

The Faithfulness of God

FCC Life Group Discussion Notes

Part 3. In the "Into the Depths of God" Series of Matthew Rogers

Don Viers Preaching

09-23-26

Opening Prayer

- Pray that group members would sense God's faithfulness even in seasons that feel confusing or painful.
- Pray for hearts willing to bring doubts, questions, and struggles honestly before God.

Ice Breaker

What is one everyday thing (big or small) that reminds you of God's consistency—something that shows up "morning by morning"?

Key Scripture

Lamentations 3:21–23 (CSB) – *Ask a group member to read aloud.*

"Yet I call this to mind, and therefore I have hope: Because of the Lord's faithful love we do not perish, for his mercies never end. They are new every morning; great is your faithfulness!"

Sermon Summary

Jeremiah declares God's faithfulness while standing in the ruins of Jerusalem—before anything has been rebuilt or restored. Even in judgment, God remained faithful to what He had said, and Jeremiah intentionally brought truth back to his heart when his circumstances felt overwhelming. The sermon reminds us that God's steadfast love, compassion, and new mercies anchor us even when life falls apart.

Discussion Point 1: When life makes us question God's faithfulness

Scripture: Lamentations 3:17–20 (CSB) – *Ask a group member to read aloud.*

"My soul has been deprived of peace; I have forgotten what happiness is... I continually remember them and have become depressed."

Point Summary:

Jeremiah describes deep pain, confusion, and hopelessness—honestly acknowledging how life feels. Scripture shows that faith doesn't require pretending everything is okay; biblical lament gives struggling faith somewhere to go. Like the father in **Mark 9**, we bring our doubts to Jesus rather than hide them.

Suggested points for prayer is given in each prayer section and are up to the discretion of the leader.

Discussion Questions:

1. Why do you think it's hard for adults to admit when they're struggling with doubt or discouragement?
2. What does it look like to bring your questions to God instead of running from Him?

Discussion Point 2: We find hope in what we know to be true about God

Scripture: Lamentations 3:21–22 (CSB) – *Ask a group member to read aloud.*

“Yet I call this to mind, and therefore I have hope: Because of the Lord’s faithful love we do not perish, for his mercies never end.”

Point Summary:

Jeremiah intentionally brings truth back to his heart—God’s steadfast love, compassion, and mercy. His circumstances haven’t changed, but he refuses to let pain become the only truth in the room. Hope grows when we rehearse God’s character, not our fears.

Discussion Questions:

1. What truth about God’s character do you most need to “call to mind” this week?
2. How have you seen God’s compassion or mercy show up in a difficult season?

Discussion Point 3: We put our hope in the God we know is faithful

Scripture: Lamentations 3:24 (CSB) – *Ask a group member to read aloud.*

“I say, ‘The Lord is my portion, therefore I will put my hope in him.’”

Point Summary:

Jeremiah chooses where to place his hope—not in improved circumstances, but in God Himself. Faith means trusting what we know about God even when we don’t understand what He’s doing. As Paul writes in **2 Timothy 2:13**, even when we are faithless, God remains faithful.

Discussion Questions:

1. What area of your life feels hardest to entrust to God’s faithfulness right now?
2. How does remembering God’s past faithfulness help you trust Him with your future?

Wrap-Up

Jeremiah models a faith that acknowledges pain honestly while anchoring hope in God's unchanging character. God's steadfast love, compassion, and new mercies meet us every morning, and His faithfulness remains even when ours falters. The key verse reminds us that hope grows when we intentionally bring God's truth back to our hearts.

Challenge

Choose one area of your life that feels uncertain or overwhelming and intentionally entrust it to God's faithfulness this week. Write it down, pray over it daily, and rehearse Lamentations 3:21–24 each morning. If FCC is currently emphasizing prayer, incorporate this into your Prayer Journey by praying specifically for trust in God's character.

Closing Prayer

- Thank God for His steadfast love, compassion, and new mercies that meet us each day.
- Ask God to strengthen our faith and help us place our hope fully in Him, even when circumstances don't make sense.

Sources Used:

All content was drawn directly from the uploaded sermon content of Don Viers and AI generated.

Handout

Interactive Reflection Handout – “Morning by Morning”

1. My Honest Lament Write one sentence describing something that feels heavy, confusing, or discouraging right now.

2. What I Call to Mind Circle one truth:

- God’s steadfast love
- God’s compassion
- God’s new mercies
- God’s great faithfulness

Write a short note about why you chose it.

3. My Portion and My Hope Complete this sentence: “Because the Lord is my portion, today I will choose to trust Him with _____.”

4. Daily Practice Check each day you rehearse Lamentations 3:21–24:

Mon ☐ Tue ☐ Wed ☐ Thu ☐ Fri ☐ Sat ☐ Sun ☐