



**Sunday August 23 2026
Trinity Anglican Church
10am Holy Eucharist**

Welcome to Trinity! Thank you for joining us this morning.

*To help us save paper: download this worship booklet on your phone,
www.trinityottawa.ca/booklets Our wifi is Trinity Church, password 1230BankStreet.*

To participate online, here are the links. By Zoom:

<https://us02web.zoom.us/j/85921033414?pwd=NHNZh8ejqyLWqXbPiOWO1UMBCsxb2w.1>

Facebook: <https://www.facebook.com/trinityanglicanottawa>

If you are here in person, you are welcome to place your donation in the offering plate at the back of the church. You may also make donations to Trinity by etransfer to treasurer@trinityottawa.ca or by giving online at <https://www.trinityottawa.ca/give>. Please provide us with your contact information so that we can provide you with a tax receipt. Thank you!

At certain points in the service we will suggest standing or sitting. At any time, please feel free to take the posture (standing, sitting, kneeling) which is right for you.

Thank you to Roland Graham for leading music for us this morning.

Prelude

We Gather as a Community

Welcome and Territorial Acknowledgment

As we gather, we acknowledge that Ottawa stands on the unceded traditional territory of the Algonquin Anishinabeg people.

May we dwell on this land with gratitude and respect.



ANGLICAN CHURCH

Greeting

The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit,
be with you all.

And also with you.

Opening Hymn: #497 Eternal Ruler of the Ceaseless Round

Opening Prayers

Almighty God,

**to you all hearts are open, all desires known,
and from you no secrets are hidden.**

**Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit,
that we may perfectly love you, and worthily magnify your holy name;
through Christ our Lord. Amen**

The Collect

Let us pray.

We pray silently

O God,

**with all your faithful followers of every age,
we praise you, the rock of our life.**

**Be our strong foundation
and form us into the body of your Son,
so that we may gladly minister to all the world,
through Jesus Christ, our Saviour and Lord,
who lives and reigns with you and the Holy Spirit,
one God, now and for ever. Amen.**

We Proclaim the Word

The First Reading: Exodus 1:8-2:10 (Reader: Ken Ross)

Now a new king arose over Egypt who did not know Joseph. He said to his people, "Look, the Israelite people are more numerous and more powerful than we. Come, let us deal shrewdly with them, or they will increase and, in the event of war, join our enemies and fight against us and escape from the land." Therefore they set taskmasters over them to oppress them with forced labor. They built supply cities, Pithom and Rameses, for Pharaoh. But the more they

were oppressed, the more they multiplied and spread, so that the Egyptians came to dread the Israelites. The Egyptians subjected the Israelites to hard servitude and made their lives bitter with hard servitude in mortar and bricks and in every kind of field labor. They were ruthless in all the tasks that they imposed on them.

The king of Egypt said to the Hebrew midwives, one of whom was named Shiphrah and the other Puah, "When you act as midwives to the Hebrew women and see them on the birthstool, if it is a son, kill him, but if it is a daughter, she shall live." But the midwives feared God; they did not do as the king of Egypt commanded them, but they let the boys live. So the king of Egypt summoned the midwives and said to them, "Why have you done this and allowed the boys to live?" The midwives said to Pharaoh, "Because the Hebrew women are not like the Egyptian women, for they are vigorous and give birth before the midwife comes to them." So God dealt well with the midwives, and the people multiplied and became very strong. And because the midwives feared God, he gave them families. Then Pharaoh commanded all his people, "Every son that is born to the Hebrews you shall throw into the Nile, but you shall let every daughter live."

Now a man from the house of Levi went and married a Levite woman. The woman conceived and bore a son, and when she saw that he was a fine baby, she hid him three months. When she could hide him no longer she got a papyrus basket for him and plastered it with bitumen and pitch; she put the child in it and placed it among the reeds on the bank of the river. His sister stood at a distance, to see what would happen to him.

The daughter of Pharaoh came down to bathe at the river, while her attendants walked beside the river. She saw the basket among the reeds and sent her maid to bring it. When she opened it, she saw the child. He was crying, and she took pity on him. "This must be one of the Hebrews' children," she said. Then his sister said to Pharaoh's daughter, "Shall I go and get you a nurse from the Hebrew women to nurse the child for you?" Pharaoh's daughter said to her, "Yes." So the girl went and called the child's mother. Pharaoh's daughter said to her, "Take this child and nurse it for me, and I will give you your wages." So the woman took the child and nursed it. When the child grew up, she brought him to Pharaoh's daughter, and he became her son. She named him Moses, "because," she said, "I drew him out of the water."

Hear what the Spirit is saying to the Church

Thanks be to God

Psalms 124

1 If the Lord had not been on our side,
let Israel now say;

**2 if the Lord had not been on our side,
when enemies rose up against us;**

3 then would they have swallowed us up alive
in their fierce anger toward us;

**4 then would the waters have overwhelmed us
and the torrent gone over us;**

5 then would the raging waters
have gone right over us.

6 Blessed be the Lord

who has not given us over to be a prey for their teeth.

7 We have escaped like a bird from the snare of the fowler;
the snare is broken, and we have escaped.

**8 Our help is in the name of the Lord,
the maker of heaven and earth.**

The Second Reading: Romans 12:1-8 (Reader: Travis DeCook)

I appeal to you therefore, brothers and sisters, on the basis of God's mercy, to present your bodies as a living sacrifice, holy and acceptable to God, which is your reasonable act of worship. Do not be conformed to this age, but be transformed by the renewing of the mind, so that you may discern what is the will of God—what is good and acceptable and perfect.

For by the grace given to me I say to everyone among you not to think of yourself more highly than you ought to think but to think with sober judgment, each according to the measure of faith that God has assigned. For as in one body we have many members and not all the members have the same function, so we, who are many, are one body in Christ, and individually we are members one of another. We have gifts that differ according to the grace given to us: prophecy, in proportion to faith; ministry, in ministering; the teacher, in teaching; the encourager, in encouragement; the giver, in sincerity; the leader, in diligence; the compassionate, in cheerfulness.

Hear what the Spirit is saying to the Church

Thanks be to God

The Gospel (Matthew 16:13-20)

Celebrant: The Lord be with you.

People: And also with you.

Celebrant: The Holy Gospel of our Lord Jesus Christ according to Matthew

People: Glory to you, Lord Jesus Christ



Now when Jesus came into the district of Caesarea Philippi, he asked his disciples, “Who do people say that the Son of Man is?” And they said, “Some say John the Baptist but others Elijah and still others Jeremiah or one of the prophets.” He said to them, “But who do you say that I am?” Simon Peter answered, “You are the Messiah, the Son of the living God.” And Jesus answered him, “Blessed are you, Simon son of Jonah! For flesh and blood has not revealed this to you but my Father in heaven. And I tell you, you are Peter, and on this rock I will build my church, and the gates of Hades will not prevail against it. I will give you the keys of the kingdom of heaven, and whatever you bind on earth will be bound in heaven, and whatever you loose on earth will be loosed in heaven.” Then he sternly ordered the disciples not to tell anyone that he was the Messiah.

Celebrant: The Gospel of Christ.

People: Praise to you, Lord Jesus Christ.

Homily – Reverend Mark Whittall

The Apostles Creed

**I trust in God, the Father almighty,
creator of heaven and earth.**

I trust in Jesus Christ, his only Son, our Lord.

**He was conceived by the power of the Holy Spirit
and born of the Virgin Mary.**

He suffered under Pontius Pilate, was crucified, died, and was buried.

He descended to the dead.

**On the third day he rose again. He ascended into heaven,
and is seated at the right hand of the Father.**

He will come again to judge the living and the dead.

**I trust in the Holy Spirit, the holy catholic Church,
the communion of saints, the forgiveness of sins,
the resurrection of the body, and the life everlasting. Amen**

The Prayers of the People (Led by Beth Hughes)

Heavenly Father, increase our faith so that we, like Peter, can declare with absolute certainty that Jesus is the Christ, the Son of the living God. Let this truth move from a statement we

know to a conviction that transforms how we live.

(Short Silence)

Lord, in your Mercy: **Hear our Prayer**

Holy One, we pray for our church leaders: Kathryn, our Bishop; Anne, our Metropolitan and Shane, our Primate. We ask your blessing on all our clergy and members of the body of your church as they minister to your people.

(Short Silence)

Lord, in your Mercy: **Hear our Prayer**

Heavenly Father, we bring before you our Canadian Government leaders during this time of deep uncertainty. When the path forward is unclear, grant them the clarity to see the right choices and the courage to make them. Guard them against fear, panic and self-interest.

(Short Silence)

Lord, in your Mercy: **Hear our Prayer**

God of Peace, grant wisdom to world leaders to see beyond race, religion and nation to the common humanity that makes us all your children and brothers and sisters to one another. To those who have taken up arms in anger or revenge, or the cause of justice, grant the grace of conversation to the path of peaceful dialogue and constructive collaboration.

(Short Silence)

Lord, in your Mercy: **Hear our Prayer**

Mighty God, we pray for those who are ill at home or in hospital, for those who are experiencing extreme pain and for those anxiously awaiting a diagnosis, treatment, procedure or an operation. We especially pray for Cloe, Keith, Les, Ilse, Erika, Mary, Rob, Doris, Chris, Cynthia, Margo, Jen, Brenda and others we name silently in our hearts.

(Short Silence)

Lord, in your Mercy: **Hear our Prayer**

Gracious God, we lift up those who are grieving, remembering especially the Hayes Family. Wrap Your loving arms around them, calm their hurting hearts, and give them the strength to face the days ahead. Grant them a deep, quiet peace that only You can provide, and help them feel your comforting presence close beside them.

(Short Silence)

Lord, in your Mercy: **Hear our Prayer**

Creator God, thank you for the beauty of the skies, the green of the trees, and the life in the waters. In a time of floods, fire and hurricanes, help us to be more protective of our environment so that we can see your love in every part of nature.

(Short Silence)

Lord, in your Mercy: **Hear our Prayer**

Redeeming Sustainer, open our hearts in compassion and receive these petitions on behalf of the needs of the church and the world. **Amen**

Confession and Absolution

Dear friends in Christ,
God is steadfast in love and infinite in mercy;
God welcomes all people and invites them to table.
Let us confess our sins, confident in God's forgiveness.

Silence is kept.

Most merciful God,
**we confess that we have sinned against you
in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbours as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us,
that we may delight in your will,
and walk in your ways,
to the glory of your name. Amen.**

Almighty God have mercy upon you,
pardon and deliver you from all your sins,
confirm and strengthen you in all goodness,

and keep you in eternal life;
through Jesus Christ our Lord. **Amen.**

The Peace

One The peace of the Lord be always with you.
All And also with you.

We Celebrate the Eucharist

Offertory Hymn: #487 Where Charity and Love Prevail

Prayer over the Gifts

God of glory,
**receive all we offer this day as a symbol of our love,
and increase in us that true and perfect gift.**
We ask this in the name of Jesus Christ our Lord. Amen.

Eucharistic Prayer

Celebrant: May God be with you.

People And also with you.

Celebrant Lift up your hearts.

People We lift them to the Lord.

Celebrant Let us give thanks to the Lord our God.

People It is right to give our thanks and praise.

It is indeed right ...
to proclaim the glory of your name.

**Holy, holy, holy Lord,
God of power and might,
heaven and earth are full of your glory.
Hosanna in the highest, hosanna in the highest**

**Blessed is the One who comes in the name of the Lord.
Hosanna in the highest, hosanna in the highest.**

Holy God, source of life and goodness ...
... Therefore we proclaim the mystery of faith.

**Christ has died.
Christ is risen.
Christ will come again.**

Recalling his death ...
...now and forever.
Amen.

(please use the words and language of your choice)

**Our Father in heaven, hallowed be your name,
your kingdom come, your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins as we forgive those who sin against us.
Save us from the time of trial,
and deliver us from evil.
For the kingdom, the power, and the glory are yours,
now and for ever. Amen.**

The Breaking of the Bread

We break this bread to share in the body of Christ
We who are many are one body, for we all share in the one bread

The gifts of God for the People of God.
Thanks be to God.

The Communion: Yvonne Silverman

All are welcome to come forward to receive a blessing or communion. Our communion ministers will come to you as needed, please let us know. You are welcome to receive communion in one or both kinds, bread and/or wine. Gluten-free wafers are available, let us know if this is your preference. Please do not dip the bread in the wine.

We Are Sent

Let us pray

(we pray silently)

Living God,
increase in us the healing power of your love.

**Guide and direct us
that we may please you in all things,
for the sake of Jesus Christ our Lord. Amen.**

Glory to God,
whose power, working in us, can do infinitely more than we can ask or imagine.
Glory to God from generation to generation,
in the Church and in Christ Jesus, for ever and ever. Amen.

Announcements

Blessing

Closing Hymn: #300 Christ is Made the Sure Foundation

Go in peace, to love and serve the Lord.
Thanks be to God.

Postlude: Trumpet Tune in G, by Paul Fey

***Next Sunday, August 30, there will be a service of Holy Eucharist at 10am. The readings are:
Exodus 3:1-15; Psalm 105:1-6, 23-26, 45c; Romans 12:9-21; Matthew 16:21-28***

Announcements:

Sunday August 30 Capital Pride Parade

Capital Pride Parade is August 30th and a group from Trinity will be participating along with a number of parishes of our Anglican Diocese of Ottawa. We will assemble starting at 12:30pm at Green C205 in the staging area near the War Museum. The parade route has been changed this year due to the construction on the Laurier bridge. Marchers will enter the parade staging area at Vimy Place & Wellington or Booth St & Wellington. Please dress for the weather and bring water and sunscreen as needed, the parade will go rain or shine. Car drop off areas are limited so it is recommended that people walk or take transit. More details including maps, see the FAQ document on Capital Prides' website <https://capitalpride.ca/2026-pride-parade/> . If you can help out by taking our Trinity banner to and from the parade, please speak to Rev. Mark.

St. John the Evangelist Anglican Church, 275 Elgin Street will be hosting a Pride Party following the parade at 2:30pm for everyone, with doors opening at 1:30pm for those who are not able to join in the marching.

Welcome to our new Children's Ministry Leader, Janice Austin! Please say hello to Janice following today's worship.

THE AFTER SERVICE HOSPITALITY TEAM is in urgent need of new members as several team members are having to step aside due to health issues and other obligations. A sign-up sheet is located beside the serving table or contact Judy Richardson either in person or by email at: judy.richardson@trinityottawa.ca.

Summer Contact for Pastoral Care

Our Pastoral Care team remains fully active throughout the summer months. For visits, prayer requests or spiritual support, please contact Daphne Thomas. email: daphnejthomas1@gmail.com

Trinity Student Internships 2026-2027.

Applications are now open! Trinity Anglican Church is offering Student Internships for the 2026-2027 academic year to students and recent graduates looking to grow in faith and leadership. Interns will gain hands-on experience in student ministry, event planning, communications, and leadership development, with faith formation and leadership sessions throughout the year. A commitment to being an active and visible member of our Trinity community is required. Interns will receive a \$1,000 honorarium per semester for their participation. To apply, please contact office@trinityottawa.ca.

Mark Your Calendars:

Second Sunday of the month - Food bank collection

Sunday August 30: Ottawa Pride Parade, 1pm.

Tuesday September 8: Trinity Podcast Launch - Aba & the Priest

Wednesday September 9: YA BBQ

Sunday September 13: Welcome Back Sunday!

October 23-24: Trinity Parish Retreat at Galilee Centre in Arnprior

Mid-Week at Trinity:

Monday Prayer Group, will resume September 14th.

Tuesdays 11.30am Bible Study at the Carleton U Spirituality Centre. Resumes in September.

Wednesday 12 noon Bible Study on Zoom. Contact Judy judy.richardson@trinityottawa.ca. Resumes in September

Wednesday 7.00pm YA Bible Study. At Trinity House, 5 Harvard Avenue beside the church, contact rebecca.cowal@trinityottawa.ca. Will resume in September.

Thursday 7pm Bible Study. Contact Paul paulomugarura@gmail.com.

Thursday 7:30pm Choir rehearsal Contact Fabien Tousignant fabien.tousignant@trinityottawa.ca



ANGLICAN CHURCH

Incumbent: Rev. Mark Whittall

email: mark.whittall@trinityottawa.ca

mobile 613 793 7355

Director of Music and Organist: Fabien Tousignant

email: fabien.tousignant@trinityottawa.ca

Children's Ministry, Comms and Office: Alexis Udechukwu

alexis@trinityottawa.ca

Student & YA Coordinator: Rebecca Cowal

Rebecca.cowal@trinityottawa.ca

Lay Associate: Paul Mugarura

paulomugarura@gmail.com

Wardens: Sally Clarke, Cliff Thompson, Travis DeCook, Lauren Evans

office@trinityottawa.ca

Trinity Anglican Church

1230 Bank Street, Ottawa, ON. K1S 3Y3 (613) 733 7536

www.trinityottawa.ca