



CHRIST CHURCH CATHEDRAL  
Vancouver, BC • Open Doors, Open Hearts, Open Minds



## *Proper 22*

SUNDAY, AUGUST 30, 2026

10:30 A.M.

*Choral Eucharist | In-Person & Livestream*

---

The Rev. Matthew Senf, *Presider*  
The Rev. Claude St-Denis, *Preacher*  
The Rev. Juanita Clark, *Deacon*  
Neil Robertson, *Guest Organist*

MAILING ADDRESS: 690 Burrard Street, Vancouver, BC V6C 2L1  
WEBSITE: [www.thecathedral.ca](http://www.thecathedral.ca) | PHONE: (604) 682-3848 | E-MAIL: [reception@thecathedral.ca](mailto:reception@thecathedral.ca)

# *Welcome to the Cathedral*

Whether today is your first time with us, or if this is your spiritual home, we welcome you to the Cathedral. We're glad that you're here today.

We envision a radically inclusive, restlessly inquisitive, intentional, and inspired Cathedral. This is a place that is called to lead and to serve, in communion and community, with healing, reconciliation, and love, living out the Christian mission. Together, we look to the power of Christ for the transformation of each person, this city of Vancouver, and the world.

We recognize our history and traditions while seeking renewal and growth in spiritual depth and size. Curious and adaptable, this chorus has room for every voice — especially yours.

To learn more about the many ministries and opportunities for service in this community, please visit our website: [www.thecathedral.ca](http://www.thecathedral.ca). Following our worship service, please join us for coffee hour outside if the weather permits.

Thank you for joining us today. Your presence enriches our life together.

Faithfully yours in Christ,



The Very Rev. Christopher A. Pappas, Ph.D., D.Min.  
Dean & Rector



## *Connect with us!*

We invite you to tell us more about yourself by completing our short connection form. You may find this form at [tinyurl.com/CathedralConnection](http://tinyurl.com/CathedralConnection) or by scanning the QR code on the left.

## *A message to children and their grown-ups*

We're glad you're here! Here are a few things we would like you to know about our worship service today:

- Playmats and an activity cart with books, puzzles and colouring are available at the front of the church;
- Sunday school has closed for the summer and will resume September 13, 2026.  
The nursery is available downstairs as a quiet space for you and your children.  
The service is live streamed so you can follow the worship.

## *Need to reach us?*

Visit us at [www.thecathedral.ca/pages/our-team](http://www.thecathedral.ca/pages/our-team) or scan the QR code on the right to access our clergy and staff contact information.

We're here to support you — feel free to reach out anytime!



# *The Gathering of the Community*

## **Processional Hymn**

### ***Lo, God Is Here! Let Us Adore***

**(CP 328)**

Text: Gerhard Tersteegen (1697-1769); tr. John Wesley (1703-1791), alt.

Music: ST. CATHERINE (ST. FINBAR), Henri F. Hemy (1818-1888); adapt. James G. Walton (1821-1905).

1 Lo, God is here! Let us adore  
and own how awesome is this place;  
let all within us feel God's power  
and bow before the hidden face.  
Redeeming Lord, your grace we prove,  
serve you with awe, with reverence love.

2 Lo, God is here! Both day and night  
united choirs of angels sing;  
to God, enthroned above all height,  
heaven's host their noblest praises bring;  
disdain not, Lord, our meaner song,  
who praise you with a stammering tongue.

3 Being of beings, may our praise  
your courts with grateful fragrance fill;  
still may we stand before your face,  
still hear and do your sovereign will;  
to you may all our thoughts arise,  
ceaseless, accepted sacrifice.

*Presider* In this time and place, we gather on the traditional ancestral lands of the x<sup>w</sup>məθk<sup>w</sup>əyəm (Musqueam), Sk̓wxwú7mesh (Squamish), and Səlilwətaʔł (Tsleil-Waututh) nations.

*All* **From many places and peoples we come to this house of prayer.**

*Presider* In this time and place, we meet in the presence of the living God.

*All* **The Creator who is the source of all that is, seen and unseen.**

*Presider* In this time and place, the risen Christ stands in our midst.

*All* **Our Companion who walks with us and with all peoples on the path of reconciliation.**

*Presider* In this time and place, God's Holy Spirit breathes in and through us.

*All* **The Divine Wisdom who transforms us and all life.**

*Presider* In this time and place, together, people of God from every language, culture and nation.

*All* **We are being made new by the holy and life-giving Trinity, one God.**

# Gloria

## Glory to God

(CP 686)

Music: *New Plainsong*, David Hurd (1950- ).

Glo - ry to God in the high - est, and peace to his peo - ple on earth.  
Lord God, hea - ven - ly King, al - might - y God and Fa - ther, we wor - ship you,  
we give you thanks, we praise you for your glo - ry. Lord Je - sus Christ,  
on - ly Son of the Fa - ther, Lord God, Lamb of God,  
you take a - way the sin of the world; have mer - cy on us;  
you are seat - ed at the right hand of the Fa - ther; re - ceive our prayer.  
For you a - lone are the Ho - ly One, you a - lone are the Lord,  
you a - lone are the Most High, Je - sus Christ, with the Ho - ly Spi - rit,  
in the glo - ry of God the Fa - ther. A - men.

## The Collect of the Day

*Presider* Let us pray.

*Silence is kept.*

Author and Giver of all good things,  
graft in our hearts the love of your name,

*All* increase in us true religion,  
nourish us in all goodness,  
and of your great mercy keep us in the same;  
through Jesus Christ our Lord,  
who lives and reigns with you and the Holy Spirit,  
one God, now and for ever. Amen.

# *The Proclamation of the Word*

## **The First Reading**

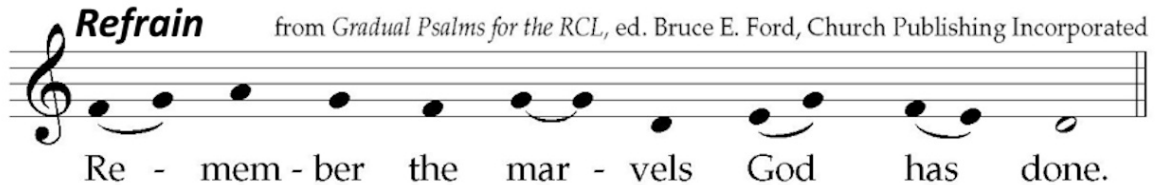
**Exodus 3:1-15**

*At the conclusion of the reading:*

*Reader* Word of God, word of life.

*All* Thanks be to God.

## **Psalm 105:1-6, 23-26, 45c**



1 Give thanks to the Lord and call upon his name;  
make known his deeds among the peoples.

2 Sing to him, sing praises to him, and speak of all his marvellous works. **Refrain**

3 Glory in his holy name; let the hearts of those who seek the Lord rejoice.

4 Search for the Lord and his strength; continually seek his face. **Refrain**

5 Remember the marvels he has done, his wonders and the judgements of his mouth,

6 O offspring of Abraham his servant, O children of Jacob his chosen. **Refrain**

23 Israel came into Egypt, and Jacob became a sojourner in the land of Ham.

24 The Lord made his people exceedingly fruitful;

he made them stronger than their enemies;

25 Whose heart he turned, so that they hated his people,  
and dealt unjustly with his servants. **Refrain**

26 He sent Moses his servant, and Aaron whom he had chosen.

45c Hallelujah! **Refrain**

## **The Second Reading**

**Romans 12:9-21**

*At the conclusion of the epistle:*

*Reader* Hear what the Spirit is saying to the churches.

*All* Thanks be to God.

1 Take my life, and let it be  
consecrated, Lord, to thee;  
take my moments and my days,  
let them flow in ceaseless praise.

3 Take my lips, and let them be  
filled with messages from thee;  
take my intellect, and use  
every power as thou shalt choose.

2 Take my hands, and let them move  
at the impulse of thy love;  
take my feet, and let them be  
swift and purposeful for thee.

4 Take my will, and make it thine;  
it shall be no longer mine;  
take my heart, it is thine own;  
it shall be thy royal throne.

5 Take my love: my Lord, I pour  
at thy feet its treasure store;  
take myself, and I will be  
ever, only, all for thee.

## The Holy Gospel

Matthew 16:21-28

*Deacon* The Lord be with you.

*All* And also with you.

*Deacon* The Holy Gospel of our Saviour Jesus Christ according to Matthew.

*All* Glory to you, Lord Jesus Christ.

*After the Gospel, the Deacon says:*

The Gospel of Christ.

*All* Praise to you, Lord Jesus Christ.

## The Sermon

The Reverend Claude St-Denis

*A period of silent reflection follows the sermon.*

## The Apostles' Creed

*Deacon* Let us confess our faith, as we say,

*All* I believe in God, the Father almighty, creator of heaven and earth. I believe in Jesus Christ, God's only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried; he descended to the dead. On the third day he rose again; he ascended into heaven, he is seated at the right hand of the Father, and he will come to judge the living and the dead. I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.

## The Prayers of the People

*Please scan the QR code on the back of the bulletin for prayer cycles.*

## The Confession and Absolution

*Deacon* Let us confess our sins.

*Silence may be kept.*

*All* Almighty God,  
we confess that we have sinned against you  
and against one another,  
in thought, and word, and deed.  
We are truly sorry for our pride,  
and for our lack of faith, of understanding and of love.  
We repent of our narrow-mindedness, of our bitterness  
and our prejudices. Pardon and forgive us,  
save us and renew us, that we may delight in your will  
and walk in your ways; through Jesus Christ our Lord. Amen.

*Presider* Almighty God have mercy upon you,  
pardon and deliver you from all your sins,  
confirm and strengthen you in all goodness,  
and keep you in eternal life;  
through Jesus Christ our Lord.

*All* Amen.

## The Peace

*Presider* The peace of the Lord be always with you.

*All* And also with you.

*All may exchange a sign of peace.*

# *The Celebration of the Eucharist*

## The Offertory

Thank you for your prayerful stewardship of the ministries of the Cathedral. Thank you for your generosity at any amount, because your stewardship empowers our mission to advance the Good News of God's infinite love and mercy through our worship, ministries, formation, and service. You may make a gift using the offering plate being passed around at this time or refer to the back page of this bulletin to see other methods. Together with the gifts of bread and wine, we present our gifts at the altar as a sign of thanksgiving to God, from whom all good things come.

## Offertory Hymn

*Bring Many Names*

(CP 395)

Text: Brian Wren (1936- ).

Music: WATERDOWN, Patrick Wedd (1948-2019).

1 Bring many names, beautiful and good,  
celebrate, in parable and story,  
holiness in glory, living, loving God.  
Hail and hosanna! Bring many names!

2 Strong mother God, working night and day,  
planning all the wonders of creation,  
setting each equation, genius at play:  
Hail and hosanna, strong mother God!

**3 Warm father God, hugging every child,  
feeling all the strains of human living,  
caring and forgiving till we're reconciled:  
Hail and hosanna, warm father God!**

**5 Young, growing God, eager, on the move,  
saying no to falsehood and unkindness,  
crying out for justice, giving all you have:  
Hail and hosanna, young, growing God!**

**4 Old, aching God, grey with endless care,  
calmly piercing evil's new disguises,  
glad of good surprises, wiser than despair:  
Hail and hosanna, old aching God!**

**6 Great, living God, never fully known,  
joyful darkness far beyond our seeing,  
closer yet than breathing, everlasting home:  
Hail and hosanna, great, living God!**

## The Prayer over the Gifts

*Presider*      Merciful God,  
receive all we offer you this day.

*All* Give us grace to love one another  
that your love may be made perfect in us.  
We ask this in the name of Jesus Christ our Lord. Amen.

# The Great Thanksgiving

*Supplementary Eucharistic Prayer 1*

*Presider*      The Lord be with you.

*All*      And also with you.

*Presider* Lift up your hearts.

*All*            We lift them to the Lord.

*Presider* Let us give thanks to God our Creator.

*All*      It is right to give our thanks and praise.

*Presider* Holy God, Lover of creation [...] Joining in the song of the universe  
we proclaim your glory singing:

## Sanctus/Benedictus

### *Mass in Dorian Mode*

## Thomas Tallis (1505-1585)

*Presider* Gracious God, in the fullness of time you sent Jesus the Christ to share our fragile humanity [...] And now we gather at this table in response to his commandment, to share the bread and cup of Christ's undying love, and to proclaim our faith.

**All** *Christ has died* (CP 733)

Music: *Community Mass*, Richard Proulx (1937-2010).

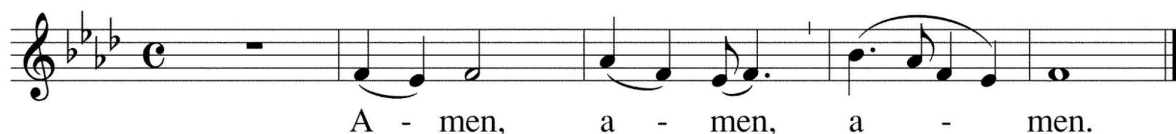


Christ has died; Christ is ris-en; Christ will come a - gain.

*Presider* Breathe your Holy Spirit [...] Through Christ, with Christ, and in Christ, in the unity of the Holy Spirit, all glory is yours, Creator of all, and we bless your holy name for ever.

**All** *Amen* (CP 734)

Music: *Community Mass*, Richard Proulx (1937-2010).



*Ringling of the bell. (x3)*

**The Lord's Prayer** Setting: McNeil Robinson (1943-2015)

## Fraction

*Presider* Behold the mystery of your salvation laid out before you.  
Behold what you are; become what you receive.

*All* Thanks be to God.

*Presider* The gifts of God for the people of God.

*All* Thanks be to God.

**Fraction Anthem** *Agnus Dei (from Mass in Dorian Mode)* Thomas Tallis

## The Communion

To receive the consecrated Bread, approach the altar and extend your hands to the minister with palms open. To receive the consecrated Wine, carefully guide the chalice to your lips. For public health, please do not dip the Bread into the Wine. If you do not wish to partake of the common cup, know that you receive the full efficacy of communion with only the Bread. If you do not wish to receive communion, you are invited to receive a blessing by approaching the altar and crossing your arms over your chest. You may also remain in your seat as you feel comfortable. If you are interested in learning about baptism, please contact a member of our clergy. During communion, Healing Prayer is offered for all people in the west alcove. Please respect the confidentiality of the people praying by not entering the alcove during prayer time.

**During Communion** *If Ye Love Me* Thomas Tallis

*Sister, Let Me Be Your Servant* (CP 500)

Text: Richard Gillard (1953- ).

Music: SERVANT SONG, melody Richard Gillard (1953- ); arr. Betty Carr Pulkingham (1928-2019).

1 Sister, let me be your servant,  
let me be as Christ to you;  
pray that I might have the grace to  
let you be my servant too.

2 We are pilgrims on a journey,  
fellow travellers on the road;  
we are here to help each other  
walk the mile and bear the load.

3 I will hold the Christ-light for you  
in the night-time of your fear;  
I will hold my hand out to you,  
speak the peace you long to hear.

5 When we sing to God in heaven,  
we shall find such harmony,  
born of all we've known together  
of Christ's love and agony.

4 I will weep when you are weeping;  
when you laugh I'll laugh with you.  
I will share your joy and sorrow  
till we've seen this journey through.

6 Brother, let me be your servant,  
let me be as Christ to you;  
pray that I may have the grace to  
let you be my servant too.

## The Prayer after Communion

*Presider* Let us pray.  
Almighty God,  
you renew us at your table with the bread of life.

*All* May your holy food strengthen us in love  
and help us to serve you in each other.  
We ask this in the name of Jesus Christ our Lord. Amen.

## The Doxology

*Presider* Glory to God,  
*All* whose power, working in us,  
can do infinitely more than we can ask or imagine.  
Glory to God from generation to generation  
in the Church and in Christ Jesus, for ever and ever. Amen.

[Commissioning for lay ministers who will be taking communion to those  
not able to participate in the Eucharist at the church:

*Presider* In the name of this congregation, I send you forth bearing Holy gifts,  
that those to whom you go may share with us in the body and blood of Christ.

*All* We who are many are one body, because we share one bread, one cup.]

## The Blessing

*Presider* The peace of God which passes all understanding keep your hearts and minds in the  
knowledge and love of God, and of his Son Jesus Christ our Lord; and the blessing of  
God almighty, the Father, the Son, and the Holy Spirit, be among you and remain with  
you always. Amen.

## Closing Hymn

### *Tell Out, My Soul*

(CP 362)

Text: *Song of Mary* (Luke 1:46-56); para. Timothy Dudley-Smith (1926-2024).

Music: WOODLANDS, Walter Greatorex (1877-1949).

1 Tell out, my soul, the greatness of the Lord!  
Unnumbered blessings, give my spirit voice;  
tender to me the promise of his word;  
in God my Saviour shall my heart rejoice.

2 Tell out, my soul, the greatness of his name!  
Make known his might, the deeds his arm has done;  
his mercy sure, from age to age the same;  
his holy name—the Lord, the mighty one.

3 Tell out, my soul, the greatness of his might!  
Powers and dominions lay their glory by;  
proud hearts and stubborn wills are put to flight,  
the hungry fed, the humble lifted high.

4 Tell out, my soul, the glories of his word!  
Firm is his promise, and his mercy sure.  
Tell out, my soul, the greatness of the Lord  
to children's children and forevermore!

## The Dismissal

*Deacon*      Go forth into the world,  
rejoicing in the power of the Spirit.

*All*            Thanks be to God.

## Postlude

*Book 10, No. 16*  
from *Seventeen Voluntaries for Organ*

Caleb Simper (1856-1942)

# *The Chronicle Newsletter*

Scan the QR code for the latest Chronicle newsletter.



## *The Prayers of the People*

Scan the QR code for the prayer cycles.



## *The Ministers of the Liturgy*

|                          |                               |                            |                                   |
|--------------------------|-------------------------------|----------------------------|-----------------------------------|
| <b>Presider</b>          | The Rev. Matthew Senf         | <b>ASL Interpreter</b>     | Lisz Keallen                      |
| <b>Preacher</b>          | The Rev. Claude St-Denis      | <b>Music</b>               | The Cathedral Chamber Choir       |
| <b>Deacon</b>            | The Rev. Juanita Clark        |                            | Neil Robertson, Guest Organist    |
| <b>Asst. MC</b>          | Ezra Eby                      |                            | Additional members of the         |
| <b>Subdeacon</b>         | Esther Aneke                  |                            | Cathedral Choir are singing today |
| <b>Servers</b>           | Dana Osborne, Nura Mohammed   |                            | at St. Paul's Anglican Church as  |
| <b>Readers</b>           | Nicky Seppala, David Beairsto |                            | part of our Hub and Spoke team    |
| <b>Breadmaker</b>        | David McMillan                |                            | ministries.                       |
| <b>Intercessor</b>       | Esther Aneke                  | <b>Sound/Livestream</b>    | Cathedral Staff                   |
| <b>Gospel Station</b>    | The Rev. Stuart Mennigke      | <b>Duty Trustee</b>        |                                   |
| <b>Gospel Station</b>    | Kate Walker                   | <b>Welcoming Team</b>      | Jane Ditrach, Marilyn Campbell,   |
| <b>Preacher Station</b>  | Ron Jobe                      |                            | Jennifer Chen                     |
| <b>Presider Station</b>  | David McMillan                | <b>Altar Guild</b>         | Louise Kenwood, Aarya Gokhale     |
| <b>Regimental Alcove</b> | The Rev. Justin Cheng         | <b>Healing Prayer Team</b> | Jane Mennigke, Michael Harding    |
| <b>Regimental Alcove</b> | Holly McMillan                |                            |                                   |

## *Today*

**Sundays @ 4 | August 30 | 4:00 p.m.**  
**French Eucharist | August 30 | 5:30 p.m.**  
**Compline | August 30 | 8:00 p.m.**



E-transfer your donation to

[ar@thecathedral.ca](mailto:ar@thecathedral.ca).

Please provide your name and address  
in the Memo Field for tax receipt purposes.



An envelope is enclosed for your convenience  
to give cash or cheque.

If you cannot find it, ask a greeter for one.  
Please also provide your name and address  
for tax receipt purposes.



SCAN TO DONATE

Make a gift through our  
secure website at  
[www.thecathedral.ca/give](http://www.thecathedral.ca/give),  
accessible via the  
QR code above.



Tip Tap  
donations are  
non-receiptable.

This worship takes place on the traditional, ancestral, and unceded territory of the x̱məθkʷəy̓əm (Musqueam),  
Sk̓wxwú7mesh (Squamish), and Səlilwətaʔ (Tsleil-Waututh) nations, in the heart of Vancouver.

All music is printed with permission: License #705, Licensing – Copyright Cleared Music for Churches.  
OneLicense.net #A-729001. All rights reserved. Cover image by Br. Martin Erspamer, OSB.