



WE ACKNOWLEDGE THAT AS A PARISH OF THE DIOCESE OF NEW WESTMINSTER,
WE GATHER ON THE TRADITIONAL AND UNSURRENDERED TERRITORY OF THE
HALQ'EMELYN-SPEAKING COAST SALISH PEOPLES, INCLUDING BUT NOT LIMITED TO
THE q̓w̓a:ńłəń (KWANTLEN), QAYQAYT, k̓wik̓wəłəm (KWIKWETLEM), x̓wməθk̓wəyəm
(MUSQUEAM), səliłwətał (TSEIL-WAUTUTH), AND sts'əwaθən məstejəx̓w (TSAWWASSEN).
WE SEEK TO WALK A PATH OF RECONCILIATION AND HEALING.

**10 am Eucharist
Pentecost 13
23 August 2026**

514 CARNARVON STREET, NEW WESTMINSTER, B.C. V3L 1C4

Phone: 604 521-2511

Office: Weijin Ross

Rector: the Rev. Stephanie Shepard

Music Director: Nathan Badue

Website: www.holytrinitycathedral.ca
administrator@holytrinitycathedral.ca
stephanie@holytrinitycathedral.ca
music@holytrinitycathedral.ca

*Whether you have been a lifelong Anglican or are new to our tradition, we welcome you this morning! If you are not familiar with Anglican worship, simply allow the words, music and symbols to speak to you. Participate as fully as you feel comfortable in doing. We stand to sing and sit to listen. Some people kneel for prayer, some sit and some stand. Please do what is comfortable for you. You are invited to join in the words in **bold type**. Music for the songs is found in the blue Common Praise or green Songs for a Gospel People hymnbooks in the pews.*

Prelude

Welcome

THE GATHERING OF THE COMMUNITY

Gathering Hymn

'King of Glory, King of Peace'

Common Praise 345 (tune Gwalchmai)

**King of glory, King of peace, I will love thee;
and that love may never cease, I will move thee.
Thou hast granted my request, thou hast heard me;
thou didst note my working breast, thou hast spared me.**

**Wherefore with my utmost art I will sing thee,
and the cream of all my heart I will bring thee.
Though my sins against me cried, thou didst clear me;
and alone, when they replied, thou didst hear me.**

**Seven whole days, not one in seven, I will praise thee;
in my heart, though not in heaven, I can raise thee.
Small it is, in this poor sort to enroll thee:
even eternity's too short to extol thee.**

Greeting

Presider: The grace of our Lord Jesus Christ, and the love of God, and the communion of the Holy Spirit be with you all.

People: **And also with you.**

Presider: We gather here from many places on land that is the traditional and unsundered territory of the Halq'emeyn-speaking Coast Salish peoples.

People: **May Christ lead us on right pathways as we seek truth and reconciliation in action.**

The Gloria (sung 3 times)

Common Praise 376 (tune Taizé)

**Gloria, gloria, in excelsis Deo!
Gloria, gloria, alleluia, alleluia!**

Young People's Time

The Collect of the Day

Presider: Let us pray,

**All: Living God,
 you accept our stumbling faith,
 our misplaced answers, our false horizons,
 and through them you build a way of peace.
 Empower and enable us to bind the wounds of the world
 and loose the bonds of oppression,
 so that all may confess the grace that is your work alone;
 through Jesus Christ, your anointed one. Amen.**

THE PROCLAMATION OF THE WORD

The First Reading: Exodus 1:8-2:10

Reader: A reading from the Book of Exodus,

⁸Now a new king arose over Egypt, who did not know Joseph. ⁹He said to his people, 'Look, the Israelite people are more numerous and more powerful than we. ¹⁰Come, let us deal shrewdly with them, or they will increase and, in the event of war, join our enemies and fight against us and escape from the land.' ¹¹Therefore they set taskmasters over them to oppress them with forced labour. They built supply cities, Pithom and Rameses, for Pharaoh. ¹²But the more they were oppressed, the more they multiplied and spread, so that the Egyptians came to dread the Israelites. ¹³The Egyptians became ruthless in imposing tasks on the Israelites, ¹⁴and made their lives bitter with hard service in mortar and brick and in every kind of field labour. They were ruthless in all the tasks that they imposed on them.

¹⁵The king of Egypt said to the Hebrew midwives, one of whom was named Shiphrah and the other Puah, ¹⁶'When you act as midwives to the Hebrew women, and see them on the birthstool, if it is a boy, kill him; but if it is a girl, she shall live.' ¹⁷But the midwives feared God; they did not do as the king of Egypt commanded them, but they let the boys live. ¹⁸So the king of Egypt summoned the midwives and said to them, 'Why have you done this, and allowed the boys to

live?' ¹⁹ The midwives said to Pharaoh, 'Because the Hebrew women are not like the Egyptian women; for they are vigorous and give birth before the midwife comes to them.' ²⁰ So God dealt well with the midwives; and the people multiplied and became very strong. ²¹ And because the midwives feared God, he gave them families. ²² Then Pharaoh commanded all his people, 'Every boy that is born to the Hebrews you shall throw into the Nile, but you shall let every girl live.'

Now a man from the house of Levi went and married a Levite woman. ² The woman conceived and bore a son; and when she saw that he was a fine baby, she hid him for three months. ³ When she could hide him no longer she got a papyrus basket for him, and plastered it with bitumen and pitch; she put the child in it and placed it among the reeds on the bank of the river. ⁴ His sister stood at a distance, to see what would happen to him.

⁵ The daughter of Pharaoh came down to bathe at the river, while her attendants walked beside the river. She saw the basket among the reeds and sent her maid to bring it. ⁶ When she opened it, she saw the child. He was crying, and she took pity on him. 'This must be one of the Hebrews' children,' she said. ⁷ Then his sister said to Pharaoh's daughter, 'Shall I go and get you a nurse from the Hebrew women to nurse the child for you?' ⁸ Pharaoh's daughter said to her, 'Yes.' So the girl went and called the child's mother. ⁹ Pharaoh's daughter said to her, 'Take this child and nurse it for me, and I will give you your wages.' So the woman took the child and nursed it. ¹⁰ When the child grew up, she brought him to Pharaoh's daughter, and she took him as her son. She named him Moses, 'because', she said, 'I drew him out of the water.'

Reader: Holy Word, Holy Wisdom.

All: **Thanks be to God.**

The Psalm: 124 (sung by the choir)



Refrain: Our help is from the Lord, who made heav'n and earth.

If the Lord had not been on our side, let Israel now say;
if the Lord had not been on our side, when enemies rose up against us;
then would they have swallowed us up alive
in their fierce anger toward us;

Refrain

then would the waters have overwhelmed us and the torrent gone over us;
then would the raging waters have gone right over us.

Blessed be the Lord

who has not given us over to be a prey for their teeth.

Refrain

We have escaped like a bird from the snare of the fowler;
the snare is broken, and we have escaped.

Our help is in the name of the Lord,
the maker of heaven and earth.

Refrain

The Second Reading: Romans 12:1-8

Reader: A reading from Paul's Letter to the Romans,

I appeal to you therefore, brothers and sisters, by the mercies of God, to present your bodies as a living sacrifice, holy and acceptable to God, which is your spiritual worship. ²Do not be conformed to this world, but be transformed by the renewing of your minds, so that you may discern what is the will of God—what is good and acceptable and perfect.

³For by the grace given to me I say to everyone among you not to think of yourself more highly than you ought to think, but to think with sober judgement, each according to the measure of faith that God has assigned. ⁴For as in one body we have many members, and not all the members have the same function, ⁵so we, who are many, are one body in Christ, and individually we are members one of another. ⁶We have gifts that differ according to the grace given to us: prophecy, in proportion to faith; ⁷ministry, in ministering; the teacher, in teaching; ⁸the exhorter, in exhortation; the giver, in generosity; the leader, in diligence; the compassionate, in cheerfulness.

Reader: Holy Word, Holy Wisdom.

All: Thanks be to God.

Gospel Hymn

'All Hail the Power of Jesus' Name' verses 1-2 & 5-6
Common Praise 322 (tune Miles Lane)

**All hail the power of Jesus' name!
Let angels prostrate fall:
Bring forth the royal diadem
and crown him, crown him, crown him,
Crown him Lord of all.**

**Hail him, the heir of David's line,
Whom David Lord did call,
The God incarnate, life divine,
And crown him...**

The Gospel: Matthew 16:13-20

Reader: The Lord be with you.

All: And also with you.

Reader: The Holy Gospel of our Lord Jesus Christ according to Matthew.

All: Glory to you, Lord Jesus Christ.

¹³ Now when Jesus came into the district of Caesarea Philippi, he asked his disciples, 'Who do people say that the Son of Man is?' ¹⁴ And they said, 'Some say John the Baptist, but others Elijah, and still others Jeremiah or one of the prophets.' ¹⁵ He said to them, 'But who do you say that I am?' ¹⁶ Simon Peter answered, 'You are the Messiah, the Son of the living God.' ¹⁷ And Jesus answered him, 'Blessed are you, Simon son of Jonah! For flesh and blood has not revealed this to you, but my Father in heaven. ¹⁸ And I tell you, you are Peter, and on this rock I will build my church, and the gates of Hades will not prevail against it. ¹⁹ I will give you the keys of the kingdom of heaven, and whatever you bind on earth will be bound in heaven, and whatever you loose on earth will be loosed in heaven.' ²⁰ Then he sternly ordered the disciples not to tell anyone that he was the Messiah.

Reader: The Gospel of Christ.

All: Praise to you, Lord Jesus Christ.

Gospel Hymn continued

Let every tongue and every tribe
Delivered from the fall,
To Christ all majesty ascribe,
And crown him...

O that, with heaven's sacred throng,
We at his feet may fall,
Lift high the universal song,
And crown him...

Teaching

The Rev. Stephanie Shepard

The Apostles' Creed

Presider: Let us confess the faith of our baptism as we say,

All: I believe in God, the Father Almighty,
Creator of heaven and earth.
I believe in Jesus Christ, his only Son, our Lord,
He was conceived by the power of the Holy Spirit,
born of the virgin Mary,
was crucified, died, and was buried.
He descended to the dead.
On the third day he rose again.
He ascended into heaven,
and is seated at the right hand of God the Father.
He will come again to judge the living and the dead.
I believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and the life everlasting. Amen.

The Prayers of the People

Leader: Let us pray to God, who sent his Son to be the Saviour of the world.

Grant that the Church, mindful of the privilege of her foundation and the duty of her commission, shall always confess the faith of Christ as the Son of God, the only Redeemer. We lift up all bishops, priests, deacons, and lay leaders...

Strengthen her members firmly in the faith that, like Peter, we may keep it whole and pure from generation to generation. Lord, in your mercy,

All: Hear our prayer.

Leader: Have mercy on those who are living in error or uncertainty, who wander without having yet found the truth of God. Give to those in authority the wisdom to know their power comes from Him alone. We name those places of concern, especially places where there is conflict, persecution, disaster, and need...

May all elected and hereditary leaders fulfill their duties on the firm foundation of justice, truth, and reconciliation. Lord, in your mercy,

All: Hear our prayer.

Leader: In our lives with our families, neighbours, and places of work, help us to show ourselves as members of the Kingdom. Give us grace to acknowledge Jesus as Messiah in all that we do, and to lead others to trust in him. Lord, in your mercy,

All: Hear our prayer.

Leader: May the sick and afflicted, the lonely, those without safe housing, and those who are struggling with mental wellness, receive comfort and hope. We name silently or aloud those on our hearts, including those who have asked that we pray for them by name...

Bless all who seek to relieve suffering, and keep us constant and patient in our work. Lord, in your mercy,

All: Hear our prayer.

Leader: We ask your forgiveness for hurts we have caused and the good we have failed to do. For the times we have missed the marks of mission, Lord, in your mercy,

All: Hear our prayer.

Leader: We give thanks for all to whom the gates of the Kingdom of heaven have been opened, and who now rejoice with the faithful. We remember the saints from Peter to this time...
Keep us firm in the faith that has been set before us, until we share in your eternal kingdom. Lord, in your mercy,
All: Hear our prayer.

Leader: May our prayers be accepted in the name of Christ, the Son of the living God.
All: Amen.

The Absolution

Presider: Almighty God have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in eternal life, through Jesus Christ our Lord.
All: Amen.

The Exchange of the Peace

Presider: May the peace of the Lord be always with you.
All: And also with you.

You are invited to share a sign of God's peace with your neighbours, respecting their comfort with distance and touch.

THE HOLY COMMUNION

Offering Hymn

'Here I Am, Lord'

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**I, the Lord of sea and sky, I have heard my people cry.
All who dwell in deepest sin My hand will save.
I who made the stars of night, I will make their darkness bright.
Who will bear my light to them? Whom shall I send?**

Chorus Here I am Lord. Is it I Lord?
I have heard you calling in the night.
I will go Lord, if you lead me.
I will hold your people in my heart.

I, the Lord of snow and rain, I have borne my people's pain.
I have wept for love of them. They turn away.
I will break their hearts of stone, Give them hearts for love alone.
I will speak my word to them, Whom shall I send? **Chorus**

I, the Lord of wind and flame, I will tend the poor and lame.
I will set a feast for them. My hand will save.
Finest bread I will provide Till their hearts be satisfied.
I will give my life to them. Whom shall I send? **Chorus**

The Prayer over the Gifts

Presider: Let us pray,
All: **God of glory,**
Receive all we offer this day as a symbol of our love,
And increase in us that true and perfect gift.
We ask this in the name of Jesus Christ our Lord. Amen.

The Great Thanksgiving

EOW 3

Presider: The Lord be with you.
People: **And also with you.**
Presider: Lift up your hearts.
People: **We lift them to the Lord.**
Presider: Let us give thanks to the Lord our God.
People: **It is right to give our thanks and praise.**

Presider: All thanks and praise are yours at all times and in all places, our true and loving God; through Jesus Christ, your eternal Word, the Wisdom from on high by whom you created all things. You laid the foundations of the world and enclosed the sea when it burst out from the womb; You brought forth all creatures of the earth and gave breath to humankind. Wondrous are you, Holy One of Blessing, all you create is a sign of hope for our journey; And so as the morning stars sing your praises we join the heavenly beings and all creation as we shout with joy:

Sanctus

Songs for a Gospel People 117 (Land of Rest)

**All: Holy, holy, holy Lord.
God of power and might.
Heaven and earth are full of your glory.
Hosanna in the highest!
Blessed is the One who comes in the name of the Lord.
Hosanna in the highest, hosanna in the highest!**

Presider: Glory and honor are yours, Creator of all, your Word has never been silent; you called a people to yourself, as a light to the nations, you delivered them from bondage and led them to a land of promise. Of your grace, you gave Jesus to be human, to share our life, to proclaim the coming of your holy reign and give himself for us, a fragrant offering. Through Jesus Christ our Redeemer, you have freed us from sin, brought us into your life, reconciled us to you, and restored us to the glory you intend for us.

We thank you that on the night before he died for us Jesus took bread, and when he had given thanks to you, he broke it, gave it to his friends and said: "Take, eat, this is my Body, broken for you. Do this for the remembrance of me."

After supper Jesus took the cup of wine, said the blessing, gave it to his friends and said: "Drink this, all of you: this cup is the new Covenant in my Blood, poured out for you and for all for the forgiveness of sin. Do this for the remembrance of me." And so, remembering all that was done for us: the cross, the tomb, the resurrection and ascension, longing for Christ's coming in glory, and presenting to you these gifts your earth has formed and human hands have made, we acclaim you, O Christ:

**All: Dying, you destroyed our death.
Rising, you restored our life.
Christ Jesus, come in glory!**

Presider: Send your Holy Spirit upon us and upon these gifts of bread and wine that they may be to us the Body and Blood of your Christ. Grant that we, burning with your Spirit's power, may be a people of

hope, justice and love. Giver of Life, draw us together in the Body of Christ, and in the fullness of time gather us with all your people into the joy of our true eternal home. Through Christ and with Christ and in Christ, by the inspiration of your Holy Spirit, we worship you our God and Creator in voices of unending praise. Blessed are you now and for ever.

All: Amen.

The Lord's Prayer

Presider: In the language closest to your heart,
let us pray as Jesus taught us:

You are invited to use either the traditional or contemporary version in English or the language you find most helpful for prayer.

**Our Father who art in heaven,
hallowed be thy name.
Thy kingdom come,
thy will be done,
on earth as it is in heaven.
Give us today our daily bread.
Forgive us our trespasses
as we forgive those who
trespass against us.
Lead us not into temptation,
but deliver us from evil.
For thine is the kingdom,
the power, and the glory
for ever and ever. Amen.**

**Our Father in heaven,
Hallowed be your name.
Your kingdom come,
Your will be done
on earth as in heaven.
Give us this day our daily bread.
Forgive us our sins,
As we forgive those who
sin against us.
Save us from the time of trial
and deliver us from evil,
for the kingdom, the power,
and the glory are yours
now and forever. Amen**

Fraction Hymn

Common Praise 63 (Eat this Bread)

**Eat this bread, drink this cup:
Come to me and never be hungry.
Eat this bread, drink this cup:
Trust in me and you will not thirst.**

Presider: Dear friends in Christ, God bids you welcome to this table. Here we are strengthened for the journey. Here strangers become friends and the seeker finds God's wisdom speaking to them. See who you are and become what you see. These are the gifts of God for the people of God.

People: **Thanks be to God.**

The Communion

You are invited to come forward to receive bread and wine. Low gluten wafers are available. You receive the fullness of Christ's love if you prefer to take one kind (just the bread or the wine). If you would prefer to have a blessing, please let the priest know.

During Communion

'How Great Thou Art'

Common Praise 423 (tune How Great Thou Art)

**O Lord my God, when I in awesome wonder
consider all the works thy hand hath made;
I see the stars, I hear the mighty thunder,
thy power throughout the universe displayed.**

***Refrain: Then sings my soul, my Saviour God, to thee,
how great thou art, how great thou art!
Then sings my soul, my Saviour God, to thee,
how great thou art, how great thou art!***

**When through the woods and forest glades I wander,
I hear the birds sing sweetly in the trees;
when I look down from lofty mountain grandeur
and hear the brook and feel the gentle breeze;**

Refrain

**But when I think that God, his Son not sparing,
sent him to die, I scarce can take it in,
that on the cross, my burden gladly bearing,
he bled and died to take away my sin;**

Refrain

**When Christ shall come, with shout of acclamation,
and claim his own, what joy shall fill my heart!
Then I shall bow in humble adoration
and there proclaim, "My God, how great thou art!"**

Refrain

'Where Charity and Love Prevail' (CP 487)
Anthem- HTC Choir

THE SENDING FORTH OF THE COMMUNITY

The Prayers after Communion

Presider: Let us pray:

**All: Living God,
Increase in us the healing power of your love.
Guide and direct us that we may please you in all things,
for the sake of the One who loves us,
Jesus Christ our Lord. Amen.**

Presider: Glory to God,

**All: Whose power, working in us,
can do infinitely more than we can ask or imagine.
Glory to God from generation to generation,
in the Church and in Christ Jesus, now and forever. Amen.**

Announcements

Sending Hymn

'Rejoice, the Lord is King'
Common Praise 379 (tune Darwall)

**Rejoice, the Lord is King!
Your Lord and King adore!
Rejoice, give thanks and sing,
and triumph evermore;
Lift up your heart, lift up your voice;
Rejoice, again I say, rejoice!**

**Jesus, the Saviour, reigns,
the God of truth and love;
When he had purged our stains,
he took His seat above;
Lift up your heart, lift up your voice;
Rejoice, again I say, rejoice!**

His kingdom cannot fail,
he rules o'er earth and Heaven,
The keys of death and hell
are to our Jesus given;
Lift up your heart, lift up your voice;
Rejoice, again I say, rejoice!

He sits at God's right hand
till all his foes submit,
And bow to his command,
and fall beneath his feet:
Lift up your heart, lift up your voice;
Rejoice, again I say, rejoice!

Rejoice in glorious hope!
Jesus the Judge shall come,
And take his servants up
to their eternal home.
We soon shall hear th'archangel's voice;
The trump of God shall sound, rejoice!

The Dismissal

Presider: Go in peace to love and serve the Lord.

All: Thanks be to God.

Postlude

The Collects and Prayers of the People are from "Hear Our Prayer: Gospel-based intercessions" by Raymond Chapman, c2003.

The flowers in the church today are donated by Ben Kendall to the Glory of God and in remembrance of Eleanor Kendall.



Liturgical Ministers today

Greeter & worship assistant, 8:00 am:	Stewart Morton
Greeters, 10 am:	Gerry Rowse & Shawn Shenfield
Reader:	Kate Abel
Chalice Administrators:	Sybil Collett & Carol Murdoch
Presider & Preacher:	The Rev. Stephanie Shepard
Server & Crucifer:	Greg Kennelly
Music Director:	Nathan Badue
	<i>& the Holy Trinity Cathedral Choir</i>

THIS WEEK AT HOLY TRINITY CATHEDRAL

Wednesday Midweek Eucharist, 9:30-10 am*

Wednesday Fellowship Time, 10-10:30 am in the Lounge

Wednesday Bible Study, 10:30-11:30 am in the Lounge

Thursday Vespers, 5:30-6 pm online by Zoom+

Saturday Community Brunch, 11 am- noon in the Hall

Sunday BCP Eucharist, 8-9 am.*

Sunday Choral Eucharist, 10-11:15 am.*

**live-streamed over Facebook.*

+ link through the weekly newsletter. Sign up on the website.

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Click on the photo of the service. This will take you to Facebook. A box will come up asking for your Facebook login. Click the X on the right upper corner of the box. If you do not have Facebook you should be able to watch from the HTC site.

Next Sunday's Readings for Pentecost 14, August 30, 2026:

Exodus 12:1-14; Psalm 149; Romans 13:8-14; Matthew 18:15-20

Worship Assts. for Pentecost 14, Sunday August 30, 2026:

Reader: Celeste Snowber | Greeters: Gerry Stensgaard & Shawn Shenfield
| Com. Assts.: Carol Murdoch & Susan Stensgaard