

THE HOLY EUCHARIST

The Fourteenth Sunday after Pentecost



Moses Before the Burning Bush - Domenico Feti - 1613/1614
Kunsthistorisches Museum - Vienna

The Cathedral Church of Saint George
30 August 2026 • 10:30 a.m.

Welcome to St George's Cathedral

We are so glad you're here! Wherever you are on your spiritual journey, and whether you are joining in the nave or via the livestream, you are welcome here. Please join us in the entryway for a time of fellowship after the service. Sunday School is offered during the service. Children may follow the leaders during the opening hymn as they wish. We are thrilled you have decided to worship with us and hope to welcome you back again soon.

Land Acknowledgement

We acknowledge that in Kingston we are situated on traditional territory of the Anishinaabe, Haudenosaunee, and Huron Wendat peoples. We seek a new relationship with the original peoples of this land, one rooted in and based upon honour and deep respect.

Leading the Service

<i>Preacher</i>	Eric Friesen
<i>Presider</i>	Captain The Reverend Claire Bramma
<i>Musicians</i>	Brad Barbeau The Cathedral Choir

Assisting with the Service

<i>Reader</i>	Susan Higgins	<i>Livestream</i>	Derek F. & Peter McCubbin
<i>Servers</i>	Derek Falkner & Gerald Courage	<i>Intercessor</i>	Aveleigh Kyle
<i>Lay Ministers</i>	Jim Anderson & Peter Gower	<i>Vesper</i>	Jane Kirkpatrick
<i>Sidespeople</i>	Jim & Vicki Parrish		

Eucharistic Prayer

The Book of Alternative Services, Prayer #2

The Gathering of the Community

Prelude

The people's stand as the procession enters the Cathedral.

Processional Hymn | Sung by all.



Who would true valour see,
let him come hither;
one here will constant be,
come wind, come weather;
there's no discouragement
shall make him once relent
his first avowed intent
to be a pilgrim.

2 Whoso beset him round
with dismal stories,
do but themselves confound,
his strength the more is.

No lion can him fright:
he'll with a giant fight,
but he will have the right
to be a pilgrim.

3 Hobgoblin nor foul fiend
can daunt his spirit;
he knows he at the end
shall life inherit.
Then, fancies, fly away;
he'll not fear what men say;
he'll labour night and day
to be a pilgrim.

Monks' Gate
English Traditional Melody

John Bunyan 1628-88

The people are seated.

Welcome & Land Acknowledgement

The people stand as able at the invitation of the Celebrant.

The Opening Acclamation

Celebrant The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit, be with you all.

People And also with you.

Celebrant Almighty God,

People to you all hearts are open, all desires known, and from you no secrets are hidden. Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy name; through Christ our Lord. Amen.

Gloria in Excelsis | Sung by all.

Celebrant

Glory to God in the highest,

People

and peace to his people on earth.

**Lord God, heavenly king, almighty God and Father,
we worship you, we give you thanks, we praise you for your glory.
Lord Jesus Christ, only Son of the Father, Lord God, Lamb of God,
you take away the sin of the world: have mercy on us;
you are seated at the right hand of the Father: receive our prayer.
For you alone are the Holy One, you alone are the Lord,
you alone are the Most High, Jesus Christ,
with the Holy Spirit, in the glory of God the Father. Amen.**

The Collect of the Day

Celebrant

Author and Giver of all good things, graft in our hearts the love of your name,
increase in us true religion, nourish us in all goodness, and of your great mercy keep
us in the same; through Jesus Christ our Lord, who lives and reigns with you and
the Holy Spirit, one God, now and for ever.

People

Amen.

The people are seated.

The Proclamation of the Word

The First Lesson | Exodus 3:1-15

Moses was keeping the flock of his father-in-law Jethro, the priest of Midian; he led his flock beyond the wilderness, and came to Horeb, the mountain of God. There the angel of the Lord appeared to him in a flame of fire out of a bush; he looked, and the bush was blazing, yet it was not consumed. Then Moses said, "I must turn aside and look at this great sight, and see why the bush is not burned up." When the Lord saw that he had turned aside to see, God called to him out of the bush, "Moses, Moses!" And he said, "Here I am." Then he said, "Come no closer! Remove the sandals from your feet, for the place on which you are standing is holy ground." He said further, "I am the God of your father, the God of Abraham, the God of Isaac, and the God of Jacob." And Moses hid his face, for he was afraid to look at God. Then the Lord said, "I have observed the misery of my people who are in Egypt; I have heard their cry on account of their taskmasters. Indeed, I know their sufferings, and I have come down to deliver them from the Egyptians, and to bring them up out of that land to a good and broad land, a land flowing with milk and honey, to the country of the Canaanites, the Hittites, the Amorites, the Perizzites, the Hivites, and the Jebusites. The cry of the Israelites has now come to me; I have also seen how the Egyptians oppress them. So come, I will send you to Pharaoh to bring my people, the Israelites, out of Egypt." But Moses said to God, "Who am I that I should go to Pharaoh, and bring the Israelites out of Egypt?" He said, "I will be with you; and this shall be the sign for you that it is I who sent you: when you have brought the people out of Egypt, you shall worship God on this mountain." But Moses said to God, "If I come to the Israelites and say to them, 'The God of your ancestors has sent me to you,' and they ask me, 'What is his name?' what shall I say

to them?" God said to Moses, "I AM WHO I AM." He said further, "Thus you shall say to the Israelites, 'I AM has sent me to you.'" God also said to Moses, "Thus you shall say to the Israelites, 'The Lord, the God of your ancestors, the God of Abraham, the God of Isaac, and the God of Jacob, has sent me to you': This is my name forever, and this my title for all generations."

<i>Reader</i>	The word of the Lord.
<i>People</i>	Thanks be to God.

Psalm 105:1-6, 23-26, 45C | Sung by the choir.

O GIVE thanks unto the LORD, and call upon his Name; / tell the peoples what things he hath done.

2 O let your songs be of him and praise him; / and let your talking be of all his wondrous works.

3 Rejoice in his holy Name: / let the heart of them rejoice that seek the LORD.

4 Seek the LORD and his strength: / seek his face evermore.

5 Remember the marvellous works that he hath done, / his wonders, and the judgements of his mouth;

6 O ye seed of Abraham his servant, / ye children of Jacob, his chosen.

23 ISRAEL also came Into Egypt, / and Jacob was a stranger in the land of Ham.

24 And the LORD increased his people exceedingly, / and made them stronger than their enemies;

25 Whose heart turned to hate his people, / and to deal deceitfully with his servants.

26 Then sent he Moses his servant, / and Aaron whom he had chosen.

The Second Lesson | Romans 12:9-21

Let love be genuine; hate what is evil, hold fast to what is good; love one another with mutual affection; outdo one another in showing honour. Do not lag in zeal, be ardent in spirit, serve the Lord. Rejoice in hope, be patient in suffering, persevere in prayer. Contribute to the needs of the saints; extend hospitality to strangers. Bless those who persecute you; bless and do not curse them. Rejoice with those who rejoice, weep with those who weep. Live in harmony with one another; do not be haughty, but associate with the lowly; do not claim to be wiser than you are. Do not repay anyone evil for evil, but take thought for what is noble in the sight of all. If it is possible, so far as it depends on you, live peaceably with all. Beloved, never avenge yourselves, but leave room for the wrath of God; for it is written, "Vengeance is mine, I will repay, says the Lord." No, "if your enemies are hungry, feed them; if they are thirsty, give them something to drink; for by doing this you will heap burning coals on their heads." Do not be overcome by evil, but overcome evil with good.

<i>Reader</i>	The word of the Lord.
<i>People</i>	Thanks be to God.

Gradual Hymn | Sung by all, standing as able.



Take up thy cross, the Saviour said,
if thou wouldst my disciple be;
deny thyself, the world forsake,
and humbly follow after me.

4 Take up thy cross then in his strength,
and calmly every danger brave;
'twill guide thee to a better home,
and lead to victory o'er the grave.

2 Take up thy cross: let not its weight
fill thy weak spirit with alarm;
his strength shall bear thy spirit up,
and brace thy heart, and nerve thine arm.

5 Take up thy cross, and follow Christ,
nor think till death to lay it down;
for only they who bear the cross
may hope to wear the glorious crown.

3 Take up thy cross, nor heed the shame,
nor let thy foolish pride rebel:
thy Lord for thee the cross endured,
to save thy soul from death and hell.

6 To thee, great Lord, the One in Three,
all praise for evermore ascend:
O grant us in our home to see
the heavenly life that knows no end.

Breslau
Lochamer Gesangbuch, 1450?, alt. (melody)

Charles W. Everest 1814-77

The Holy Gospel | Matthew 16:21-28

Gospeller The Lord be with you.

People And also with you.

Gospeller The Holy Gospel of our Lord Jesus Christ according to Matthew

People Glory to you, Lord Jesus Christ

From that time on, Jesus began to show his disciples that he must go to Jerusalem and undergo great suffering at the hands of the elders and chief priests and scribes, and be killed, and on the third day be raised. And Peter took him aside and began to rebuke him, saying, "God forbid it, Lord! This must never happen to you." But he turned and said to Peter, "Get behind me, Satan! You are a stumbling block to me; for you are setting your mind not on divine things but on human things." Then Jesus told his disciples, "If any want to become my followers, let them deny themselves and take up their cross and follow me. For those who want to save their life will lose it, and those who lose their life for my sake will find it. For what will it profit them if they gain the whole world but forfeit their life? Or what will they give in return for their life? For the Son of Man is to come with his angels in the glory of his Father, and then he will repay everyone for what has been done. Truly I tell you, there are some standing here who will not taste death before they see the Son of Man coming in his kingdom."

Gospeller The Gospel of Christ.

People Praise to you, Lord Jesus Christ.

The people are seated at the invitation of the preacher.

The Sermon | *A Reflection on Moses and the Burning Bush* – Eric Friesen

Silence may be kept. The people stand as able.

The Nicene Creed

Celebrant

Let us confess our faith, as we say,

People

We believe in one God, the Father, the Almighty,

maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one being with the Father. Through him all things were made. For us and for our salvation he came down from heaven:

by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father. With the Father and the Son he is worshipped and glorified.

He has spoken through the prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins.

We look for the resurrection of the dead, and the life of the world to come

Amen.

The people kneel or sit as they wish.

The Prayers of the People

Confession & Absolution

Celebrant

Dear friends in Christ, God is steadfast in love and infinite in mercy; he welcomes sinners and invites them to his table. Let us confess our sins, confident in God's forgiveness.

Silence is kept.

Celebrant

Most merciful God,

People

we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbours as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us, that we may delight in your will, and walk in your ways, to the glory of your name. Amen.

Celebrant

Almighty God have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in eternal life; through Jesus Christ our Lord.

People

Amen.

The people stand as able.

The Peace

Celebrant

The peace of the Lord be always with you.

People

And also with you.

The people greet one another with a sign of God's peace.

Holy Communion

Offertory Hymn | Sung by all, standing as able.



I, the Lord of sea and sky,
I have heard my people cry.
All who dwell in dark and sin
my hand will save.
I who made the stars of night,
I will make their darkness bright.
Who will bear my light to them?
Whom shall I send?

*Here I am, Lord. Is it I, Lord?
I have heard you calling in the night;
I will go, Lord, if you lead me.
I will hold your people in my heart.*

2. I, the Lord of snow and rain,
I have borne my people's pain.

Here I am
Daniel Schutte b. 1947

I have wept for love of them:
they turn away.
I will break their hearts of stone,
give them hearts for love alone.
I will speak my word to them.
Whom shall I send?

3. I, the Lord of wind and flame,
I will tend the poor and lame.
I will set a feast for them;
my hand will save.
Finest bread I will provide
till their hearts be satisfied.
I will give my life to them.
Whom shall I send?

Daniel Schutte b. 1947
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*An offering is received to support the mission and ministry of the Cathedral.
All are invited to make a gift as the plate is passed, or by visiting
www.stgeorgescathedral.ca/give.*

Prayer Over the Gifts

Celebrant Merciful God, receive all we offer you this day. Give us grace to love one another that your love may be made perfect in us. We ask this in the name of Jesus Christ our Lord.

People **Amen.**

The Great Thanksgiving

Celebrant The Lord be with you.

People **And also with you.**

Celebrant Lift up your hearts.

People **We lift them to the Lord.**

Celebrant Let us give thanks to the Lord our God.

People **It is right to give our thanks and praise.**

Celebrant We give you thanks and praise, almighty God, through your beloved Son, Jesus Christ, our Saviour and Redeemer. He is your living Word, through whom you have created all things.

By the power of the Holy Spirit he took flesh of the Virgin Mary and shared our human nature. He lived and died as one of us, to reconcile us to you, the God and Father of all.

In fulfilment of your will he stretched out his hands in suffering, to bring release to those who place their hope in you; and so he won for you a holy people.

He chose to bear our griefs and sorrows, and to give up his life on the cross, that he might shatter the chains of evil and death, and banish the darkness of sin and despair. By his resurrection he brings us into the light of your presence.

Now with all creation we raise our voices to proclaim the glory of your name.

Choir *Holy, holy, holy Lord, God of power and might, heaven and earth are full of your glory. Hosanna in the highest. Blessed is he who comes in the name of the Lord. Hosanna in the highest.*

Celebrant Holy and gracious God, accept our praise, through your Son our Saviour Jesus Christ; who on the night he was handed over to suffering and death, took bread and gave you thanks, saying, "Take, and eat: this is my body which is broken for you." In the same way he took the cup, saying, "This is my blood which is shed for you. When you do this, you do it in memory of me."

Remembering, therefore, his death and resurrection, we offer you this bread and this cup, giving thanks that you have made us worthy to stand in your presence and serve you.

We ask you to send your Holy Spirit upon the offering of your holy Church.
Gather into one all who share in these sacred mysteries, filling them with the Holy Spirit and confirming their faith in the truth, that together we may praise you and give you glory through your Servant, Jesus Christ.

All glory and honour are yours, Father and Son, with the Holy Spirit in the holy Church, now and for ever.

People

Amen.

The Lord's Prayer

Celebrant

And now, as our Saviour Christ has taught us, we are bold to say,

People

**Our Father, who art in heaven,
hallowed be thy name, thy kingdom come,
thy will be done, on earth as it is in heaven.
Give us this day our daily bread. And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation
But deliver us from evil. For thine is the kingdom,
the power, and the glory, for ever and ever. Amen.**

The Breaking of the Bread

Celebrant

We break this bread to share in the body of Christ.

People

We, being many, are one body, for we all share in the one bread.

Celebrant

The gifts of God for the People of God.

People

Thanks be to God.

All baptized Christians are welcome to receive communion in this Church. Please move to the rail at the direction of the ushers. You may receive the bread in open and outstretched hands, responding: "Amen." Gluten-free wafers are available; please make your need known to the minister. If you prefer not to receive wine from the common cup, you may simply touch the base of the chalice, again responding: "Amen." Should you wish to receive a blessing, please indicate that to the priest by crossing your arms over your chest.

The Prayer After Communion

Celebrant

Almighty God, you renew us at your table with the bread of life. May your holy food strengthen us in love and help us to serve you in each other. We ask this in the name of Jesus Christ our Lord.

People

Amen.

The people stand as able.

The Blessing

Celebrant

Life is short, and we do not have much time to gladden the hearts of those who journey with us. And so make haste to love, and be swift to be kind; And may the God who travels with us, the God of pilgrimage, the God of Hope, bless, care and keep you, Father, Son and Holy Spirit, now and always.

People

Amen.

The Dismissal

Celebrant

Go forth in the name of Christ.

People

Thanks be to God.

Recessional Hymn | Sung by all, standing as able.



Will you come and follow me
if I but call your name?
Will you go where you don't know
and never be the same?
Will you let my love be shown,
will you let my name be known,
will you let my life be grown
in you and you in me?

2 Will you leave yourself behind
if I but call your name?
Will you care for cruel and kind
and never be the same?
Will you risk the hostile stare
should your life attract or scare?
Will you let me answer prayer
in you and you in me?

3 Will you let the blinded see
if I but call your name?
Will you set the pris'ners free
and never be the same?
Will you kiss the leper clean,
and do such as this unseen,
and admit to what I mean
in you and you in me?

Kelvingrove
Traditional Scottish melody

4 Will you love the “you” you hide
if I but call your name?
Will you quell the fear inside
and never be the same?
Will you use the faith you’ve found
to reshape the world around,
through my sight and touch and sound
in you and you in me?

5 Lord, your summons echoes true
when you but call my name.
Let me turn and follow you
and never be the same.
In your company I'll go
where your love and footsteps show.
Thus I'll move and live and grow
in you and you in me.

John L. Bell, b. 1949 and Graham Maule, b. 1958;
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Postlude

The postlude concludes our worship service, sending us forth into the week ahead. You may choose to remain seated for the duration or depart following the closing hymn.