



ARNPRIOR, ONTARIO

Arnprior is situated at the confluence of the Ottawa and Madawaska rivers and is known for its natural beauty.

At this retreat, you will have time to enjoy nearby walking trails and experience the natural beauty of the region in the fall.

A former resident of Arnprior, Rebecca's favourite stops include:
Ottawa Valley Coffee (32 Elgin St W)
Mighty Fine Bakehouse (79 Madawaska St)
Mallard's Milk Bar (55 John St N)
Historic O'Brien Theatre (147 John St N)
Negi's Family Bistro & Pub (51 John St N)



Photo by Ron Demmers

GALILEE CENTRE

Phone : (613) 623-4242
Website : www.galileecentre.com
398 John St. N, Arnprior, ON K7S 2P6



Photo by Ron Demmers



SCHEDULE

Friday October 23

6.30pm Arrival at Galilee in Arnprior
7pm Gather, Games, Session #1, Snacks
9pm Night Prayer

Saturday October 24

7:30am Prayer Walk (optional!)
8:30am Breakfast
9:30am Morning Prayer & Session #2
10:30am Break
11am Session #3
12noon Lunch
1-3.30pm Free time!
3.30pm Session #4 and Holy Eucharist
5.30pm Supper
6.30pm Departure

Trinity Parish RETREAT

FRI OCT 23 - SAT OCT 24 2026



Photo by Ron Demmers



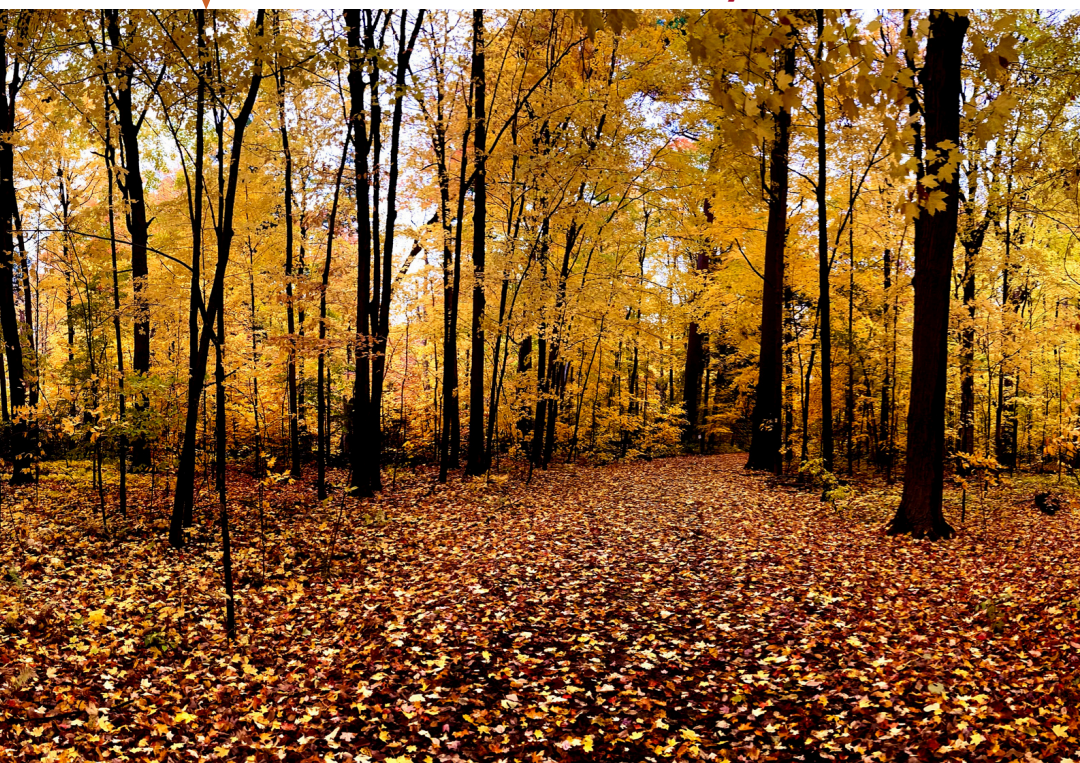
YOU'RE INVITED!

Everyone in the Trinity community is invited to take part in Trinity's annual parish retreat at Galilee Centre in Arnprior from Friday October 23 to Saturday October 24 2026

We will benefit from outdoor activities by the beautiful Ottawa and Madawaska Rivers, get to know one another better, discuss the teachings of Jesus, and enjoy delicious meals at Galilee Centre.

SPACES ARE LIMITED. PLEASE COMPLETE THE GOOGLE FORM AND SUBMIT \$30 DEPOSIT TO treasurer@trinityottawa.ca TO RESERVE YOUR PLACE.

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WHAT'S INCLUDED

- \$149pp. double room
 - Includes accommodation and 3 meals on Saturday
- \$94 reduced rate
- \$31 extra if you would like a single room
- Carpooling to Arnprior available

Register here:
forms.gle/1dSfiV4soRykQe5p8

Please submit \$30 deposit to:
treasurer@trinityottawa.ca



We are thrilled that you will be joining us on our Trinity parish retreat. This is an opportunity for us to get to know God, ourselves and each other a little better through prayer and worship, meals and conversation, reflections and group activities led by Rev. Mark and others and by spending some time in nature. Our theme for this weekend will be "And the Word Became Flesh: Learning to Read Scripture with John."

Photo by Ron Demmers

