

Bulletin

Announcements

Fourteenth Sunday After Pentecost

August 30th, 2026

Exodus 3: 1-15

Moses at the Burning Bush

Moses was keeping his flock beyond the wilderness and came to Mount Horeb, the mountain of God. There the angel of the Lord appeared to him in a flame of fire out of a bush; he looked, and the bush was blazing, yet it was not consumed. When the Lord saw that he had turned aside to see, God called to him out of the bush, "Moses, Moses!" And he said, "Here I am." Then he said, "Come no closer! Remove the sandals from your feet, for the place on which you are standing is holy ground." He said further,

"I am the God of your father, the God of Abraham, the God of Isaac, and the God of Jacob." And Moses hid his face, for he was afraid to look at God.

Then the Lord said, "I have observed the misery of my people who are in Egypt; I have heard their cry and I have come down to deliver them from the Egyptians and to bring them up out of that land to a good and spacious land, to a land flowing with milk and honey.... Now go, I am sending you to Pharaoh to bring my people, the Israelites, out of Egypt." But Moses said to God, "Who am I that I should go to Pharaoh and bring the Israelites out of Egypt?" He said, "I will be with you, and this shall be the sign for you that it is I who sent you: when you have brought the people out of Egypt, you shall serve God on this mountain."

The Divine Name Revealed

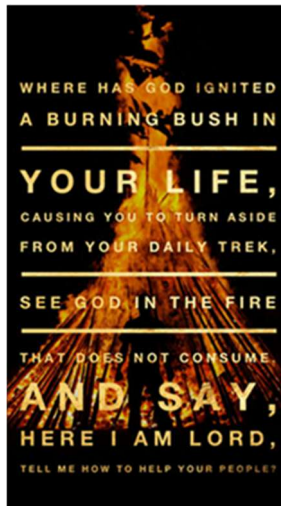
But Moses said to God, "If I come to the Israelites and say to them, 'The God of your ancestors has sent me to you,' and they ask me, 'What is his name?' what shall I say to them?" God said to Moses, "I am who I am." He said further, "Thus you shall say to the Israelites, 'I am has sent me to you.'... This is my name forever, and this my title for all generations."



TRINITY UNITED CHURCH
TRUST | UNDERSTANDING | COMPASSION

Trinity United Church

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August's Birthdays:



August 3rd	Harry Leeb
August 15th	Dianne Gorrie
August 28th	Denise Damer

Church's Hours

Our office regular hours are Monday to Thursday from 8:30am to 1:30pm.

Pastor John's Office Hours

Pastor John's hours are Mondays from 8:30am to 1:30pm. If you want to reach out to him, his email address is pastorjohnuc@gmail.com and his cellphone is 236-238-1575.

Upcoming Events

Men's Continental Breakfast

Our Men's Continental Breakfast gathering for Saturday September 5, 2026 has been cancelled. We will keep you informed about our upcoming gatherings! Also, we are looking for volunteers to co-ordinate and oversee our Men's Breakfast ministry. If you are interested and want to step forward, please contact our office or send us an email. We will really appreciate it!

Open House & Pancake Breakfast

We are inviting our friends and neighbours to join us for an Open House & Pancake Breakfast on Saturday September 5th, 2026 from 10:00am until Noon. Come, see our building, meet Pastor John and celebrate our 5th Anniversary in this location! If you would be interested in donating food or volunteering for this event please speak to Sue Luoma or Brad at 250-722-0728.



Covenanting Service

We will be celebrating the ministry between Trinity United Church and Pastor John Helps with a special service on Sunday September 20th, 2026 starting at 10:00am. Friends from Cedar United Church and Pacific Mountain Region will be joining us along with other guests. The service will be followed by a finger food Lunch.

Spaghetti Supper

The next Spaghetti Supper will be held on Friday September 25th at St. Andrew's United Church from 6pm. Mark your calendars. Tickets available from the office after Aug 30.

Readers for the Month of August 2026

Date	Holy Scriptures	Mission & Service Stories
Sunday 2nd	Cheryl Waye	Pastor John Helps
Sunday 9th	Beth Walrond	Levena Bebault
Sunday 16th	Heather Wills	Janice Webb
Sunday 23th	David German	Cheryl Waye
Sunday 30th	Levena Bebault	Heather Wills



Great Ways to Get Involved



Food for Families

Once again, Trinity is partnering with our neighbors at the Pleasant Valley School to assist families affiliated with the school who are experiencing food insecurity. Speak to a member of the Trinity Council to find out how you can help to make a difference.



Trinity United Food Bank

Did you know that in Nanaimo 2 out of 4 families suffer from food insecurity? Please, remember to feed the Loaves and Fishes donation box at the back entrance to the Church. In addition to food and cash donations, they are in great need of egg cartons!

Community Donations to Trinity

Recycling your bottles and cans at the Nanaimo Recycling Centre? You can ask them to donate the money to Trinity. Also: if you have Save-On-More points, they can also be donated!

Weekly Services and Meetings



TUESDAYS

Grief Group

Most Tuesdays @ 11:00 am

Prayer Group

Meets the second Tuesday of each month @ 10:00 am

Ladies' Lunch

Meets the second Tuesday of every month @ 11:45 am



WEDNESDAYS

Ladies' Coffee Group

Third Wednesday of every month @ 2:00 pm



THURSDAYS

Prayer Shawl Ministry and Knitting Group

Second Thursday of every month @ 10:00 am

Trinity Choir

Most Thursdays @ 6:30 pm



SATURDAYS

Men's Continental Breakfast

First Saturday of every month @ 10:00 am, except for September 5th, 2026.



SUNDAYS

Worship Service

Our weekly worship service is on Sunday morning @ 11:00am both in-sanctuary and online via  YouTube. Join us online using this link:
<https://www.youtube.com/channel/UCs0O80HfYqa4uZOBJ0Tpow>

Pastor John's Message for Sunday September 5th, 2026

Dear friends,

Looking ahead to next Sunday, I'm very much looking forward to being back with you at Trinity after these past few weeks away.

September brings a change of season and a new beginning for our worship together. We'll gather for Communion and begin our transition from our summer series, *Growing God's Garden*, into the season ahead.

I hope you'll join us—and if you can, come hungry for pancakes on Saturday first!

Grace and peace,

John

Land Acknowledgement

Trinity United Church acknowledges that we live out our ministry on the traditional territory of the Coast Salish Peoples, the region of the Snuneymuxw and Snaw-naw-as First Nations.

