

Driven Disgust

Surrendered Emotions

Solid Rock Church

Pastor Elliott Anderson



Disgust

A strong feeling of dislike, revulsion, or nausea caused by something deeply unpleasant, offensive, or harmful.

Happy



Sad



Angry



Surprised



Scared



Disgusted



What Disgusts Us?

Core - rotten food, body issues

Animal – death/decomposition

Interpersonal – contamination

Moral/Spiritual – social violations of cruelty, wickedness, and evil





**DISGUST
ISN'T
A
CHOICE.**

**It's an automatic reaction
designed to protect us
from things our brain
perceives as unsafe,
contaminated, spoiled, or
wrong.**

@myarfidlife

**Make sure you're
disgusted by your
own sin as much as
you are others.**



Biblical Disgust: Mainly about Sin

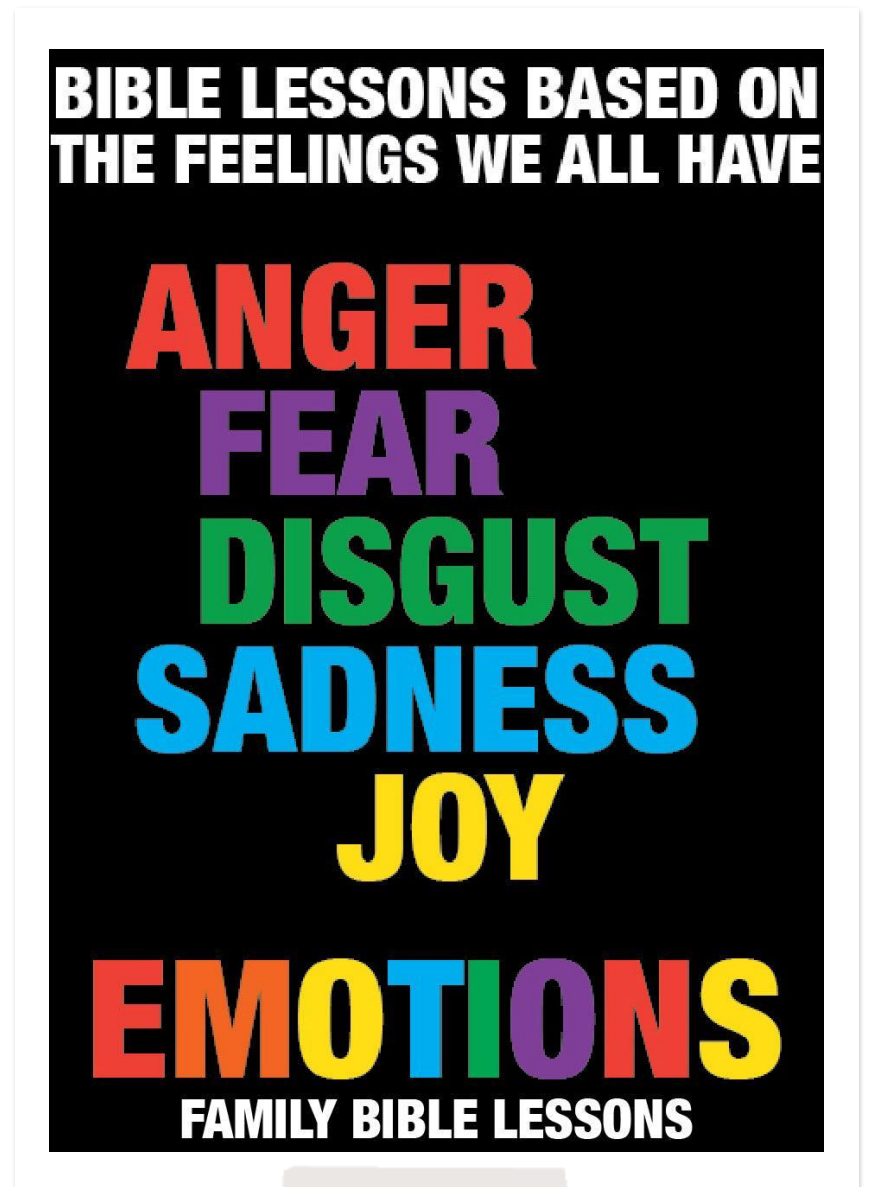
Disgust in the Old Testament: God's Disgust

Hebrew words for disgust

To'evah

quwt

zara'



God's Disgust over Our Immorality

Isaiah 1: 13, Your incense is **disgusting** to me, so are your New Moon Festivals, your days of rest—and the holy days, and the assemblies you call together.

to'evah

morally, ritually, or spiritually offensive to God

God's Disgust Over Our Societal Conformity

Leviticus 20:23, Furthermore, you shall **NOT** follow the customs of the nation which I am going to **drive** out before you, because they did all these things; therefore, I have **felt disgust** for them.

quwt

to loathe, to feel a sickening dread



God's Disgust Over Israel's Complaining

Numbers 11:20, but for a whole month—until it comes out of your nostrils and you **are disgusted** by it —because you have rejected the LORD...

zara'
only time its used

Summary of God's Disgust in OT

Creating idols

Conforming to society

Complaining against God



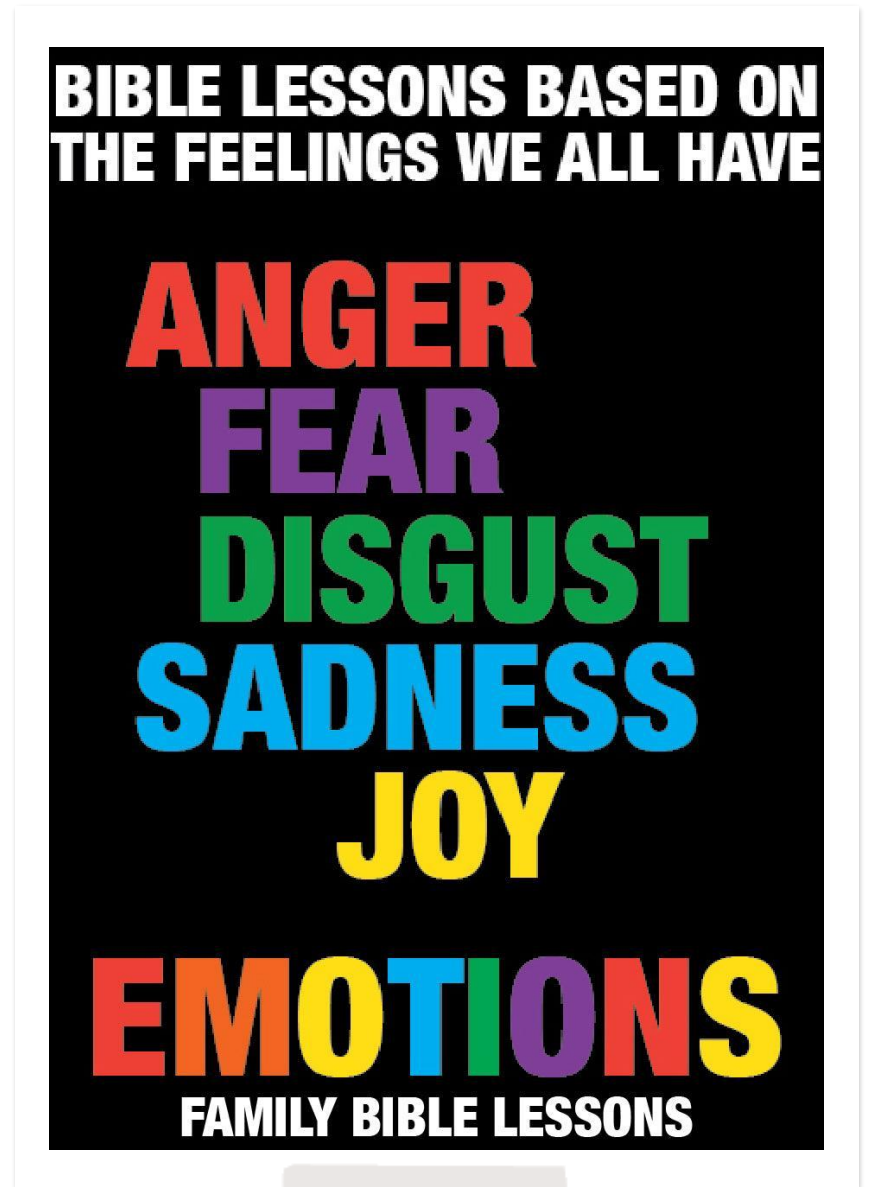
Disgust in the New Testament: Our Issues

Greek words for disgust

bdelyssomai

ekptuo

emeo



NT Disgust: Paul's Questions of Our Hypocrisy

Romans 2: 22, As you treat idols with **disgust**, are you robbing temples? You tell others not to commit adultery, but are you committing adultery?

Bdelyssomai

to detest, to feel nauseous, to abhor

NT Disgust: Paul's Disgust His Own Condition

Galatians 4: 14, And though my condition was a trial to you, you did not scorn me or find me **disgusting** but received me as an angel.

ekptuo

To reject with intense revulsion

Only time used



NT Disgust: Christ “Spit Out”

Revelation 3:16, So, because you are lukewarm, and neither hot or cold, I will **spit you out** of my mouth.

emeo

phrase for disgust or rejection



Summary of Disgust in the NT

Hypocrisy in our own sin
Judgmental spirit
Rejection of complacency



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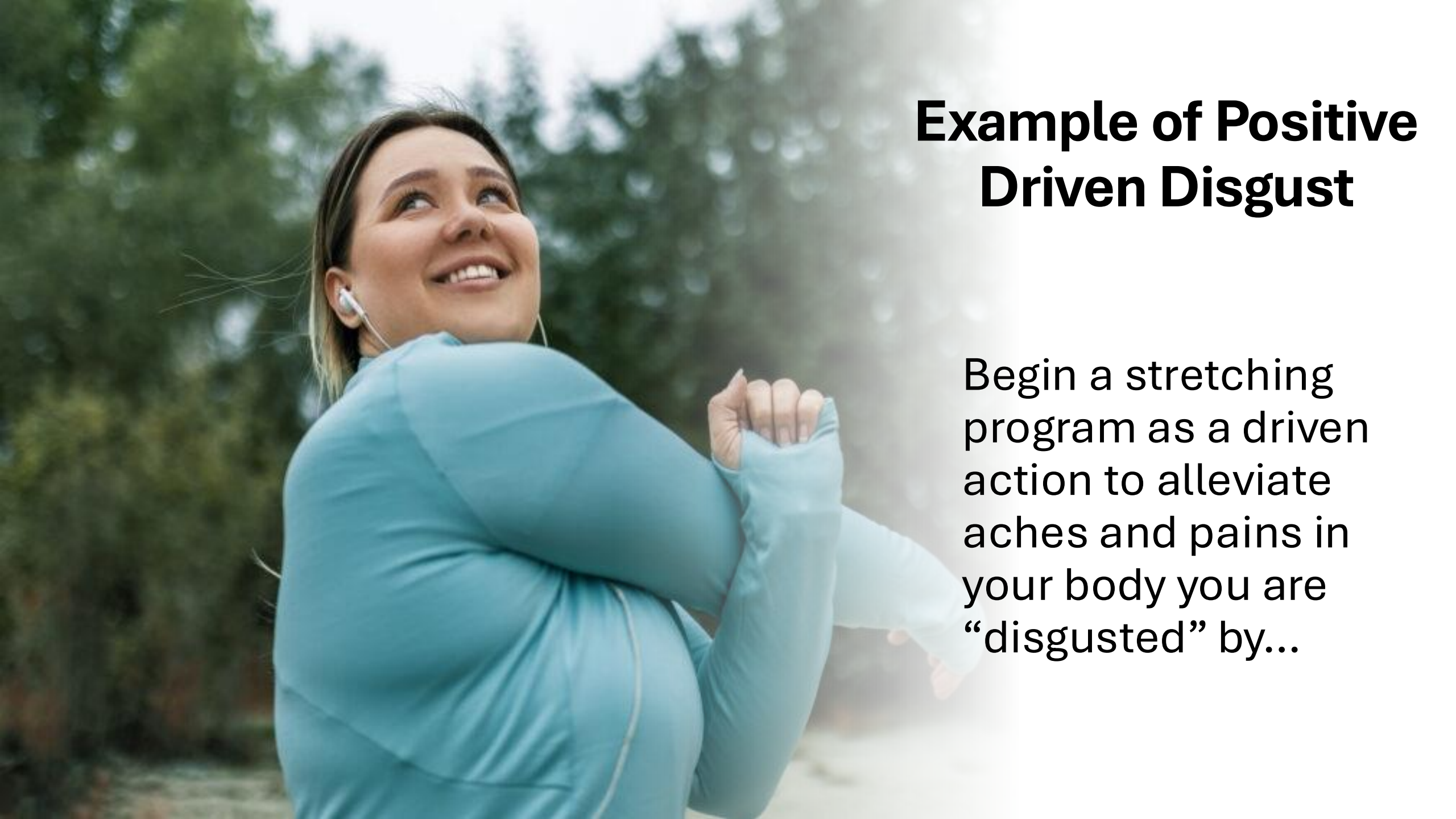
@myarfidlife

Driven Disgust: Choice in Response

Disgust can drive
actions toward
physical, social, or
spiritual change.

A woman with long dark hair, wearing a light-colored button-down shirt, is shown from the chest up. She has a disgusted expression on her face, with her mouth slightly open and her eyes looking upwards. The background is a blurred indoor setting. The entire image has a pinkish-red tint.

DISCERNING
DISGUST

A woman with dark hair, wearing a light blue long-sleeved athletic shirt and white earbuds, is shown from the side, stretching her right arm across her back. She is smiling and looking upwards. The background is a blurred outdoor setting with green trees and a bright, hazy sky.

Example of Positive Driven Disgust

Begin a stretching program as a driven action to alleviate aches and pains in your body you are “disgusted” by...

Spiritually Driven Disgust

Romans 7:4, What a
wretched man I am!
Who will rescue me from
this body that is subject
to death?



**DISCIPLINE DIDN'T CHANGE
YOUR LIFE. DISGUST DID.
EVERY REAL TRANSFORMATION
YOU'VE EVER MADE STARTED
THE MOMENT YOU BECAME SO
REPULSED BY YOUR OWN
PATTERN THAT CONTINUING IT
BECAME MORE PAINFUL THAN
CHANGING IT.**

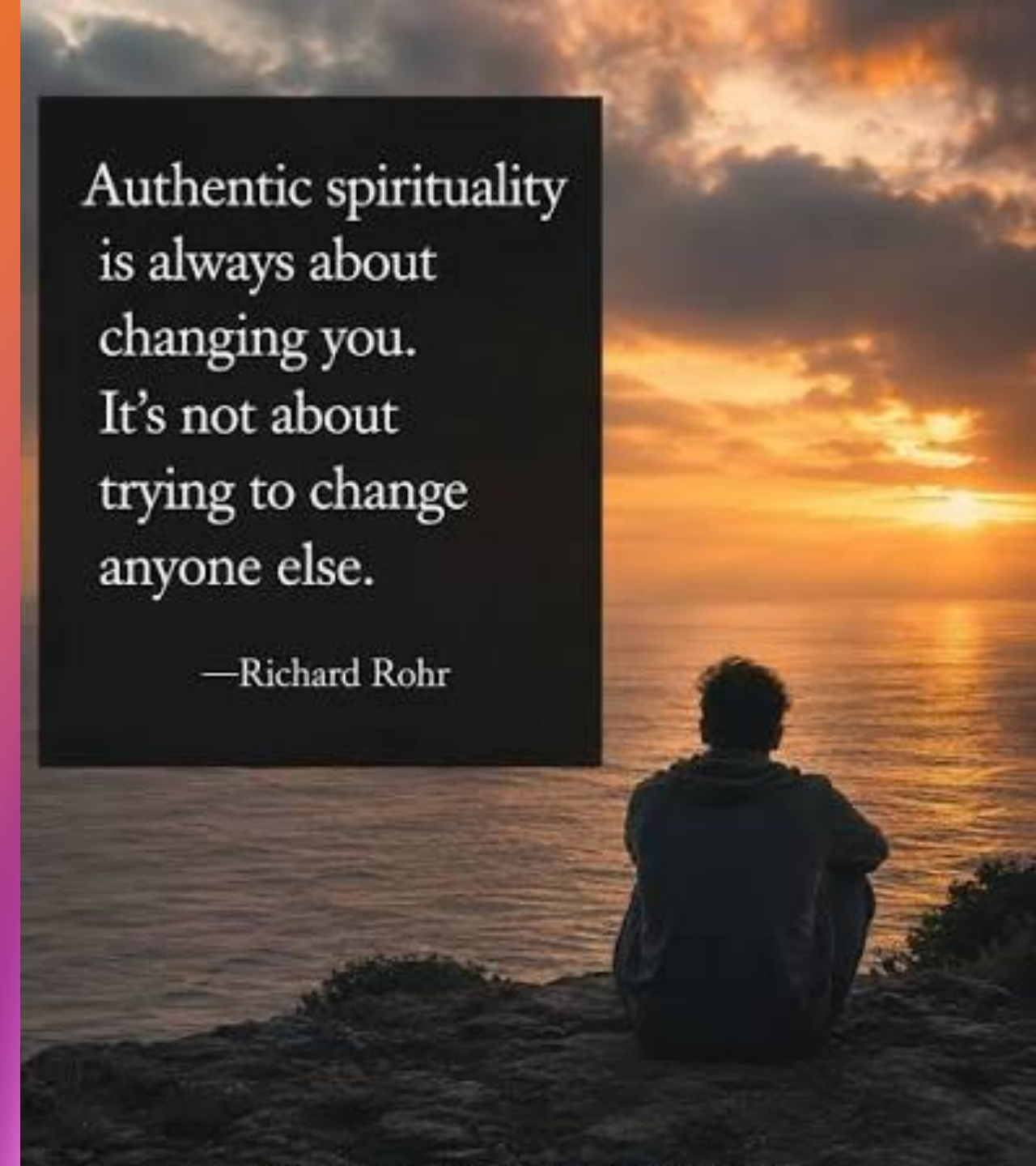


@sdcaw_spirituality

Spiritually Driven Disgust Example

Acts 16:18, And this she kept doing for many days. Paul, having become **disgusted**, turned and said to the spirit, “I command you in the name of Jesus Christ to come out of her.” And it came out that very hour.



A person is sitting on a rocky shore, looking out at a sunset over the ocean. The sky is filled with orange and yellow clouds, and the sun is low on the horizon, reflecting on the water. The person is seen from behind, sitting on a dark, rocky outcrop.

Authentic spirituality
is always about
changing you.
It's not about
trying to change
anyone else.

—Richard Rohr

Driven Disgust Spiritual Change: Repentance

Disgusted with our sin
Repulsed and sick of it
It's offensive to God – repent!

Harmful to us - and others

Driven Spiritual Disgust Danger: Self-Condensation

We can't allow disgust to drive us into defeat, darkness, despair, depression, or self-condemnation.

Romans 8: 1 – 2, Therefore, there is now **no condemnation** for those who are in Christ Jesus, because through Christ Jesus the law of the Spirit who gives life has set you free from the law of sin and death.

Driven Spiritual Disgust Determination: Live in Grace and Light

Romans 6:14, For sin shall no longer be your master, because you are not under the law, but **under grace**.

Micah 7:8, Do not gloat over me, my enemy! Though I have fallen, I will rise. Though I sit in darkness, the Lord will be **my light**.

Driven Disgust Desire: Live in Conviction and Calling

Conviction:

Our disgust for our own sin drives our need for Jesus and salvation; and drives our urgency for sanctification.

Calling:

Our disgust for the cruelty, injustice, and oppression of humanity drives our compassion to care and help

Driven Spiritual Disgust Example

Jesus: Moved by Compassion

Mark 1:40 – 41, And a leper came to Jesus, imploring him, and kneeling said to Jesus, “If you will, you can make me clean.” **Moved with compassion**, Jesus stretched out His hand and touched him and said to him, “I will; be clean.”

Matthew 20: 34, And Jesus, **moved by compassion**, touched their eyes, and immediately they recovered their sight and followed Him.

Driven Disgust Spiritual Opportunities for Impact

Poverty

Homelessness

Starvation

Sex Trafficking

Sexual Abuse

Physical Abuse

Child Abuse

Spiritual Abuse

Divorce

Foster Care

Suicide

Elder Abuse

Diseases

Racism

Disabilities

Cancer

