

August 23rd, 2026

Thirteenth Sunday after Pentecost

Jesus is the Christ, the Son of the living God. Matthew 16:16



SUNG EUCHARIST

Book of Alternative Services

Please stand and sing our opening hymn

Opening Hymn O God, Our Help in Ages Past

ST. ANNE
CP 528

William Croft
1678-1727

I. O God, our help in a - ges past, our hope for years to come,
5 our shel - ter from the stor - my blast, and our e - ter - nal home:

**2 Under the shadow of thy throne
thy saints have dwelt secure;
sufficient is thin arm alone,
and our defence is sure.**

**4 A thousand ages in thy sight
are like an evening gone,
short as the watch that ends the night
before the rising sun.**

**3 Before the hills in order stood,
or earth received its frame,
from everlasting thou art God,
to endless years the same.**

**5 Time like an ever-rolling stream
bears all our years away;
they fly forgotten, as a dream
dies at the opening day.**

**6 O God, our help in ages past,
our hope for years to come,
be thou our guard while troubles last,
and our eternal home.**

The Gathering of the Community

Presider The grace of our Lord Jesus Christ, and the love of God, and the fellowship of
the Holy Spirit, be with you all.
People **And also with you.**

Presider In this time and place, we gather on the ancestral beaver hunting grounds of the Algonquin, Haudenosaunee and Attawandaran peoples; the traditional lands of the Anishnaabe Peoples, the Haudenosaunee Confederacy, and the Lenni-Lanape Peoples; and the current communities of the Chippewa of the Thames First Nation, Oneida Nation of the Thames, and Munsee-Delaware Nation.

People From many places and peoples we come to this time of prayer.

Presider We uphold our common stewardship of creation and our common birthplace of God's earth.

People We respect our place on this land and move forward in love and peace.

Presider Almighty God,

People to you all hearts are open, all desires known, and from you no secrets are hidden. Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy name; through Christ our Lord. Amen.

Act of Praise

WOODLANDS
CP 362

Walter Greathouse
1877-1949

I. Glo - ry to God, we give you thanks and praise;

5 Of Heav'n - ly joy and earth - ly peace we sing.

10 We wor - ship You, to You our hearts we raise,

14 Lord God, al - migh - ty Fa - ther, heav'n - ly King.

**2 Lord Jesus Christ, the Father's only Son,
You bore for us the load of this world's sin.
O Lamb of God, Your glorious vict'ry won,
Re-ceive our prayer, grant us your peace within.**

**3 Alone, O Christ, You only are the Lord,
At God's right hand in majesty most high:
Who with the Spirit worshiped and adored,
With all the heav'nly host we glorify.**

The Collect of the Day

Presider Let us pray. (silence)
Almighty God, we are taught by your word that all our doings without love are worth nothing. Send your Holy Spirit and pour into our hearts that most excellent gift of love, the true bond of peace and of all virtue; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever.

People Amen.

“Christian Education” – The children are invited to the Assembly Room for the church school.

Please be seated

A Reading from the Book of Exodus:

Reader: John Lutman

Now a new king arose over Egypt, who did not know Joseph. He said to his people, "Look, the Israelite people are more numerous and more powerful than we. Come, let us deal shrewdly with them, or they will increase and, in the event of war, join our enemies and fight against us and escape from the land." Therefore they set taskmasters over them to oppress them with forced labour. They built supply cities, Pithom and Rameses, for Pharaoh. But the more they were oppressed, the more they multiplied and spread, so that the Egyptians came to dread the Israelites. The Egyptians became ruthless in imposing tasks on the Israelites, and made their lives bitter with hard service in mortar and brick and in every kind of field labour. They were ruthless in all the tasks that they imposed on them. The king of Egypt said to the Hebrew midwives, one of whom was named Shiphrah and the other Puah, "When you act as midwives to the Hebrew women, and see them on the birthstool, if it is a boy, kill him; but if it is a girl, she shall live." But the midwives feared God; they did not do as the king of Egypt commanded them, but they let the boys live. So the king of Egypt summoned the midwives and said to them, "Why have you done this, and allowed the boys to live?" The midwives said to Pharaoh, "Because the Hebrew women are not like the Egyptian women; for they are vigorous and give birth before the midwife comes to them." So God dealt well with the midwives; and the people multiplied and became very strong. And because the midwives feared God, he gave them families. Then Pharaoh commanded all his people, "Every boy that is born to the Hebrews you shall throw into the Nile, but you shall let every girl live." Now a man from the house of Levi went and married a Levite

woman. The woman conceived and bore a son; and when she saw that he was a fine baby, she hid him three months. When she could hide him no longer she got a papyrus basket for him, and plastered it with bitumen and pitch; she put the child in it and placed it among the reeds on the bank of the river. His sister stood at a distance, to see what would happen to him. The daughter of Pharaoh came down to bathe at the river, while her attendants walked beside the river. She saw the basket among the reeds and sent her maid to bring it. When she opened it, she saw the child. He was crying, and she took pity on him, "This must be one of the Hebrews' children," she said. Then his sister said to Pharaoh's daughter, "Shall I go and get you a nurse from the Hebrew women to nurse the child for you?" Pharaoh's daughter said to her, "Yes." So the girl went and called the child's mother. Pharaoh's daughter said to her, "Take this child and nurse it for me, and I will give you your wages." So the woman took the child and nursed it. When the child grew up, she brought him to Pharaoh's daughter, and she took him as her son. She named him Moses, "because," she said, "I drew him out of the water." (*Exodus 1:8-2:10*)

Reader The word of the Lord.
People Thanks be to God.

Psalm 124

*Please remain seated for the Psalm **joining with singing of the refrain***



If the Lord had not been on our side, let Israel now say;

if the Lord had not been on our side, when enemies rose up against us;

then would they have swallowed us up alive in their fierce anger toward us;

Then would the waters have overwhelmed us and the torrent gone over us;

then would the raging waters have gone right over us. **Refrain**

Blessed be the Lord! he has not given us over to be a prey for their teeth.

We have escaped like a bird from the snare of the fowler; the snare is broken, and we have escaped. **Refrain**

Our help is in the name of the Lord, the maker of heaven and earth. **Refrain**

A Reading from the Letter of Paul to the Romans:

Reader: The Reverend Canon Marian Haggerty

I appeal to you therefore, brothers and sisters, by the mercies of God, to present your bodies as a living sacrifice, holy and acceptable to God, which is your spiritual worship. Do not be conformed to this world, but be transformed by the renewing of your minds, so that you may discern what is the will of God - what is good and acceptable and perfect. For by the grace given to me I say to everyone among you not to think of yourself more highly than you ought to think, but to think with sober judgement, each according to the measure of faith that God has assigned. For as in one body we have many members, and not all the members have the same function, so we, who are many, are one body in Christ, and individually we are members one of another. We have gifts that differ according to the grace given to us: prophecy, in proportion to faith; ministry, in ministering; the teacher, in teaching; the exhorter, in exhortation; the giver, in generosity; the leader, in diligence; the compassionate, in cheerfulness. (*Romans 12:1-8*)

Reader The word of the Lord.

People Thanks be to God.

Alleluia



Holy Gospel *Matthew 16:13-20*

Reader The Lord be with you.

People And also with you.

Reader The Holy Gospel of our Lord Jesus Christ according to Matthew.

People Glory to you, Lord Jesus Christ.

Now when Jesus came into the district of Caesarea Philippi, he asked his disciples, "Who do people say that the Son of Man is?" And they said, "Some say John the Baptist, but others

Elijah, and still others Jeremiah or one of the prophets." He said to them, "But who do you say that I am?" Simon Peter answered, "You are the Messiah, the Son of the living God." And Jesus answered him, "Blessed are you, Simon son of Jonah! For flesh and blood has not revealed this to you, but my Father in heaven. And I tell you, you are Peter, and on this rock I will build my church, and the gates of Hades will not prevail against it. I will give you the keys of the kingdom of heaven, and whatever you bind on earth will be bound in heaven, and whatever you loose on earth will be loosed in heaven." Then he sternly ordered the disciples not to tell anyone that he was the Messiah.

Reader The Gospel of Christ.
People **Praise to you, Lord Jesus Christ**

Homily The Very Reverend Dr Kevin George

Please stand

The Apostles' Creed

Presider Let us confess the faith of our baptism, as we say,
All **I believe in God, the Father almighty, creator of heaven and earth.**

I believe in Jesus Christ, his only Son, our Lord. He was conceived by the power of the Holy Spirit and born of the Virgin Mary. He suffered under Pontius Pilate, was crucified, died, and was buried. He descended to the dead. On the third day he rose again. He ascended into heaven, and is seated at the right hand of the Father. He will come again to judge the living and the dead.

I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.

Prayers of Intercession

led by Margaret Delbridge

Leader With bold trust in God's unfailing provision, we pray for the church those in need, and all of God's creation. *I invite you to take a comfortable posture: standing or sitting for the Prayers of the People.*

(A brief silence.)

Leader God, our rock, you are the foundation on which the church is built. Strengthen and encourage your faithful people everywhere they gather, that they boldly proclaim your word of life to all the world. Merciful God,

People receive our prayer.

Leader You spoke and all creation came into being. Field and forest, wetland and wilderness-all reveal your glory. Sustain and nourish your creation. Teach us to be wise stewards of all you have made. Merciful God,

People receive our prayer.

Leader You bring deliverance to nations and peoples. Come to the aid of nations experiencing war, conflict, disease, famine, and disaster. Guide the work of relief agencies and peacemaking organizations. Merciful God,

People receive our prayer.

Leader You regard the lowly and hear us when we cry out to you. Be present among all who struggle with addiction, housing insecurity, incarceration, and mental illness, that they know they are not alone. Hear our prayers for all in need this day especially for Marg, George, Leigh, Gwen, Marina, Ernest, Joan, David, Thomas, Alice, Roland, Beavie, Ewa, Teresa, Rebecca. Merciful God,

People receive our prayer.

Leader You draw together people with differing gifts. Lift up the many and varied gifts and talents of this congregation and strengthen the bonds of fellowship that all may be united as the body of Christ. Merciful God,

People receive our prayer.

Leader Your steadfast love endures forever. We give thanks for the faithful who died in the hope of this promise. Strengthen us in faith until the day we join them at your eternal banquet. Merciful God,

People receive our prayer.

Leader Receive our prayers and answer, O God, as you have promised. All this we ask in the name of your Son, Jesus Christ our Lord.
Amen.

Confession and Absolution

Celebrant Dear friends in Christ, God is steadfast in love and infinite in mercy; God welcomes sinners and invites us to God's table. Let us confess our sins, confident in God's forgiveness.

Silence is kept.

Celebrant Most merciful God,
People we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We

have not loved you with our whole heart; we have not loved our neighbours as ourselves. **We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us, that we may delight in your will, and walk in your ways, to the glory of your name. Amen.**

Celebrant Almighty God have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in eternal life; through Jesus Christ our Lord.

People **Amen.**

Please stand

The Peace

Celebrant The peace of the Lord be always with you.

People **And also with you.**

Please offer one another a sign of the peace before we all sing the hymn

We all sing the **Offertory Hymn** The Church's One Foundation

AURELIA
CP 525

Samuel Sebastian Wesley
1810 - 1876

1. The chur-ch's one foun - da - tion is Je - sus Christ our Lord:

5 we are his new cre - a - tion by wa - ter and the word:

10 from heaven he came and sought us to be his ho - ly bride;

15 with his own blood he bought us, and for our life he died.

**2 Elect from every nation
yet one o'er all the earth,
our charter of salvation
one Lord, one faith, one birth;
one glorious name we hallow,
partake one holy food,
and to one hope we follow,
with every grace endued.**

**4 'Mid toil and tribulation
and tumult of our war,
we wait the consummation
of peace for evermore,
till with the vision glorious
our longing eyes are blessed,
and the great church victorious
shall be the church at rest.**

**3 Though with dismay and wonder
we see the church oppressed,
by schisms rent asunder,
by heresies distressed:
yet saints their watch are keeping;
their cry goes up, "How long?"
And soon the night of weeping
shall be the morn of song.**

**5 Yet we on earth have union
with God the Three-in-One,
and mystic sweet communion
with those whose rest is won.
O happy ones and holy!
Lord, give us grace that we
like them, the meek and lowly,
on high may dwell with thee.**

Prayer over the Gifts

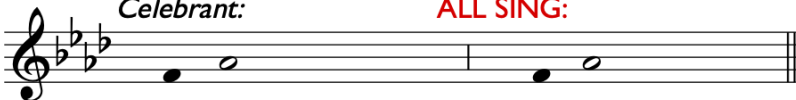
Celebrant God of glory, receive all we offer this day as a symbol of our love, and increase in us that true and perfect gift. We ask this in the name of Jesus Christ our Lord.

People Amen.

The Great Thanksgiving

Simple tone

Celebrant: **ALL SING:**



The Lord be with you: And also with you.

Celebrant: **ALL SING:**



Lift up your hearts: We lift them to the Lord.

Celebrant: **ALL SING:**



Let us give thanks to the Lord our God: It is right to give our thanks and praise.

Celebrant Eternal God, Source of all being, we give you thanks and praise for your faithful love. You call us into friendship with you and one another to be your holy people, a sign of your presence in the world.

When those we trust betray us, unfailingly you remain with us. When we injure others, you confront us in your love and call us to the paths of righteousness. You stand with the weak, and those, broken and alone, whom you have always welcomed home, making the first last, and the last first. Therefore we raise our voices with angels and archangels, forever praising you and saying (singing):

We all sing the Sanctus:

DEUTSCHE MESSE
CP 735

Franz Schubert
1797-1828

Piano: All Sing:

The musical score is written for a piano and a vocal part (All Sing). It is in 3/4 time and B-flat major. The lyrics are in German. The score consists of six staves of music. The first staff begins with a piano introduction. The vocal part enters on the second staff. The lyrics are: 'Ho - ly, Ho - ly, Ho - ly Lord, God of power and might. Ho - ly, Ho - ly, Ho - ly Lord, God of power and might: Hea - ven and earth are full, Full of your glo - ry. Ho - san - na in the high - est, ho san - na in the high - est. Bles - sed is he who comes in the name of the Lord. Ho - san - na in the high - est, ho san - na in the high - est.'

Ho - ly, Ho - ly, Ho - ly Lord, God of power and
might. Ho - ly, Ho - ly, Ho - ly Lord, God of power and might:
Hea - ven and earth are full, Full of your glo - ry. Ho -
san - na in the high - est, ho san - na in the high - est.
Bles - sed is he who comes in the name of the Lord. Ho -
san - na in the high - est, ho san - na in the high - est.

Celebrant Blessed are you, O Holy One: when Hagar was driven into the wilderness you followed her and gave her hope. When Joseph was sold into bondage, you turned malice to your people's good. When you called Israel out of slavery, you brought them through the wilderness into the promised land. When your people were taken into exile you wept with them by the river of Babylon and carried them home.

People Restore us, O God, let your face shine!

Celebrant At the right time you sent your Anointed One to stand with the poor, the outcast, and the oppressed. Jesus touched lepers, and the sick, and healed them.

He accepted water from a woman of Samaria and offered her the water of new life. Christ knew the desolation of the cross and opened the way for all humanity into the redemption of your reconciling love.

On the night he was betrayed, Jesus, at supper with his friends, took bread, gave you thanks, broke the bread, gave it to them, and said, "Take and eat: this is my body which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine, and when he had given thanks, he gave it to them, and said, "Drink this, all of you: this is my blood of the new covenant which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Loving and Holy One, recalling Christ's death and resurrection, we offer you these gifts, longing for the bread of tomorrow and the wine of the age to come. Therefore we proclaim our hope.

**People Dying you destroyed our death,
rising you restored our life.
Lord Jesus, come in glory.**

Celebrant Pour out your Spirit on these gifts that through them you may sustain us in our hunger for your peace. We hold before you all whose lives are marked by suffering, our sisters and brothers. When we are broken and cast aside, embrace us in your love.

People Restore us, O God, let your face shine!

Celebrant Through Christ, with Christ, and in Christ in the unity of the Holy Spirit, all honour and glory are yours, O Source of all life, now and for ever.

All sing:

AMEN
CP 737

Franz Schubert
1797-1828



Lord's Prayer

Celebrant



Priest: As our Sa-viour taught us, let us pray:

People

4
Our Fa - ther in heaven, hal-lowed be your name, your king - dom come,

7
your will be done on earth as in heaven. Give us to-day our dai - ly bread.

9
For-give us our sins As we for-give those who sin a - gainst_ us.

11
Save us from the time of trial, and de - li - ver us from e - vil.

13
For the king-dom, the power, and the glo-ry are yours, now and for-ev-er. A-men.

Agnus Dei

DEUTSCHE MESSE
CP 747

Franz Schubert
1797-1828

Organ:



Je - sus, Lamb of God, have mer - cy on us.

Je - sus, bea-rer of our sins, have mer - cy on us. Je - sus, re - dee - mer, re-

dee-mer of the world, give us your peace, give us your peace.

The Communion

Celebrant The gifts of God for the People of God.

People Thanks be to God.

Gluten-free communion wafers are available.
Please indicate your wish to the administrant at Communion.

Communion Anthem

If God Be For Us (From The Messiah)

G. F. Handel (1685 - 1756)

If God be for us, who can be against us?

Who shall lay any thing to the charge of God's elect? It is God that justifieth.

Who is he that condemneth? It is Christ that died, yea rather, that is risen again, who is at the right hand of God, who makes intercession for us.

We all sing the Communion Hymn O Love Divine, How Sweet Thou Art

I. O love di - vine, how sweet thou art! When_ shall I find my
5 long - ing heart All ta - ken up by thee.
8 I thirst, I faint and die to prove The great - ness of re -
12 deem - ing_ love, The love of Christ to me.

**2 God only knows the love of God;
O that it now were shed abroad
in this poor stony heart!
For love I sigh, for love I pine;
this only portion, Lord, be mine,
be mine this better part.**

**3 Thy only love do I require,
nothing on earth beneath desire,
nothing in heaven above:
let earth and heaven, and all things go,
give me thine only love to know,
give me thine only love.**

Please stand

Prayer after Communion (*silence is kept*)

Celebrant Let us pray.
Living God, increase in us the healing power of your love. Guide and direct us
that we may please you in all things, for the sake of Jesus Christ our Lord.

People **Amen.**

Doxology

Celebrant Glory to God,
People whose power, working in us, can do infinitely more than we can ask or imagine. Glory to God from generation to generation, in the Church and in Christ Jesus, for ever and ever. Amen.

Closing Announcements and Blessing

We all sing the **Post Communion Hymn** Glorious Things of Thee Are Spoken

AUSTRIA
CP 388

Josef Haydn
1732 - 1809

1. Glo - rious things of thee are spo - ken, Zi - on, ci - ty of our_ God;
6 he whose word can-not be bro - ken formed thee for his own a - bode.
11 On the rock_ of a - ges found - ed, what can shake thy sure re-pose?
16 With sal - va-tion's walls sur - round-ed, thou mayest smile_ at_ all thy_ foes.

- 2 See! The streams of living waters,
springing from eternal love,
well supply thy sons and daughters
and all fear of want remove.
Who can faint, when such a river
even flows their thirst to assuage?
Grace, which like the Lord, the giver,
never fails from age to age?
- 3 Saviour, if of Zion's city
I through grace a member am,
let the world deride or pity,
I will glory in thy name.

**Fading is the world's best pleasure,
all its boasted pomp and show:
solid joys and lasting treasure
none but Zion's children know.**

Dismissal

The Deacon dismisses the congregation in these or similar words:

Deacon Go forth in the name of Christ.

People Thanks be to God.

Postlude Wer nur den lieben Gott läßt walten BWV 642
(Those who only let the loving God prevail)

J.S. Bach (1685 - 1750)

This short Chorale Prelude (an embellishment of a hymn tune, the melody of which is in the top of the texture) comes from Bach's *Orgelbüchlein*, a book of chorale [hymn] preludes designed to show different ways to introduce a hymn.

Whereas in the Anglican tradition, I 'play the hymn over' (that being I play the same notes that are in the hymn book as what we are about to sing), the Lutheran tradition in Bach's time introduced congregational hymns/chorales by means of improvised preludes.

In choosing to write these preludes down, Bach is using his publication as a teaching tool to show different textures and approaches to this improvised art. However, unlike many of his contemporaries, Bach shows a deeper grappling with the text, allowing emotions to influence the harmonic and rhythmic language.

Indeed, this rather stormy piece reflects the text of the German hymn, which is an invitation to be guided by God's presence, amidst our anxious earthly concerns. Hear how the hymn tune stays constant and steady (the voice of God), whilst the parts underneath veer back and forth against the tune in an anxious motion that reflects the struggles we often face in our faith. It is a personal reaction to the chorale and is part of what makes Bach's music so profound.

Special Vestry following the 10:00am Service.

Coffee Hour

After the Special Vestry meeting, please join us for coffee and cold drinks.
Youth Group meets in the Guild Room.

Diocese of Huron Chain of Prayer – Today we pray for the parishes of Rondeau Bay Transfiguration Partnership; Trinity, Blenheim; St. Paul's, Erieau; St. John's-in-the-Woods, Aughrim; Christ Church, Dresden; St Matthew's, Florence; and Church of the Advent, Ridgetown.

Know your Cathedral tours – Thursdays @ 2pm

Our Guided Tours continue. Guests will gain a new perspective and get transported through history as our guides highlight the buildings unique architectural design, its rich heritage, its beautiful stained-glass windows, its proud military connection, and point out the exquisite embroidered linens, the labyrinth and icons throughout the church.

Please join our Tour Leader, Jane Korhonen, at the Great West Doors on August 27 for a General Tour.

Memorial Flowers – This is a wonderful way to beautify our Church, while remembering our loved ones. There are available Sundays for all Altars, especially during the summer months. For more information please contact Carrie Fieldhouse at 519-434-3225, ext. 201 st.pauls@stpaulscathedral.on.ca.

Today's Liturgical Leaders

Celebrant and Preacher – The Very Reverend Dr. Kevin George

Gospeller – The Reverend Pat Henderson

Organist & Director of Music – Laurence Williams

Servers – Clark Home, Stephanie Allen

Lay Administrants – Bette Ferguson, Doreen Kyomugisha

Greeter – Joan Rolleston, Marilyn Papple

Welcome Ministers – Benita Onebunne, Elyshia John

Live Stream – Olakunle Aoko

Bell Ringer – Allan Nagata

Warden – Jim Ferguson

Wednesday Bible Study will begin on September 9th at 11:00am followed by Mid Week Eucharist. Please plan to attend and bring a friend. There will be a light soup luncheon to share in our fellowship.

Spirituality & Artmaking at St. Paul's Cathedral

Four sessions - Saturday mornings from 10:30 am to 12:00 noon

Sept 5, Sept 26, Oct 3, and Oct 10, 2026

You are invited to a four-session reflective artmaking series here at St. Paul's Cathedral. The sessions will focus on turning inward and exploring your personal relationship between creativity and understandings of spirituality.

As a source of inspiration, each session will focus on the art and architecture within the Cathedral itself, including the beautiful stained glass, the lovely inlaid labyrinth, and the skillfully carved architectural structures and reliefs.

Each session will begin with a meditation followed by a talk about the art, and then a 45-minute art-making period.

No art experience is required.

If you wish, bring your own art materials. Otherwise, art materials will also be available.

Sessions will be led by Nida Home Doherty.



Can you help with our participation in Doors Open London?

Once again, St. Paul's Cathedral as has been selected to host Doors Open which will be held on September 19th and 20th, 2026. This year's theme for Doors Open London is: “***Cheers to the Years. Celebrating 25 Years Together***”. We will be open from 10 am to 4 pm on Saturday and 11:30 am to 4 pm on Sunday. If you would like to participate in some way, please contact **Deacon Pat Henderson** who is looking for volunteers. Thank you.