



St. Paul's News Bulletin

Aug. 23, 2026



Welcome! Please join us after the service for coffee & goodies. If you are a newcomer, please pick up information at the table just outside the sanctuary doors.

End of Summer BBQ: A delicious pig roast will be a highlight of the BBQ held on **Aug. 29 at 4 p.m.**, jointly organized by St. Paul's Community Connections and Hospitality ministries. Please bring a salad, side or dessert to share. Expect BBQ favourites, games for all ages, face painting and so much! Fun for all ages. Join us! Volunteers are needed. Signup sheets are in the hall.

Summer office closure: The St. Paul's admin office will be closed all **Fridays in August**.

Food for Others Sunday: Aug. 30 is Food for Others Sunday to draw attention to giving non-perishable items to the Calgary Food Bank. Donations may be left in the marked box in the Parish Hall by the main door.

Summer Schedules: Wednesday Morning Prayer & Bible Study will resume **Sept. 2**. Wednesday Evening Bible Study will resume in **September**.

Hand chimes: Practices resume Friday, **Sept. 11 at 1 p.m.** and Sunday, **Sept. 13**, after the service.

Walking Group: Join this group for a walk on **Mondays** at 9 a.m. through a local park. See a schedule of locations on the website under Events.

Coffee Fellowship Time: Everyone is encouraged to sign up to host Coffee Fellowship Time. There is no need for a large spread—bring whatever you is comfortable. The focus is on fellowship and spending time together as a church family. Every contribution is appreciated!

Coffee House: The next Coffee House will be held **Friday, Sept. 11 at 7 p.m.** Come enjoy our own house band, open mic and snacks. This fun event is family friendly.

Fundraiser: The Hospitality Ministry is accepting donations of **recyclable bottles**. Please see Abby.



Blessing of Backpack: Students, bring your backpacks on **Sept. 13** to be blessed. If anyone requires a backpack for financial reasons, please contact the parish office.

Living Waters: The September/October issue deadline is **Wednesday Sept. 16**. Please submit as early as possible to office@stpaulscalgary.ca

Men's Breakfast: The group meets on Saturday, **Sept. 19** at St. Peter's at 8:30 a.m. Men 13+ are invited to join great food and fellowship.



Ladies' Luncheon: There is no gathering of this group for August. The next lunch is on **Sept. 26**. Judith MacDowell will share about the ministry she shared with her husband, Rev. Garry, in Indigenous communities.



Back to Church Sunday: Bring a friend, invite your neighbour to see what St. Paul's is all about for our 10 a.m. service on Sunday **Sept. 27**. Invitation cards will be available at the end of August.

Bulletin: Deadline for announcements or bulletin items is **Tuesday** of each week. Please submit by email to the parish office.

St. Paul's Anglican Church

7 Sunmills Green SE T2X 3P6

Phone: 403 256-1428

E-mail: office@stpaulscalgary.ca

web site: www.stpaulscalgary.ca

Incumbent: The Rev'd Tony Hilling

Assistants: The Rev'd Cyril Haynes

The Rev'd Betty Nadurak

People's Wardens: Paul Bourgeois

Rector's Warden: Muyi Ekomwenrenren

Main Facebook Page: [stpaulscalgary](https://www.facebook.com/stpaulscalgary)

X: [@stpaulscalgary](https://www.x.com/stpaulscalgary)

Instagram: [stpaulsanglican Calgary](https://www.instagram.com/stpaulsanglican Calgary)

YouTube: <https://www.youtube.com/channel/UCldxfHv5pFYST--j8as1GVg>

Outreach

Holiday Hope in a Hurting World

It's holiday time for many of us, but the work of Alongside Hope continues as wars and natural disasters cause much suffering and more and more people need help. So please pray, act, and give to Alongside Hope.

5th Sundays of the Month are Food for Others Sundays at St. Paul's. Everyone is invited to bring non-perishable food items and leave them in the bin marked Calgary Food Bank. The next Food for Others Sunday is **Aug. 30**.

Inreach: Many in our congregation face financial struggles due to the economy, so a special fund was created. Donations marked "Financial Help for Parishioners" are welcome. If you are in need of financial help or know of someone in our Parish who is (and you have their permission), please let Tony know. He will maintain absolute confidentiality. This is one way we can care for one another in these challenging times.



Pastoral Care

If you'd like to be part of our **Pastoral Care Team**, please contact the Rev'd Deacon Betty Nadurak to find out more about it.

Chemo Care Bags: If you know of anyone who is beginning Chemo treatment and would benefit from receiving a Chemo Care Bag, please contact the Parish Office.

Prayer Shawl: We meet in person on the first & third Wednesdays of each month at 1 p.m. Contact Laura Anne if you would like to join the group or if you know of anyone who would benefit from receiving a shawl. Everyone is welcome. No experience needed.

Grief Support Group: This is open to anyone who is grieving due to loss, illnesses or other struggles. For more information, please contact Laura Anne or leave your contact information at the Parish Office. Meets on Thursdays at 1 p.m.

Hunger for Healing, a Christian Twelve Step Program, meets Wednesdays 11:30 a.m. to 1 p.m. Everyone is welcome. We'd love to have you join us to find out what it is all about and see if it's for you. There is no official leader. We all take part in leading. For more information, please contact the Rev'd Deacon Betty Nadurak at 403-818-9879.

Check out these opportunities to participate

2026 Flower Chart is on the bulletin board by the kitchen door. Cost: \$30. To make a dedication, fill out the form under the chart or email Chizoba at office@stpaulscalgary.ca.

Prayer Chain Requests: Please contact Dinah Breu with your prayer requests.

Sign: To change the outdoor sign more regularly, we need helpers. ***If you can help, please contact Paul Bourgeois or the Office.***

Card Ministry: If anyone who is grieving, unwell, or celebrating a birthday or anniversary, and would like a greeting card from the St. Paul's Family, contact Pauline Payne at 403-988-2546 or email her at Pauline_payne1@yahoo.com

We need more volunteers for Sidespeople. Please contact Suzanne Wray

We need more volunteers for Soundboard. Please contact Murray Sykes or Paul Bourgeois.

Casserole Ministry: If someone would benefit from receiving a casserole, please **help yourself**. Our freezer for casseroles is now well stocked thanks to parish volunteers. If you would like to contribute a casserole, please label it with what it is, ingredients and the date and put in freezer.

Servers: We are looking for **youth volunteers** to serve during our Sunday services. All youth are welcome to participate! If you are interested, please contact Father Tony or the parish office for more information. Training will be provided.

We are looking for volunteers to be Sacramental Assistants. Please contact Ed or the Parish Office for more information.

Regular Activities at St. Paul's:

- Sunday:** **Holy Eucharist** 10 a.m.
 Hand Chimes Practice 11:30 –12 p.m. (**Resumes Sept. 13**)
 Word to World Ministries Canada: 2 - 3 p.m.
 Philippines Independent Church (IFI): 4 p.m.
- Monday:** **Walking Group:** 9 a.m. (see the St. Paul's website under events for locations)
 Girl Guides: 6:30 – 8 p.m. (**Resumes in September**).
 St. Paul's Stringers rehearsal: 7:30 p.m.
 Prayer Group - meetings held both in person and online: 1:30 p.m. (2nd Monday of the month **in-person**) 7:30 p.m. (4th Mondays of the month **via Zoom**)
- Tuesday:** **Girl Guides:** 6:30 – 8 p.m. (**Resumes in September**).
 Parish Council: 7 p.m. (usually 2nd Tuesday of the month) (**Next meeting Sept. 8**).
- Wednesday:** **Morning Prayer:** 9:30 a.m. (**Resumes Sept. 2**)
 Morning Bible Study: 10:30 a.m. (**Resumes Sept. 2**).
 Hunger for Healing: 11:30 a.m. (in the Chapel)
 Prayer Shawl Ministry: 1 p.m. (1st & 3rd Wednesdays of the month)
 Evening Bible Study: 7 p.m. via Zoom. (**Will resume in September**).
- Thursday:** **Grief Support Group:** (See Laura Anne if you are interested.)
 TOPS (Taking off Pounds Sensibly): 6:00 p.m.
 Choir Practice: 7:30 p.m.
 If you'd like to join Choir, please contact Paul Bourgeois.
- Friday:** **Hand chimes Practice** 10 - 11 a.m. (**Resumes Sept. 11**)
 Coffee House: 7 p.m. second Friday on alternate months. **Next date is Sept. 11.**
- Saturday:** **Ladies Luncheon:** 11:20 am – 4th Saturday each month. **Next date is Sept. 26.**
 Men's Breakfast: 8:30 am - (at St. Paul's in Jan, March, May, July, Aug. and Oct. and at St. Peter's Feb, Apr, June, Sept and Nov). **Next date is Sept. 19 @ St. Peter's.**



Welcome to newcomers and visitors

St. Paul's welcomes newcomers and invites you to make this your church home. Visitors, please sign our guest book, which is on the standby the sanctuary doors.

We would be most pleased to learn about you and help you learn about us. Please indicate on a pew card, located in racks on the back of the pews, how we can help you feel part of the family.

Please place the card on the offering plate or hand it to one of the clergy or Parish Council members. There are also welcome packages available after the service. We are so glad you were able to join us.

Financial News

Our surplus at the end of July was \$12, 287. Thank you to everyone for helping support our mission financially in these challenging times.



Our Ministries

GRIEF SUPPORT GROUP: Laura Anne Fink

This is open to anyone who may be grieving from a death, lose of health or the break-up of a relationship. It is also open to anyone from the community you don't have to attend St Paul's. If you are interested or you know of someone who maybe interested, please contact the parish office.

FATHER LACOMBE CARE CENTRE: Kathleen Robinson

A Reserved Eucharist service is held at the Father Lacombe Care Centre in Midnapore on Sunday afternoon every four weeks, hosted by our clergy and volunteers. Volunteers are needed to assist residents in getting to the chapel, as well as finding the correct page for the lyrics for the hymns we sing. This service is an uplifting experience for the residents who attend and is an important way to serve our community.

STEWARDSHIP MINISTRY: Kerin Spaagaren

Christian Stewardship is a way of life and involves all of us and all that we have. Our Stewardship plan is called Year-Round Stewardship. This way we will be focusing on all aspects of Stewardship: Time and Talent, Treasure and Environment. Anyone interested in assisting with this ministry is encouraged to contact the Parish Office.

ENVELOPES: Debra Brisbin
envsecretary@stpaulscalgary.ca

Envelopes are available from the church office. If you would like donation envelopes, please mark the box on the newcomer cards available in the pews or from a sidesperson. The envelopes with your name on them will be available by the name tags at the north door.

Stewardship Reflections

"Or who has given the Lord anything that he may be repaid?" - Romans 11:35

St. Paul reminds us of a central fact of stewardship. We cannot give God anything - He already owns it all. God made everything, including us. Since we are made in His image, we too, are called to be generous. How we use our God-given gifts becomes our gift back to Him. Gratitude for all we have been given opens our hearts to joyful generosity! And, through our generosity, we just may be the answer to someone else's prayer.



The Call of the Image Bearers: A Narrative Catechism

The Catechism (BCP p. 544-555) is the long-established instrument of the Church to prepare people for baptism & confirmation. While the traditional Catechism format is very systemic in nature with pupils memorizing answers, this "catechism" is grounded in the Biblical story of salvation history. The goal is to connect with God in this wondrous story of creation, salvation and history, where God is active in the world, and where our relationship is rooted in our relationship with the Triune God as his Image Bearers.

The program will be held on **Wednesday** evenings **Sept. 2 to Dec. 16** on Zoom from 6:30 p.m. to 8 p.m. The instructor is Rev. Br. Jason Carroll. There is no charge. To register, please contact Barbara Labrecque at blabrecque@calgaryanglican.ca