken world. We ask this in the name of Jesus Christ
the Lord.

Celebrant: The Lord be with you.
People: And also with you.

Celebrant: Lift up your hearts.
People: We lift them to the Lord.

Celebrant: Let us give thanks to the Lord our God.
People: It is right to give our thanks and praise.

Preface to Holy Communion (Eucharistic Prayer 1)...

Celebrant: Therefore, with them, and with all your saints who have served you in every
age, we give thanks and raise our voices to proclaim the glory of your name.

All: (Sung) Holy, holy, holy are you, God of power and might, heaven and earth
are filled with your glory. Hosanna in the highest. Blessed is the one who
comes in your name. Hosanna in the highest. Hosanna in the highest.

...

(Sung) Our Father which art in heaven, hallowed be Thy name. Thy kingdom
come, thy will be done on earth as it is in heaven. Give us this day our daily
bread and forgive us our debts as we forgive our debtors and lead us not into
temptation but deliver us from evil. For Thine is the kingdom and the power
and the glory forever. Amen. For Thine is the kingdom and the power and the
glory forever. Amen.

Celebrant: We break this bread to share in the body of Christ.
All: We, being many, are one body, for we all share in the one bread.

Celebrant: The gifts of God for the People of God.
All: Thanks be to God.

You are welcome to receive communion or come forward for a blessing. If you prefer to

receive a blessing, please fold your arms over your chest.s Gluten-free wafers are available upon request. Receiving only one kind includes the fullness of the sacrament. You may also receive prayer in the Chapel during this time.

Lamb of God

(Sung) Lamb of God, you take away the sin of the world: have mercy on us, mercy on us. Lamb of Life, you take away the sin of the world: have mercy on us, mercy on us. Lamb of God, you take away the sin of the world: grant us peace, grant us peace.

Forgiveness

It's the hardest thing to give away
And the last thing on your mind today
It always goes to those who don't deserve
It's the opposite of how you feel
When the pain they caused is just too real
It takes everything you have to say the word
Forgiveness forgiveness

It flies in the face of all your pride
It moves away the mad inside
It's always anger's own worst enemy
Even when the jury and the judge
Say you've got a right to hold a grudge
It's the whisper in your ear sayin' set it free
Forgiveness forgiveness
Forgiveness forgiveness

Chorus 1

**Show me how to love the unlovable
Show me how to reach the unreachable
Help me now to do the impossible**

Forgiveness forgiveness

**Help me now to do the impossible
Forgiveness**

It'll clear the bitterness away
It can even set a prisoner free
There is no end to what its power can do
So let it go and be amazed
By what you see through eyes of grace
The prisoner that it really frees is you
Forgiveness forgiveness
Oh forgiveness forgiveness

Chorus 2

**Show me how to love the unlovable
Show me how to reach the unreachable
Help me now to do the impossible
Forgiveness I want to finally set if free
Show me how to see what Your mercy sees
Help me now to give what You gave to me
Forgiveness oh forgiveness**

His Glory & My Good

I have seen my Father's glory
Revealed in Jesus Christ
And the more that I behold Him
The more He satisfies
When I gaze upon His beauty
When I see Him as I should
Then my eyes are lifted upward
For His glory and my good

There is hope in every trial
For I can trust the Lord
He will turn my heart towards Him
And help me bear the thorn
So in faith I follow Jesus
On the road not understood
For I know that He is working
For His glory and my good

Chorus 1

To our God be the glory

To our God be praise

He alone the name above all names

I will boast ever only in the Lord my God

For I know His glory is my good

See the open arms of Jesus

Upon the cross that day

What they understood as weakness

Deserves my every praise

For the charge that was against me

It was nailed into the wood

Yes I know that He has saved me

For His glory and my good

Would I gladly be made nothing

That Christ would be made more

Would I seek the only kingdom

That far outweighs them all

I will stand before my Father

Where the faithful saints have stood

And with joy my heart shall praise Him

For His glory and my good

Chorus 2

To our God be the glory

To our God be praise

He alone the name above all names

I will boast ever only in the Lord my God

For I know His glory is my good

For I know His glory is my good

Prayers After Communion

Celebrant: Glory to God,

All: whose power, working in us, can do infinitely more than we can ask or imagine.
Glory to God from generation to generation, in the church and in Christ Jesus,
forever and ever. Amen

Blessing

Lectionary Discussion *(Please share aloud your thoughts from hearing the Word of God)*

Congregational Announcements – David H.

Run to the Father

I've carried a burden for too long on my own

I wasn't created to bear it alone

I hear Your invitation to let it all go

I see it now I'm laying it down

And I know that I need You

I'm done with the hiding

No reason to wait

My heart needs (found) a surgeon

My soul needs (found) a friend

So I'll run to the Father

Again and again

And again and again

Chorus

I run to the Father

I fall into grace

Oh oh oh

You saw my condition

Had a plan from the start
Your Son for redemption
The price for my heart
I don't have a context
For that kind of love
I don't understand
I can't comprehend
All I know is I need You

Interlude 2

Oh oh
Again and again
And again and again
Oh oh oh
(Again and again)

Dismissal

Celebrant: Go in peace to love & serve the Lord.

All: Thanks be to God.

Please join us for coffee and fellowship in the Hall after the service! We also invite you to bring your own refillable mug to reduce waste.

Community Corner

National Day for Truth and Reconciliation

If able, please wear an Orange Shirt on Sunday, September 27th. For the past several years people have begun to wear orange shirts on September 30th to remember the children who went to Indian Residential Schools and especially to honour those who did not return to their families.

Why an orange shirt? There was a little girl named Phyllis whose grandmother saved up her money and bought Phyllis an orange shirt. This was the shirt she wore to her first day of residential school and it was the shirt that was taken away from her and never returned. A residential school survivor group in Williams Lake, BC heard Phyllis tell this story and came up with the idea of Orange Shirt Day: Every Child Matters for the end of September; because every child matters, every one of them.

To get more information and check out local events please visit [National Day for Truth and Reconciliation | City of Edmonton](#)

Women's Tea

Ladies, please join us for an intergenerational women's tea here at St. Paul's where we'll spend some time getting to know each other. There will be beverages and light fare to enjoy. Saturday Oct 3/26 10:00-12:00. Any ladies who would like to like help with some tasks for the event, contact please email office@stpauls-anglican.ca

Buye September Coffee Hour Fundraiser

Every \$5 raised provides an adult and their children with access to medical care and 80% off medical bills for a year. Donate in September at your parish or visit <https://edmonton.anglican.ca/give>

Please tag your gift with 'Buye Medical Card Fundraiser.

Lectionary Study

St. Paul's is excited to extend an open invitation for everyone to join our weekly group on Zoom, starting on September 16th, each Wednesday evening at 7:00pm, where we will read and discuss that Sunday's Lectionary readings. This will be an excellent opportunity to grow spiritually and intellectually in the Word of God, get more out of the Sunday sermons, connect with fellow parishioners, and read the Bible in community.

To join, please see attached link <https://www.stpauls-anglican.ca/events/lectionary-discussion>

Journeying Together Group

Journeying Together takes place the First Sunday of the month, online via zoom from 7-9 pm. If you are interested in joining this group, please contact office@stpauls-anglican.ca to receive the zoom link. <https://www.stpauls-anglican.ca/events/journeying-together/2026-10-04>

Ladies' Bible study

The Thursday Morning Ladies' Bible study welcomes new participants. We meet online every second Thursday from 9:30 am - 11:30 am, starting on September 17/26. This year we are beginning with a Beth Moore study titled "Walking with God" which will spark good learning and discussion! Please talk to Pat S. or Margot B. if you are interested in joining us or have any questions.

Diocesan Children's Ministry Leaders Gathering

On September 19th we are calling all those who serve in Children's Ministry! Gather for an afternoon to meet others, share ideas, and view resources recommended by others in this Diocese. Saturday, September 19, 1:30-4:30 pm, at St. Matthias Anglican Church, 6210 188 St NW, Edmonton. To RSVP or for more information, please contact Ilona Bevan, Children's Discipleship Animator, at ilona@edmonton.anglican.ca

DeMystifying Evangelism Class

Is Evangelism considered a four-letter word? Is it an impossible dream? Is it "someone else's job"? We will be running a stress free, joyful, and fun training day brought on by InterVarsity Christian Fellowship and the Lay Evangelist Program of the Anglican Diocese of Edmonton. Saturday, November 14th, 9:30am-3:30pm.

Community Dinner

Saturday, September 26, 2026: 4:30pm-6:00pm.

Volunteers needed, in particular, we need some volunteers for Set-up and for Food-prep. You can sign up at <https://www.signupgenius.com/go/10C0544AAAC28A1F8C70-65616873-september>

Coffee & Conversation

C&C begins for this year. Second Sunday every month during coffee downstairs in the Luke room.

Kids Church

Today, Sunday, September 13th is our Sunday School Kick-Off. Please join us in the hall after the service to welcome back our children. Come and meet our kids as they introduce themselves and share a favourite interest or ability.

Synod Scene

Read our Diocese's Synod Scene newsletter at www.edmonton.anglican.ca/newsletters/latest

This Week's Ministry Teams

Music/Sound/Tech: Liska's Team,

John & Jacob

Service Team: Parker Team

Prayers of the People: Margot B.

Vestry-on-Duty: David. H

Chapel Prayer: Kjeryn

and Joan

Kids Sanctuary: Carol Rudat & Karen Egeto

Next Week's Teams: September 20th

Music/Sound/Tech: Andrew's Team, Chandra
& Jacky

Service Team: Heritage Team

Prayers of the People: Gay G.

Vestry-on-Duty: Junior S.

Chapel Prayer: Dudley & Pat

Kids Sanctuary: Paul Dowie & Junior Stanley

Cycle of Prayer for St. Paul's

Grace Bell

Cheryl Critchell

Janet Tecklenbor

Douglas Craig

Diocesan Cycle of Prayer

Diocese of Edmonton: the Rt. Rev. Stephen
London, Bishop. The lay leadership in Lay Led
Parishes throughout the diocese and Lay Led
Parishes Coordinator, Robyn King. Buyé
Diocese, Gakana Parish: Peniel Bihoyubusa,
Rector. Louis Bull Tribe.

St. Paul's Staff

Rector: [Rev. Wally Cox](#)

Assistant Priest: [Rev. Dr. Eric Kregel](#)

Community Facilitator: [Michelle Schurek](#)

Office Administrator: [Hannah Fortune](#)

St. Paul's Vestry

vestry@stpauls-anglican.ca

Rector's Warden: Paul Dowie

People's Warden: Gay Gering

Parish Treasurer: David Heritage

Vestry Members: Debbie Liska, Jim Egeto,
Ryan Young, Junior Stanley,
& Nancy Whistance-Smith.



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