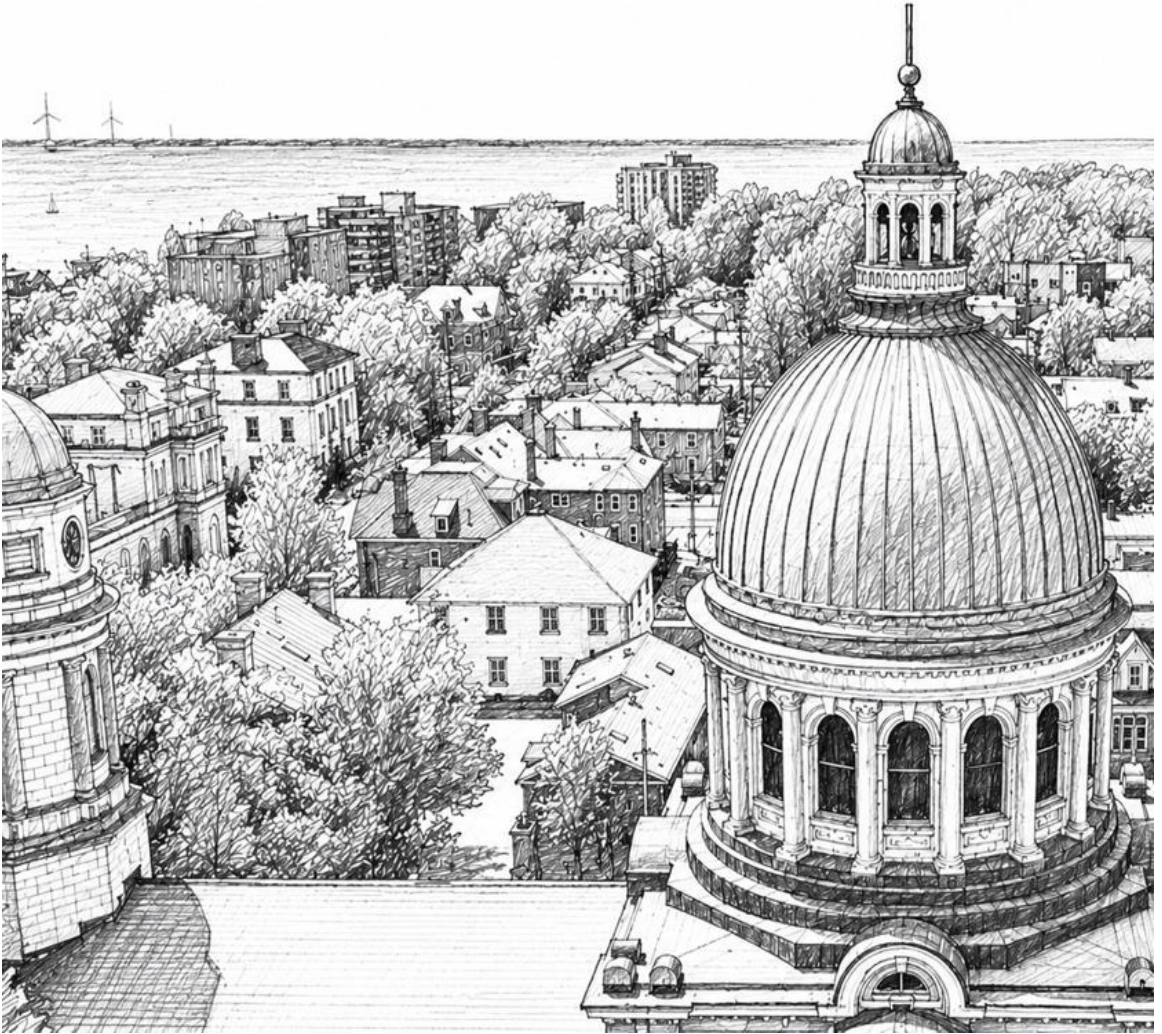


THE HOLY EUCHARIST

The Thirteenth Sunday after Pentecost



The Cathedral Church of Saint George
23 August 2026 • 10:30 a.m.

Welcome to St George's Cathedral

We are so glad you're here! Wherever you are on your spiritual journey, and whether you are joining in the nave or via the livestream, you are welcome here. Please join us in the entryway for a time of fellowship after the service. Sunday School is on holiday this Sunday; however, children and a grown up may take themselves to the library if you desire a quiet space with activities. You may follow along with the service online (www.stgeorgescathedral.ca/worship). We are thrilled you have decided to worship with us!

Land Acknowledgement

We acknowledge that in Kingston we are situated on traditional territory of the Anishinaabe, Haudenosaunee, and Huron Wendat peoples. We seek a new relationship with the original peoples of this land, one rooted in and based upon honour and deep respect.

Leading the Service

<i>Preacher & Presider</i>	The Reverend Gerald Moore
<i>Organist</i>	Brad Barbeau

Assisting with the Service

<i>Reader</i>	James McBride	<i>Livestream</i>	Derek F. & Peter McCubbin
<i>Servers</i>	Derek Falkner & Gerald Courage	<i>Intercessor</i>	Laurie Dempsey
<i>Lay Ministers</i>	Gerald Courage	<i>Verger</i>	Jane Kirkpatrick
<i>Sidespeople</i>	Heather Buchan & Jane Baldwin		

Eucharistic Prayer

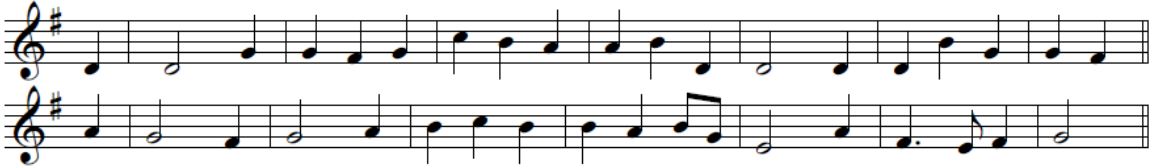
The Book of Alternative Services, Prayer B

The Gathering of the Community

Prelude

The people stand as the procession enters the Cathedral.

Opening Hymn | Sung by all, standing as able



Through all the changing scenes of life,
in trouble and in joy,
the praises of my God shall still
my heart and tongue employ.

4 O make but trial of his love,
experience will decide
how blest are they, and only they,
who in his truth confide!

2 O magnify the Lord with me,
with me exalt his name;
when in distress to him I called,
he to my rescue came.

5 Fear him, ye saints, and you will then
have nothing else to fear;
make you his service your delight,
your wants shall be his care.

3 The hosts of God encamp around
the dwellings of the just;
deliverance he affords to all
who on his succour trust.

6 To Father, Son, and Holy Ghost,
the God whom we adore,
be glory, as it was, is now,
and shall be evermore

Wiltshire
George Smart 1776-1867

Tate and Brady's *New Version*, 1696, 1698

The people remain standing for the Land Acknowledgment and are seated for the Notices.

Welcome & Land Acknowledgment

The people stand as able at the invitation of the Celebrant.

The Opening Acclamation

Celebrant The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit be with you all.

People And with thy spirit.

Celebrant Almighty God,
People unto whom all hearts be open, all desires known, and from whom no secrets are hid: cleanse the thoughts of our hearts by the inspiration of thy Holy Spirit, that we may perfectly love thee, and worthily magnify thy holy name, through Christ our Lord. Amen.

Gloria in Excelsis | Said by all.

Celebrant

Glory be to God on high,

People

and in earth peace, good will towards all. We praise thee, we bless thee, we worship thee, we glorify thee, we give thanks to thee for thy great glory, O Lord God, heavenly King, God the Father Almighty.

O Lord, the only-begotten Son, Jesu Christ; O Lord God, Lamb of God, Son of the Father, that takest away the sins of the world, have mercy upon us.

Thou that takest away the sins of the world, receive our prayer. Thou that sittest at the right hand of God the Father, have mercy upon us.

For thou only art holy; thou only art the Lord; thou only, O Christ, with the Holy Ghost, art most high in the glory of God the Father. Amen.

The Collect for the Day

Celebrant

Almighty God, we are taught by your word that all our doings without love are worth nothing. Send your Holy Spirit and pour into our hearts that most excellent gift of love, the true bond of peace and of all virtue; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever.

People

Amen.

The people are seated.

The Proclamation of the Word

The First Lesson | Exodus 1:8-2:10

Now a new king arose over Egypt, who did not know Joseph. He said to his people, "Look, the Israelite people are more numerous and more powerful than we. Come, let us deal shrewdly with them, or they will increase and, in the event of war, join our enemies and fight against us and escape from the land." Therefore they set taskmasters over them to oppress them with forced labour. They built supply cities, Pithom and Rameses, for Pharaoh. But the more they were oppressed, the more they multiplied and spread, so that the Egyptians came to dread the Israelites. The Egyptians became ruthless in imposing tasks on the Israelites, and made their lives bitter with hard service in mortar and brick and in every kind of field labour. They were ruthless in all the tasks that they imposed on them. The king of Egypt said to the Hebrew midwives, one of whom was named Shiphrah and the other Puah, "When you act as midwives to the Hebrew women, and see them on the birthstool, if it is a boy, kill him; but if it is a girl, she shall live." But the midwives feared God; they did not do as the king of Egypt commanded them, but they let the boys live. So the king of Egypt summoned the midwives and said to them, "Why have you done this, and allowed the boys to live?" The midwives said to Pharaoh, "Because the Hebrew women are not like the Egyptian women; for they are vigorous and give birth before the midwife comes to them." So God dealt well with the midwives; and the people multiplied and became very strong. And because the midwives feared God, he gave them families. Then Pharaoh commanded all his people, "Every boy that is born to the Hebrews you shall throw into the Nile, but you shall let every girl live." Now a man from the house of Levi went and married a Levite woman. The woman conceived and bore a son; and when she saw that he was a

fine baby, she hid him three months. When she could hide him no longer she got a papyrus basket for him, and plastered it with bitumen and pitch; she put the child in it and placed it among the reeds on the bank of the river. His sister stood at a distance, to see what would happen to him. The daughter of Pharaoh came down to bathe at the river, while her attendants walked beside the river. She saw the basket among the reeds and sent her maid to bring it. When she opened it, she saw the child. He was crying, and she took pity on him, "This must be one of the Hebrews' children," she said. Then his sister said to Pharaoh's daughter, "Shall I go and get you a nurse from the Hebrew women to nurse the child for you?" Pharaoh's daughter said to her, "Yes." So the girl went and called the child's mother. Pharaoh's daughter said to her, "Take this child and nurse it for me, and I will give you your wages." So the woman took the child and nursed it. When the child grew up, she brought him to Pharaoh's daughter, and she took him as her son. She named him Moses, "because," she said, "I drew him out of the water."

Reader The word of the Lord.

People Thanks be to God.

Psalm 124

REFRAIN Our help is in the name of the Lord.

If the Lord had not been on our side, let Israel now say;

if the Lord had not been on our side, when enemies rose up against us;

then would they have swallowed us up alive in their fierce anger toward us;

Then would the waters have overwhelmed us and the torrent gone over us;

then would the raging waters have gone right over us.

Blessed be the Lord! he has not given us over to be a prey for their teeth.

We have escaped like a bird from the snare of the fowler; the snare is broken, and we have escaped.

Our help is in the name of the Lord, the maker of heaven and earth. ***Refrain***

The Second Lesson | Romans 12:1-8

I appeal to you therefore, brothers and sisters, by the mercies of God, to present your bodies as a living sacrifice, holy and acceptable to God, which is your spiritual worship. Do not be conformed to this world, but be transformed by the renewing of your minds, so that you may discern what is the will of God - what is good and acceptable and perfect. For by the grace given to me I say to everyone among you not to think of yourself more highly than you ought to think, but to think with sober

judgement, each according to the measure of faith that God has assigned. For as in one body we have many members, and not all the members have the same function, so we, who are many, are one body in Christ, and individually we are members one of another. We have gifts that differ according to the grace given to us: prophecy, in proportion to faith; ministry, in ministering; the teacher, in teaching; the exhorter, in exhortation; the giver, in generosity; the leader, in diligence; the compassionate, in cheerfulness.

Reader The word of the Lord.

People Thanks be to God.

Gradual Hymn | Sung by all, standing as able



Brother, sister, let me serve you;
let me be as Christ to you;
pray that I may have the grace to
let you be my servant too.

4 I will weep when you are weeping;
when you laugh I'll laugh with you;
I will share your joy and sorrow,
till we've seen this journey through.

2 We are pilgrims on a journey,
and companions on the road;
we are here to help each other
walk the mile and bear the load.

5 When we sing to God in heaven,
we shall find such harmony,
born of all we've known together
of Christ's love and agony.

3 I will hold the Christ light for you
in the nighttime of your fear;
I will hold my hand out to you,
speak the peace you long to hear.

6 Brother, sister, let me serve you;
let me be as Christ to you;
pray that I may have the grace to
let you be my servant too.

Servant Song

Robert Gillard b. 1953

Robert Gillard b. 1953

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The Holy Gospel | Matthew 16:13-20

Gospeller

The Lord be with you.

People

And with thy spirit.

Gospeller

The Holy Gospel of our Lord Jesus Christ according to Matthew.

People

Glory be to thee, O Lord.

Now when Jesus came into the district of Caesarea Philippi, he asked his disciples, "Who do people say that the Son of Man is?" And they said, "Some say John the Baptist, but others Elijah, and still others Jeremiah or one of the prophets." He said to them, "But who do you say that I am?" Simon Peter answered, "You are the Messiah, the Son of the living God." And Jesus answered him, "Blessed are you, Simon son of Jonah! For flesh and blood has not revealed this to you, but my Father in

heaven. And I tell you, you are Peter, and on this rock I will build my church, and the gates of Hades will not prevail against it. I will give you the keys of the kingdom of heaven, and whatever you bind on earth will be bound in heaven, and whatever you loose on earth will be loosed in heaven." Then he sternly ordered the disciples not to tell anyone that he was the Messiah.

Gospeller
People

The Gospel of Christ.
Praise be to thee, O Christ.

The people are seated at the invitation of the Preacher

The Sermon | The Reverend Gerald Moore

Silence may be kept. The people stand as able.

The Nicene Creed

Celebrant
People

Let us confess our faith, as we say,
I believe in one God, the Father almighty, maker of heaven and earth, and of all things visible and invisible;

And in one Lord Jesus Christ, the only-begotten Son of God, begotten of the Father before all worlds, God, of God; Light, of Light; very God, of very God; begotten, not made; being of one substance with the Father; through whom all things were made: who for us and for our salvation came down from heaven, and was incarnate by the Holy Ghost of the Virgin Mary, and was made man, and was crucified also for us under Pontius Pilate. He suffered and was buried, and the third day he rose again according to the scriptures, and ascended into heaven, and sitteth on the right hand of the Father. And he shall come again with glory to judge both the quick and the dead: whose kingdom shall have no end.

And I believe in the Holy Ghost, the Lord, the giver of life, who proceedeth from the Father and the Son, who with the Father and the Son together is worshipped and glorified, who spake by the prophets. And I believe one, holy, catholic, and apostolic Church. I acknowledge one baptism for the remission of sins. And I look for the resurrection of the dead, and the life of the world to come. Amen.

The people may stand, sit, or kneel as preferred.

The Prayers of the People

Confession & Absolution

Celebrant

Hear what comfortable words our Saviour Christ saith unto all that truly turn to him. Come unto me all that labour and are heavy laden, and I will refresh you.

Matthew 1.28

God so loved the world, that he gave his only-begotten Son, to the end that all that believe in him should not perish but have eternal life.

John 3.16

Hear also what Saint Paul saith. This is a true saying, and worthy of all to be received, that Christ Jesus came into the world to save sinners.

1 Timothy 1.15

Hear also what Saint John saith. If anyone sin, we have an Advocate with the Father, Jesus Christ the righteous; and he is the propitiation for our sins; and not for ours only, but also for the sins of the whole world.

1 John 2.1,2

Silence may be kept.

Let us humbly confess our sins to almighty God.

People

Almighty God, Father of our Lord Jesus Christ, Maker of all things and judge of all people: We acknowledge and confess our manifold sins and wickedness, Which we from time to time most grievously have committed, By thought, word and deed, Against thy divine majesty. We do earnestly repent, and are heartily sorry for these our misdoings. Have mercy upon us, most merciful Father; For thy Son our Lord Jesus Christ's sake, Forgive us all that is past; And grant that we may ever hereafter Serve and please thee In newness of life, To the honour and glory of thy name; Through Jesus Christ our Lord. Amen.

Celebrant

Almighty God, our heavenly Father, who of his great mercy hath promised forgiveness of sins to all them that with hearty repentance and true faith turn unto him: have mercy upon you; pardon and deliver you from all your sins; confirm and strengthen you in all goodness; and bring you to everlasting life; through Jesus Christ our Lord.

People

Amen.

The people stand as able.

The Peace

Celebrant

The peace of the Lord be always with you.

People

And with thy spirit.

The people greet one another with a sign of God's peace.



An offering is received to support the mission and ministry of the Cathedral. All are invited to make a gift as the plate is passed, or by visiting www.stgeorgescathedral.ca/donate to give securely online.

The Holy Communion

Offertory Hymn | Sung by all, standing as able.



All for Jesus - all for Jesus,
This our song shall ever be;
For we have not hope, nor Saviour,
If we have not hope in Thee.

4 All for Jesus - 'Thou hast love us;
All for Jesus 'Thou hast died;
All for Jesus 'Thou art with us;
All for Jesus Crucified.

2 All for Jesus - 'Thou wilt give us
Strength to serve Thee hour by hour;
None can move us from Thy presence
While we trust Thy love and power.

5 All for Jesus - all for Jesus
This the Church's song must be
Till, at last her sons are gathered
One in love and one in Thee.

3 All for Jesus - at Thine altar
Thou wilt give us sweet content;
There, dear Lord, we shall receive Thee
In the solemn Sacrament.

All for Jesus
John Stainer 1840-1901

William Sparrow-Simpson 1859-1952

Prayer Over the Gifts

Celebrant God of glory, receive all we offer this day as a symbol of our love, and increase in us that true and perfect gift. We ask this in the name of Jesus Christ our Lord.

People **Amen.**

The Great Thanksgiving

Celebrant The Lord be with you.

People **And with thy spirit.**

Celebrant Lift up your hearts.

People **We lift them up unto the Lord.**

Celebrant Let us give thanks unto our Lord God.

People **It is meet and right so to do.**

Celebrant It is very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O Lord, holy Father, almighty, everlasting God, creator and preserver of all things. For thou art the fountain of light and life for all thy creation: thou hast made us in thine own image, and dost raise us to new life in Jesus

Christ our Saviour. Therefore, with angels and archangels, and with all the company of heaven, we laud and magnify thy glorious name; evermore praising thee and saying:

People

Holy, holy, holy, Lord God of Hosts, heaven and earth are full of thy glory. Glory be to thee, O Lord most high. Blessed is he that cometh in the name of the Lord: Hosanna in the highest.

The people are seated as the celebrant continues:

Celebrant

All glory be to thee, O Lord our God, who didst make us in thine own image; and, of thy tender mercy, didst give thine only Son Jesus Christ to take our nature upon him, and to suffer death upon the cross for our redemption. He made there a full and perfect sacrifice for the whole world; and did institute, and in his holy Gospel command us to continue, a perpetual memory of that his precious death and sacrifice, until his coming again; who, in the same night that he was betrayed, took bread; and when he had given thanks to thee, he broke it, and gave it to his disciples, saying, "Take, eat, this is my body, which is given for you. Do this in remembrance of me."

Likewise, after supper, he took the cup; and when he had given thanks, he gave it to them, saying, "Drink this, all of you; for this is my blood of the new covenant, which is shed for you, and for many, for the remission of sins. Do this, as oft as ye shall drink it, in remembrance of me."

Wherefore, O Lord and heavenly Father, we thy people do celebrate and make, with these thy holy gifts which we now offer unto thee, the memorial thy Son hath commanded us to make; having in remembrance his blessed passion and precious death, his mighty resurrection and glorious ascension; and looking for his coming again with power and great glory.

And we most humbly beseech thee, O merciful Father, to hear us, and, with thy Word and Holy Spirit, to bless and sanctify these gifts of bread and wine, that they may be unto us the body and blood of thy dearly-beloved Son Jesus Christ.

People

**We praise thee, we bless thee, we thank thee,
and we pray to thee, Lord our God.**

Celebrant

And we earnestly desire thy fatherly goodness to accept this our sacrifice of praise and thanksgiving, whereby we offer and present unto thee, O Lord, ourselves, our souls and bodies. Grant, we beseech thee, that all who partake of this holy communion may worthily receive the most precious body and blood of thy Son Jesus Christ, and be filled with thy grace and heavenly benediction; and also that we and all thy whole Church may be made one body with him, that he may dwell in us, and we in him; through the same Jesus Christ our Lord;

By whom, and with whom, and in whom, in the unity of the Holy Spirit all honour and glory be unto thee, O Father Almighty, world without end.

People

Amen.

The Lord's Prayer

Celebrant

And now, as our Saviour Christ hath taught us, we are bold to pray,

People

**Our Father, who art in heaven, hallowed be thy name,
thy kingdom come, thy will be done,**

on earth as it is in heaven. Give us this day our daily bread.

And forgive us our trespasses, as we forgive those who trespass against us.

And lead us not into temptation but deliver us from evil.

For thine is the kingdom, the power, and the glory, for ever and ever. Amen.

The Breaking of the Bread

People

**We do not presume to come to this thy table, O merciful Lord, Trusting in
our own righteousness, But in thy manifold and great mercies. We are not
worthy So much as to gather up the crumbs under thy table. But thou art the
same Lord, whose property is always to have mercy: Grant us therefore,
gracious Lord, So to eat the flesh of thy dear Son Jesus Christ, and to drink
his blood, That we may evermore dwell in him, And he in us. Amen.**

All baptized Christians are welcome to receive communion in this Church. Please move to the rail at the direction of the ushers. You may receive the bread in open and outstretched hands, responding: "Amen." Gluten-free wafers are available; please make your need known to the minister. If you prefer not to receive wine from the common cup, you may simply touch the base of the chalice, again responding: "Amen." Should you wish to receive a blessing, please indicate that to the priest by crossing your arms over your chest.

The Prayer after Communion

Celebrant

Living God, increase in us the healing power of your love. Guide and direct us
that we may please you in all things, for the sake of Jesus Christ our Lord.

People

Amen.

The people stand as able.

Celebrant

Glory to God,

People

**whose power, working in us, can do infinitely more than we can ask or
imagine. Glory to God from generation to generation, in the Church and in
Christ Jesus, for ever and ever. Amen.**

The Blessing

Celebrant

Life is short, and we do not have much time to gladden the hearts of those who
journey with us. And so make haste to love, and be swift to be kind; And may the
God who travels with us, the God of pilgrimage, the God of Hope, bless, care and
keep you, Father, Son and Holy Spirit, now and always.

People

Amen.

The Dismissal

Celebrant

Go in peace to love and serve the Lord.

People

Thanks be to God.

Recessional Hymn | Sung by all, standing as able



Guide me, O thou great Redeemer,
pilgrim through this barren land;
I am weak, but thou art mighty;
hold me with thy powerful hand:
Bread of heaven, bread of heaven,
feed me now and evermore,
feed me now and evermore.

3 When I tread the verge of Jordan,
bid my anxious fears subside;
death of death, and hell's destruction,
land me safe on Canaan's side:
songs and praises, songs and praises
I will ever give to thee,
I will ever give to thee.

2 Open now the crystal fountain
whence the healing stream doth flow;
let the fiery cloudy pillar
lead me all my journey through:
strong deliverer, strong deliverer,
be thou still my strength and shield,
be thou still my strength and shield.

Cwm Rhondda

Welsh hymn melody, in J. Robert's *Caniadau y Cyssegr*, 1839

William Williams 1717-1791

tr. Peter Williams 1722-96

Postlude

The postlude concludes our worship service, sending us forth into the week ahead. You may choose to remain seated for the duration or depart following the closing hymn.

The Cathedral Church of St George

www.stgeorgescathedral.ca

The Very Reverend Douglas Michael, *Dean & Rector*

Brad Barbeau, *Director of Music*

