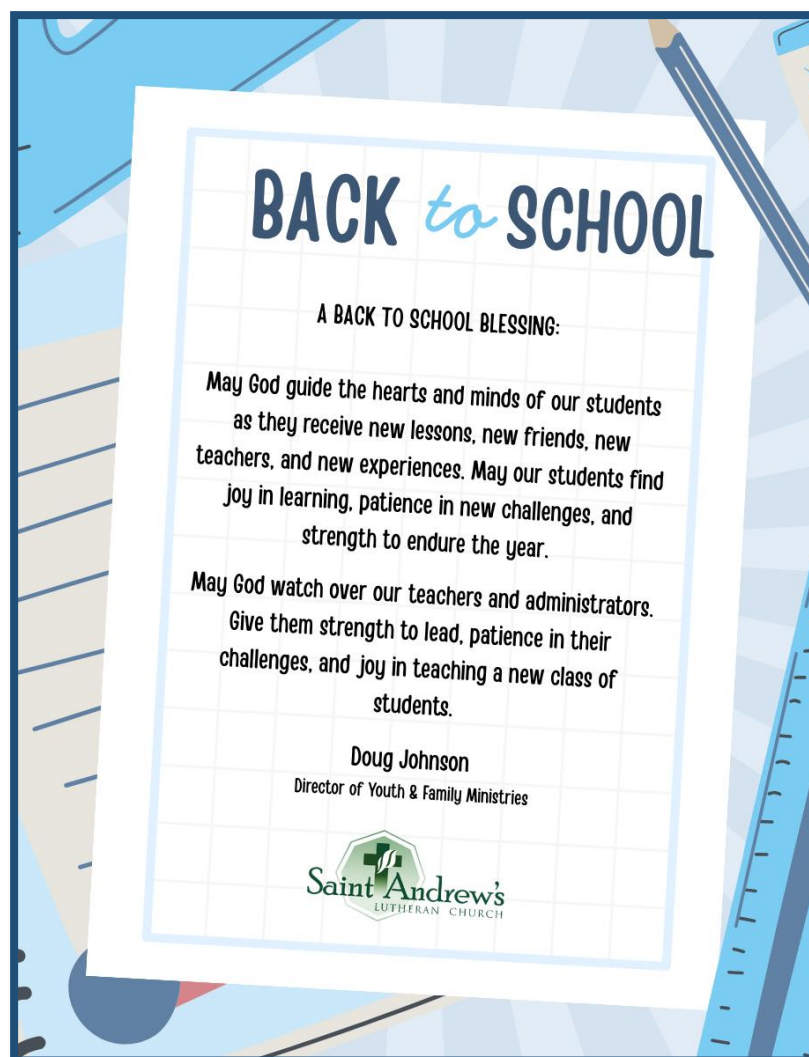




September 2, 2026

Growing Together in Christ to Love and Serve All People

Prayer of the Week:



Upcoming Greeters and Coffee Hosts:

September 6: 5 PM Worship service, Howard & Judy Johnson, Greeters

September 13: Hal & Carolyn Ferris, Greeters; Teresa Lutterman, Coffee host

Contact Sherry (sherry@salc.church) to be a Sunday greeter or to Host coffee hour.

Sign up to provide flowers on the Flower Chart in the Narthex.

Worship is at 5:00 PM this Sunday, both in-person and via livestream.

Livestream: Visit salc.church/media to access the bulletin and livestream link on YouTube. If you have a Google account, we invite you to offer a greeting or comment in the chat window.

Sunday, September 6

5:00 PM Worship

Worship Texts for September 6- 5:00 PM Worship!!

Ezekiel 33:7-11 and Matthew 18:15-20

Tuesday Morning Men: Every Tuesday at 8:30 AM, this group meets for discussion and prayer via ZOOM. Contact the office for links.

Saint Andrew's: Where are YOU serving in our community? (*Hopelink, Imagine Housing, The Sophia Way, Porchlight, KidVantage – any others that I forgot??*) Let Kathy know – I am going to list ALL our participants and organizations in an upcoming *Trendings*. (email: kathy@salc.church)



Last chance to grab a chair, desk or other furniture we don't need here at Saint Andrew's. Check out the goods in the South Hall and marked rooms. Or talk to Kurt. He's going to be getting rid of what remains next week!!

Our FINAL Summer Evening Worship!!
Sunday, September 6th, at 5:00 PM

Remember – there is NO 10:00 AM worship that day!

**Soak up the ‘end of summer’ vibe ~ sleep in, go to brunch,
tend to the garden, shop, watch the Apple Cup....**

THEN gather at 5:00 PM for worship!!



How I spent (part of) my summer vacation 😊

In my Annual Report, I shared that I feel like our congregation is finally in a place where we can look around and ask, “Who is God calling us to become as a congregation?” We ask this question informally all the time, but keeping it at the forefront encourages us to look up and out, and to intentionally discover the answers. It is one that we will be asking a lot in the coming months.

Part of my time off in July was for Continuing Education. My focus for that was our commitment to sell part of our property for the Forest Edge Apartments. Specifically, that we’ve taken a courageous stand about low-income and affordable housing in our community – one that will put it where we can literally see it every time we’re at Saint Andrew’s.

Our commitment has also begun to generate a lot of conversation about how to wisely steward the money we will receive from the property sale and, more importantly, about our future as a congregation and who God is calling us to become. With all this in mind, I read several articles and blog posts about the current and future church. They were written about a variety of church contexts and churches with varying worship styles. Some are like Saint Andrew’s and others are very different. I explored their websites and read their pastors’ sermons. Across the board, I learned that they aren’t afraid to be bold. They aren’t afraid to put their church’s name out there and claim their identity. They are proud of who they are, and they publicly say so. And when I say “they,” I mean the people who worship in these churches, not just the pastors. It’s important for you to know that because, as I’ve said many times, *church doesn’t happen without all of you*. Your participation is how we shape and build our community.

I shared some of these articles and learnings with the Council to help guide our conversations in the coming months. I’ve been in conversation with Kathy, too, and she is at work updating and refreshing our website.

I also shared the following questions with the Council and the staff:

- **What three words** would you use to describe Saint Andrew’s **today**?
 - *Look for the box in the Narthex. Write your three words and submit them!*
- Who is our “target” demographic? Be honest. When asked, most people will answer, “Young people/families.” But do we really want to limit ourselves or God in that way? Does that mean the people who don’t fit that definition aren’t welcome? Also, the underlying (and unstated) answer is, “People like us.” What happens when someone of a different skin color, economic standing, worship background, etc. wants to be part of our community? How do we receive them?
- What kind of community do we want to be? What needs to change for that to happen? What are we willing to change for that to happen? What are we willing to invest in?

- What stories are you telling about Saint Andrew's? How do you talk about our congregation with your friends and family? What difference has it made for you, your life, and your faith? Or do you not talk about it? If not, why not?
- Who are you inviting to come to church with you?

We will be exploring the answers to these questions, and many others, as we discern our next steps as a congregation. So I am curious, and I genuinely want to know, what are your answers to these questions? Send me an email, or reach out to set up a time to talk them through.

As the summer winds down and we look ahead, may you be bold in your faith!

With peace,
Pastor Lara



All Church/Porchlight BBQ:

A HUGE thank you to Cheryl Jurrus, Nancy & Mark Davis for coordinating and cooking for the All-Church/Porchlight BBQ. We had about 20 Saint Andrew's members in attendance and an opportunity to share a festive summer meal with our Porchlight guests who have been with us all of August.

A big "Thank You" to Cheryl, also, for coordinating meals and more for the Rotating Shelter's stay here. Her commitment to the work of Porchlight is ongoing.



Root Beer Floats were a great end-of-summer treat!!



Congratulations to the "Chasing Wonder" Winners!

NEST WITH LESS ♦ ♦

O.W.L.S. Lunch
(Older, Wiser Lutheran Saints)

Tuesday, September 15
11:45 AM
potluck lunch!

Questions: Check with Fellowship Coordinator Sherry Grindland at 425 746 2529 or sherry@salc.church.

Learn insider secrets from two experts on clearing your decks, closets and drawers from Saint Andrew's beloved member Liz Rudolph and Anne Watanabe, owners of "The Happy Nest Organizers".



O.W.L.S returns in September: "Nest With Less"

Learn insider secrets from two experts on clearing your decks, closets and drawers.

Saint Andrew's beloved member Liz Rudolph and Anne Watanabe, owners of "The Happy Nest Organizers", will be the guest speakers at the September 15th OWLS luncheon.

Whether you're planning a downsize or just want to get that junk drawer cleaned out, this dynamic duo will inspire you.

OWLS (*Older, Wiser Lutheran Saints*) meets the third Tuesday of the month. The group shares a potluck lunch followed by a program.

You don't need to be older or wiser to come.

We gather at 11:45 am on Tuesday, September 15 and eat at noon.

If possible, please pitch in with a potluck dish share.

Questions? Check with Fellowship Coordinator Sherry Grindland at 425-746-2529 or sherry@salc.church.

Adult Education begins September 13th!

Your JEDI team and Adult Education Committee are planning sessions in September, October, November and December utilizing material from the ELCA Faith and Civic Life statement. (Copies are available in the office).

First up is "Being an Educated Voter". Every election at every level of government is important! The upcoming mid-term elections are no exception. Join the team to discuss HOW to be an educated voter for city, county, state and national elections.

Sunday, September 13; 9:00 AM in the Fellowship Hall.

BE AN EDUCATED VOTER!

Your Adult Education team is presenting sessions each month highlighting sections from the ELCA "Faith and Civic Life" materials.

Join your JEDI team on
Sunday, September 13th at 9:00 AM
to discuss being an educated voter!



-  Know the candidates
-  Understand the policies
-  Verify the facts
-  Encourage others to vote

VOTE WISELY, VOTE POWERFULLY!

Adult Education
Sunday, September 27
9:00 AM

Come to see, hear and taste the
Lantern Hill Mission experience
from our Mission Team!



Stay after worship for the
Taco Bar Brunch!!

Mission Team Report

Learn about the great work Saint Andrew's volunteers and others from the Eastside Lutheran Church Community did at Lantern Hill this summer.

The team will share photos and stories during Adult Education Hour on September 27.

Join us in the Fellowship Hall at 8:45 for coffee and treats, program begins promptly at 9 a.m.

We will celebrate the team's accomplishments with a Taco Bar Brunch after worship.

Brunch Time

Plan now for the Taco Bar Brunch on Sept. 27
Volunteers are needed to help with the yummy Taco Bar Brunch we will share after worship on September 27.

Jobs include:

- set-up
- shopping for food
- food prep
- serving
- clean-up

To volunteer reach out to Fellowship Coordinator Sherry Grindeland at 425-746-2529 or sherry@salc.church.





We had a GREAT response to the July blood drive ... all slots were filled!! To date - there are only 8 slots filled for 9/24.

Our next blood drive is Thursday, September 24th back in the Fellowship Hall!!

Please use the QR Code and get your slot!!

Share with friends and neighbors - every drop matters.

September dates to remember:

September 6:	5:00 PM Summer Evening Worship
September 7:	Office is closed (Labor Day)
September 12:	God's Work, Our Hands Day of Service Church Council Retreat
September 13:	9:00 AM "Faith & Civic Life" Adult Education program 10:00 AM Worship 11:15 AM Church Council Meeting
September 17:	Choir Rehearsals begin
September 24	Blood Drive!
September 26:	All church work day
September 27:	Mission Team Adult Education Hour Taco Brunch

Adult Education coming in the Fall:

The first Sunday of each month (beginning October 4, 2026) will be Bible Study. **Are you willing to lead? We have materials!! (contact Pastor Lara)**

The second Sunday of each month (September - December) will have programs based on the *Faith & Civic Life* report from the ELCA.

Stay tuned for other planned Adult Education opportunities!!

Corner of Blessing

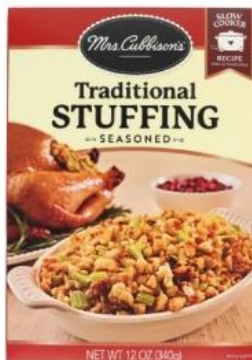
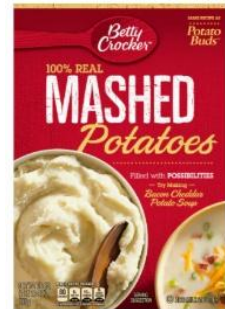
Food of the Month – September

The Hopelink Food Bank tries hard to provide the items needed and desired by the 1700 households they support. As we partner with them, they have come to ask us for items that they don't usually get donated. As we come into the holiday season, the families they support would like to prepare for the holidays and be able to do some baking, but these items are not typically donated. (it is coming up on that time – Hopelink won't get this collection until October.)

So, for September we will be collecting **“Holiday Staples”**. These items include baking supplies, instant mashed potatoes, stuffing, gravy, etc. To support as many households as possible, they ask for specific size packages.

The “foods” for September are:

- Sugar (white in 4-pound bags, brown in 1 or 2-pound packages or coconut in 1-pound packages)
- Flour (wheat or white in 5-pound bags or gluten free options – almond, coconut, all-purpose gluten free)
- Baking soda (1-pound box)
- Baking Powder (about 8 ounce)
- Salt (about 26 ounce)
- Instant mashed potatoes
- Stuffing
- Gravy or gravy mix



Upcoming Fundraiser for our Community Partners:



Porchlight's 2026 *Light The Way* Luncheon:

**Thursday, September 24th , 11:30 AM – 1:00 PM at
The Gary Locke Ballroom, Bellevue College. Suggested donation \$100.
[Register HERE.](#)**

Please join us for a luncheon rooted in community, compassion, and shared purpose as we come together to help our Eastside neighbors move beyond homelessness.

This year's theme, *A Place at the Table*, reflects a simple but powerful belief: everyone deserves a place where they are welcomed, valued, and supported.



Hopelink's 31st Annual *Reaching Out* Celebration:

Thursday, October 15, 5:00 PM – 8:00 PM, Meydenbauer Convention Center

It is free to attend, suggested donation, \$200. [Register HERE.](#)



About Reaching Out: We're pleased to announce the featured speaker for Hopelink's 31st annual *Reaching Out Celebration*: Rick Steves.

Since 1995, the **Reaching Out Celebration** has brought community members from across our region together in support of a shared vision, a community free of poverty.

As Hopelink's premier fundraising event, this evening plays a critical role in raising both awareness and support for our work.

We're honored to welcome Rick Steves to this year's celebration. His lifelong commitment to broadening perspectives, strengthening communities, and supporting causes that create meaningful change aligns deeply with Hopelink's mission. His voice will help underscore what's possible when people show up for one another, both locally and around the world.



Come experience Imagine Housing's second annual *Vibrant Futures Luncheon*!

We're stepping away from the standard slideshow and invite you to come on down for a hands-on, mission-driven look at how your support fosters vibrant futures for individuals, families, veterans, and seniors on the Eastside.

- **When:** Wednesday, October 7th, 2026 | 11:30am - 1:00pm
- **Where:** Meydenbauer Center ; **Admission:** Free

While there is no cost to attend, guests will be given a opportunity at the conclusion of the program to make a meaningful financial contribution in support of Imagine Housing.

[Register to attend HERE.](#)

Autumn Health and Safety Tips

Follow these tips to help you and your family stay safe and healthy this autumn!

Keep your kids safe and healthy.

Get involved with your kids' activities at home and at school to help ensure they are safe and healthy.

Take steps to prevent the flu.

The single best way to protect against the flu is to get vaccinated each year in the fall. Cover your nose and mouth with a tissue when you cough or sneeze. Wash your hands often. Stay home if you get sick.

Get smart about antibiotics.

Antibiotics can cure bacterial infections, but not viral infections. The common cold and the flu are viral infections, so avoid using antibiotics if you have one of these. Using antibiotics when they are not needed causes some bacteria to become resistant to the antibiotic, and therefore stronger and harder to kill. See your doctor or nurse to find out if your illness is bacterial or viral.

Have a safe and healthy Halloween.

Make Halloween festivities fun, safe, and healthy for trick-or-treaters and party guests.

Test and replace batteries.

Check or replace carbon monoxide batteries twice a year when you change the time on your clocks each spring and fall. Replace smoke alarm alkaline batteries at least once a year. Test alarms every month to ensure they work properly.

Keep food safe.

Food is center stage during the holidays. Be sure to keep it safe by following basic food safety steps. Clean hands and surfaces often. Separate foods to avoid cross-contamination. Cook to proper temperatures. Chill promptly.

Learn your family history.

National Family History Day is observed on Thanksgiving Day. Over the holiday or at another family gathering, talk about and write down the health conditions that run in your family. Learning about your family's health history can help you take steps to ensure a longer, healthier future together.

Be prepared for cold weather.

Exposure to cold temperatures can cause serious health problems. Infants and the elderly are

particularly at risk, but anyone can be affected. Know how to prevent health problems and what to do if a cold-weather emergency arises. Remember that using space heaters and fireplaces can increase the risk of household fires and carbon monoxide poisoning.

Don't drink and drive.

Alcohol use impairs skills needed to drive a car safely. It slows reaction time and impairs judgment and coordination. Alcohol-related motor vehicle crashes kill someone every 31 minutes and non-fatally injure someone every two minutes. Don't drink and drive, and don't let others drink and drive.



Wash your hands.

Keeping hands clean is one of the most important steps you can take to avoid getting sick and spreading germs to others. It's best to wash your hands with soap and clean running water for 20 seconds. If that's not possible, use alcohol-based hand rubs.

For more information, visit:

www.cdc.gov/family/autumn/index.htm

U.S. Department of Health and Human Services
Centers for Disease Control and Prevention
Office of Women's Health

CS207441

Thrivent Members:

Thrivent Members have two ways to support the mission and ministry of Saint Andrew's. You can create an ACTION TEAM (a \$250 seed money gift card + t-shirts!) and designate your CHOICE DOLLARS to Saint Andrew's!

ACTION TEAM MINISTRIES TO SUPPORT: KnitWits, Dorcas Circle; LWR Kits; Porchlight collections; The Sophia Way lunches; Corner of Blessing; Youth mission activities; KidVantage toy drives; Fall and Spring Church Clean up Days.

Your **CHOICE** dollars can be designated to help our international partners: Kaifka House; MaaSae Girls School, Lantern Hill. (*Donate to Saint Andrew's, and request the dollars be directed there.*)

Have questions? Talk to Sherry or Kathy!

A poster for a 'Fall Clean Up!' event. The background is light green with a faint leaf pattern. On the left, there are four photographs showing people engaged in various cleaning and maintenance tasks: a group of people on a paved area, two people working on a garden bed, a person on a ladder near a building, and a person working on a fence. The text on the right is in bold, dark green and black fonts. A small green leaf icon is above the title. The event date and time are listed below the title. A green box contains the text 'It's time to clean up from summer and get ready for fall and winter!'. Below this, another green box says 'There are projects for all ages!'. Further down, it says 'We will have 400 bulbs (daffodil and tulip) to plant!'. At the bottom, it says 'Let Kurt know you're coming! He'll have your job ready... And there will be donuts!'.


**FALL
CLEAN UP!**

**Saturday, September 26
9:00 AM - 12:00 PM**

**It's time to clean up
from summer and get
ready for fall and
winter!**

**There are projects for
all ages!**

**We will have 400 bulbs
(daffodil and tulip) to plant!**

**Let Kurt know you're
coming! He'll have your
job ready...
And there will be donuts!**

ELCC (Eastside Lutheran Church Community) churches, the Synod and the ELCA:

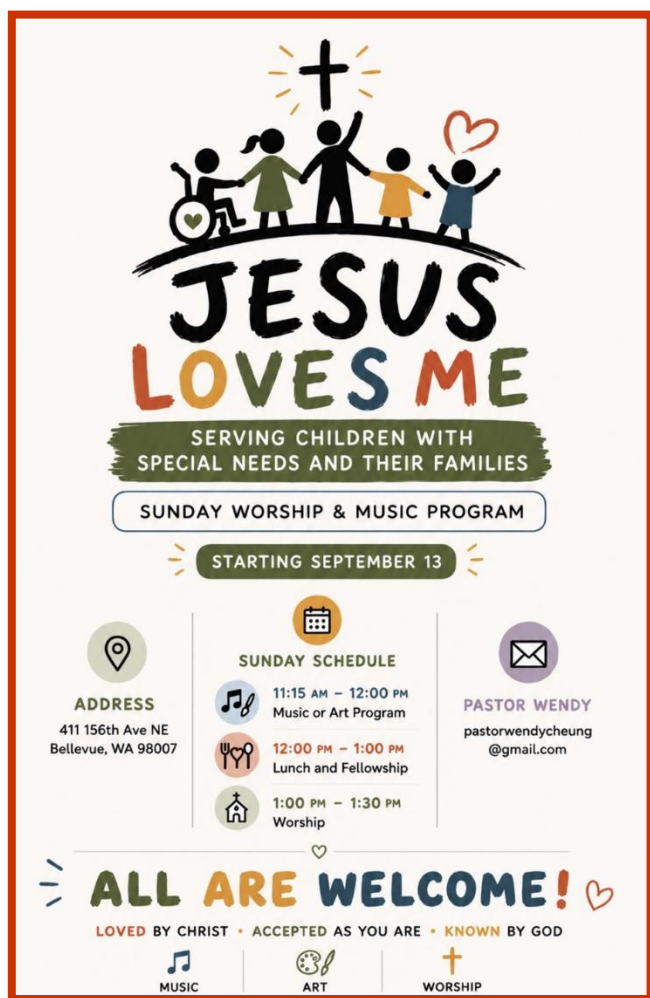


The Eastside Lutheran Church Community (ELCC) are the ELCA churches on the eastside. WE have opportunity to share worship, resources, and events – separately and collectively. While we often share and collaborative service activities and worship opportunities. Be sure to check out the website [HERE](#).

An ELCC newsletter is in the works! Sign up to receive the links!

Newsletter opt-in instructions:

1. Go to the [ELCC website](#) and scroll to the bottom of the HOME page
2. View the Newsletter Signup section - add your email and press the SUBSCRIBE link
3. Now go to your email inbox and find the Tithe.ly email asking you to verify your email address, and then you are done!



“Jesus Loves Me Lutheran Church”

(formerly Grace Sammamish Church) is continuing their ministry serving children with special needs and their families under a new name and renewed vision.

They meet at Cross of Christ Lutheran Church, Bellevue.

The Eastside Lutheran Church Community pastors will be preaching and participating in this unique, inclusive worship opportunity.

All are welcome to join in!

Help us celebrate and spread the word !

Calendar

Wednesday, September 2

Thursday, September 3

2:00 PM Timber Ridge Worship

Friday, September 4

Saturday, September 5

Sunday, September 6

5:00 PM Worship

Monday, September 7

Office is Closed / Labor Day

7:00 PM Executive Committee Meeting

Tuesday, September 8

8:30 AM Tuesday Morning Men, Online

9:30 AM Dorcas Circle

10:00 AM Staff Meeting

Wednesday, September 9

2:00 PM Care Team Meeting, Online

7:00 PM Adult Education Meeting, Online

Thursday, September 10

Friday, September 11

Saturday, September 12

9:00 AM Council Retreat

Sunday, September 13

9:00 AM Adult Education, Faith & Civic Life

10:00 AM Worship

11:00 AM Coffee Hour

11:30 AM Church Council Meeting

Monday, September 14

1:00 PM Staff Meeting

Tuesday, September 15

8:30 AM Tuesday Morning Men, Online

Wednesday, September 16

You can access our
weekly online calendar
[HERE.](#)

The Reverend Lara Forbes, Lead Pastor
pastor@SALC.church

The Reverend Timothy T. Weber,
Shared-Time Pastor
timwebertt@yahoo.com

Dr. Will Simpson,
Director of Music Ministries
will@SALC.church

Doug Johnson,
Director of Youth and Family Ministries
doug@SALC.church

Sherry Grindeland, Fellowship Coordinator
sherry@SALC.church

Kurt Lutterman, Facilities Manager
kurt@SALC.church

Kathy Fisher, Communications Director
kathy@SALC.church

Vanessa Rykaczewski, Handbell Choir Director

Elaine Koga, Choir Accompanist

Abby Kasper, Facilities Set-up

April Daniel, Records Administrator

Ann Thorpe, Sunday Church School Coordinator

Joan Tweten, Kitchen Team

SALC Family Social Media Accounts:



Find us on:

