

Moving from Vacation to Vocation

Rhythms of Rest / Psalm 90

Reflection Questions

1. When the story of your life doesn't unfold as you expected, what helps you remember that the crisis is not the whole story?
2. What does it mean for you to “live the story” rather than simply endure, escape, or try to control it?
3. How might an awareness of life's brevity change the way you understand what matters in this season of your life?
4. Where might fear, disappointment, or uncertainty be shaping the way you live, and what would it look like to seek wisdom instead?
5. What would it mean to find your rest in God while still remaining present and faithful to the work, relationships, and responsibilities in front of you?