



the Parish of St. Dunstan

*Embracing all through love, service, diversity & spiritual growth
on the traditional lands of the Sto:lo People*

Presider and Preacher: Rev. Jeanne Forte

August 23, 2026

Thirteenth Sunday after Pentecost



Welcome!

This is a diverse and safe congregation for people wherever they are on their journey with Christ. We are an inclusive church which means we celebrate women in leadership, children at the Eucharist and welcome 2SLGBTQ+ people to participate fully in the life of the community.



This morning in worship...

Gathering the Community

When Two or Three are Gathered, *B. Harding*

Gathering Sentences

Praise the Lord, CP 309

Collect for the Day

Proclaiming the Word

Book of Exodus (1:8-2:10)

Psalms 124, *chant responsively*

The Letter of Paul to the Romans (12:1-8)

God is Calling, *Mary Louise Bringle*

Gospel according to Matthew (16:13-20)

Children's Moment, The Sermon,

Affirmation of Faith, the Prayers of the People

Confession & Absolution

The Peace and the Offering

Worship the Lord, *F. Kaan & R. Klusmeier*

Holy Communion

Eat This Bread, CP 63

One Bread, One Body, CP 73

Don't Be Afraid, *J. Bell & G. Maule*

Sending the Community

The Blessing

The Love of Jesus Calls Us, CP 434

For Children

The children's table is open. If you are interested in helping grow this ministry, please talk to Rev. Li. All our volunteers and staff require a criminal record check.



Taking Communion

Everyone is welcome to receive bread and wine (or juice) at communion. There are gluten-free wafers for those who need them. Prayers for healing with anointing are offered beneath the cross.

Coffee Hour

Please join together for coffee and refreshment following the service.

Permission to reprint music from
ONE LICENSE #A-713190

Ways to Donate

We offer a variety of ways to give financially to the parish including **offering envelopes**, **Pre-authorized Debit (PAD)**, **CanadaHelps** via the website, and **email transfers** to **officeest-dunstans.ca**

Financial Update as of July

	Month	Year to date
Income	30,649	161,429
Expenses	18,543	181,509
Excess/(Short)	12,106	(20,080)

Today's Scripture

Exodus 1:8-2:10

In about the 13th or 14th century BC, the Hebrews were in Egypt as tribal refugees. Moses is born into a society where they are persecuted and enslaved.

Romans 12:1-8;

Paul now turns to the qualities demanded of a Christian in a hostile Roman culture.

Matthew 16:13-20

Peter responds to Jesus' question by affirming he is the Messiah.

Next Week...

Fourteenth Sunday after Pentecost

Presiders & Preachers: The Rev. David Price
Readings: Exodus 3:1-15; Romans 12:9-21; Matthew 16:21-28

...Community Care at the Parish

Community Care Team

Offers prayer, phone calls, visits, food support, and transportation assistance. Hand-knitted Prayer Shawls are also available for anyone wanting some comfort, warmth, and a reminder of care and support. Please call the Office or speak to the Rector if you would like to receive support.

Listening Prayer

Prayer for those in crisis or need. For more information please connect with Lesley Wieler at lesleywieler@gmail.com.

Reconciliation

The minister is available to hear confession by appointment.

Weekly News or Events...

Baptism, Confirmation, Reaffirmation, & Reception: DID YOU KNOW that these sacramental acts offered by the Anglican Church are various modes of response to baptism, the sign of new life in Christ? From *The Book of Alternative Services (1985)*: "Baptism unites Christ with his people... to be part of a new creation which rises from the dark waters of Christ's death into the dawn of his risen life." Register for the 4-week course "**Anglican Headwaters**" starting on September 6 if you want to learn more about the grace embedded in these sacramental acts. The course will culminate with the offering of baptism, confirmation, reaffirmation & reception on September 27 when Archbishop John Stephens visit St. Dunstan's that Sunday.

Staff Vacation:

Clarence will be away from August 18 - September 3.

Sherry will be away the week of August 31 - September 7.

For pastoral emergencies during the Rector's absence, please contact a warden (Jacqui or Lin) or Kerry from Community Care.

Update on **GUESS WHO'S COMING TO DINNER** The return of this ever-popular FUNdraiser will be on Saturday, September 26. Now that you have saved the date it is now time to sign up to be either **a host** or **a guest**.

Sign up sheets are available on the table in the Gathering Space and the final day for sign up will be Sept 20. SUGGESTED MINIMUM DONATION would be \$50.00 per person. You can also sign up online and make your donation there. Lower barrier option available so that no one is excluded.

Summer Break for Thursday Meal: Our weekly meal outreach will pause for for July & August to give us all a break and a chance to regroup. If you are interested in volunteering as a part of the cook team in the Fall beginning September 3, please contact Larry McGinness.

Kitchen Lost & Found: Jacqui & Noreen did a deep cleaning of the kitchen this week (HUGE THANK YOU!) and they found all sorts of items that people left that do not belongs there. **Check the Lost & Found table in the Hall** and see if some are yours.

2027 Canadian Church Calendar: To order, please sign up at the Welcome Table leave payment at the office by Sunday, September 6.

Anglican Headwaters

Exploring the Anglican's Rite of Initiation

4 Sundays beginning, September 6, 2026

11:45 - 12:45 pm

St. Dunstan's Church St. Alban's Room



A 4-week course that builds on the Anglican 101 Course to supports people who are open to the spiritual grace within the Rite of Initiation (baptism, confirmation, reaffirmation, reception) of the Anglican Church. Where are the spiritual headwaters Anglicans drink from? What does baptism & confirmation mean for those who were already welcome at Christ's table? What are the uniquely Anglican spiritual practices that support one's closer walk with Christ?

Connect Cards can be found at the back of chairs in the Sanctuary. Visitors may use this card to connect with St. Dunstan's. Parishioners may use this card to update your contact information. Please return filled-out cards on the Offertory Plate.

This Week for Spiritual Refreshment...

Compline Wednesdays from 9:30-10pm online
A 15 minute service of Evening Prayer

Centering Prayer Fridays at 11:30am, in person and online
20 minutes of silence and connection with God.

Lectio Fridays, from Noon to 12:30pm, in person and online
A meditative prayer practice involving reading, reflecting, responding and resting with Scripture.

Contemplative Eucharist Fridays, at 12:30pm in person
Celebrating the Lord's Supper in an intimate & reflective setting with simple chants & space to pray in silence.

Self-guided Labyrinth Walk *The grass-path labyrinth is open to walk, anytime, for a time of meditation or prayer.*

Centre for Spiritual Renewal Events

Register online at st-dunstans.ca

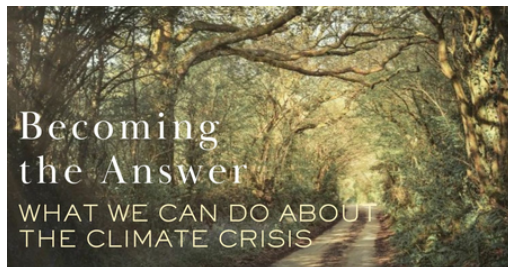
Becoming the Answer

What we can do about the Climate Crisis

Saturday, September 12, 2026

2:00 - 4:00 pm

St. Dunstan's - St. Alban's Room



An afternoon of poetry, reflection, conversation, and sharing with the Rev. Emilie Smith on “Becoming the Answer” to the global climate crisis. What changes are needed to shift from “being the problem” to “becoming the answer” that goes beyond “knowing the facts”? Expect a stimulating, engaging, thoughtful, provocative time. Emilie will be speaking about her four month pilgrimage to last years’ UN climate conference, COP30 in Belem, Brazil, and her participation at the first international conference for the transition away from fossil fuels in Santa Marta, Colombia in April. Cost: \$10 or Pay with Your Heart at the door.



Mixed Media Art Journaling

Wednesdays, Sept. 23 - Oct. 28, 2026

6:00 - 8:00 pm

St. Dunstan's

When words feel too heavy—or not quite enough—turn to mixed-media art journaling and quiet contemplation. This creative practice offers space to honour your emotions and to listen for the Divine within. Each session includes a short meditation, a simple art technique demonstration, and unhurried time to create through layering and hands-on exploration. For those that are new, no art experience is needed & supplies will be included. For those that have taken part previously, please bring your books & supplies!

Sacred Earth Sacred Soul

8-week book study

Sundays beginning October 4, 2026

11:45 am - 12:45 pm

St. Alban's Room



Join the Rev. David Price on this study of *Sacred Earth Sacred Soul* by John Philip Newell. This study is designed for maturing Christians who wish to go deeper in their explorative journey of comprehensive mystical spirituality. This study is designed to help participants “Wake Up” to the spiritual callings from Creation and to “Grow Up” to face as Spiritual people the evolutionary wisdom of our Celtic ancestors assisting us in maturer ways to face the challenges of life today in all its manifestations. Ease of Read: easy to moderate. No cost to join but the cost of the book.



Alongside Hope

Anglicans and partners working for change
in Canada and around the world

For more information, please visit ALONGSIDEHOPE.ORG. There you can read all about the good work it does, current areas of need, and how you can participate.

Outreach at the Parish...

Monday Fraser River Counselling at St. Dunstan's

Low-cost counseling from Trinity Western University. To connect with an intake worker call 604-513-2113.

Tuesday Aldergrove Food Bank Soup Kitchen

We cook and serve soup on the 2nd and 4th Tuesday of each month. Please call Ann Embra at 604-534-9292 to help.

Thursday Community Meal 5pm.

Many thanks to our amazing volunteers for ensuring our Community Meal continued through the summer months. This meal is at the heart of our ministry at the Parish of St. Dunstan. It is our primary way to ensure that the hungry are fed and so to exemplify the love of God through Jesus. If you would like to help with this ministry, please connect with the minister.

Weekly Devotions

Follow the Daily Office Lectionary in the Book of Alternative Services for your devotions beginning on page 47 or 66. If you do not have a Book of Alternative Services, ask the minister and they will gift you one.

Opening Prayer *Pray responsory 4 on page 103.*

Readings

Monday Job 4:1; 5:1-11, 17-21, 26-27, Acts 9:19b-31, John 6:52-59

Tuesday Job 6:1-4, 8-15, 21, Acts 9:32-43, John 6:60-71

Wednesday Job 6:1; 7:1-21, Acts 10:1-16, John 7:1-13

Thursday Job 8:1-10, 20-22, Acts 10:17-33, John 7:14-36

Friday Job 9:1-15, 32-35, Acts 10:34-48, John 7:37-52

Saturday Job 9:1; 10:1-9, 16-22, Acts 11:1-18, John 8:12-20

Prayer *Litany 9 or 10 on pages 117 and 118.*

Prayer of the Day Almighty God, we are taught by your word that all our doings without love are worth nothing. Send your Holy Spirit and pour into our hearts that most excellent gift of love, the true bond of peace and of all virtue; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen.

The Lord's Prayer



a parish of the
Anglican Diocese of New Westminster

Office Hours: Tuesday, Wednesday & Friday 8:30 to noon

Rector: The Rev. Clarence Li rector@st-dunstans.ca

Administrator: Sherry Wright office@st-dunstans.ca

Music Director: Carol Tindall music@st-dunstans.ca

Rector's Warden: Lin Neifert **People's Warden:** Jacqui Pesek

Treasurer: Peter Wolfe

Parish Council Members-at-Large: Amber Eves, David Dedrick,
Bruce Kennedy, James Klassen, Janette Kovacs, Helen Spilsbury

3025-264 Street, Aldergrove, B.C. V4W 2W4

604-856-5393 ST-DUNSTANS.CA



The Parish of St. Dunstan, Aldergrove