



St. Paul's News Bulletin

Aug. 30, 2026



Welcome! Please join us after the service for coffee & goodies. If you are a newcomer, please pick up information at the table just outside the sanctuary doors.

Morning Prayer & Bible Study: Wednesday Morning Prayer & Bible Study will resume **Sept. 2**. Evening Bible Study will resume in **September**.

Hand Chimes: Practices resume Friday, **Sept. 11 at 1 p.m.** and Sunday, **Sept. 13**, after the service.



Coffee House: Coffee House will be held **Friday, Sept. 11 at 7 p.m.** Come enjoy our own house band, open mic and snacks. This fun event is family friendly.

Blessing of Backpack: Students, bring your backpacks on **Sept. 13** to be blessed. If anyone requires a backpack for financial reasons, please contact the parish office.



Living Waters: The September/October issue deadline is **Wednesday Sept. 16**. Please submit as early as possible to office@stpaulscalgary.ca

Men's Breakfast: The group meets on Saturday, **Sept. 19** at St. Peter's at 8:30 a.m. Men 13+ are invited to join great food and fellowship.

Ladies' Luncheon: Ladies' Lunch is at 11:20 a.m. on **Sept. 26**. Judith MacDowell will share about the ministry she shared with her husband, Rev. Garry, in Indigenous communities.

Prayer & Praise: Save the date. A time of prayer and praise will be held on **Sept. 26** from 7 – 8 p.m. led by Father Tony.



Back to Church Sunday: Bring a friend, invite your neighbour to see what St. Paul's is all about for our 10 a.m. service on **Sept. 27**. Invitation cards are available from the sidespeople.

Walking Group: Join this group for a walk on **Mondays** at 9 a.m. through a local park. See a schedule of locations on the website under Events.



Life in the Spirit: Do you know what your Spiritual Gifts are? Have you used your gifts today. Experience Personal Renewal in the power of the Holy Spirit in a course that runs Friday

Oct. 2 from 7 p.m. to 9 p.m. & Saturday **Oct. 3** from 10 a.m. to 3 p.m. See more details on posters in the Parish Hall.



Blessing of the Pets: Bring your pets – or a photo of them – to the 10 a.m. service on Sunday **Oct. 4** for them to receive a blessing.

Pledge Cards: Stewardship pledge cards will be available as of **Oct. 4** from the sidespeople. Please prayerfully consider pledging a regular donation to St. Paul's to assist in future planning. Please return cards by **Nov. 8**. You can either leave them on the collection plate (in an envelope) or bring to the parish office. Our theme this year is Plenty Good Room – a reflection on God's abundance and a call to make space for all.

Coffee Fellowship Time: Everyone is encouraged to sign up to host Coffee Fellowship Time. There is no need for a large spread—bring whatever you is comfortable. The focus is on fellowship and spending time together as a church family. Every contribution is appreciated!

St. Paul's Anglican Church

7 Sunmills Green SE T2X 3P6

Phone: 403 256-1428

E-mail: office@stpaulscalgary.ca

web site: www.stpaulscalgary.ca

Incumbent: The Rev'd Tony Hilling

Assistants: The Rev'd Cyril Haynes

The Rev'd Betty Nadurak

People's Wardens: Paul Bourgeois

Rector's Warden: Muiy Ekomwenrenren

Main Facebook Page: [stpaulscalgary](https://www.facebook.com/stpaulscalgary)

X: [@stpaulscalgary](https://twitter.com/stpaulscalgary)

Instagram: [stpaulsanglican Calgary](https://www.instagram.com/stpaulsanglican Calgary)

YouTube: <https://www.youtube.com/channel/UCldxfHv5pFYST--j8as1GVg>

Outreach

Holiday Hope in a Hurting World

It's holiday time for many of us, but the work of Alongside Hope continues as wars and natural disasters cause much suffering and more and more people need help. So please pray, act, and give to Alongside Hope.

5th Sundays of the Month are Food for Others Sundays at St. Paul's. Everyone is invited to bring non-perishable food items and leave them in the bin marked Calgary Food Bank. The next Food for Others Sunday is **Nov. 29**.

Inreach: Many in our congregation face financial struggles due to the economy, so a special fund was created. Donations marked "Financial Help for Parishioners" are welcome. If you are in need of financial help or know of someone in our Parish who is (and you have their permission), please let Tony know. Confidentiality will be respected. This is one way we can care for one another in these challenging times.



Pastoral Care

If you'd like to be part of our **Pastoral Care Team**, please contact the Rev'd Deacon Betty Nadurak to find out more about it.

Chemo Care Bags: If you know of anyone who is beginning Chemo treatment and would benefit from receiving a Chemo Care Bag, please contact the Parish Office.

Prayer Shawl: We meet in person on the first & third Wednesdays of each month at 1 p.m. Contact Laura Anne if you would like to join the group or if you know of anyone who would benefit from receiving a shawl. Everyone is welcome. No experience needed.

Grief Support Group: This is open to anyone who is grieving due to loss, illnesses or other struggles. For more information, please contact Laura Anne or leave your contact information at the Parish Office. Meets on Thursdays at 1 p.m.

Hunger for Healing, a Christian Twelve Step Program, meets Wednesdays 11:30 a.m. to 1 p.m. Everyone is welcome. We'd love to have you join us to find out what it is all about and see if it's for you. There is no official leader. We all take part in leading. For more information, please contact the Rev'd Deacon Betty Nadurak at 403-818-9879.

Check out these opportunities to participate

2026 Flower Chart is on the bulletin board by the kitchen door. Cost: \$30. To make a dedication, fill out the form under the chart or email Chizoba at office@stpaulscalgary.ca.

Prayer Chain Requests: Please contact Dinah Breu with your prayer requests.

Sign: To change the outdoor sign more regularly, we need helpers. ***If you can help, please contact Paul Bourgeois or the Office.***

Card Ministry: If anyone who is grieving, unwell, or celebrating a birthday or anniversary, and would like a greeting card from the St. Paul's Family, contact Pauline Payne at 403-988-2546 or email her at Pauline_payne1@yahoo.com

We need more volunteers for Sidespeople. Please contact Suzanne Wray

We need more volunteers for Soundboard. Please contact Murray Sykes or Paul Bourgeois.

Casserole Ministry: If someone would benefit from receiving a casserole, please **help yourself**. Our freezer for casseroles is now well stocked thanks to parish volunteers. If you would like to contribute a casserole, please label it with what it is, ingredients and the date and put in freezer.

Servers: We are looking for **youth volunteers** to serve during our Sunday services. All youth are welcome to participate! If you are interested, please contact Father Tony or the parish office for more information. Training will be provided.

We are looking for volunteers to be Sacramental Assistants. Please contact Ed or the Parish Office for more information.

Regular Activities at St. Paul's:

- Sunday:** **Holy Eucharist** 10 a.m.
 Hand Chimes Practice 11:30 –12 p.m. (**Resumes Sept. 13**)
 Word to World Ministries Canada: 2 - 3 p.m.
 Philippines Independent Church (IFI): 4 p.m.
- Monday:** **Walking Group:** 9 a.m. (see the St. Paul's website under Events for locations)
 Girl Guides: 6:30 – 8 p.m. (**Resumes in September**).
 St. Paul's Stringers rehearsal: 7:30 p.m.
 Prayer Group - meetings held both in person and online: 1:30 p.m. (2nd Monday of the month **in-person**) 7:30 p.m. (4th Mondays of the month **via Zoom**)
- Tuesday:** **Girl Guides:** 6:30 – 8 p.m. (**Resumes in September**).
 Parish Council: 7 p.m. (usually 2nd Tuesday of the month) (**Next meeting Sept. 8**)
- Wednesday:** **Morning Prayer:** 9:30 a.m. (**Resumes Sept. 2**)
 Morning Bible Study: 10:30 a.m. (**Resumes Sept. 2**).
 Hunger for Healing: 11:30 a.m. (in the Chapel)
 Prayer Shawl Ministry: 1 p.m. (1st & 3rd Wednesdays of the month)
 Evening Bible Study: 7 p.m. via Zoom. (**Will resume in September**).
- Thursday:** **Grief Support Group:** (See Laura Anne if you are interested.)
 TOPS (Taking off Pounds Sensibly): 6:00 p.m.
 Choir Practice: 7:30 p.m.
 If you'd like to join Choir, please contact Paul Bourgeois.
- Friday:** **Hand chimes Practice** 10 - 11 a.m. (**Resumes Sept. 11**)
 Coffee House: 7 p.m. second Friday on alternate months. (**Next date is Sept. 11.**)
- Saturday:** **Ladies Luncheon:** 11:20 am – 4th Saturday each month. (**Next date is Sept. 26.**)
 Men's Breakfast: 8:30 am - (at St. Paul's in Jan, March, May, July, Aug. and Oct. and at St. Peter's Feb, Apr, June, Sept and Nov). (**Next date is Sept. 19 @ St. Peter's.**)



Welcome to newcomers and visitors

St. Paul's welcomes newcomers and invites you to make this your church home. Visitors, please sign our guest book, which is on the standby the sanctuary doors.

We would be most pleased to learn about you and help you learn about us. Please indicate on a pew card, located in racks on the back of the pews, how we can help you feel part of the family.

Please place the card on the offering plate or hand it to one of the clergy or Parish Council members. There are also welcome packages available after the service. We are so glad you were able to join us.

Financial News

Our surplus at the end of July was \$12, 287. Thank you to everyone for helping support our mission financially in these challenging times.



Our Ministries

ALTERNATE WAYS TO DONATE

To donate electronically, the preferred method is by e-transfer. Please use the email gift@stpaulscalgary.ca No password is needed. To help our Envelope Secretary, please include your envelope number in the message. You can also donate via our website (<https://www.stpaulscalgary.ca/donate>).

This is a completely secure system, with the highest level of PCI compliance.

We can also set up direct deposit. For the form, go to our website, type "Donation" in the search box, and click on "Pre- Authorized Donations."

ALTAR FLOWERS: Parish Office

If you would like to donate flowers for the altar, please see the sign-up poster in the hall. Please add your name to the poster on the available date you would like and then fill out a form provided below the poster. You can place your donation in the collection plate prior to the date you have chosen or send an e-transfer. Please be sure to clearly mark your donation as being for Flowers. Anyone is welcome to participate.

ST. PAUL'S IS A SCENT-FREE PARISH

We try to be scent-free out of love and respect for those whose health is threatened by fragrances. We ask for your co-operation in avoiding wearing to church, perfumes and after-shave, perfumed hairsprays, etc. Many thanks.

HEARING DEVICES

If you have trouble hearing the service, please see one of the sidespeople or the sound person for a hearing device. We have several available.

BAPTISM

If you are interested in Baptism, please contact the parish office. Baptisms are usually during the 10 a.m. Sunday service, but other arrangements are possible. Preparation classes will be required.

Stewardship Reflections

"What profit would there be for one to gain the whole world and forfeit his life?"

- Matthew 16:26

St. Francis of Assisi said, "Remember, you are what you are in the eyes of God, and nothing else." We often forget this stewardship wisdom when we spend all our time, talent and treasure to gain more of the world's riches. We need to set our priorities based on God's values and not the values of the material world.



The Call of the Image Bearers: A Narrative Catechism

The Catechism (BCP p. 544-555) is the long-established instrument of the Church to prepare people for baptism & confirmation.

While the traditional Catechism format is very systemic in nature with pupils memorizing answers, this "catechism" is grounded in the Biblical story of salvation history. The goal is to connect with God in this wondrous story of creation, salvation and history, where God is active in the world, and where our relationship is rooted in our relationship with the Triune God as his Image Bearers.

The program will be held on **Wednesday** evenings **Sept. 2 to Dec. 16** on Zoom from 6:30 p.m. to 8 p.m. The instructor is Rev. Br. Jason Carroll. There is no charge. To register, please contact Barbara Labrecque at blabrecque@calgaryanglican.ca